# **BACKGROUND CHARACTERISTICS** Thank you for meeting with me today. The first thing I need to do is make sure I have your correct name, address, and birth date. After that I'll give you some forms with information that will help explain the PCaP study and your rights as a study participant. I can help you review the information, and we can talk about any questions or concerns that you have about the forms or the study. Then, if you decide that you do want to go ahead and participate in PCaP, we will continue with the rest of the visit. First, can you confirm your name, address and date of birth? start time: am pm **First Name Last Name Number & Street Address** Zip Code City State **DATE OF BIRTH:** GO TO CONSENT

TODAY'S DATE NURSE ID

29092

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	[If p	arti	cipan	t did	not	cons	sent	to 1	futu	re c	conta	ct, s	kip to	o <b>S</b> e	cre	enin	g fo	r S	peci	me	n Co	llec	tio	ղ.					
	If pa	artic	ipant	did	conse	ent	to f	utur	e co	nta	ct, re	ad t	he fo	ollov	ving	g:]													
			conse ore qu									indi	cate	d th	at y	you v	/oul	d be	e will	ling	to le	et us	con	itact	you	aga	in if	we	
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W		ould	help								ou, ca	an yo	ou gi <b>I.</b>			nam t Na			ess,	and	pho	ne r	num	ber	of a	frier	nd o	r rel	ative
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E.	-MA	IL /	Addr	ess																	_								







The intent is for the study subject to collect all medications (prescription, over the counter including vitamins, herbals, dietary supplements, etc.) used in the past 2 weeks or their containers prior to the in-home visit at which time the nurse/interviewer will record and review medication use.

Section A. MEDICATION COLLECTION  1. Do you have all of the medications you used in the past two we	eks, or their containers?
	Yes ——— Skip to Section B. 1
	No
2. Is this because you have not taken any medications in the last twere unable to collect your medications?	two weeks, because you forgot or
	Took no meds Skip to Section B. 21
	Forgot/Unable to collect meds

**Skip to Screening for Specimen Collection Form** 





SCREENING FOR SPECIMEN COLLECTION	N			
Although the analyses performed on the biologic samples are a very important of study, you may decline specimen collection.	compone	nt of th	ne	
Prior to collecting specimens, confirm that the consent form has been signed.	Yes			
1. When was the last time you took anything by mouth other than water Date:    Date:   Time:	?	am	pm	
I'm going to ask you some questions that will help me determine whether you o	an safely	y donat	ie	
<ul><li>2. Do you have a bleeding disorder?</li><li>[Additional explanation: If you have a bleeding disorder you would have symptoms like frequent nose bleeds, or very easy bruising, or problems with bleeding after being cut.]</li></ul>	☐ No☐ Yes		Don't Knov	N
<b>If yes,</b> document the nature of the bleeding disorder below and determine whether to proceed collection. If blood and/or fat collection is contraindicated, check the 'Contraindicated' box forms.				
	Пи			
3. Do you take Coumadin, Warfarin pills, or other blood thinners?  If yes  Last date took meds:  Last time took meds:  am pm  Monitor venipuncture site carefully throughout the interview and instruct the patient to lea hours.  If don't know, check current medications before continuing.	ve banda	ge in pla	_	
	Yes		_  No -	-
<b>4. Have you ever had problems giving blood?</b> [Additional explanation: Have you ever gotten dizzy or faint, or have you ever lost consciousness, fainted or "passed out" when you were having a blood sample taken?	No	Г	<b>7</b>	
Have you ever had problems with having blood taken from a particular vein?]	Yes	L	Don't Knov	N
<b>If yes,</b> document the nature of the problem below and determine whether to proceed with blood and/or fat collection is contraindicated, check the 'Contraindicated' box on the approximately approxim				_
<b>5. Have you ever had an allergic reaction to a local anesthetic?</b> [Additional explanation: Local anesthetics are shots or injections that are given to numb	No			
the mouth before dental work, or to numb the skin before stitching cuts or wounds. Allergic reactions include severe itching, redness and swelling from the shot. Sometimes people who are allergic will have trouble breathing because of the shot, but this is very	Yes		Don't Knov	٧
rare.] <b>If yes,</b> check the 'Contraindicated' box on the fat collection form and document the nature	e of the p	roblem l	below.	

# **TOENAIL COLLECTION FORM REFUSED PENDING COLLECTED Date of Toenail Collection:** Interviewer: If toenails were not trimmed prior to the interview, perform all of the following procedures: a. Check to see if the patient still has the toenail collection kit, and provide a new toenail Yes collection kit if needed: **b.** Give the patient a return mailer and review the instructions for collecting and returning Yes toenail samples by mail.

**c.** Check the 'Pending' box above.

# □ REFUSED □ CONTRAINDICATED □ UNSUCCESSFUL □ COLLECTED Date of Urine Sample: / □ / □ / □ / □ Time of Urine Sample: am pm

**URINE COLLECTION FORM** 



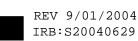
# **BODY SIZE QUESTIONNAIRE**

Next, I will be asking several questions about your body size. In addition to asking you questions, I will also be measuring your height, weight, hips and waist. You may choose not to answer any of the questions I ask or decline any or all body measurements.

Respondent's Reported Mea	asurements:	(Note Scale	e id# here)
1. What was your usual weight 1 year	r ago? [if you don't remember ex	actly, please make your b	est guess.]
	Ibs	Don't Know	Refused
2. Thinking back to when you were a		usual weight at age 25?	[if you don't remember
exactly, please make your best gue	ess.]	Don't Know	Refused
3. How tall were you without shoes a	t about age 25? [if you don't rem	ember exactly, please ma	ike your best guess.]
	ft inches	Don't Know	Refused
Interviewer's Measurement	te:		
<b>1.</b> Measured standing height (to the r			
	ст	Can't measure	Refused
<b>2.</b> Measured weight (to the nearest .:	1 kg.)		
	kg	Can't measure	Refused
3. Measured girths:	3a. Waist cm	Refused	
	<b>3b.</b> Hip cm	Refused	
4. Interviewer's notes regarding mean	surements (e.g., participant confi	ned to wheelchair)	



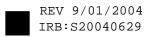
BLOOD COLLECTION FORM
REFUSED
CONTRAINDICATED
UNSUCCESSFUL
COLLECTED
Date of Blood Draw: / / /
Time of Blood Draw: am pm
Number of Red-Top Tubes Drawn:
Number of Lavender Tubes Drawn:
Number of Yellow-Top Tubes Drawn:
Interviewer: Initial below to confirm that instructions for care of the venipuncture site were reviewed with the patient.
I have reviewed the post care instruction with patient. initials:
Significant Events: Document any significant events below. Submit a Significant Event Report to the Project Manager.





FAT COLLECT	ION FORM
REFUSED	
CONTRAINDICATED	
UNSUCCESSFUL	
COLLECTED	
Date of Fat Draw: /	/
Time of Fat Draw:	am pm
Interviewer: Initial below to confirm that instructions for with the patient.	or care of the fat aspirate site were reviewed
I have reviewed the post care instruction with patient.	initials:
Significant Events: Document any significant events b Project Manager.	elow. Submit a Significant Event Report to the

Section end time:





	S	ecti	on B	. ME	DIC	ATI	ON F	RECO	ORD	S																					
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No

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# BACKGROUND OUESTIONNAIRE

Now, I'm going to ask some general questions about your background and habits. Many people have never been in an interview like this, so I'll start by explaining how it works. I am going to read you a set of questions, which everyone in the study will be asked. Sometimes I'll ask you to answer in your own words. For other questions, I'll give you a list of choices and ask you to pick the one that fits best. Try to answer the questions carefully and completely as you can. All of your answers will be combined with others so no one will be able to tell what your particular answers were. Even so, you don't have to answer any questions that you don't want to. If there's any question you don't want to answer please tell me, and I'll just move on to the next one. start time: am pm 1. First, are you presently married, living as married, widowed, separated, divorced, or have you never married? Single/Never Refused Married/Living as Widowed Separated Divorced 2. How many other people live in your home with you? Don't Know number Refused 2a. How long have you lived here? months Don't Know Refused years 3. Do you consider yourself to be Hispanic or Latino? Don't Know Refused No Yes 4. Do you consider yourself to be Cajun? Don't Know Refused Skip to 5 No Yes 4a. Was French spoken in your home when you were a child? No Don't Know Refused Yes 5. Do you consider yourself to be Creole? No Don't Know Refused Black or AA White Refused 6. What is your race? Don't Know Other (specify) 7. What is the highest grade or year of school you have completed? If you've attended vocational or technical school, please include that in your answer. [DO NOT READ CHOICES] Some Grad Training < 8th grade HS GRAD Some College Don't Know VO/TEC College GRAD Grad/Prof Degree Refused Some HS 8. Before you were diagnosed with prostate cancer, what kind of place did you usually go to when you had a medical problem? [READ CHOICES] A doctors office or group practice Emergency Room No usual place Go to 9 Don't Know Go to 9 Public health clinic or community health ctr **Urgent Care Center** Some other place (specify) Refused Go to 9 Hospital based clinic

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specify other

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	ar doctor, nurse or other me	dical person there, or did you see	e a different
person at each visit?	Particular doctor, nu	rse or other medical staff	Don't Know
	Different doctor, nu	rse or other medical staff	Refused
9. Before you were diagnosed w	ith prostate cancer did you h	nave <u>any</u> health insurance?	
		Yes Don't Know	Go to 9a
		□ No ———————————————————————————————————	skip to 9b
		Refused —	Skip to 9b
9a. Did you have any of th	ne following types of insuran	ce? [READ OPTIONS AND CHI	ECK ALL THAT APPLY]
Part A Medicare (pays hospita	lization)	Private health insurance/HM	O for any part of hospital bills
Part B Medicare (pays doctor	bills)	Private health insurance/HM	O for any part of doctor's bills
Part D Medicare (pays prescri	ptions)	Any other insurance that pay	ys part of medical bills
Medicaid or other public assis	tance/welfare program	Don't Know	
CHAMPUS/CHAMPVA		Refused	
9b. Were you able to rece Administration (VA)?	ive free health care from a c	octor, hospital, clinic, health cen Yes	ter, or the Veteran's
10. Did a doctor ever tell your fa about blood relatives, including l adopted sons that aren't related	half-brothers that you share	one parent with. Please don't inc	clude stepbrothers or
	Don't K	now Refused	Skip to 10b
		ie [were they] 60 or older when of SWITH PROSTATE CANCER]	diagnosed with prostate
Relative1:   Father Broth	er □ Son □ Half-brotl	ner	Don't Know Refused
Relative2:   Father Broth	er □Son □Half-brotl	ner $\square$ < 60 Years Old $\square$ 60 + Years Old	Don't Know Refused
Relative3:   Father Broth	er □Son □Half-brotl	ner $\square$ < 60 Years Old $\square$ 60 + Years Old	Don't Know Refused
	any of your other blood relagreat uncles, cousins, nephermal Yes — No — Don't K	<del></del>	Go to 10c  Skip to 11 Skip to 11 61317

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				ne [were they] 60 or WITH PROSTATE C		gnosed wit	h prostate
Relative1	☐ Grandfather: ☐ Great Uncle	□ Cousin □ Nephew	□ Uncle	□ < 60 Years Old □ 60 + Years Old	l I Do	n't Know	Refused
Relative2	☐ Grandfather	☐ Cousin ☐ Nephew	□ Uncle	□ < 60 Years Old □ 60 + Years Old	l I Do	n't Know	Refused
Relative3	☐ Grandfather	☐ Cousin ☐ Nephew	□ Uncle	□ < 60 Years Old □ 60 + Years Old	l I Do	n't Know	Refused
Relative4	☐ Grandfather :	☐ Cousin	□ Uncle	□ < 60 Years Old □ 60 + Years Old	d Do	n't Know	Refused
11. What	☐ Great Uncle is your religion?. [[	□ Nephew □ NOT READ	CHOICES]	1 00 + Teal's Old	1		
	None	Jewis	h	Presbyterian		Unita	rian
	Baptist	Luthe	eran	Protestant, no	ot specified	Don't	Know
	Congregationalist	Meth	odist	Roman Catho	olic	Refus	ed
	Episcopal	Morm	non/LDS	Seventh Day	Adventist	Other	(specify)
	Islam/Muslim	sp	ecify other				
12. Durin	g your lifetime, hav	e you smoked a	at least 100 ciga	rettes or 5 packs of c	cigarettes?		
			Yes				
			No	Don't Know	Ref	used	Skip to 13
128	a. When did you sta	rt smoking ciga years aç		onths ago	Don't Kno	ow [	Refused
121	o. Do you still smok	e cigarettes?	Yes				
			No	Refused		$\rightarrow$	Go to 12d
120	c. Thinking back ove	er all the years	you have smoke	d, how many cigarett	tes did you usu	ally smoke	each day?
cią	garettes per day	/ <u> </u>	packs per o	day	Don't Kno	ow [	Refused
120	d. When did you sto	p smoking ciga	rettes?			$\longrightarrow$	Skip to 13
	years ago		months	ago	Don't Kno	ow [	Refused
126	e. When you smoke	d, how many ci	garettes did you	usually smoke each			
cią	garettes per day	,	packs per	day	Don't Kno	ow [	Refused
	you used any of the D RESPONSES, C			east once a week for	six months or	longer?	
	Pipe	Cigarill		Snuff	Do	n't Know	
	Cigars	Chewir	ng tobacco	None	Re	fused	61317
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14. In the last 5 years, have you had a [No	rth Carolina or I Yes	_ouisiana] Driver's Licens	se or ID card?
	No	Don't Know	Refused
15. Are you currently registered to vote in [	North Carolina Yes	or Louisiana]?	
	No	Don't Know	Refused



		L				] '
start time:		•		am	) j	om



# NATIONAL INSTITUTES OF HEALTH

# **DIET HISTORY QUESTIONNAIRE**

I will ask you to complete a Diet History Questionnaire. I will ask you about foods and beverages you have consumed during the 12 months prior to prostate cancer diagnosis because we are interested in obtaining information about eating habits that might increase or decrease the severity of prostate cancer. I will read each question aloud to you and record your answer directly on the questionnaire.

For each food item or group of foods, a series of questions will be asked. First, you will be asked "How often did you eat or drink a food during the 12 months prior to diagnosis" and second, "How much of the food did you usually have". Occasionally more detail about a particular food item will be asked. For example, "Do you drink milk?" "What kind of milk did you usually drink"? So throughout the questionnaire you will be asked, how often, how much, and what kind. There are some foods that you have eaten that are not listed on the questionnaire. That's ok. Answer each question the best you can. There are no right or wrong answers. All answers are confidential. Your answers will be combined with other participant's answers so no one would be able to tell your particular answers.

**How Often Question--** For the questions that ask "**How Often**" a particular food item was eaten during the 12 months prior to diagnosis, there are three types of responses. (Show participant DHQ Show Cards)

How Much Questions--For the questions that ask "How Much" did you usually eat/drink we will ask you to use these food model prompts to help you estimate the amount eaten. (Show the participant the food model prompts).

Are there any questions before we begin? Remember answer each question the best that you can.

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## In t

he <u>1</u>	2 months prior to diagnos	<u>is</u>		4	How often did you drink oth	ner fruit drinks	
1.	How often did you drink tor juice?	mato juice or vegetable		٦.	(e.g. cranberry cocktail, Hi- Kool-Aid, diet or regular)?		
	O NEVER (GO TO QUESTIC	N 2)	ĺ	_	O NEVER (GO TO QUESTIC	DN 5)	
	<ul> <li>1 time per month or less</li> <li>2-3 times per month</li> <li>1-2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> </ul>	<ul><li>1 time per day</li><li>2-3 times per day</li><li>4-5 times per day</li><li>6 or more times per day</li></ul>			<ul> <li>1 time per month or less</li> <li>2-3 times per month</li> <li>1-2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> </ul>	<ul><li>1 time per day</li><li>2-3 times per day</li><li>4-5 times per day</li><li>6 or more times per day</li></ul>	
	1a. Each time you drank vegetable juice, how drink?	tomato juice or much did you usually			4a. Each time you drank much did you usually	drink?	
$\bigvee$	<ul><li>Less than 3/4 cup (6</li><li>3/4 to 1 1/4 cups (6 to More than 1 1/4 cups)</li></ul>	o 10 ounces)			<ul><li>Less than 1 cup (8 o</li><li>1 to 2 cups (8 to 16 o</li><li>More than 2 cups (10</li></ul>	ounces) 6 ounces)	
2.	How often did you drink ora	ange juice or			sugar-free drinks?	our fruit drinks <b>diet</b> or s?	
	O NEVER (GO TO QUESTIC	N 3)			<ul><li>Almost never or never</li><li>About 1/4 of the time</li></ul>	)	
	<ul><li>1 time per month or less</li><li>2-3 times per month</li><li>1-2 times per week</li></ul>	<ul><li>1 time per day</li><li>2-3 times per day</li><li>4-5 times per day</li></ul>	day		<ul><li>○ About 1/2 of the time</li><li>○ About 3/4 of the time</li><li>○ Almost always or all</li></ul>	)	
	<ul><li>○ 3-4 times per week</li><li>○ 5-6 times per week</li></ul>	O 6 or more times per day		5.	How often did you drink <b>mi</b> (NOT in coffee, NOT in ce	real)? (Please	
	2a. Each time you drank grapefruit juice, how drink?	orange juice or much did you usually		_	include chocolate milk and  O NEVER (GO TO QUESTIC	ON 6)	
	<ul><li>○ Less than 3/4 cup (6</li><li>○ 3/4 to 1 1/4 cups (6 to 1)</li><li>○ More than 1 1/4 cups</li></ul>	o 10 ounces)			<ul> <li>1 time per month or less</li> <li>2-3 times per month</li> <li>1-2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> </ul>	<ul><li>1 time per day</li><li>2-3 times per day</li><li>4-5 times per day</li><li>6 or more times per day</li></ul>	
3.	How often did you drink otl	ner 100% fruit juice or			O 5-6 times per week		
	<b>100% fruit juice mixtures</b> pineapple, or others)?	(such as apple, grape,			<ul> <li>5a. Each time you drank milk as a beverage, how much did you usually drink?</li> <li>O Less than 1 cup (8 ounces)</li> <li>O 1 to 1 1/2 cups (8 to 12 ounces)</li> <li>O More than 1 1/2 cups (12 ounces)</li> <li>5b. What kind of milk did you usually drink?</li> <li>O Whole milk</li> </ul>		
	O NEVER (GO TO QUESTIC	N 4)					
	<ul><li>1 time per month or less</li><li>2-3 times per month</li><li>1-2 times per week</li><li>3-4 times per week</li></ul>	<ul><li>1 time per day</li><li>2-3 times per day</li><li>4-5 times per day</li><li>6 or more times per day</li></ul>					
	○ 5-6 times per week				<ul><li>2% fat milk</li><li>1% fat milk</li></ul>		
	3a. Each time you drank fruit juice mixtures, usually drink?	-			<ul> <li>Skim, nonfat, or 1/2<sup>c</sup></li> <li>Soy milk</li> <li>Rice milk</li> <li>Other</li> </ul>	% fat milk	
	<ul><li>○ Less than 3/4 cup (6</li><li>○ 3/4 to 1 1/2 cups (6 to 1)</li><li>○ More than 1 1/2 cups</li></ul>	o 12 ounces)		/	O Guiei		

Question 4 appears in the next column.

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6.	How often did you drink renergy, or high-protein Instant Breakfast, Ensure or others?	bevera	ges such as			O Almost ne O About 1/4 O About 1/2 O About 3/4 O Almost alv
	O NEVER (GO TO QUEST	ION 7)			7e.	How often v
	<ul> <li>1 time per month or less</li> <li>2-3 times per month</li> <li>1-2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> </ul>	○ 2- ○ 4-	time per day 3 times per day 5 times per day or more times per day			o Almost ne    About 1/4    About 1/2    About 3/4    Almost alv
	6a. Each time you dran beverages, how mu		- 1		8. Did y	ou drink <b>bee</b>
	O Less than 1 cup (8	-	·	Γ	- ONG	O (GO TO QU
	<ul><li>1 to 1 1/2 cups (8 to 1 1/2 cups)</li><li>More than 1 1/2 cups</li></ul>		•		O YE	ES .
7.			·			
	O NO (GO TO QUESTION	8)			8a.	How often of <b>SUMMER?</b>
	O YES					O NEVER
	7a. How often did you of or pop IN THE SUM		it drinks, soda,			<ul> <li>1 time per</li> <li>2-3 times</li> <li>1-2 times</li> <li>3-4 times</li> <li>5-6 times</li> </ul>
	O 1 time per month of	or less	○ 1 time per day		8b.	How often o
	O 2-3 times per mon	th	O 2-3 times per day			THE REST
	<ul><li>1-2 times per weel</li><li>3-4 times per weel</li></ul>		<ul><li>4-5 times per day</li><li>6 or more times</li></ul>			O NEVER
	○ 5-6 times per week		per day			O 1 time per
	7b. How often did you of or pop DURING TH					<ul><li>○ 1-2 times</li><li>○ 3-4 times</li><li>○ 5-6 times</li></ul>
	O 1 time per month o	or less	○ 1 time per day		8c.	Each time y
	<ul><li>2-3 times per mon</li><li>1-2 times per week</li></ul>		<ul><li>2-3 times per day</li><li>4-5 times per day</li></ul>			you usually
	<ul><li>3-4 times per week</li><li>5-6 times per week</li></ul>	<	6 or more times     per day			<ul><li>Less than</li><li>1 to 3 12-</li><li>More than</li></ul>
	7c. Each time you dran <b>pop</b> , how much did					
	O Less than 12 ounc O 12 to 16 ounces of	r 1 can o			/	

7d. How often were these soft drinks, soda, or pop diet or sugar-free? ever or never of the time of the time of the time ways or always were these soft drinks, soda, or e-free? ever or never of the time of the time of the time ways or always r? JESTION 9) did you drink beer IN THE r month or less O 1 time per day per month O 2-3 times per day O 4-5 times per day per week per week O 6 or more times per day per week did you drink beer DURING **OF THE YEAR?** r month or less O 1 time per day per month O 2-3 times per day per week O 4-5 times per day O 6 or more times per week per day per week ou drank beer, how much did drink? a 12-ounce can or bottle ounce cans or bottles 3 12-ounce cans of bottles

Question 8 appears in the next column.

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Question 9 appears on the next page.



the <u>12 months prior to diagnosis</u>			cooked cereal not including grits DURING THE REST OF THE YEAR?					
9. How often did you drink wine or wine coolers?				DURING THE REST O	F THE YEAR?			
	O NEVER (GO TO QUESTIO	N 10)		○ NEVER				
	<ul> <li>○ 1 time per month or less</li> <li>○ 2-3 times per month</li> <li>○ 1-2 times per week</li> <li>○ 3-4 times per week</li> <li>○ 5-6 times per week</li> </ul>	<ul><li>1 time per day</li><li>2-3 times per day</li><li>4-5 times per day</li><li>6 or more times per day</li></ul>		<ul> <li>1-6 times per year</li> <li>7-11 times per year</li> <li>1 time per month</li> <li>2-3 times per month</li> <li>1 time per week</li> </ul>	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>			
	9a. Each time you drank the how much did you usu	ually drink?	<ul> <li>11c. Each time you ate oatmeal or other cooked cereal not including grits, how much did you usually eat?</li> <li>\( \) Less than 3/4 cup</li> <li>\( \) 3/4 to 1 1/4 cups</li> </ul>					
$\bigvee$	<ul><li>Less than 5 ounces or</li><li>5 to 12 ounces or 1 to</li><li>More than 12 ounces</li></ul>	o 2 glasses						
10.	How often did you drink liqu	uor or mixed drinks?		O More than 1 1/4 cups				
	O NEVER (GO TO QUESTIO	N 11)	12. Did yo	ou eat grits or hominy?				
	<ul> <li>1 time per month or less</li> <li>2-3 times per month</li> <li>1-2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> </ul>	<ul><li>1 time per day</li><li>2-3 times per day</li><li>4-5 times per day</li><li>6 or more times per day</li></ul>	O NO	O (GO TO QUESTION 13) ES				
	10a. Each time you drank I drinks, how much did	-	12a.	How often did you eat gr	rits or hominy?			
	<ul><li>Less than 1 shot of li</li><li>1 to 3 shots of liquor</li><li>More than 3 shots of</li><li>Did you eat oatmeal or othe not including grits?</li></ul>	liquor		<ul> <li>NEVER</li> <li>1-6 times per winter</li> <li>7-11 times per winter</li> <li>1 time per month</li> <li>2-3 times per month</li> <li>1 time per week</li> </ul>	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times</li> </ul>			
	O NO (GO TO QUESTION 12	2)		O i time per week	per day			
	O YES		12	b. Each time you ate <b>gri</b> e much did you usually				
	11a. How often did you eat cooked cereal not inc			<ul><li>○ Less than 3/4 cup</li><li>○ 3/4 to 1 1/4 cups</li><li>○ More than 1 1/4 cups</li></ul>				
	○ NEVER							
	<ul> <li>1-6 times per winter</li> <li>7-11 times per winter</li> <li>1 time per month</li> <li>2-3 times per month</li> <li>1 time per week</li> </ul>	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>						
$\bigvee$			$\bigvee$					

Question 12 appears in the next column.

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Question 13 appears on the next page.

11b. How often did you eat oatmeal or other



# In th

In the <u>12 ı</u>	months prior to diagnosi	<u>S</u>				
13. Ho	w often did you eat <b>cold c</b>	ereal?		13f.	Was <b>milk</b> added t	o your cold cereal?
_ <	) NEVER (GO TO QUESTIC	N 14)	Г		O NO (GO TO QUI	ESTION 14)
	1-6 times per year 7-11 times per year 1 time per month 2-3 times per month 1 time per week	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>		13g.	<ul><li>○ YES</li><li>What kind of <b>milk</b></li><li>○ Whole Milk</li></ul>	s was usually added?
	Ba. Each time you ate <b>col</b> did you usually eat?  O Less than 1 cup O 1 to 2 1/2 cups O More than 2 1/2 cups				<ul> <li>2% fat milk</li> <li>1% fat milk</li> <li>Skim, nonfat, or</li> <li>Soy milk</li> <li>Rice milk</li> <li>Other</li> </ul>	1/2% fat milk
13	Bb. How often was the col- Product 19, or Right	•		13h.		as added to your cold was usually added?
	<ul> <li>Almost never or neve</li> <li>About 1/4 of the time</li> <li>About 1/2 of the time</li> <li>About 3/4 of the time</li> <li>Almost always or alw</li> </ul>		14	/ . How o	<ul><li>○ Less than 1/2 cu</li><li>○ 1/2 to 1 cup</li><li>○ More than 1 cup</li></ul> often did you eat ar	р
13	Bc. How often was the col All Bran, Fiber One, Bran Buds?	<b>100% Bran</b> , or		O NE	EVER (GO TO QUES 6 times per year 11 times per year	© 2 times per week  © 3-4 times per week
	<ul> <li>About 1/4 of the time</li> <li>About 1/2 of the time</li> <li>About 3/4 of the time</li> <li>Almost always or alw</li> </ul>			O 2-	time per month 3 times per month time per week	<ul><li>5-6 times per week</li><li>1 time per day</li><li>2 or more times per day</li></ul>
13	d. How often was the color other bran or fiber ce Shredded Wheat, Rais Grape-Nuts, Granola, Choice)?	ereal (such as Cheerios, sin Bran, Bran Flakes,		14a.	<ul> <li>Each time you at you usually eat?</li> <li>○ Less than 1/2 core</li> <li>○ 1/2 to 1 cup</li> <li>○ More than 1 cup</li> </ul>	
	<ul><li>○ Almost never or neve</li><li>○ About 1/4 of the time</li><li>○ About 1/2 of the time</li><li>○ About 3/4 of the time</li><li>○ Almost always or alw</li></ul>					
13	be. How often was the color other type of cold ce Flakes, Rice Krispies, K, Froot Loops, Cap'n	real (such as Corn Frosted Flakes, Special				
	<ul> <li>Almost never or neve</li> <li>About 1/4 of the time</li> <li>About 1/2 of the time</li> <li>About 3/4 of the time</li> <li>Almost always or alw</li> </ul>			/		
V Question 1-	4 appears in the next column	-	V Qι	uestion 1	15 appears on the ne.	xt page.

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Question 15 appears on the next page.



# In

the	12 months prior to diagnos	sis							
15. How often did you eat <b>apples</b> ?			1			ften did you eat <b>dried</b> s (not including dried a			
	O NEVER (GO TO QUESTION 16)			_ '		EVER (GO TO QUESTIC	,		
	<ul> <li>1-6 times per year</li> <li>7-11 times per year</li> <li>1 time per month</li> <li>2-3 times per month</li> <li>1 time per week</li> </ul>	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>			<ul><li>○ 1-6</li><li>○ 7-1</li><li>○ 1 t</li><li>○ 2-3</li></ul>	6 times per year 11 times per year ime per month 3 times per month ime per week	O 2 O 3- O 5- O 1	times per week 4 times per week 6 times per week time per day or more times per day	
	<ul><li>15a. Each time you ate ar usually eat?</li><li> Less than 1 apple</li><li> 1 apple</li><li> More than 1 apple</li></ul>	<b>oples</b> , how many did you				Each time you ate <b>dr</b> you usually eat (not in O Less than 2 tablespoons O More than 5 tablespo	i <b>ed fru</b> ncludii ons	uit how much did	
	How often did you eat <b>pears</b> frozen)?	(fresh, canned, or	1	19. [	Did yo	u eat <b>peaches</b> , <b>necta</b>		or <b>plums</b> ?	
	<ul> <li>NEVER (GO TO QUESTION</li> <li>1-6 times per year</li> <li>7-11 times per year</li> <li>1 time per month</li> <li>2-3 times per month</li> <li>1 time per week</li> </ul>	ON 17)  O 2 times per week O 3-4 times per week O 5-6 times per week O 1 time per day O 2 or more times per day			O NO	O (GO TO QUESTION 20	0)		
	16a. Each time you ate <b>pe</b> usually eat?	ears, how many did you			19a.	How often did you ea nectarines, or plums  O NEVER			
17.	<ul> <li>Less than 1 pear</li> <li>1 pear</li> <li>More than 1 pear</li> </ul> How often did you eat bana <ul> <li>NEVER (GO TO QUESTIO</li> </ul>					<ul> <li>1-6 times per seasor</li> <li>7-11 times per seasor</li> <li>1 time per month</li> <li>2-3 times per month</li> <li>1 time per week</li> </ul>	on	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times</li> </ul>	
	<ul> <li>1-6 times per year</li> <li>7-11 times per year</li> <li>1 time per month</li> <li>2-3 times per month</li> <li>1 time per week</li> </ul>	2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day			19b.	How often did you ea or plums (fresh, can't THE REST OF THE O NEVER	t <b>peac</b> ned, o	per day ches, nectarines, r frozen) DURING	
	17a. Each time you ate <b>ba</b> did you usually eat?  O Less than 1 banana O 1 banana O More than 1 banana	ananas, how many				<ul> <li>1-6 times per year</li> <li>7-11 times per year</li> <li>1 time per month</li> <li>2-3 times per month</li> <li>1 time per week</li> </ul>		2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day	
					19c.	Each time you ate <b>pe plums</b> , how much die			
						O Less than 1 fruit or lo O 1 to 2 fruits or 1/2 to O More than 2 fruits or	ess tha 3/4 cu	an 1/2 cup up	

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Question 20 appears in the next column.



20. How ofter	n did you eat	grapes?
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_	O NEVER (GO TO QUESTIO	N 21)
	○ 1-6 times per year	O 2 times per week
	○ 7-11 times per year	O 3-4 times per week
	O 1 time per month	○ 5-6 times per week
	O 2-3 times per month	1 time per day
	O 1 time per week	O 2 or more times per day

20a.	Each time you ate grapes	, how much	did you
	usually eat?		

- O Less than 1/2 cup or less than 10 grapes
- O 1/2 to 1 cup or 10 to 30 grapes
- O More then 1 cup or more than 30 grapes

### 21. Did you eat cantaloupe?

- O NO (GO TO QUESTION 22)
  O YES
  - 21a. How often did you eat **fresh cantaloupe** WHEN IN SEASON?
    - O NEVER
    - 1-6 times per season
       7-11 times per season
       1 time per month
       2 times per week
       3-4 times per week
       5-6 times per week
       1 time per day
       2 or more times per day
  - 21b. How often did you eat fresh or frozen cantaloupe DURING THE REST OF THE YEAR?
    - O NEVER
    - 1-6 times per year
       7-11 times per year
       1 time per month
       2 times per week
       3-4 times per week
       5-6 times per week
       1 time per day
       2 or more times per day

- 21c. Each time you ate **cantaloupe**, how much did you usually eat?
  - O Less than 1/4 melon or less than 1/2 cup
  - 1/4 melon or 1/2 to 1 cup
  - O More than 1/4 melon or more than 1 cup

### 22. Did you eat watemelon?

- O NO (GO TO QUESTION 23)
  O YES
- 22a. How often did you eat watermelon WHEN IN SEASON?
  - O NEVER
  - 1-6 times per season
     7-11 times per season
     1 time per month
     2 times per week
     3-4 times per week
     5-6 times per week
     1 time per day
     2 or more times per day
- 22b. How often did you eat watermelon DURING THE REST OF THE YEAR?
  - O NEVER
  - 1-6 times per year
     7-11 times per year
     1 time per month
     2 times per week
     3-4 times per week
     5-6 times per week
     1 time per day
     2 or more times per day
- 22c. Each time you ate **watermelon**, how much did you usually eat?
  - O Less than 1/2 cup or 1 small wedge
  - 1/2 to 2 cups or 1 medium wedge
  - O More than 2 cups or 1 large wedge



Question 23 appears in the next column.

Question 22 appears on the next page.



23. Did	vou eat	hone	vdew	melon?	?
---------	---------	------	------	--------	---

O (GO TO QUESTION 24)	
ES	
How often did you eat he WHEN IN SEASON?	oneydew melon
O NEVER	
<ul> <li>1-6 times per season</li> <li>7-11 times per season</li> <li>1 time per month</li> <li>2-3 times per month</li> <li>1 time per week</li> </ul>	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>
How often did you eat he DURING THE REST OF	
O NEVER	
<ul> <li>1-6 times per year</li> <li>7-11 times per year</li> <li>1 time per month</li> <li>2-3 times per month</li> <li>1 time per week</li> </ul>	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>
Each time you ate <b>hone</b> much did you usually ea	-
O Less than 1/2 cup or 1 s O 1/2 to 2 cups or 1 media O More than 2 cups or 1 la	um wedge
	How often did you eat he WHEN IN SEASON?  O NEVER  O 1-6 times per season O 7-11 times per season O 1 time per month O 2-3 times per month O 1 time per week  How often did you eat he DURING THE REST OF O NEVER O 1-6 times per year O 7-11 times per year O 1-11 times per year O 1 time per month O 2-3 times per month O 1 time per week  Each time you ate hone much did you usually ear O Less than 1/2 cup or 1 seconds.

24. Did you e	at strawberries?
---------------	------------------

O NEVER

O NEVER

O NO (GO TO QUESTION 25)

-		) YES
	\	/

# 24a. How often did you eat **fresh strawberries** WHEN IN SEASON?

O 1-6 times per season	O 2 times per week
○ 7-11 times per season	O 3-4 times per week
O 1 time per month	○ 5-6 times per week
O 2-3 times per month	1 time per day
○ 1 time per week	O 2 or more times
	per day

# 24b. How often did you eat fresh or frozen strawberries DURING THE REST OF THE YEAR?

○ 1-6 times per year	O 2 times per week
○ 7-11 times per year	O 3-4 times per week
1 time per month	○ 5-6 times per week
O 2-3 times per month	1 time per day
O 1 time per week	O 2 or more times
	per day

# 24c. Each time you ate **strawberries**, how much did you usually eat?

- O Less than 1/4 cup or or less than 3 berries
- O 1/4 to 3/4 cup or 3 to 8 berries
- O More than 3/4 cup or more than 8 berries

Question 24 appears in the next column.

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# In

the <u>12 m</u>	onths prior to diagnosis	<u></u>				
25. Did you eat blueberries?			26b.	How often did you eat <b>c</b>	oranges, satsumas.	
	O (GO TO QUESTION 26)			200	tangerines, or tangeld	s (fresh or canned)
O Y	ES				O NEVER	
					○ 1-6 times per year	O 2 times per week
	How often did you eat fre EN IN SEASON?	esh blueberries			<ul><li>7-11 times per year</li><li>1 time per month</li><li>2-3 times per month</li></ul>	<ul><li>3-4 times per week</li><li>5-6 times per week</li><li>1 time per day</li></ul>
	○ 1-6 times per season	O 2 times per week			O 1 time per week	<ul><li>2 or more times per day</li></ul>
	<ul><li>7-11 times per season</li><li>1 time per month</li></ul>	nes per season	26c	. Each time you ate orar tangerines, or tangelo usually eat?		
	<ul><li>2-3 times per month</li><li>1 time per week</li></ul>	<ul><li>1 time per day</li><li>2 or more times</li></ul>			Less than 1 fruit     1 fruit	
		per day			○ More than 1 fruit	
25b. How often did you eat fresh or frozen blueberries DURING THE REST OF THE		2	-	ou eat <b>grapefruit</b> ?		
	YEAR? ○ NEVER			ON	O (GO TO QUESTION 28)	
	<ul> <li>1-6 times per year</li> <li>7-11 times per year</li> <li>1 time per month</li> <li>2-3 times per month</li> <li>1 time per week</li> </ul>	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times</li> </ul>		O Y 27a	ES  . How often did you eat f IN SEASON?	resh grapefruit WHEN
250	Each time you ate <b>bluebe</b>	per day			O NEVER	
1	usually eat?	erries, now mach ala			_	
	O Less than 1/4 cup O 1/4 to 3/4 cup O More than 3/4 cup ou eat <b>oranges</b> , <b>satsumas</b>	s, tangerines, or			<ul> <li>1-6 times per season</li> <li>7-11 times per season</li> <li>1 time per month</li> <li>2-3 times per month</li> <li>1 time per week</li> </ul>	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>
tange	O (GO TO QUESTION 27)			27b	. How often did you eat <b>ç</b>	grapefruit (fresh or
OY						REST OF THE YEAR?
					O NEVER	
26a.	How often did you eat fre satsumas, tangerines, of SEASON?  O NEVER	or <b>tangelos WHEN IN</b>			<ul> <li>1-6 times per year</li> <li>7-11 times per year</li> <li>1 time per month</li> <li>2-3 times per month</li> <li>1 time per week</li> </ul>	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>
	<ul><li>1-6 times per season</li><li>7-11 times per season</li><li>1 time per month</li></ul>	<ul><li>2 times per week</li><li>3-4 times per week</li><li>5-6 times per week</li></ul>		27c	. Each time you ate <b>grap</b> you usually eat?	pefruit, how much did
	2-3 times per month     1 time per week	1 time per day 2 or more times per day			<ul><li>Less than 1/2 grapefru</li><li>1/2 grapefruit</li><li>More than 1/2 grapefru</li></ul>	

Ouestion 27 appears in the next column.

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Question 28 appears in the next column.



# In t

f fruit?	30. How often did you eat <b>RAW greens</b> (such as spinach,				
	turnip, collard, mustard, chard, or kale)? (We will ask				
nes per week imes per week imes per week ne per day more times per day s of fruit, how	○ 1- ○ 7- ○ 1 : ○ 2-	6 times per year 11 times per year time per month 3 times per month	N 31)  O 2 times per week O 3-4 times per week O 5-6 times per week O 1 time per day O 2 or more times per day		
ens (such as rd, or kale)?	30a.	Each time you ate RA much did you usually  O Less than 1/2 cup  O 1/2 to 1 cup  O More than 1 cup	AW greens, how eat?		
nes per week	ONE	EVER (GO TO QUESTION	N 32)		
<ul> <li>○ 7-11 times per year</li> <li>○ 1 time per month</li> <li>○ 2-3 times per month</li> <li>○ 1 time per day</li> <li>○ 1 time per week</li> <li>○ 2 or more times per day</li> </ul>	○ 7-1 ○ 1 t ○ 2-3	11 times per year ime per month 3 times per month	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>		
greens, how		•			
			kraut or cabbage		
	0 1-6 0 7-7 0 1 t 0 2-3 0 1 t	6 times per year 11 times per year time per month 3 times per month time per week	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul> uerkraut or cabbage,		
	nes per week imes per week imes per week ne per day more times per day s of fruit, how ens (such as rd, or kale)? nes per week imes per week imes per week ne per day more times per day greens, how	turnip about  les per week imes per week ine per day more times per day  s of fruit, how  ens (such as rd, or kale)?  also per week imes per week imes per week imes per week ine per day more times per day  greens, how  also per week imes per day  also per week imes per week imes per week imes per week ine per day  also per day  also per week imes per	turnip, collard, mustard, char about lettuce later).  O NEVER (GO TO QUESTIO O 1-6 times per year O 7-11 times per year O 1 time per month O 1 time per week o 1-6 times per week o 1-6 times per week o 1-6 times per week o 1-1 times per year O 1 time per month O 1 time per week o 1-1 times per year O 1-1 times per year O 1 time per month O 1 time per week O 1-6 times per year O 1 time per month O 1 time per week O 1-6 times per year O 1-1 time per week O 1-6 times per year O 1-1 time per week O 1-6 times per year O 1-1 time per week O 1-6 times per year O 1-1 time per week O 1-6 times per year O 1-1 time per week O 1-6 times per year O 1-1 time per week O 1-6 times per year O 1-1 time per week O 1-6 times per year O 1-6 times per year O 1-1 time per week O 1-6 times per year O 1-6 times per year O 1-1 time per week O 1-6 times per year O 1-1 time per week O 1-6 times per year O 1-1 time per week O 1-6 times per year O 1-1 time per week O 1-6 times per year O 1-1 time per week O 1-6 times per year O 1-1 time per week O 1-6 times per year O 1-1 time per week O 1-6 times per year O 1-6 ti		

Question 30 appears in the next column.

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33.	How often did you eat carrots	(fresh,	canned,
	or frozen)?		

	O NEVER (GO TO QUESTION 34)				
	<ul><li>○ 7-1</li><li>○ 1 ti</li><li>○ 2-3</li></ul>	times per year 1 times per year me per month times per month me per week	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>		
,	33a.	Each time you ate cally you usually eat?	rrots, how much did		
$\bigvee$		O 1/4 to 1/2 cup or 2 to	less than 2 baby carrots 5 baby carrots more than 5 baby carrots		
		ften did you eat <b>string</b> (fresh, canned, or froz	· •		
	O NE	VER (GO TO QUESTIO	N 35)		
	<ul><li>○ 7-1</li><li>○ 1 ti</li><li>○ 2-3</li></ul>	times per year times per year me per month times per month me per week	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>		
	34a.	Each time you ate <b>str beans</b> , how much did			
		<ul><li>○ Less than 1/2 cup</li><li>○ 1/2 to 1 cup</li><li>○ More than 1 cup</li></ul>			
35.		ften did you eat <b>okra</b> ( ozen)?	fresh, canned, or		
Г	O NE	EVER (GO TO QUESTIO	N 36)		
	○ 7-7 ○ 1 t ○ 2-3	S times per year I1 times per year ime per month II times per month II times per week	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>		
	35a.	Each time you ate <b>ok</b> usually eat?	ra, how much did you		
	35b.		fried okra when you ate		
	okra?  O Almost never or never (GO TO QUESTION 36) O About 1/4 of the time O About 1/2 of the time O About 3/4 of the time				
\/ >\/	tion 22	O Almost always or alv	-		
Jues	นบท 36	appears in the next colu	IIIII.		

	low o	ften did you eat <b>pe</b> )?	eas (	fresh	n, ca	nne	d, or	,
	O N	IEVER (GO TO QUE	STIC	N 37	7)			
	<ul><li>7</li><li>1</li><li>2</li></ul>	-6 times per year -11 times per year time per month -3 times per month time per week		000	3-4 t 5-6 t 1 tim	imes imes ne pe	per er day	week week
	36a. Each time you ate usually eat?  O Less than 1/4 cup O 1/4 to 3/4 cup				how	mud	ch di	d you
$\bigvee$		○ More than 3/4 c	up					
37. [	Did yo	u eat <b>corn</b> ?						
Г	O NO	) (GO TO QUESTIO	N 38	)				
	O YE	S						
	37a.	How often did you IN SEASON?	eat	fres	h cc	rn ۱	WHE	:N
		O NEVER						
		<ul><li>1-6 times per sea</li><li>7-11 times per sea</li><li>1 time per month</li><li>2-3 times per mo</li><li>1 time per week</li></ul>	easor ı		0000	3-4 ti 5-6 ti 1 tim	mes mes e pei more	er week per weel per wee r day times
	37b.	How often did you frozen) <b>DURING</b> O NEVER			n (fr	esh,	can	
		<ul> <li>1-6 times per yea</li> <li>7-11 times per yea</li> <li>1 time per month</li> <li>2-3 times per mo</li> <li>1 time per week</li> </ul>	ear n	(	○ 3 ○ 5 ○ 1 t	4 tim 6 tim time	es p	-
	37c.	Each time you ate you usually eat?	cor	<b>n</b> , h	ow n	nuch	n did	
		<ul><li>Less than 1 ear of</li><li>1 ear or 1/2 to 1</li><li>More than 1 ear</li></ul>	cup			•		

Question 38 appears on the next page.



## In

24090	41. How often did you eat eggplant (fresh, frozen,				
the 12 months prior to diagnosis	canned)?				
38. How often did you eat <b>broccoli</b> (fresh or frozen)?	O NEVER (Go to Question 42)				
O NEVER (GO TO QUESTION 39) O 1-6 times per year O 2 times per week	<ul> <li>○ 1-6 times per year</li> <li>○ 2 times per week</li> <li>○ 7-11 times per year</li> <li>○ 3-4 times per week</li> <li>○ 5-6 times per week</li> <li>○ 2-3 times per month</li> <li>○ 1 time per day</li> </ul>				
O 7-11 times per year O 3-4 times per week	O 1 time per week O 2 or more times per day				
O 1 time per month O 2-3 times per month O 1 time per day O 1 time per week O 2 or more times per day	41a. Each time you ate <b>eggplant</b> , how much did you usually eat?  O Less than 1/2 cup O 1/2 to 1 cup				
38a. Each time you ate <b>broccoli</b> , how much did you usually eat?	O More than 1 cup				
<ul><li>Less than 1/4 cup</li><li>1/4 to 1 cup</li><li>More than 1 cup</li></ul>	42. How often did you eat <b>mixed vegetables</b> ?  O NEVER (Go to Question 43)  O 1-6 times per year  O 2 times per week				
39. How often did you eat <b>cauliflower</b> or <b>Brussels sprouts</b> (fresh or frozen)?	<ul> <li>○ 7-11 times per year</li> <li>○ 1 time per month</li> <li>○ 2-3 times per week</li> <li>○ 1 time per day</li> </ul>				
O NEVER (GO TO QUESTION 40)	O 1 time per week O 2 or more times per day				
<ul> <li>○ 1-6 times per year</li> <li>○ 7-11 times per year</li> <li>○ 3-4 times per week</li> <li>○ 1 time per month</li> <li>○ 5-6 times per week</li> </ul>	42a. Each time you ate <b>mixed vegetables</b> , how much did you usually eat?				
O 2-3 times per month O 1 time per day O 1 time per week O 2 or more times per day	O Less than 1/2 cup O 1/2 to 1 cup O More than 1 cup				
39a. Each time you ate <b>cauliflower</b> or <b>Brussels sprouts</b> , how much did you usually eat?	43. How often did you eat <b>onions</b> ?  O NEVER (GO TO QUESTION 44)				
<ul><li>Less than 1/4 cup</li><li>1/4 to 1/2 cup</li><li>More than 1/2 cup</li></ul>	<ul> <li>○ 1-6 times per year</li> <li>○ 7-11 times per year</li> <li>○ 3-4 times per week</li> <li>○ 1 time per month</li> <li>○ 5-6 times per week</li> </ul>				
<ul> <li>40. How often did you eat squash (fresh, frozen, canned)? (This includes zucchini and mirliton.)</li> <li>O NEVER (Go to Question 41)</li> </ul>	<ul><li>○ 2-3 times per month</li><li>○ 1 time per day</li><li>○ 2 or more times per day</li></ul>				
<ul><li>○ 1-6 times per year</li><li>○ 2 times per week</li><li>○ 7-11 times per year</li><li>○ 3-4 times per week</li></ul>	43a. Each time you ate <b>onions</b> , how much did you usually eat?				
<ul> <li>○ 1 time per month</li> <li>○ 2-3 times per month</li> <li>○ 1 time per day</li> <li>○ 1 time per day</li> <li>○ 2 or more times per day</li> </ul>	O Less than 1 slice or less than 1 tablespoon O 1 slice or 1 to 4 tablespoons O More than 1 slice or more than 4 tablespoons				
40a. Each time you ate <b>squash</b> , how much did you usually eat?  ○ Less than 1/2 cup  ○ 1/2 to 1 cup  ○ More than 1 cup	44. Now think about all the <b>cooked vegetables</b> you ate in the <u>12 months prior to diagnosis</u> and how they were prepared. How often were your vegetables <b>COOKED</b> WITH some sort of <b>fat</b> , including oil spray? ( <i>Please do not include potatoes.</i> )				
	O NEVER (GO TO QUESTION 45)				
	O 1-6 times per year O 7-11 times per year O 1 time per month O 2-3 times per woek O 1 time per woek O 2-3 times per woek O 2 times per week O 3-4 times per week O 5-6 times per week O 1 time per day O 2 or more times per day				

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<u>v.</u>	the prior to diagnosioni
44a.	Which fats were usually added to your
	vegetables <b>DURING COOKING</b> ? (Please do
	not include potatoes. Mark all that apply.)
	Margarine (including low-fat)
	O Butter (including low-fat)
	O Lard, fatback, or bacon fat
	O Meat or sausage

- Olive Oil
- O Corn Oil
- O Canola or rapeseed oil
- Oil spray, such as Pam or others
- Other kinds of oils
- O None of the above
- 45. Now, thinking again about all the cooked vegetables you ate 12 months prior to diagnosis, how often was some sort of fat, sauce, or dressing added AFTER COOKING OR AT THE TABLE? (Please do not include potatoes.)

-	O NEVER (GO TO QUESTION 46)				
	○ 7-7 ○ 1 t ○ 2-3	5 times per year 11 times per year ime per month 3 times per month 2 times per week	<ul> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 times per day</li> <li>3 or more times per day</li> </ul>		
	45a.	Which fats, sauces, of usually added AFTEL TABLE? (Please do Mark all that apply.)	R COOKIN	NG OR AT THE	
		<ul><li>Margarine (including</li><li>Butter (including low</li><li>Lard, fatback, or bac</li><li>Salad dressing</li></ul>	-fat)	<ul><li>Cheese sauce</li><li>White sauce</li><li>Other</li></ul>	
	45b.	If margarine, butter, I was added to your co COOKING OR AT TI you usually add?	oked vege	etables <b>AFTER</b>	
		<ul><li>Did not usually add t</li><li>Less than 1 teaspoor</li><li>1 to 3 teaspoors</li><li>More than 3 teaspoor</li></ul>	n		
	45c.	If salad dressing, che was added to your co COOKING OR AT T you usually add?	oked veg	etables <b>AFTER</b>	
		<ul><li>Did not usually add t</li><li>Less than 1 tablespo</li><li>1 to 3 tablespoons</li></ul>			

46. How often did you eat **sweet peppers** (green, red, or yellow)? O NEVER (GO TO QUESTION 47) O 1-6 times per year O 2 times per week O 7-11 times per year O 3-4 times per week ○ 5-6 times per week O 1 time per month O 2-3 times per month O 1 time per day O 2 or more times per day O 1 time per week 46a. Each time you ate sweet peppers, how much did you usually eat? O Less than 1/8 pepper ○ 1/8 to 1/4 pepper O More than 1/4 pepper 47. Did you eat **fresh tomatoes** (including those in salads)? O NO (GO TO QUESTION 48) O YES 47a. How often did you eat fresh tomatoes (including those in salads) WHEN IN SEASON? O NEVER ○ 1-6 times per season O 2 times per week O 7-11 times per season O 3-4 times per week O 1 time per month ○ 5-6 times per week O 2-3 times per month O 1 time per day O 1 time per week O 2 or more times per day 47b. How often did you eat fresh tomatoes (including those in salads) DURING THE **REST OF THE YEAR?** O NEVER O 1-6 times per year O 2 times per week O 7-11 times per year O 3-4 times per week O 1 time per month ○ 5-6 times per week O 1 time per day O 2-3 times per month O 1 time per week O 2 or more times per day 47c. Each time you ate fresh tomatoes, how much did you usually eat? O Less than 1/4 tomato O 1/4 to 1/2 tomato O More than 1/2 tomato Question 48 appears on the next page.

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O More than 3 tablespoons

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# In t

he <u>12 months prior to diagnosis</u>				51. How often did you eat French fries, home fries, hash browned potatoes, or tater tots?				
48. How often did you eat <b>lettuce salads</b> (with or					R (GO TO QUES			
	without other vegetables)?  - O NEVER (GO TO QUESTION 49)		0.7	⊃ 7-11 tir	) 1-6 times per year ) 7-11 times per year ) 1 time per month	0	<ul><li>2 times per week</li><li>3-4 times per week</li><li>5-6 times per week</li></ul>	
0	<ul> <li>○ 1-6 times per year</li> <li>○ 2 times per week</li> <li>○ 7-11 times per year</li> <li>○ 3-4 times per week</li> <li>○ 1 time per month</li> <li>○ 5-6 times per week</li> </ul>			2-3 times per month     1 time per week		0	1 time per day 2 or more times per day	
1	2-3 times per month 1 time per week	<ul><li>○ 1 time per day</li><li>○ 2 or more times per day</li></ul>		5	has		otatoes	h fries, home fries, s, or tater tots, how ?
48	48a. Each time you ate <b>lettuce salads</b> , how much did you usually eat?				0 1	Less than 10 fries	I/2 to 1 (	cup
$\bigvee$	<ul><li>Less than 1/4 cup</li><li>1/4 to 1 1/4 cups</li><li>More than 1 1/4 cups</li></ul>		5	<ul><li>More than 25 fries or more the</li><li>52. How often did you eat potato salad</li></ul>			ılad?	
40.11	·				○ NEVEF	R (GO TO QUES	TION 53	3)
low-	fat) on salads?				○ 7-11 tir	es per year nes per year	0	2 times per week 3-4 times per week
	NEVER (GO TO QUESTIO	N 50)				per month es per month		<ul><li>5-6 times per week</li><li>1 time per day</li></ul>
0	<ul><li>○ 1-6 times per year</li><li>○ 2 times per week</li><li>○ 7-11 times per year</li><li>○ 3-4 times per week</li></ul>			per week		2 or more times per day		
	1 time per month 2-3 times per month 1 time per week	<ul><li>5-6 times per week</li><li>1 time per day</li><li>2 or more times</li></ul>		5	52a. Each time you ate <b>potato salad</b> , how you usually eat?			salad, how much did
	a. Each time you ate <b>sa</b> l	per day			01	ess than 1/2 cup	)	
	how much did you us		$\bigvee$		$\circ$ N	More than 1 cup		
	<ul><li>Less than 2 tablespo</li><li>2 to 4 tablespoons</li></ul>		53. How often did you eat <b>baked</b> , <b>boiled</b> , or <b>mashed potatoes</b> ?  O NEVER (GO TO QUESTION 54)					
$\bigvee$	O More than 4 tablespo							
	often did you eat <b>sweet</b>			(	○ 1-6 tim	es per year	0	2 times per week
	NEVER (GO TO QUESTIO	N 51)				nes per year		3-4 times per week
I	I-6 times per year	O 2 times per week				per month es per month		<ul><li>5-6 times per week</li><li>1 time per day</li></ul>
0	7-11 times per year I time per month 2-3 times per month	<ul><li>3-4 times per week</li><li>5-6 times per week</li><li>1 time per day</li></ul>			1 time			2 or more times per day
I	I time per week	2 or more times per day		5		•		, boiled, or mashed you usually eat?
50	50a. Each time you ate <b>sweet potatoes</b> or <b>yams</b> , how much did you usually eat?				0 1	small potato or medium potato	or 1/2 to	o 1 cup
	<ul><li>1 small potato or less</li><li>1 medium potato or 1</li><li>1 large potato or mor</li></ul>	1/4 to 3/4 cup			O 1	large potato or	more tha	an 1 cup
				/				

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## In t

he <u>12 months prior to diagnosis</u>				53h. Each time <b>cheese</b> or <b>cheese sauce</b> was added to your potatoes, how much was usually added?				
53b.	How often was <b>sour cream</b> (including low-fat) added to your potatoes, <b>EITHER IN COOKING OR AT THE TABLE</b> ?			<ul><li>Less than 1 table</li><li>1 to 3 tablespoor</li><li>More than 3 table</li></ul>	ns			
	O Almost never or never (GO TO QUESTION 53d)		54. H	How often did you eat <b>sa</b>	lsa?			
	<ul><li>○ About 1/4 of the time</li><li>○ About 1/2 of the time</li></ul>			O NEVER (GO TO QUES	STION 55)			
	O About 3/4 of the time			O 1-6 times per year	O 2 times per week			
	O Almost always or always			<ul><li>7-11 times per year</li><li>1 time per month</li></ul>	<ul><li>3-4 times per week</li><li>5-6 times per week</li></ul>			
53c.	Each time <b>sour cream</b> was added to your potatoes, how much was usually added?  O Less than 1 tablespoon			2-3 times per month     1 time per week	O 1 time per day O 2 or more times per day			
	<ul><li>1 to 3 tablespoons</li><li>More than 3 tablespoons</li></ul>			54a. Each time you ate usually eat?	e salsa, how much did you			
→ 53d.	How often was <b>margarine</b> (including low-fat) added to your potatoes, <b>EITHER IN COOKING OR AT THE TABLE</b> ?			<ul><li>Less than 1 table</li><li>1 to 5 tablespoor</li><li>More than 5 table</li></ul>	าร			
	<ul><li>○ Almost never or never</li><li>○ About 1/4 of the time</li></ul>		55. How often did you eat <b>catsup</b> ?					
	O About 1/2 of the time			O NEVER (GO TO QUES	STION 56)			
	O About 3/4 of the time			○ 1-6 times per year	O 2 times per week			
	O Almost always or always			O 7-11 times per year	O 3-4 times per week			
53e.	How often was <b>butter</b> (including low-fat) added to your potatoes, <b>EITHER IN COOKING OR AT THE TABLE</b> ?			<ul><li>1 time per month</li><li>2-3 times per month</li><li>1 time per week</li></ul>	<ul><li>5-6 times per week</li><li>1 time per day</li><li>2 or more times per day</li></ul>			
	<ul><li>Almost never or never</li><li>About 1/4 of the time</li><li>About 1/2 of the time</li></ul>			55a. Each time you ate usually eat?	catsup, how much did you			
	O About 3/4 of the time			O Less than 1 teas				
	○ Almost always or always			<ul><li>1 to 6 teaspoons</li><li>More than 6 teas</li></ul>				
53f.	Each time <b>margarine</b> or <b>butter</b> was added to your potatoes, how much was usually added?		√ 56. How often did you eat <b>stuffing</b> , <b>dressing</b> , or <b>dumplings</b> ?					
	O Never added O Less than 1 teaspoon		O NEVER (GO TO QUESTION 57)					
	<ul><li>1 to 3 teaspoons</li><li>More than 3 teaspoons</li></ul>			<ul><li>○ 1-6 times per year</li><li>○ 7-11 times per year</li></ul>	<ul><li>2 times per week</li><li>3-4 times per week</li></ul>			
53g.	. How often was <b>cheese</b> or <b>cheese sauce</b> added to your potatoes, <b>EITHER IN COOKING OR AT THE TABLE</b> ?			O 1 time per month O 2-3 times per month O 1 time per week	<ul><li>5-6 times per week</li><li>1 time per day</li><li>2 or more times per day</li></ul>			
	<ul> <li>Almost never or never (GO TO QUESTION 54)</li> <li>About 1/4 of the time</li> <li>About 1/2 of the time</li> </ul>				e <b>stuffing</b> , <b>dressing</b> , or much did you usually eat?			
	<ul><li>○ About 3/4 of the time</li><li>○ Almost always or always</li></ul>			O Less than 1/2 cup O 1/2 to 1 cup O More than 1 cup				
$\bigvee$				C More than 1 oup				

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the 12 months prior to diagnosis				or with meat added?			
57. l	How often did you eat <b>chili</b>	?				<ul><li>Almost never or never</li><li>About 1/4 of the time</li></ul>	
_	O NEVER (GO TO QUESTIC	ON 58)				O About 1/2 of the tim	
	·					O About 3/4 of the tim	
	○ 1-6 times per year	O 2 times per week				O Almost always or a	lwavs
	○ 7-11 times per year	O 3-4 times per week	e	30 H			r kinds of vegetables?
	<ul><li>1 time per month</li><li>2-3 times per month</li></ul>	<ul><li>5-6 times per week</li><li>1 time per day</li></ul>	,			VER (GO TO QUESTI	•
	1 time per week	○ 2 or more times per day			O IVE	VEIX (OO TO QUEUTI	014 01)
	O I tillle per week	2 of more times per day		1		times per year	2 times per week
	57a. Each time you ate cl	hili how much did				1 times per year	3-4 times per week
	you usually eat?	iiii, now mach ala				me per month	○ 5-6 times per week
						times per month	O 1 time per day
$\bigvee$	<ul><li>Less than 1/2 cup</li><li>1/2 to 1 3/4 cup</li><li>More than 1 3/4 cup</li></ul>	,				me per week	<ul><li>2 or more times per day</li><li>ther kinds of vegetables,</li></ul>
58. l	How often did you eat <b>Mex</b> i					how much did you u	
	tacos, tostados, burritos, ta					O Less than 1/4 cup	
(	enchiladas, quesadillas, an	d chimichangas)?	\	/		O 1/4 to 1/2 cup	
	O NEVED (CO TO OUESTIC	N 50)	\	$\bigvee$		O More than 1/2 cup	
	O NEVER (GO TO QUESTIC	N 59)	6	61. H		•	or other cooked grains
	O 1-6 times per year	O 2 times per week	•			is bulgar, cracked wh	
	○ 7-11 times per year	O 3-4 times per week		•		-	,
	○ 1 time per month	○ 5-6 times per week			O INE	VER (GO TO QUESTI	ON 62)
	○ 2-3 times per month	O 1 time per day			O 1-6	times per year	O 2 times per week
	○ 1 time per week	O 2 or more times per day			O 7-1	1 times per year	O 3-4 times per week
				1		me per month	○ 5-6 times per week
	58a. Each time you ate <b>M</b>					times per month	○ 1 time per day
	much did you usually	eat?			O 1 tir	me per week	O 2 or more times per day
	O Less than 1 taco, bu						
	O 1 to 2 tacos, burritos				61a.	Each time you ate ri	ice or other cooked
	O More than 2 tacos, t	ournios, etc.				grains, how much d	lid you usually eat?
γ 59 Ι	How often did you eat <b>cook</b>	red dried heans				O Less than 1/2 cup	
	such as baked beans, pinto					O 1/2 to 1 1/2 cups	
	peas, lima, lentils, soybean					O More than 1 1/2 cup	ps
	Please don't include bean	soups or chili.)			61b.	How often was butte	er, margarine, or oil
_	O NEVER (GO TO QUESTIC	DN 60)				added to your rice IN TABLE?	N COOKING OR AT THE
	0 1 6 times per veer	O 2 times per week				O Almost never or ne	ver
	<ul><li>1-6 times per year</li><li>7-11 times per year</li></ul>	<ul><li>2 times per week</li><li>3-4 times per week</li></ul>				O About 1/4 of the time	ne
	1 time per month	○ 5-4 times per week				O About 1/2 of the time	ne
	2-3 times per month	O 1 time per day				O About 3/4 of the time	ne
	O 1 time per week	O 2 or more times per day				O Almost always or a	lways
							/seafood added to rice?
	59a. Each time you ate <b>b</b> o	ans how much did you			O NE	EVER (GO TO QUEST	ION 62)
	usually eat?	Carro, HOW HIGH GIG YOU			O 1-6	3 times per year	○ 2 times per week
	·					11 times per year	○ 3-4 times per week
	<ul><li>○ Less than 1/2 cup</li><li>○ 1/2 to 1 cup</li></ul>					ime per month	○ 5-6 times per week
	O More than 1 cup		\	/	O 2-3	3 times per month	1 time per day
$\bigvee$	- · · · · · · · · · · · · · · · · · · ·		\	$\bigvee$	O 1 t	ime per week	O 2 or more times per day
Que	stion 60 appears in the next c	olumn.	Que	estior	n 62 ap	ppears on the next pag	re.

59b. How often were the beans you ate refried

beans, beans prepared with any type of fat,

day

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62.	How often	did you ea	t pancakes,	waffles, or
	French to	ast?		

O NE	O NEVER (GO TO QUESTION 63)				
○ 7- ○ 1 t ○ 2-	6 times per year 11 times per year time per month 3 times per month time per week	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>			
62a.	Each time you ate par French toast, how mu O Less than 1 medium p O 1 to 3 medium pieces O More than 3 medium p	rch did you usually eat? riece			
62b.	How often was marga added to your pancake toast AFTER COOKIN				
<ul> <li>Almost never or never</li> <li>About 1/4 of the time</li> <li>About 1/2 of the time</li> <li>About 3/4 of the time</li> <li>Almost always or always</li> </ul>					
62c.	How often was <b>butter</b> to your pancakes, waf <b>AFTER COOKING O</b>	· ·			
	<ul><li>Almost never or never</li><li>About 1/4 of the time</li><li>About 1/2 of the time</li><li>About 3/4 of the time</li><li>Almost always or always</li></ul>				
62d.	Each time margarine your pancakes, waffler much was usually add	s, or French toast, how			
	<ul><li>Never added</li><li>Less than 1 teaspoon</li><li>1 to 3 teaspoons</li><li>More than 3 teaspoon</li></ul>	s			
62e.	How often was <b>syrup</b> waffles, or French toas	added to your pancakes, st?			
	<ul><li>○ Almost never or never</li><li>○ About 1/4 of the time</li><li>○ About 1/2 of the time</li><li>○ About 3/4 of the time</li><li>○ Almost always or always</li></ul>	(GO TO QUESTION 63)			
	20				

	62f.		
63.	stuffe	often did you eat lasagi ed manicotti, ravioli, o clude spaghetti or othe	r tortellini? (Please do
Г	O N	EVER (GO TO QUESTIO	N 64)
	○ 7- ○ 1 ○ 2-	6 times per year 11 times per year time per month 3 times per month time per week	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>
	63a.	Each time you ate las stuffed manicotti, ra much did you usually	violi, or tortellini, how
\/		<ul><li>Less than 1 cup</li><li>1 to 2 cups</li><li>More than 2 cups</li></ul>	
64.	How o	ften did you eat <b>macar</b>	oni and cheese?
	O N	EVER (GO TO QUESTIO	N 65)
	○ 7- ○ 1 ○ 2-	6 times per year 11 times per year time per month 3 times per month time per week	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>
	64a.	Each time you ate ma	
		<ul><li>○ Less than 1 cup</li><li>○ 1 to 1 1/2 cups</li><li>○ More than 1 1/2 cups</li></ul>	
65.			salad or macaroni salad
Г	O N	EVER (GO TO QUESTIO	N 66)
		6 times per year 11 times per year	<ul><li>2 times per week</li><li>3-4 times per week</li></ul>

O 5-6 times per week

O 2 or more times per day

O 1 time per day

Question 63 appears in the next column.

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Question 66 appears on the next page.

O 1 time per month

O 1 time per week

O 2-3 times per month



	salad, how much did	you usually eat?
	<ul><li>○ Less than 1/2 cup</li><li>○ 1/2 to 1 cup</li><li>○ More than 1 cup</li></ul>	
	w often did you eat <b>pa</b> s	n Questions 63, 64, and sta, spaghetti, or other
O NE	EVER (GO TO QUESTION	N 67)
<ul> <li>1-6 times per year</li> <li>7-11 times per year</li> <li>1 time per month</li> <li>2-3 times per month</li> <li>1 time per week</li> </ul>		<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>
66a.	Each time you ate pas noodles, how much d O Less than 1 cup O 1 to 3 cups O More than 3 cups	sta, spaghetti or other id you usually eat?
66b.		your pasta, spaghetti, or nato sauce or spaghetti eat?
	<ul><li>Almost never or nevel</li><li>About 1/4 of the time</li><li>About 1/2 of the time</li><li>About 3/4 of the time</li><li>Almost always or always</li></ul>	
66c. How often did you eat your pasta, spagher or other noodles with tomato sauce or spaghetti sauce made WITHOUT meat?		
	<ul><li>○ Almost never or nevel</li><li>○ About 1/4 of the time</li><li>○ About 1/2 of the time</li><li>○ About 3/4 of the time</li><li>○ Almost always or always</li></ul>	
66d.		your pasta, spaghetti, or rgarine, butter, oil, or
	<ul><li>○ Almost never or nevel</li><li>○ About 1/4 of the time</li><li>○ About 1/2 of the time</li><li>○ About 3/4 of the time</li><li>○ Almost always or always</li></ul>	

65a. Each time you ate pasta salad or macaroni

I		
I		
I		
I		
I		

67	How	often	hib	VOL	eat	hagels	٥r	<b>English</b>	muffins	1
$o_{i}$ .	1 10 11	OLIGII	uiu	you	cai	Daycis	O.	LIIGIISII	IIIUIIIII	, :

7.	How o	ften did you eat <b>bagel</b>	s or English muffins?		
_	O NEVER (GO TO INTRODUCTION TO QUESTION 68)				
	○ 7-1 ○ 1 ti ○ 2-3	times per year 1 times per year me per month times per month me per week	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>		
	67a.	Each time you ate <b>ba</b> how much did you us  O Less than 1 bagel or  O 1 bagel or English m  O More than 1 bagel or	English muffin uffin		
	67b.	How often was marga added to your bagels  Almost never or never  About 1/4 of the time  About 1/2 of the time  About 3/4 of the time  Almost always or alw	r		
	67c.	How often was <b>butter</b> added to your bagels  Almost never or never  About 1/4 of the time  About 1/2 of the time  About 3/4 of the time  Almost always or alw	or English muffins?		
	67d.				
	67e.	How often was <b>crear</b> low-fat) spread on your muffins?			
		<ul> <li>Almost never or never TO QUESTION 68)</li> <li>About 1/4 of the time</li> <li>About 1/2 of the time</li> <li>About 3/4 of the time</li> </ul>			

Introduction to Question 68 appears on the next page.

O Almost always or always

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Question 67 appears in the next column.



67f.	Each time <b>cream cheese</b> was added to your bagels or English muffins, how much was usually added?
	<ul><li>Less than 1 tablespoon</li><li>1 to 2 tablespoons</li><li>More than 2 tablespoons</li></ul>
•	estions ask about your intake of breads

The next questions ask about your intake of breads other than bagels or English muffins. First, we will ask about bread you ate as part of sandwiches only. Then we will ask about all other bread you ate.

	ds or rolls AS PART OF rench bread, burger and
NEVER (GO TO QUEST	ION 69)
r-6 times per year r-11 times per year time per month 2-3 times per month time per week	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>
Each time you ate b OF SANDWICHES, usually eat?	reads or rolls AS PART how many did you
<ul><li>○ 1 slice or 1/2 roll</li><li>○ 2 slices or 1 roll</li><li>○ More than 2 slices or</li></ul>	or more than 1 roll
. How often were the you used for your sa (including burger and	indwiches white bread
<ul><li>○ Almost never or never of About 1/4 of the time</li><li>○ About 1/2 of the time</li><li>○ About 3/4 of the time</li><li>○ Almost always or all</li></ul>	e e e
How often was mayo mayonnaise-type d added to your sandw	ressing (including low-fat)
<ul> <li>○ Almost never or never on the continuous About 1/4 of the time.</li> <li>○ About 1/2 of the time.</li> <li>○ About 3/4 of the time.</li> <li>○ Almost always or allowed a supplied to the continuous Almost always or allowed a supplied to the continuous always are always always or allowed a supplied to the continuous always are always always are always always always are always always always are always always always always are always a</li></ul>	e e
	DWICHES (including for log rolls)? NEVER (GO TO QUEST) -6 times per year -11 times per year time per month 2-3 times per month time per week  Each time you ate b OF SANDWICHES, usually eat?  1 slice or 1/2 roll 2 slices or 1 roll More than 2 slices or How often were the you used for your sa (including burger and About 1/4 of the time) About 1/4 of the time About 3/4 of the time Almost never or never and added to your sandwell. How often was mayor mayonnaise-type deadded to your sandwell. Almost never or never added to your sandwell. Almost never or never added to your sandwell. Almost never or never added to your sandwell. About 1/4 of the time About 1/2 of the time About 1/4 of the time About 3/4 of the time

	L	
68d		aise or mayonnaise-type d to your sandwich breads was usually added?
	O Less than 1 teaspo O 1 to 3 teaspoons O More than 3 teaspo	
68e	. How often was <b>mar</b> added to your sand	garine (including low-fat) wich bread or rolls?
	<ul><li>○ Almost never or ne</li><li>○ About 1/4 of the tir</li><li>○ About 1/2 of the tir</li><li>○ About 3/4 of the tir</li><li>○ Almost always or a</li></ul>	ne ne ne
68f	. How often was <b>butt</b> to your sandwich b	er (including low-fat) added read or rolls?
	<ul> <li>Almost never or ne</li> <li>About 1/4 of the tir</li> <li>About 1/2 of the tir</li> <li>About 3/4 of the tir</li> <li>Almost always or a</li> </ul>	ne ne ne
68g	<ul> <li>Each time margaring</li> <li>added to your sand</li> <li>how much was usus</li> </ul>	wich breads or rolls,
	<ul><li>Never added</li><li>Less than 1 teaspo</li><li>1 to 2 teaspoons</li><li>More than 2 teaspo</li></ul>	
	often did you eat brea AS PART OF SAND\	
_ ON	IEVER (GO TO INTROI	DUCTION TO QUESTION 70)
O 7 O 1 O 2	-6 times per year -11 times per year time per month -3 times per month time per week	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>
69a		oreads or dinner rolls, NOT DWICHES, how much did
	<ul><li>1 slice or 1 dinner</li><li>2 slices or 2 dinne</li><li>More than 2 slices</li></ul>	
		3133

Question 68e appears in the next column

Question 69 appears in the next column. REV 5/16/2005

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# In

24000	72d. Each time margarine or butter was
the 12 months prior to diagnosis	added to your breads, rolls, cornbread or
70. How often did you eat <b>corn bread</b> or <b>corn mu</b>	,
O NEVER (GO TO QUESTION 71)	O Never added
○ 1-6 times per year ○ 2 times per we	C Less than 1 teaspoon  O 1 to 2 teaspoons
○ 7-11 times per year ○ 3-4 times per v	Q 1 to 2 todopoono
○ 1 time per month ○ 5-6 times per	week
○ 2-3 times per month ○ 1 time per day	72e. How often was <b>cream cheese</b> (including
○ 1 time per week ○ 2 or more time	low-fat) added to your breads, rolls, cornbread or biscuits?
70a. Each time you ate <b>corn bread</b> or <b>corn</b>	O Almost never or never (GO TO QUESTION 72g)
muffins, how much did you usually ea	2 O About 1/4 of the time
mannis, now made and you askany ca	O About 1/2 of the time
O Less than 1 piece or muffin	O About 3/4 of the time
O 1 to 2 pieces or muffins	○ Almost always or always
More than 2 pieces or muffins	
71. How often did you eat <b>biscuits</b> ?	72f. Each time <b>cream cheese</b> was added to
O NEVER (GO TO QUESTION 72a)	your breads, rolls, cornbread or
	biscuits how much was usually added?
O 1-6 times per year O 2 times per we	O 2000 man 1 manospoon
O 7-11 times per year O 3-4 times per v	
○ 1 time per month ○ 5-6 times per	
<ul><li>2-3 times per month</li><li>1 time per day</li><li>2 or more time</li></ul>	72g. How often did you eat <b>jam</b> , <b>jelly</b> , or <b>honey</b> on
·	bagolo, marmo, broad, rone combreda, blecane, or
71a. Each time you ate <b>biscuits</b> , how many	
you usually eat?	O NEVER (GO TO QUESTION 73)
O Fewer than 1 biscuit	○ 1-6 times per year ○ 2 times per week
<ul><li>1 to 2 biscuits</li><li>More than 2 biscuits</li></ul>	○ 7-11 times per year ○ 3-4 times per week
	○ 1 time per month ○ 5-6 times per week
72a. How often were the breads, rolls or biscuits	○ 2-3 times per month ○ 1 time per day
you ate made with white flour?	O 1 time per week O 2 or more times per day
O Almost never or never	
O About 1/4 of the time	72h. Each time you ate jam, jelly, or honey,
○ About 1/2 of the time	how much did you usually eat?
O About 3/4 of the time	O Less than 1 teaspoon
<ul> <li>Almost always or always</li> </ul>	O 1 to 3 teaspoons
72b. How often was margarine (including low-fa	) \ \ / \ O More than 3 teaspoons
added to your breads, rolls, cornbread or	V
biscuits?	73. How often did you eat <b>peanut butter</b> or <b>other</b>
<ul> <li>Almost never or never</li> </ul>	nut butter?
O About 1/4 of the time	O NEVER (GO TO QUESTION 74)
○ About 1/2 of the time	
○ About 3/4 of the time	O 1-6 times per year O 2 times per week
<ul> <li>Almost always or always</li> </ul>	<ul><li>○ 7-11 times per year</li><li>○ 3-4 times per week</li><li>○ 1 time per month</li><li>○ 5-6 times per week</li></ul>
72c. How often was <b>butter</b> (including low-fat)	O 2-3 times per month O 1 time per day
added to your breads, rolls, cornbread or	O 1 time per week O 2 or more times per day
biscuits?	O I time per week
<ul> <li>Almost never or never</li> </ul>	73a. Each time you ate peanut butter or other nut
○ About 1/4 of the time	butter, how much did you usually eat?
○ About 1/2 of the time	○ Less than 1 tablespoon
O About 3/4 of the time	O 1 to 2 tablespoons
<ul> <li>Almost always or always</li> </ul>	

Question 72 appears in the next column. REV 5/16/2005

O Almost always or always

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Question 74 appears on the next page.



#### In the 12 months prior to diagnosis...

- 74. How often did you eat roast beef or steak IN SANDWICHES?
  - O NEVER (GO TO QUESTION 75)

○ 1-6 times per year	2 times per week
○ 7-11 times per year	O 3-4 times per week

O 1 time per month O 5-6 times per week

2-3 times per month1 time per day2 or more times per day

74a. Each time you ate **roast beef** or **steak IN SANDWICHES**, how much did you usually eat?

- O Less than 1 slice or less than 2 ounces
  - O 1 to 2 slices or 2 to 4 ounces
  - O More than 2 slices or more than 4 ounces
- 75. How often did you eat turkey or chicken COLD CUTS (such as loaf, luncheon meat, turkey ham, turkey salami, turkey pastrami, or turkey bacon)? (We will ask about other turkey or chicken later.)
  - O NEVER (GO TO QUESTION 76)
  - O 1-6 times per year O 2 times per week
  - 7-11 times per year 3-4 times per week 1 time per month 5-6 times per week
  - O 2-3 times per month O 1 time per day
  - O 1 time per week O 2 or more times per day
  - 75a. Each time you ate **turkey** or **chicken COLD CUTS**, how much did you usually eat?
    - O Less than 1 slice
    - O 1 to 3 slices
    - O More than 3 slices



76. How often did you eat **luncheon** or **deli-style ham**? (We will ask about other ham later.)

- 1-6 times per year 2 times per week
- 7-11 times per year 3-4 times per week 1 time per month 5-6 times per week
- 2-3 times per month 1 time per day
- O 1 time per week O 2 or more times per day
- 76a. Each time you ate **luncheon** or **deli-style ham**, how much did you usually eat?
  - O Less than 1 slice
  - O 1 to 3 slices
  - O More than 3 slices
- 76b. How often was the luncheon or deli-style ham you ate **light**, **low-fat**, or **fat-free**?
  - O Almost never or never
  - O About 1/4 of the time
  - O About 1/2 of the time
  - O About 3/4 of the time
  - O Almost always or always
- 77. How often did you eat **other cold cuts** or **luncheon meats** (such as bologna, salami, corned beef, pastrami, or others, including low-fat)? (*Please do not include ham, turkey, or chicken cold cuts.*)
  - O NEVER (GO TO QUESTION 78)
  - 1-6 times per year 2 times per week
  - O 7-11 times per year O 3-4 times per week

  - 1 time per week
     2 or more times per day
  - 77a. Each time you ate **other cold cuts** or **luncheon meats**, how much did you usually eat?
    - O Less than 1 slice
    - O 1 to 3 slices
    - O More than 3 slices
  - 77b. How often were the other cold cuts or luncheon meats you ate **light**, **low-fat**, or **fat-free cold cuts** or **luncheon meats**? (Please do not include ham, turkey, or chicken cold cuts.)
    - O Almost never or never
    - O About 1/4 of the time
    - O About 1/2 of the time
    - O About 3/4 of the time
    - O Almost always or always

Question 78 appears on the next page.

Question 76 appears on the next page.





#### In

the 12 months prior to diagnosis  8. How often did you eat canned tuna (including in			80. How often did you eat <b>beef hamburgers</b> or <b>cheeseburgers</b> ?			
			O NEVER (GO TO QUI	ESTION 81)		
salads, sandwiches, or casseroles)?  — O NEVER (GO TO QUESTION 79)			<ul><li>1-6 times per year</li><li>7-11 times per year</li></ul>	<ul><li>2 times per week</li><li>3-4 times per week</li></ul>		
<ul> <li>1-6 times per year</li> <li>7-11 times per year</li> <li>1 time per month</li> <li>2-3 times per month</li> <li>1 time per week</li> </ul>	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>		cheeseburgers eat?	<ul> <li>○ 5-6 times per week</li> <li>○ 1 time per day</li> <li>○ 2 or more times per day</li> <li>ate beef hamburgers or</li> <li>b, how much did you usually</li> <li>atty or less than 2 ounces</li> </ul>		
78a. Each time you ate <b>c</b> did you usually eat?			•	tty or more than 4 ounces		
·	to 3 ounces or more than 3 ounces		cheeseburgers y ground beef?  O Almost never o			
78b. How often was the o	1?		O About 1/4 of the About 1/2 of the About 3/4 of the	e time		
<ul><li>Almost never or ne</li><li>About 1/4 of the tir</li><li>About 1/2 of the tir</li></ul>	ne	Q1	O Almost always	or always ound beef in mixtures (such		
○ About 3/4 of the time ○ Almost always or always			as meatballs, casseroles	, chili, or meatloaf)?		
78c. How often was the prepared with may dressing (including  O Almost never or ne O About 1/4 of the tin	vonnaise or other low-fat)? ver		<ul> <li>NEVER (GO TO QUES</li> <li>1-6 times per year</li> <li>7-11 times per year</li> <li>1 time per month</li> <li>2-3 times per month</li> </ul>	<ul><li>2 times per week</li><li>3-4 times per week</li><li>5-6 times per week</li><li>1 time per day</li></ul>		
<ul><li>About 1/2 of the tin</li><li>About 3/4 of the tin</li><li>Almost always or a</li></ul>	ne		<ul><li>1 time per week</li><li>81a. Each time you ate how much did you</li></ul>	O 2 or more times per day e ground beef in mixtures, u usually eat?		
79. How often did you eat <b>GR</b> (We will ask about other o	chicken and turkey later.)		O 3 to 8 ounces or	ces or less than 1/2 cup 1/2 to 1 cup ces or more than 1 cup		
<ul><li>1-6 times per year</li><li>7-11 times per year</li><li>1 time per month</li><li>2-3 times per month</li></ul>	<ul><li>2 times per week</li><li>3-4 times per week</li><li>5-6 times per week</li><li>1 time per day</li></ul>		-	ot dogs or frankfurters? ausages or vegetarian hot STION 83)		
<ul><li>○ 1 time per week</li><li>79a. Each time you ate 0</li></ul>	○ 2 or more times per day  GROUND chicken or		<ul><li>1-6 times per year</li><li>7-11 times per year</li><li>1 time per month</li></ul>	<ul><li>2 times per week</li><li>3-4 times per week</li><li>5-6 times per week</li></ul>		
	did you usually eat? s or less than 1/2 cup 2 to 1 cup		<ul><li>○ 2-3 times per month</li><li>○ 1 time per week</li></ul>	<ul><li>1 time per day</li><li>2 or more times per day</li><li>hot dogs or frankfurters,</li><li>u usually eat?</li></ul>		

Question 80 appears in the next column.

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O More than 2 hot dogs

Question 83 appears on the next page.



#### In

1 the	2 12 months prior to diagnosi	S		0.11		
83. How often did you eat beef mixtures such as beef stew, beef pot pie, beef and noodles, or beef and vegetables?				<ul><li>○ Almost never or n</li><li>○ About 1/4 of the t</li><li>○ About 1/2 of the t</li><li>○ About 3/4 of the t</li></ul>	ime ime	
[	O NEVER (GO TO QUESTION 84)		○ About 3/4 of the time ○ Almost always or always			
	<ul> <li>1-6 times per year</li> <li>7-11 times per year</li> <li>1 time per month</li> <li>2-3 times per month</li> <li>1 time per week</li> </ul>	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>	86. H	NEVER (GO TO QUES'  1-6 times per year  7-11 times per year  1 time per month	TION 87)  O 2 times per week O 3-4 times per week O 5-6 times per week	
	83a. Each time you ate bee beef and noodles, or how much did you usu	beef and vegetables,		<ul><li>2-3 times per month</li><li>1 time per week</li></ul>	<ul><li>1 time per day</li><li>2 or more times per day</li></ul>	
$\bigvee$	<ul><li>✓ Less than 1 cup</li><li>✓ 1 to 2 cups</li><li>✓ More than 2 cups</li></ul>			86a. Each time you ate how much did you  O Less than 4 ribs	pork or beef spareribs, usually eat?	
8	<ol> <li>How often did you eat roast (Please do not include roast sandwiches.)</li> </ol>		$\bigvee$	<ul><li>○ 4 to 12 ribs</li><li>○ More than 12 ribs</li></ul>		
	<ul> <li>NEVER (GO TO QUESTIO</li> </ul>	EVER (GO TO QUESTION 85)		87. How often did you eat <b>roast turkey</b> , <b>turkey cutlets</b> , or <b>turkey nuggets</b> (including in sandwiches)?		
	<ul> <li>1-6 times per year</li> <li>7-11 times per year</li> <li>1 time per month</li> <li>2-3 times per month</li> <li>1 time per week</li> </ul>	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>		<ul> <li>NEVER (GO TO QUES'</li> <li>1-6 times per year</li> <li>7-11 times per year</li> <li>1 time per month</li> <li>2-3 times per month</li> </ul>	,	
	84a. Each time you ate <b>roa</b> (including in mixtures) usually eat?			O 1 time per week	O 2 or more times per day	
$\bigvee$	<ul><li>Less than 2 ounces</li><li>2 to 5 ounces</li><li>More than 5 ounces</li></ul>				roast turkey, turkey nuggets, how much did you se note: 4 to 8 turkey nuggets	
8	5. How often did you eat <b>steak</b> steak in sandwiches.)	(beef)? (Do not include		<ul><li>Less than 2 ounce</li><li>2 to 4 ounces</li></ul>	es	
	O NEVER (GO TO QUESTIO	N 86)	$\bigvee$	O More than 4 ounc	es	
	<ul><li>1-6 times per year</li><li>7-11 times per year</li><li>1 time per month</li></ul>	O 2 times per week O 3-4 times per week O 5-6 times per week		low often did you eat chi andwiches, casseroles	cken as part of salads, s, stews, or other mixtures?	
	<ul><li>2-3 times per month</li><li>1 time per week</li></ul>	<ul><li>1 time per day</li><li>2 or more times per day</li></ul>		O NEVER (GO TO QUES	TION 89)	
	85a. Each time you ate <b>ste</b> did you usually eat?	eak (beef), how much		<ul><li>○ 1-6 times per year</li><li>○ 7-11 times per year</li><li>○ 1 time per month</li><li>○ 2-3 times per month</li></ul>	<ul><li>2 times per week</li><li>3-4 times per week</li><li>5-6 times per week</li><li>1 time per day</li></ul>	
	<ul><li>Less than 3 ounces</li><li>3 to 7 ounces</li></ul>			1 time per week	2 or more times per day	

Question 89 appears on the next page.

85b. How often was the steak you ate lean steak?

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O More than 7 ounces

Question 86 appears in the next column.



#### In the 12 months prior to diagnosis...

88a. Each time you ate **chicken** as part of **salads**, **sandwiches**, **casseroles**, **stews**, or **other mixtures**, how much did you usually eat?

O Less than 1/2 cup

O 1/2 to 1 1/2 cups

O More than 1 1/2 cups

89. How often did you eat **baked**, **broiled**, **roasted**, **stewed**, or **fried chicken** (including nuggets)? (Please do not include chicken in mixtures.)

-	O NE	v 90)	
<ul> <li>1-6 times per year</li> <li>7-11 times per year</li> <li>1 time per month</li> <li>2-3 times per month</li> <li>1 time per week</li> </ul>		1 times per year ime per month 3 times per month	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>
	89a.	Each time you ate <b>bal stewed</b> , or <b>fried chic</b> how much did you usu	ken (including nuggets),
		<ul> <li>Less than 2 drumstich</li> <li>1 breast or thigh, or I</li> <li>2 drumsticks or wings or 4 to 8 nuggets</li> <li>More than 2 drumstich</li> <li>1 breast or thigh, or not the control of the con</li></ul>	ess than 4 nuggets s, 1 breast or thigh, ks or wings, more than
	89b.	How often was the chi chicken (including denuggets?	
		<ul><li>Almost never or neve</li><li>About 1/4 of the time</li><li>About 1/2 of the time</li><li>About 3/4 of the time</li><li>Almost always or alw</li></ul>	
	89c.	How often was the chi WHITE meat?	cken you ate
		<ul><li>○ Almost never or neve</li><li>○ About 1/4 of the time</li><li>○ About 1/2 of the time</li><li>○ About 3/4 of the time</li><li>○ Almost always or alw</li></ul>	
	89d.	How often did you eat <b>skin</b> ?	chicken WITH
		○ Almost never or neve ○ About 1/4 of the time	r
,		<ul><li>○ About 1/2 of the time</li><li>○ About 3/4 of the time</li></ul>	
•		O Almost always or alw	ays

9	00. How often did you eat <b>bak</b> steak?	ced ham or ham
[	O NEVER (GO TO QUEST	TON 91)
	<ul> <li>1-6 times per year</li> <li>7-11 times per year</li> <li>1 time per month</li> <li>2-3 times per month</li> <li>1 time per week</li> </ul>	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>
	90a. Each time you ate steak, how much of the control of the contr	did you usually eat?
9	21. How often did you eat <b>por</b> and in mixed dishes)? (Phe ham steak, or sausage.)  O NEVER (GO TO QUEST	ease do not include ham,
	<ul> <li>1-6 times per year</li> <li>7-11 times per year</li> <li>1 time per month</li> <li>2-3 times per month</li> <li>1 time per week</li> </ul>	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>
	usually eat?  O Less than 2 ounce O 2 to 5 ounces or 1	pork, how much did you es or less than 1 chop chop es or more than 1 chop
9	7 02. How often did you eat gra potatoes, rice, etc.?	vy on meat, chicken,
	O NEVER (GO TO QUEST	TON 93)
	<ul> <li>1-6 times per year</li> <li>7-11 times per year</li> <li>1 time per month</li> <li>2-3 times per month</li> <li>1 time per week</li> </ul>	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>
	1	gravy on meat, chicken, , how much did you
	<ul><li>○ Less than 1/8 cup</li><li>○ 1/8 to 1/2 cup</li><li>○ More than 1/2 cup</li></ul>	

Question 93 appears on the next page.

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Question appears 90 in the next column.



#### In th

the 12 months prior to diagnosis		96.	How o low-fa	ften did you eat <b>sa</b> t t)?	usage (including	
93. How often did you eat <b>liver</b> (all kinds) or			O NE	EVER (GO TO QUEST	ΓΙΟΝ 97)	
liverwurst?  O NEVER (GO TO QUESTION 94)				S times per year	<ul><li>2 times per week</li><li>3-4 times per week</li></ul>	
07 01 02	I-6 times per year 7-11 times per year I time per month 2-3 times per month I time per week	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>		○ 2-3 ○ 1 ti	ime per month  I times per month ime per week  Fach time you ate	<ul> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul> sausage, how much did
938	<ul> <li>a. Each time you ate live</li> <li>much did you usually</li> <li>Less than 1 ounce</li> <li>1 to 4 ounces</li> <li>More than 4 ounces</li> </ul>	/ eat?			you usually eat?  O Less than one pa O 1 to 3 patties or 2 O More than 3 patties	atty or 2 links 2 to 5 links es or 5 links
	often did you eat <b>swee</b> NEVER (GO TO QUESTIO	etbreads or chitterlings?	96b. How often was the sausage you ate I low-fat, or lean sausage?			
0 1 0 7 0 1 0 2	-6 times per year -11 times per year time per month -3 times per month time per week	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>			<ul> <li>○ Almost never or r</li> <li>○ About 1/4 of the r</li> <li>○ About 1/2 of the r</li> <li>○ About 3/4 of the r</li> <li>○ Almost always or</li> </ul>	time time time
	. Each time you ate <b>sw</b>		97.	(includ		h sticks or fried fish r shellfish like shrimp, TION 98)
	O More than 4 ounces				6 times per year 11 times per year	<ul><li>2 times per week</li><li>3-4 times per week</li></ul>
	often did you eat <b>baco</b> n EVER (GO TO QUESTIO	,		O 1 time per month O 2-3 times per month	○ 5-6 times per week ○ 1 time per day	
O 7-	6 times per year 11 times per year time per month	O 2 times per week O 3-4 times per week O 5-6 times per week			time per week  Each time you ate  how much did you	2 or more times per day e fish sticks or fried fish, usually eat?
	3 times per month time per week	<ul><li>○ 1 time per day</li><li>○ 2 or more times per day</li></ul>			O Less than 2 ounc	es or less than 1 fillet 1 fillet
95a.	usually eat?	con, how much did you			O More than 7 ound	ces or more than 1 fillet
	<ul><li>Fewer than 2 slices</li><li>2 to 3 slices</li><li>More than 3 slices</li></ul>					
95b.	How often was the bac low-fat, or lean baco (excluding turkey bacc	n?				
	<ul><li>Almost never or never</li><li>About 1/4 of the time</li><li>About 1/2 of the time</li><li>About 3/4 of the time</li></ul>	r				***************************************
<b>V</b>	O Almost always or alw	-			<b>0</b>	
Question	n 96 appears in the next co	olumn.	Introdu	ıction to	o Question 98 appears	s on the next page.

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Introduction to Question 98 appears on the next page.



#### In the 12 months prior to diagnosis...

98.	8. How often did you eat fish or shellfish that was NOT FRIED (this includes shrimp, oysters or crawfish)?				
_	O NEVER (GO TO INTRODUCTION TO QUESTION 99)				
	<ul> <li>1-6 times per year</li> <li>7-11 times per year</li> <li>1 time per month</li> <li>2-3 times per month</li> <li>1 time per week</li> </ul>	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>			
		fish or shellfish that was ch did you usually eat?			
	<ul><li>Less than 2 ounce</li><li>2 to 5 ounces or 1</li><li>More than 5 ounce</li></ul>				
99.	How often did you eat dar salmon that was not frie O NEVER (GO TO INTRO				
	<ul> <li>1-6 times per year</li> <li>7-11 times per year</li> <li>1 time per month</li> <li>2-3 times per month</li> <li>1 time per week</li> </ul>	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>			
	•	dark meat fish that was ch did you usually eat?			
	O 2 to 5 ounces or 1	es or less than 1 fillet   fillet es or more than 1 fillet			
100	O. How often did you eat <b>fre</b> O NEVER (GO TO INTRO	esh tuna? DUCTION TO QUESTION 101)			
	<ul> <li>1-6 times per year</li> <li>7-11 times per year</li> <li>1 time per month</li> <li>2-3 times per month</li> <li>1 time per week</li> </ul>	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>			
	100a. Each time you ato you usually eat?	e fresh tuna, how much did			
	O 2 to 5 ounces or 1	es or less than 1 fillet   fillet   ges or more than 1 fillet			
/					

Now think about all the meat, poultry, and fish you ate in the <u>past 12 months</u> and how they were prepared.

101. How often was oil, butter, margarine, or other	r
fat used to FRY, SAUTE, BASTE, OR	
MARINATE any meat, poultry, or fish you	
ate? (Please do not include deep frying.)	

		ate? (Please do not include		
		O NEVER (GO TO QUESTIC	DN 102)	
		<ul> <li>1-6 times per year</li> <li>7-11 times per year</li> <li>1 time per month</li> <li>2-3 times per month</li> <li>1 time per week</li> </ul>	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>	
101a. Which of the following <b>fats</b> were regularly used to prepare your meat, poultry, or fish? (Mark all that apply.)				
		<ul> <li>Margarine (including low</li> <li>Butter (including low</li> <li>Lard, fatback, or bac</li> <li>Olive Oil</li> <li>Corn Oil</li> <li>Canola or rapeseed</li> <li>Oil spray, such as P</li> <li>Other kinds of oils</li> <li>None of the above</li> </ul>	v-fat) con fat oil	
1	02.	How often did you eat <b>tofu soy meat-substitutes</b> ?	, <b>soy burgers</b> , or	
		O NEVER (GO TO QUESTIC	ON 103)	
		<ul> <li>1-6 times per year</li> <li>7-11 times per year</li> <li>1 time per month</li> <li>2-3 times per month</li> <li>1 time per week</li> </ul>	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>	
		102a. Each time you ate t meat-substitutes, h eat?	ofu, soy burgers, or soy ow much did you usually	
		<ul><li>○ Less than 1/4 cup or</li><li>○ 1/4 to 1/2 cup or 2 to</li><li>○ More than 1/2 cup o</li></ul>	4 ounces	

Question 101 appears in the next column.

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Introduction to Question 103 appears on the next page.



#### In the 12 months prior to diagnosis

the 12 months prior to diagnosis			or <b>vegetable soups</b> ?		
103. Did you eat <b>soups</b> ?			O Almost never or	never	
		O About 1/4 of the time			
	O NO (Go To Question 104)			O About 1/2 of the	time
	O YES			O About 3/4 of the	time
O YES				<ul> <li>Almost always of</li> </ul>	or always
103a. How often did you eat <b>soups DUR</b>		ps DURING THE			the soups you ate <b>broth</b> g chicken) <b>with</b> or <b>without</b> ?
WINTER?	-			○ Almost never or	never
O NEVER				O About 1/4 of the	
				O About 1/2 of the	
O 1-6 times per wi		O 2 times per week		O About 3/4 of the	
O 1 times per v		3-4 times per week		O Almost always of	
<ul><li>1 time per mont</li><li>2-3 times per mont</li><li>1 time per week</li></ul>	onth	<ul><li>5-6 times per week</li><li>1 time per day</li><li>2 or more times</li></ul>		-	the soups you ate <b>gumbo</b> ?
O i mile per meen	•	per day		<ul> <li>Almost never or</li> </ul>	never
		•		O About 1/4 of the	time
103b. How often did y	ou eat <b>sou</b>	ps DURING THE		O About 1/2 of the	time
REST OF THE YEAR?				O About 3/4 of the	time
O NEVER				O Almost always of	or always
○ 1-6 times per ye	○ 1-6 times per year ○ 2 times per week	10	104. How often did you eat <b>pizza</b> ?		
○ 7-11 times per y		○ 3-4 times per week		O NEVER (GO TO QUES	STION 105)
O 1 time per mont		○ 5-6 times per week		0.4.0.6	0.045
O 2-3 times per m		<ul><li>1 time per day</li><li>2 or more times per day</li></ul>		<ul><li>1-6 times per year</li><li>7-11 times per year</li></ul>	<ul><li>2 times per week</li><li>3-4 times per week</li></ul>
O 1 time per week	O 1 time per week			O 1 time per month	○ 5-6 times per week
	μe			O 2-3 times per month	O 1 time per day
103c. Each time you a you usually eat?	ate <b>soups</b> ,	how much did		1 time per week	2 or more times per day
O Less than 1 cup	)			104a. Each time vou a	ate <b>pizza</b> , how much did you
O 1 to 2 cups				usually eat?	, , , , , , , , , , , , , , , , , , ,
O More than 2 cup	os			∩ Less than 1 slice	or less than 1 mini pizza
				1 to 3 slices or 1	
103d. How often were	the soups y	ou ate <b>bean soups</b> ?			es or more than 1 mini pizza
O Almost never or	never			104b. How often did yo	ou eat pizza with
O About 1/4 of the	time		pepperoni, sausage, or other meat?		
O About 1/2 of the	time			O Almost never or	_
O About 3/4 of the	time			O About 1/4 of the	
O Almost always o	or always			O About 1/2 of the	
				O About 3/4 of the	
	103e.How often were the soups you ate <b>cream</b>			O Almost always of	
soups (including	g chowders)	)?		104c. How often did yo	
O Almost never or	never			a tomato sauce?	od eat pizza with
O About 1/4 of the	<ul><li>○ About 1/4 of the time</li><li>○ About 1/2 of the time</li><li>○ About 3/4 of the time</li><li>○ Almost always or always</li></ul>			O Almost never or i	never
O About 1/2 of the				O About 1/4 of the	
O About 3/4 of the				O About 1/2 of the	
O Almost always of				O About 3/4 of the	
/				O Almost always or	
orall Question 104 appears in the n	next column.		Ques	tion 105 appears on the next	t page.

103f. How often were the soups you ate tomato

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#### In

n the 12 months prior to diagnosis	106c. How often were the chips you ate other low-fat or fat-free chips?
104d. How often did you eat pizza without a tomato sauce?  Almost never or never About 1/4 of the time About 1/2 of the time About 3/4 of the time	<ul> <li>○ Almost never or never</li> <li>○ About 1/4 of the time</li> <li>○ About 1/2 of the time</li> <li>○ About 3/4 of the time</li> <li>○ Almost always or always</li> <li>107. How often did you eat <b>popcorn</b> (including</li> </ul>
○ Almost always or always	low-fat)?  — O NEVER (GO TO QUESTION 108)
105. How often did you eat <b>crackers</b> ?	
O NEVER (GO TO QUESTION 106)  O 1-6 times per year O 2 times per week O 7-11 times per year O 3-4 times per week O 1 time per month O 5-6 times per week O 2-3 times per month O 1 time per day O 1 time per week O 2 or more times per day  105a. Each time you ate <b>crackers</b> , how many did you usually eat? O Fewer than 4 crackers	O 1-6 times per year O 7-11 times per year O 1 time per month O 2-3 times per month O 1 time per day O 1 time per week O 2 or more times per day  107a. Each time you ate <b>popcorn</b> , how much did you usually eat? O Less than 2 cups, popped O 2 to 5 cups, popped O More than 5 cups, popped
O 4 to 10 crackers O More than 10 crackers	108. How often did you eat <b>pretzels</b> ?
106. How often did you eat potato chips, tortilla chips, or corn chips (including low-fat, fat-free, or low-salt)?  O NEVER (GO TO QUESTION 107)  1-6 times per year  7-11 times per year  1 time per month  2 times per week  1 time per month  1 time per day  1 time per week  2 or more times per day  106a. Each time you ate potato chips, tortilla chips, or corn chips, how much did you usually eat?  Fewer than 10 chips or less than 1 cup  10 to 25 chips or 1 to 2 cups  More than 25 chips or more than 2 cups  106b. How often were the chips you ate Wow chip or other chips made with fat substitute (Olean or Olestra)?	O NEVER (GO TO QUESTION 109)  O 1-6 times per year  O 2 times per week O 7-11 times per year O 3-4 times per week O 1 time per month O 5-6 times per week O 2-3 times per month O 1 time per day O 1 time per week O 2 or more times per day  108a. Each time you ate pretzels, how many did you usually eat? O Fewer than 5 average twists O 5 to 20 average twists O More than 20 average twists O More than 20 average twists  109. How often did you eat peanuts, walnuts, seeds, or other nuts? O NEVER (GO TO QUESTION 110) O 1-6 times per year O 2 times per week O 7-11 times per year O 3-4 times per week O 1 time per month O 5-6 times per week O 2-3 times per month O 1 time per day O 1 time per week O 2 or more times per day
<ul> <li>○ Almost never or never</li> <li>○ About 1/4 of the time</li> <li>○ About 1/2 of the time</li> <li>○ About 3/4 of the time</li> <li>○ Almost always or always</li> </ul>	109a. Each time you ate <b>peanuts</b> , <b>walnuts</b> , <b>seeds</b> , or <b>other nuts</b> , how much did you usually eat?  O Less than 1/4 cup
	O 1/4 to 1/2 cup O More than 1/2 cup

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Question 107 appears in the next column.

Question 110 appears on the next page.



O 2 times per week O 3-4 times per week ○ 5-6 times per week O 1 time per day O 2 or more times per day

#### In the 12 months prior to diagnosis

ii tile <u>12 illolitils prior to di</u>	<u>agnosis</u>			
	energy bars, high-protein, or as Power bars, Balance, Clif,	11	13. How often did you eat cheese (including lo including on cheeseburgers or in sandwich subs)?	
O NEVER (GO TO QUE	STION 111)		O NEVER (GO TO QUESTION 114)	
<ul> <li>1-6 times per year</li> <li>7-11 times per year</li> <li>1 time per month</li> <li>2-3 times per month</li> <li>1 time per week</li> </ul>	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>		<ul> <li>○ 1-6 times per year</li> <li>○ 7-11 times per year</li> <li>○ 1 time per month</li> <li>○ 2-3 times per month</li> <li>○ 1 time per week</li> <li>○ 2 times per of 3-4 times per of 3-</li></ul>	er weel er wee lay
- I	te <b>energy</b> , <b>high-protein</b> , or how much did you usually		113a. Each time you ate <b>cheese</b> , how much you usually eat?	n did
O Less than 1 bar O 1 bar O More than 1 ba			<ul> <li>Less than 1/2 ounce or less than 1 slice</li> <li>1/2 to 1 1/2 ounces or 1 slice</li> <li>More than 1 1/2 ounces or more than</li> </ul>	1 slice
111. How often did you eat yogurt)?	yogurt (NOT including frozen		113b. How often was the cheese you ate lig	ht or
O NEVER (GO TO QUE	STION 112)		<ul><li>Almost never or never</li><li>About 1/4 of the time</li><li>About 1/2 of the time</li></ul>	
<ul><li>1-6 times per year</li><li>7-11 times per year</li><li>1 time per month</li><li>2-3 times per month</li></ul>	<ul><li>2 times per week</li><li>3-4 times per week</li><li>5-6 times per week</li><li>1 time per day</li></ul>		<ul><li>○ About 3/4 of the time</li><li>○ Almost always or always</li></ul>	
O 1 time per week	O 2 or more times per day		113c. How often was the cheese you ate fat-free cheese?	
111a. Each time you a you usually eat?	te <b>yogurt</b> , how much did		<ul><li>○ Almost never or never</li><li>○ About 1/4 of the time</li></ul>	
O 1/2 to 1 cup or	up or less than 1 container 1 container 5 or more than 1 container		<ul><li>○ About 1/2 of the time</li><li>○ About 3/4 of the time</li><li>○ Almost always or always</li></ul>	
112. How often did you ear (including low-fat)?	cottage cheese			
O NEVER (GO TO QU	ESTION 113)			
<ul><li>1-6 times per year</li><li>7-11 times per year</li><li>1 time per month</li><li>2-3 times per month</li><li>1 time per week</li></ul>	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>			
112a. Each time you a much did you us	te cottage cheese, how ually eat?			
<ul><li>○ Less than 1/4 c</li><li>○ 1/4 to 1 cup</li><li>○ More than 1 cu</li></ul>				

Question 114 appears on the next page.

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Question 113 appears in the next column.



#### In

In the 12 months prior to diagnosis	116.	How often did you eat <b>cal</b> fat-free)?	<b>(e</b> (including low-fat or
		O NEVER (GO TO QUEST	TON 117)
<ul><li>114. How often did you eat frozen yogurt, sorbet, or ices (including low-fat or fat-free)?</li><li>O NEVER (GO TO QUESTION 115)</li></ul>		<ul><li>1-6 times per year</li><li>7-11 times per year</li><li>1 time per month</li></ul>	<ul><li>2 times per week</li><li>3-4 times per week</li><li>5-6 times per week</li></ul>
O NEVER (GO TO QUESTION 115)  O 1-6 times per year	117.	<ul> <li>○ 2-3 times per month</li> <li>○ 1 time per week</li> <li>116a. Each time you ate congression you usually eat?</li> <li>○ Less than 1 medium</li> <li>○ 1 medium piece</li> <li>○ More than 1 medium</li> <li>116b. How often was the congression you have a congression you have a congression you have a congression you have a congression you have y</li></ul>	O 1 time per day O 2 or more times per day  ake, how much did  n piece m piece cake you ate light, cake?  ver ne ne ne ne lways  bkies or brownies ne ne ne No 3-4 times per week O 5-6 times per week O 1 time per day O 2 or more times per day  cookies or brownies, sually eat? s or 1 small brownie medium brownie medium brownie s or 1 large brownies at, or fat-free cookies  ver ne ne ne

Question 116 appears in the next column.



#### In

the	12 months prior to diagno	osis	120a.	Each time you ate fr strudel, how much o	uit crisp, cobbler, or lid you usually eat?
18.	How often did you eat <b>dou Danish</b> , or <b>poptarts</b> , (including cake, and coffeecake)	uding beignets,		O Less than 1/2 cup O 1/2 cup to 1 cup O More than 1 cup	
Г	O NEVER (GO TO QUEST	ION 119)	121. How	often did you eat pie	?
	<ul><li>1-6 times per year</li><li>7-11 times per year</li><li>1 time per month</li></ul>	<ul><li>2 times per week</li><li>3-4 times per week</li><li>5-6 times per week</li></ul>	0 1	IEVER (GO TO QUEST  -6 times per year  -11 times per year	O 2 times per week
		<ul> <li>1 time per day</li> <li>2 or more times per day</li> <li>bughnuts, sweet</li> <li>ptarts, how much did</li> </ul>	O 1	time per month -3 times per month time per week	<ul><li>5-6 times per week</li><li>1 time per day</li><li>2 or more times per day</li></ul>
	you usually eat?  ○ Less than 1 piece ○ 1 to 2 pieces		121a.	Each time you ate pi usually eat?	•
√ 19.	O More than 2 pieces How often did you eat <b>swe dessert breads</b> (including			<ul><li>○ Less than 1/8 of a p</li><li>○ About 1/8 of a pie</li><li>○ More than 1/8 of a p</li></ul>	
	O NEVER (GO TO QUEST	ON 120)			about the kinds of pie
	<ul> <li>1-6 times per year</li> <li>7-11 times per year</li> <li>1 time per month</li> <li>2-3 times per month</li> </ul>	<ul><li>2 times per week</li><li>3-4 times per week</li><li>5-6 times per week</li><li>1 time per day</li></ul>	answeri	. Please read all four ing.  How often were the page in the page i	
	1 time per week	O 2 or more times per day		(such as apple, blue)  O Almost never or nev	berry, others)?
	119a. Each time you ate <b>sv breads</b> , how much d	lid you usually eat?		<ul><li>○ About 1/4 of the tim</li><li>○ About 1/2 of the tim</li><li>○ About 3/4 of the tim</li></ul>	e
	<ul><li>Less than 1 medium</li><li>1 medium piece</li></ul>	•		O Almost always or al	
	<ul><li>More than 1 mediun</li><li>119b. How often were the s</li></ul>	•	121c.	How often were the pudding, custard,	-
	dessert breads you a fat-free sweet muffi	te light, low-fat, or ns or dessert breads?		<ul><li>○ Almost never or never</li><li>○ About 1/4 of the time</li><li>○ About 1/2 of the time</li></ul>	е
	O Almost never or nev	е		O About 3/4 of the tim O Almost always or al	e
	<ul><li>About 1/2 of the tim</li><li>About 3/4 of the tim</li></ul>	e	121d.	·	oies you ate <b>pumpkin</b> or
ν	O Almost always or al	•		sweet potato pie?	
20.	How often did you eat fruitstrudel?  O NEVER (GO TO QUEST)	•		<ul><li>Almost never or never</li><li>About 1/4 of the time</li><li>About 1/2 of the time</li></ul>	е
	<ul> <li>1-6 times per year</li> <li>7-11 times per year</li> <li>1 time per month</li> <li>2 3 times per month</li> </ul>	<ul><li>2 times per week</li><li>3-4 times per week</li><li>5-6 times per week</li></ul>		<ul><li>○ About 3/4 of the tim</li><li>○ Almost always or al</li></ul>	е
	<ul><li>2-3 times per month</li><li>1 time per week</li></ul>	<ul><li>1 time per day</li><li>2 or more times per day</li></ul>			

Question 121 appears in the next column.

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Question 122 appears on the next page.



In th		nonths prior to diagno How often were the pi pie?	
		<ul> <li>Almost never or never</li> <li>About 1/4 of the time</li> <li>About 1/2 of the time</li> <li>About 3/4 of the time</li> <li>Almost always or always</li> </ul>	
122.	How	often did you eat <b>cho</b> d	colate candy?
Г	O N	IEVER (GO TO QUESTIC	ON 123)
	<ul><li>7</li><li>1</li><li>2</li></ul>	-6 times per year -11 times per year time per month -3 times per month time per week	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>
	122a.	Each time you ate <b>ch</b> emuch did you usually	
		O 1 average bar or 1 to	bar or less than 1 ounce 2 ounces bar or more than 2 ounces
123.	How	often did you eat <b>othe</b>	r candy?
	O N	IEVER (GO TO QUESTIC	ON 124)
	<ul><li>7</li><li>1</li><li>2</li></ul>	-6 times per year -11 times per year time per month -3 times per month time per week	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>
	123a.	Each time you ate <b>oth</b> did you usually eat?	ner candy, how much
$\bigvee$		<ul><li>Fewer than 2 pieces</li><li>2 to 9 pieces</li><li>More than 9 pieces</li></ul>	
124.	subs dess		s, egg whites, or egg g eggs in baked goods and eggs in salads, quiche,
	O N	IEVER (GO TO QUESTION	ON 125)
	<ul><li>7</li><li>1</li><li>2</li></ul>	-6 times per year -11 times per year time per month -3 times per month time per week	<ul> <li>2 times per week</li> <li>3-4 times per week</li> <li>5-6 times per week</li> <li>1 time per day</li> <li>2 or more times per day</li> </ul>

VC	u at	o <b>o</b> o	ae	how	man

- 124a. Each time you ate eggs, how many did you usually eat?
  - O 1 egg
  - O 2 eggs
  - O 3 or more eggs
- 124b. How often were the eggs you ate egg substitutes?
  - O Almost never or never
  - O About 1/4 of the time
  - O About 1/2 of the time
  - O About 3/4 of the time
  - O Almost always or always
- 124c. How often were the eggs you ate egg whites only?
  - O Almost never or never
  - O About 1/4 of the time
  - O About 1/2 of the time
  - O About 3/4 of the time
  - O Almost always or always
- 124d. How often were the eggs you ate regular whole eggs?
  - O Almost never or never
  - O About 1/4 of the time
  - O About 1/2 of the time
  - O About 3/4 of the time
  - O Almost always or always
- 124e. How often were the eggs you ate cooked in oil, butter, or margarine?
  - O Almost never or never
  - O About 1/4 of the time
  - O About 1/2 of the time
  - O About 3/4 of the time
  - O Almost always or always
- 124f. How often were the eggs you ate part of egg salad?
  - O Almost never or never
  - O About 1/4 of the time
  - O About 1/2 of the time
  - O About 3/4 of the time
  - O Almost always or always



Question 125 appears in the next column..



In the 12 months prior to diagnosis  125. How many cups of coffee, caffeinated or decaffeinated, did you drink?	128. How often did you add <b>sugar</b> or <b>honey</b> to your coffee or tea?  O NEVER (GO TO QUESTION 129)
O NONE (GO TO QUESTION 126)  Less than 1 cup per month	<ul> <li>○ Less than 1 time per month ○ 1 time per day</li> <li>○ 1-3 times per month ○ 2-3 times per day</li> <li>○ 1 time per week ○ 4-5 times per day</li> <li>○ 2-4 times per week ○ 6 or more times per day</li> <li>○ 5-6 times per week</li> </ul>
125a. How often was the coffee you drank decaffeinated?  Almost never or never About 1/4 of the time About 1/2 of the time About 3/4 of the time Almost always or always	128a. Each time <b>sugar</b> or <b>honey</b> was added to your coffee or tea, how much was usually added?  O Less than 1 teaspoon O 1 to 3 teaspoons O More than 3 teaspoons  129. How often did you add <b>artificial sweetener</b> to your coffee or tea?
126. How many glasses of ICED tea, caffeinated or decaffeinated, did you drink?	<ul><li>○ NEVER (GO TO QUESTION 130)</li><li>○ Less than 1 time per month ○ 1 time per day</li></ul>
<ul> <li>NONE (GO TO QUESTION 127)</li> <li>Less than 1 cup per month</li> <li>1 cup per day</li> <li>2-3 cups per day</li> <li>1 cup per week</li> <li>4-5 cups per day</li> <li>2-4 cups per week</li> <li>6 or more cups per day</li> </ul>	<ul> <li>○ 1-3 times per month</li> <li>○ 1 time per week</li> <li>○ 2-3 times per day</li> <li>○ 4-5 times per day</li> <li>○ 6 or more times per day</li> <li>○ 5-6 times per week</li> </ul>
<ul><li>5-6 cups per week</li><li>126a. How often was the iced tea you drank decaffeinated?</li><li>Almost never or never</li></ul>	129a. What kind of artificial sweetener did you usually use?  O Equal or aspartame O Sweet N Low or saccharin O Other
<ul><li>○ About 1/4 of the time</li><li>○ About 1/2 of the time</li><li>○ About 3/4 of the time</li><li>○ Almost always or always</li></ul>	<ul> <li>130. How often was non-dairy creamer added to your coffee or tea?</li> <li>O NEVER (GO TO QUESTION 131)</li> <li>O Less than 1 time per month O 1 time per day</li> </ul>
127. How many cups of <b>HOT tea</b> , caffeinated or decaffeinated, did you drink?  O NONE (GO TO QUESTION 128)	<ul> <li>○ 1-3 times per month</li> <li>○ 2-3 times per day</li> <li>○ 1 time per week</li> <li>○ 4-5 times per day</li> <li>○ 2-4 times per week</li> <li>○ 6 or more times per day</li> <li>○ 5-6 times per week</li> </ul>
<ul> <li>○ Less than 1 cup per month</li> <li>○ 1 cup per day</li> <li>○ 1-3 cups per month</li> <li>○ 2-3 cups per day</li> <li>○ 4-5 cups per day</li> <li>○ 2-4 cups per week</li> <li>○ 6 or more cups per day</li> <li>○ 5-6 cups per week</li> </ul>	130a. Each time <b>non-dairy creamer</b> was added to your coffee or tea, how much was usually used?
127a. How often was the hot tea you drank decaffeinated?  ○ Almost never or never	<ul> <li>Less than 1 teaspoon</li> <li>1 to 3 teaspoons</li> <li>More than 3 teaspoons</li> <li>130b. What kind of non-dairy creamer did you usually use?</li> </ul>
O About 1/4 of the time O About 1/2 of the time O About 3/4 of the time O Almost always or always	<ul> <li>Regular powered</li> <li>Low-fat or fat-free powered</li> <li>Regular liquid</li> <li>Low-fat or fat-free liquid</li> </ul>
Question 128 appears in the next column.	Question 131 appears on the next page

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#### In t

In the <u>12 months prior to diagnosis</u>	133. How often was <b>sugar</b> or <b>honey</b> added to foods you
131. How often was <b>cream</b> or <b>half and half</b> added to your coffee or tea?	ate? (Please do not include sugar in coffee, tea, other beverages, or baked goods.)
O NEVER (GO TO QUESTION 132)	O NEVER (GO TO INTRODUCTION TO QUESTION 134)
<ul> <li>○ Less than 1 time per month</li> <li>○ 1 time per day</li> <li>○ 1-3 times per month</li> <li>○ 2-3 times per day</li> <li>○ 4-5 times per day</li> <li>○ 2-4 times per week</li> <li>○ 6 or times more per day</li> <li>○ 5-6 times per week</li> </ul>	<ul> <li>○ 1-6 times per year</li> <li>○ 7-11 times per year</li> <li>○ 1 time per month</li> <li>○ 2 times per week</li> <li>○ 3-4 times per week</li> <li>○ 5-6 times per week</li> <li>○ 1 time per day</li> <li>○ 1 time per day</li> <li>○ 2 or more times per day</li> </ul>
131a. Each time <b>cream</b> or <b>half and half</b> was added to your coffee or tea, how much was usually added?	133a. Each time <b>sugar</b> or <b>honey</b> was added to foods you ate, how much was usually added?
<ul><li>Less than 1 tablespoon</li><li>1 to 2 tablespoons</li><li>More than 2 tablespoons</li></ul>	O Less than 1 teaspoon O 1 to 3 teaspoons O More than 3 teaspoons
<ul><li>132. How often was milk added to your coffee or tea?</li><li>O NEVER (GO TO QUESTION 133)</li></ul>	The following questions are about the kinds of margarine, mayonnaise, sour cream, cream cheese, and salad dressing that you eat. If possible, please check the labels of these foods to help you answer.
<ul> <li>○ Less than 1 time per month</li> <li>○ 1 time per day</li> <li>○ 1-3 times per month</li> <li>○ 2-3 times per day</li> <li>○ 4-5 times per day</li> <li>○ 2-4 times per week</li> <li>○ 6 or times more per day</li> </ul>	134. Did you eat margarine?  — O NO (GO TO QUESTION 135)
○ 5-6 times per week	
132a. Each time <b>milk</b> was added to your coffee or tea, how much was usually added?	O YES
<ul><li>Less than 1 tablespoon</li><li>1 to 3 tablespoons</li><li>More than 3 tablespoons</li></ul>	134a. How often was the margarine you ate regular-fat margarine (stick or tub)?
132b. What kind of <b>milk</b> was usually added to your coffee or tea?  O Whole milk	<ul> <li>○ Almost never or never</li> <li>○ About 1/4 of the time</li> <li>○ About 1/2 of the time</li> <li>○ About 3/4 of the time</li> </ul>
○ 2% milk ○ 1% milk	O Almost always or always
<ul><li>Skim, nonfat, or 1/2% milk</li><li>Evaporated or condensed (canned) milk</li></ul>	134b. How often was the margarine you ate light or low-fat margarine (stick or tub)?
<ul><li>○ Soy milk</li><li>○ Rice milk</li><li>○ Other</li></ul>	<ul> <li>○ Almost never or never</li> <li>○ About 1/4 of the time</li> <li>○ About 1/2 of the time</li> <li>○ About 3/4 of the time</li> <li>○ Almost always or always</li> </ul>

Question 133 appears in the next column.

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Question 134 appears on the next page.



#### In the 12 months prior to diagnosis...

134c. How often was the margarine you ate fat-free margarine?

- O Almost never or never
- O About 1/4 of the time
- O About 1/2 of the time
- O About 3/4 of the time
- O Almost always or always

#### 135. Did you eat butter?

O NO (GO TO QUESTION 136)

O YES

135a. How often was the butter you ate **light** or **low-fat butter**?

- O Almost never or never
- O About 1/4 of the time
- O About 1/2 of the time
- O About 3/4 of the time
- O Almost always or always

# 136. Did you eat mayonnaise or mayonnaise-type dressing?

O NO (GO TO QUESTION 137)

O YES

136a. How often was the mayonnaise you ate regular-fat mayonnaise?

- O Almost never or never
- O About 1/4 of the time
- O About 1/2 of the time
- O About 3/4 of the time
- O Almost always or always

136b. How often was the mayonnaise you ate light or low-fat mayonnaise?

- O Almost never or never
- O About 1/4 of the time
- O About 1/2 of the time
- O About 3/4 of the time
- O Almost always or always



Question 137 appears in the next column.

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136c. How often was the mayonnaise you ate fat-free mayonnaise?

- O Almost never or never
- O About 1/4 of the time
- O About 1/2 of the time
- O About 3/4 of the time
- O Almost always or always

137. Did you eat sour cream?

O NO (GO TO QUESTION 138)

O YES

137a. How often was the sour cream you ate regular-fat sour cream?

- O Almost never or never
- O About 1/4 of the time
- O About 1/2 of the time
- O About 3/4 of the time
- O Almost always or always

137b. How often was the sour cream you ate light, low-fat, or fat free sour cream?

- O Almost never or never
- O About 1/4 of the time
- O About 1/2 of the time
- O About 3/4 of the time
- O Almost always or always

138. Did you eat cream cheese?

O NO (GO TO QUESTION 139)

O YES

1/

138a. How often was the cream cheese you ate regular-fat cream cheese?

- O Almost never or never
- O About 1/4 of the time
- O About 1/2 of the time
- O About 3/4 of the time
- O Almost always or always

138b. How often was the cream cheese you ate light, low-fat, or fat-free cream cheese?

- O Almost never or never
- O About 1/4 of the time
- O About 1/2 of the time
- O About 3/4 of the time
- O Almost always or always

Question 139 appears on the next page.



#### In the 12 months prior to diagnosis...

139.	Dia you	eat <b>salad</b>	aressing?
------	---------	------------------	-----------

- ON	O (GO TO INTRODUCTION TO QUESTION 140)
ΟY	ES
139a.	How often was the salad dressing you ate regular-fat salad dressing (including oil and vinegar dressing)?
	<ul> <li>Almost never or never</li> <li>About 1/4 of the time</li> <li>About 1/2 of the time</li> <li>About 3/4 of the time</li> <li>Almost always or always</li> </ul>
139b.	How often was the salad dressing you ate light or low-fat salad dressing?
	<ul><li>○ Almost never or never</li><li>○ About 1/4 of the time</li><li>○ About 1/2 of the time</li><li>○ About 3/4 of the time</li><li>○ Almost always or always</li></ul>
139c.	How often was the salad dressing you ate fat-free salad dressing?
/	<ul><li>○ Almost never or never</li><li>○ About 1/4 of the time</li><li>○ About 1/2 of the time</li><li>○ About 3/4 of the time</li><li>○ Almost always or always</li></ul>
followin	g two questions ask you to summarize

The following two questions ask you to summarize your usual intake of vegetables and fruits. Please do not include salads, potatoes, or juices.

140.	How many servings of vegetables (not
	including salad or potatoes) did you eat per
	week or per day?

O Less than 1 per week	O 2 per day
O 1-2 per week	O 3 per day
○ 3-4 per week	O 4 per day
○ 5-6 per week	O 5 or more per day
○ 1 per day	



141.	ا How many servings of <b>f</b> i	:4	(not	ingl	ıdin		iooo)
141.	did you eat per week or		•		Juli	y ju	ces)
	and you out por moon on	ρο.	uu, .				
	O Less than 1 per week		0	2 pe	r day	,	
	O 1-2 per week			3 pe	-		
	O 3-4 per week			4 pe	-		
	○ 5-6 per week		O	5 or	more	e per	day
	O 1 per day						
142.	In the month prior to diag following foods did you e						=
	TIMES? (Mark all that a			LAS	)	HINL	· <b>⊑</b>
	O Avocado, guacamole		Olive	s			
	○ Cheesecake	0	Pickl	es or	pick	ded	
	O Chocolate, fudge, or		-	table	s or	fruit	
	butterscotch toppings	_	Plant		.l		1-
	or syrups  O Chow mein noodles			neck , or f		es, n	OCK,
	<ul><li>○ Crow mem modules</li><li>○ Croissants</li></ul>			ling c		starc	
	O Dried apricots	0	√eal,	veni	ison,	lam	b
	○ Egg rolls	0	Whip	ped	crea	m, re	egular
	O Granola bars	0	Whip	ped	crea	m, s	ubstitute
	O Hot peppers						
	O Jello, gelatin						
	O Milkshakes or ice-	01	NON	E			
	cream sodas						
143.	· · · · · · · · · · · · · · · · · · ·						have
	you followed any type of	veç	jeta	rian	diet	?	
	○ NO						
	O YES						
	143a. Which of the follow	ing	food	s dic	d you	ı TC	TALLY
	<b>EXCLUDE</b> from yo	ur d	iet?	(Ма	rk a	ll th	at
	<i>apply.)</i> ○ Meat (beef, pork, l	amb	etc.	)			
	O Poultry (chicken, to						
	O Fish and seafood						
	○ Eggs						
	O Dairy products (mi	lk, c	hees	e, et	c.)		
144.		-			are	d wi	th
	garlic or garlic added to	o the	too	d?			
Г	O NEVER (FILL OUT EN	ID TI	ME)				
	O Less than 1 time per m	nonth	1 0	1 tim	e pe	r dav	/
	O 1-3 times per month		_	2-3 ti	-	-	
	O 1 time per week		_	4-5 ti		-	-
	O 2-4 times per week		0	6 or	more	time	es per da
	○ 5-6 times per week						
	/						
v en	d time:		а	m	рn	n	
J.1					<b></b>	-	_

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### PHYSICAL ACTIVITY

			start time:	am pm	
I will ask you to complete a Physical Activity Questionnaire. I will ask you the type of physical activity you participated in during the 12 months prior to prostate cancer diagnosis including light-intensity activity, moderate-intensity activity, and vigorous-intensity activity, the number of days per week, and the number of minutes per day you participated in this activity. I will read each question aloud to you and record your answer directly on the questionnaire.  Answer each question the best you can. There are no right or wrong answers. All answers are confidential. Your answers will be combined with other participant's answers so no one would be able to tell your particular answers. Are there any questions before we begin? Remember to answer each question the best you can. Thank you very much for completing this questionnaire.					
In the <u>12 months prior to prostate cancer diagnosis</u> , did you do any of the following activities at least once a week? Do not include work on the job.					
<b>1.</b> In the <u>12 months prior to prostate cance</u> [Include walking on a treadmill.]	<u>er diagnosis</u> , did	you WALK for ex		Skip to 2	
1a. How many days per week?	<u> </u>	3-4	☐ Yes,	at least once a week	
<b>1b.</b> How many minutes per day?	10-25	30-40	45-55	60+	
<b>1c.</b> What is your usual pace?	Casual (e	ach mile takes	30 minutes or more)		
Moderate (each mile takes 20-29 minutes)					
Fast (each mile takes 19 minutes or less)					
2. In the 12 months prior to prostate cancer diagnosis, did you LIFT WEIGHTS or use No Skip to 3 weight machines?					
			Yes,	at least once a week	
2a. How many days per week?	<u> </u>	3-4	<u> </u>		
<b>2b.</b> How many minutes per day?	<b>10-25</b>	30-40	45-55	60+	

3. In the 12 months prior to prostate cancer diagnosis, did you do LIGHT exercise? [Show Card PA1]

Yes, at least once a week

3+ hours

3a. How many days per week? 1-2 3-4

5-7

**3b.** How many hours per day? Less than 1 hour

1-2 hours

Skip to 4

Questions 4 and 5 are about moderate or somewhat harder than you normally do, w							
<b>4.</b> In the <u>12 months prior to prostate cand</u> which made you breathe somewhat har	-	•		☐ No ☐ Yes,	at least c	<b>Skip</b> once a v	
4a. How many days per week?	1-2	3-4	<u> </u>				
<b>4b.</b> How many minutes per day?	10-25	30-40	45-5	5	60+		
<b>4c.</b> What types of exercise did you closest matching activity.)	do most often? (N	Mark one or two	o. If you used	an exercise	: machine,	choose	the
Light conditioning exercise	Popular	or folk danci	ng				
Low impact or water aerobi	ics Slow cy	cling or stair	machine (ste	pper)			
Jogging [fast running in Q5	[5] Other						
<b>5.</b> In the <u>12 months prior to prostate cand</u> which made you breathe much harder to				☐ No☐ Yes,	at least o	Skip to	
<b>5a.</b> How many days per week?	<u> </u>	3-4	5-7				
<b>5b.</b> How many minutes per day?	10-25	30-40	45-5	5	60+		
<b>5c.</b> What types of exercise did you closest matching activity.)	do most often? (N	Mark one or two	o. If you used	an exercise	: machine,	choose	the
Aerobics class or video	Fast cy	cling or stair r	machine				
Running	Tennis	match, racqu	etball, squasl	า			
Swimming laps	Other						
<b>6.</b> At each of the following ages, how mar play sports for at least 20 minutes?	ny days per week	did you usually	/ exercise or				
<b>6a.</b> Age 18?	None	1	2-3	4-5	<u> </u>	5-7	
<b>6b.</b> Age 30?	None	1	2-3	4-5	<u> </u>	5-7	
<b>6c.</b> Age 45?	None	<b>□</b> 1	2-3	4-5	□ 6	5-7	

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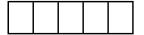
# RAPID ESTIMATE OF ADULT LITERACY IN MEDICINE (REALM)

|--|--|--|--|--|--|

I am going to give you a sheet of words to say. These are words that doctors often use when talking to patients. I'd like you to start with the word 'fat' and say the words as far down the page as you can. Please say each word out loud. [Show Card RLM1 and RLM2]

fat		fatigue		allergic	
flu		pelvic		menstrual	
pill		jaundice		testicle	
dose		infection		colitis	
eye		exercise		emergency	
stress		behavior		medication	
smear		prescription		occupation	
nerves		notify		sexually	
germs		gallbladder		alcoholism	
meals		calories		irritation	
disease		depression		constipation	
cancer		miscarriage		gonorrhea	
caffeine		pregnancy		inflammatory	
attack		arthritis		diabetes	
kidney		nutrition		hepatitis	
hormones	s 🗌	menopause		antibiotics	
herpes		appendix		diagnosis	
seizure		abnormal		potassium	
bowel		syphilis		anemia	
asthma		hemorrhoids	<b>5</b>	obesity	
rectal		nausea		osteoporosis	
incest		directed		impetigo	
	Section end ti	me:	am pm		





#### VITAMINS AND ALTERNATIVE MEDICINES

I will ask you to complete a Vitamins and Alternative Medicines Questionnaire. I will ask you about vitamin, mineral, and herbal supplements you have taken in the 12 months prior to prostate cancer diagnosis. I will read each question aloud to you and record your answer directly on the questionnaire.

Answer each question the best you can. There are no right or wrong answers. All answers are confidential. Your answers will be combined with other participant's answers so no one would be able to tell your particular answers.

Are there any questions before we begin? Remember answer each question the best that you can.

Thank you very much for completing this questionnaire.

start time:

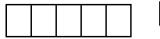
**Next, go to Vitamin and Alternative Meds Form** 



# VITAMINS AND ALTERNATIVE MEDICINES

ALLI TIVITARAINIC		
MULTIVITAMINS L. In the <u>12 months prior to prostate c</u>	ancer diagnosis, did you take a MU	LTIVITAMIN at least once a
week?		
☐ Less than once a week —>	Go to Question 4	
Yes [SHOW CARD VAM1]		
a) Days per week		
1-2		
3-4		
<u></u> 5-6		
7		
2. What brand of MULTIVITAMIN did yo	ou take in the <u>12 months prior to p</u>	prostate cancer diagnosis? (Mark only
one, if you took more than one, mark the	e one taken the most often.) [SHOW	/ CARD VAM2]
Centrum		
Centrum Silver		
Central Vite		
Central Vite for Mature Adults		
RiteAid Whole Source Mature Adult	t	
Kirkland Multivitamin with minerals	5	
Kirkland Mature Adult		
NatureMade Multivitamin with min	erals	
NatureMade Multivitamin with min	erals	
NatureMade 50+ Multivitamin with	minerals	
One-A-Day Maximum with mineral	S	
One-A-Day essentials (no minerals	3)	
One-A-Day Men's	If your brand of MULTIVITAMIN was not listed, what brand of	Do you have the MULTIVITAMIN
One-A-Day 50 Plus	MULTIVITAMIN did you take in	bottle available?
Theragran-M with minerals	the 12 months prior to prostate cancer diagnosis? Note: Record	$\square$ No $\longrightarrow$ Skip to Question 4
Theragran-M (no minerals)	brand name below.	<b>Yes</b> → <b>Answer the</b>
☐ My brand is not listed above —>		questions on next page

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# 3. If your brand of MULTIVITAMIN was not listed on Page 1, what brand of MULTIVITAMIN did you take 12 months prior to prostate cancer diagnosis?

Look at the label to tell us what is in this MULTIVITAMIN. Note: The next page asks about single supplements or other mixtures.

	Amount per day		Amount per day		Amount per day
Vitamin A in Mu	ıltivitamin	Vitamin B12 in M	lultivitamin	Selenium in Mult	civitamin
☐ Yes → ☐ No Other conc.	5000 IU 7500 IU 10,000 IU 15,000 IU	☐ Yes → ☐ No Other conc.	6 mcg 50 mcg 100 mcg 250 mcg	☐ Yes → ☐ No Other conc.	25 mg 50 mg 100 mg
		Vitamin E in Multi	ivitamin		_
Beta-carotene in Multivitamin	Yes No	☐ Yes →	30 IU	Did your MULTIVI any of these other minerals? Mark all	r vitamins and
Vitamin C in Mult	civitamin	☐ No	100 IU 200 IU	Riboflavin (B	
∐Yes →	60 mg	Other conc.	400 IU	Niacin (B3)	Chromium
∐ No	100 mg 250 mg		600 IU	Vitamin D	
Other conc.	500 mg	Calcium in Multiv	vitamin	Did your MULTIVI	TAMIN contain
	1000 mg	∐Yes →	100 mg 250 mg	any of these other Mark all that apply.	-
Thiamin (B1) in M	<b>Jultivitamin</b>	☐ No		Bioflavonoids	Lutein
☐ Yes →  ☐ No Other conc.	1.5 mg 50 mg	Other conc.	500 mg 800 mg 1000 mg	Garlic Ginko biloba Saw palmetto	Lycopene Ginseng
Other conc.	100 mg	Iron in Multivitar	min		
Vitamin B6 in Mu	ltivitamin	☐ Yes →	10 mg	Soy or isoflav	ones/
☐ Yes →	Z mg	Other conc.	27 mg		
☐ No	20 mg		50 mg		
Other conc.	50 mg				
	100 mg	Zinc in Multivitar	nin		
Folic acid (folate)	) in Multivitamin	☐ Yes →	15 mg		
□ No	400 mcg 600 mcg	No Other conc.	30 mg 60 mg		
Other conc.	800 mcg		100 mg		

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VITAMINS, MINERALS AND	OTHER SUPPLEME	NTS (not including	g multivitamins	5)
			Mamanu	
Vitamin C	B Complex Magnesium	TUMS Ginkg	O   Horbal	
4. In the 12 months prior to than a multivitamin? Include antacid tablets that contain calculated an arrangement of the contain calculated and the contain calculated are contained as a contain calculated and calculated are calculated as a contained are calculated as a contain	vitamins, minerals, herb			
No  Less than once a week	$\rightarrow$ $\rightarrow$ Go to	Question 7		
Yes (vitamins/minerals)	→ Fill (	Q5 then skip Q6		
Yes (herbals/mixtures)	Skip	Q5 then fill Q6		
Yes (both vitamins and he	erbals) —> Fill t	both Q5 and Q6		
5. In the <u>12 months prior to</u> supplements? Do NOT include				
supplements: Do NoT melde	Days	• •	unt per day?	abeis.
Vitamin A	per week?		5000 IU	
Yes —	3-4		7500 IU 10,000 IU	Other conc.
No	<u></u> 5-6		15,000 IU	
	7		20,000 IU Don't Know	
	Days per week?	Amou	unt per day?	
Beta-carotene	1-2		5000 IU	
Yes	3-4		7500 IU 10,000 IU	Other conc.
No	<u></u> 5-6		15,000 IU	
	7		20,000 IU Don't Know	
	Days	Amou	unt per day?	
Vitamin C	per week?	_		
Yes —	1-2		60 mg	
	3-4		100 mg 250 mg	Other conc.
No	5-6		500 mg	Other conc.
	7		1000 mg 1500 mg	45404
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	Days per week?	Amount per day?	
Vitamin D  Yes	1-2	400 IU	
	3-4	600 IU	Other conc.
∐ No	<u></u> 5-6	☐ 800 IU	
	7	☐ Don't Know	
	Days per week?	Amount per day?	
Vitamin E	1-2	30 IU	
Yes	3-4	100 IU	
□No	5-6	200 IU	Other conc.
		400 IU 600 IU	
	7	800 IU	
		Don't Know	
	Days per week?	Amount per day?	
Thiamin (B1)	1-2		
Yes ———	3-4	1.5 mg	Other conc.
□No		50 mg	Other cone.
	5-6	100 mg	
	7	Don't Know	
	Days per week?	Amount per day?	
Niacin (B3) or nicotinic acid	1-2	20 mg	
Yes	3-4	50 mg	
No	5-6	100 mg	Other conc.
		250 mg	
	7	1000 mg  Don't Know	
	Days	Amount per day?	
	per week?		
Vitamin B6	1-2	2 mg	Other conc.
Yes	3-4		Other Conc.
No	5-6	100 mg	
REV 5/16/2005	7	250 mg Don't Know	15184
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Folic acid (folate)  Yes  No	Days per week?  1-2 3-4 5-6 7	 Amount per day?  400 mcg 600 mcg 800 mcg Don't Know	Other conc.
Vitamin B12  Yes  No	Days per week?  1-2 3-4 5-6 7	 Amount per day?  6 mcg 50 mcg 100 mcg 250 mcg Don't Know	Other conc.
Calcium, Tums or antacids with calcium*  Yes  No  *Regular strength = 200 mg per tabultra or maximum strength = 400 mg		Amount per day?  100 mg 200 mg 400 mg 800mg 1000 mg 1500 mg Don't Know	Other conc.
Iron  Yes  No	Days per week?  1-2 3-4 5-6 7	10 mg 18 mg 27 mg 50 mg Don't Know	Other conc.
Magnesium  Yes  No	Days per week?  1-2 3-4 5-6 7	Amount per day?  100 mg 250 mg 400 mg Don't Know	Other conc.



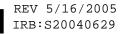
<b>■</b>	Days per week?	Amount per	day?
Yes No	☐ 1-2 ☐ 3-4 ☐ 5-6 ☐ 7	15 mg 30 mg 60 mg 100 mg Don't K	Other conc.
	Days per week?	Amount per	day?
Selenium  Yes  No	☐ 1-2 ☐ 3-4 ☐ 5-6 ☐ 7	25 mcg 50 mcg 100 mc 200 mc	9
	Days per week?	Amount per	day?
Chromium  Yes  No	1-2 3-4 5-6	25 mcg 100 mc 200 mc Don't K	9
6. For these HERBALS and OTHEI regularly in the 12 months prior for the year. Mark all that apply;	to prostate cance	<u>r diagnosis.</u> Regularly mea	ans at least once a week
	Days per week?	-	Days per week?
Acidophilus pills  Yes, took before diagnosis -  No	→ ☐ 1-3 ☐ 4-6 ☐ 7	Bilberry  Yes, took before di  No	agnosis $\rightarrow$ $ \begin{array}{c}                                     $
Aloe Vera  Yes, took before diagnosis -	→ ☐ 1-3 ☐ 4-6	Camelia sinensis  Yes, took before di	
No	7	∐ No	7
Astragalus  Yes, took before diagnosis -	→ ☐ 1-3 ☐ 4-6	Cascara sagrada  Yes, took before di	
No	7	No	15184
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	Days per week?		Days per week?
Cat's claw		Evening primrose oil (EPO)	
$\square$ Yes, took before diagnosis $ ightharpoonup$	1-3	$\square$ Yes, took before diagnosis $ ightharpoonup$	1-3
□No	$\begin{bmatrix} \Box^{+0} \end{bmatrix}$	∏No	
Chondroitin (Chondroitin			
sulfate)	1-3	Feverfew	1-3
Yes, took before diagnosis ->		$\square$ Yes, took before diagnosis $\longrightarrow$	
	4-6		4-6
No	7	No	7
Co-enzyme Q10 (CoQ10)		Fish oil, EPA, omega-3 or cod liver	
Yes, took before diagnosis ->	1-3	Yes, took before diagnosis ->	1-3
	4-6		4-6
□No	7	□No	7
			L '
Cranberry pills	1-3	Garlic pills	1-3
$\square$ Yes, took before diagnosis $ ightharpoonup$		$\square$ Yes, took before diagnosis $ ightharpoonup$	
	4-6		4-6
No	7	No	7
DHEA		Ginger	
	1-3		1-3
Yes, took before diagnosis ->	4-6	Yes, took before diagnosis ->	4-6
□No		□No	<del></del> 
	7		/
Dong Kuai (Tangkwei)	1-3	Ginko biloba	1-3
Yes, took before diagnosis ->		$\square$ Yes, took before diagnosis $\longrightarrow$	
_	4-6		4-6
No	7	∐ No	7
Echinacea		Ginseng (American or Asian: see also Siberian ginseng)	
	1-3		1-3
Yes, took before diagnosis ->	4-6	Yes, took before diagnosis ->	4-6
No	<u> </u>	No	
		Glucosamine (Glucosamine	
Essiac Tea	1-3	sufate)	1-3
$\square$ Yes, took before diagnosis $\longrightarrow$		Yes, took before diagnosis ->	4-6
	4-6	<b>—</b>	
∐ No	7	No	7



Goldenseal  ☐ Yes, took before diagnosis →  ☐ No  Grapeseed, pycnogenol or proanthocyanidin  ☐ Yes, took before diagnosis →  ☐ No	☐ 1-3 ☐ 4-6 ☐ 7 ☐ 1-3 ☐ 4-6 ☐ 7	PC-SPES  ☐ Yes, took before diagnosis →  ☐ No  Pygeum (Pygeum Africanum)  ☐ Yes, took before diagnosis →  ☐ No	☐ 1-3 ☐ 4-6 ☐ 7 ☐ 1-3 ☐ 4-6 ☐ 7
Kava kava  ☐ Yes, took before diagnosis →  ☐ No	1-3 4-6 7	Resveratrol  Yes, took before diagnosis   No	☐ 1-3 ☐ 4-6 ☐ 7
Lutein  ☐ Yes, took before diagnosis →  ☐ No  Lycopene ☐ Yes, took before diagnosis →	☐ 1-3 ☐ 4-6 ☐ 7 ☐ 1-3 ☐ 4-6	Saw palmetto  ☐ Yes, took before diagnosis →  ☐ No  Siberian ginseng (related to Asian but different)  ☐ Yes, took before diagnosis →	1-3
<ul><li>No</li><li>Melatonin</li><li>Yes, took before diagnosis →</li><li>No</li></ul>		<ul><li>No</li><li>Soy supplements</li><li> Yes, took before diagnosis →</li><li> No</li></ul>	7
Milk thistle  ☐ Yes, took before diagnosis →  ☐ No  MSM (methylsulfonylmethane)  ☐ Yes, took before diagnosis →	☐ 1-3 ☐ 4-6 ☐ 7 ☐ 1-3 ☐ 4-6	St. John's wort  ☐ Yes, took before diagnosis →  ☐ No  Stinging Nettle Root (Urtica diaica)  ☐ Yes, took before diagnosis →	☐ 1-3 ☐ 4-6 ☐ 7 ☐ 1-3 ☐ 4-6
No	7	No	7





Valerian	1-3	Flaxseed/Flaxseed Oil	1-3
Yes, took before diagnosis ->	<u></u> 4-6	Yes, took before diagnosis ->	<u></u> 4-6
No	7	No	7
Herbal Teas	1-3	Lipoic Acid	1-3
Yes, took before diagnosis ->	4-6	Yes, took before diagnosis ->	4-6
No	7	No	7
Green Tea	1-3	Other:	1-3
Yes, took before diagnosis ->	4-6	Yes, took before diagnosis ->	4-6
No	7	No	7

7. Since you were 21, have you ever taken any of these supplements at least once a week for a year?

LIFETIME USE OF SOME COMMON SUPPLEMENTS

	At least once a week for a year?	Total years taken since age 21?
Multivitamins	□ No □ Yes →	1-4 5-9 10-14 15-24 25+
Vitamin C (not in multivitamin)	☐ No ☐ Yes →	1-4 5-9 10-14 15-24 25+
Vitamin E (not in multivitamin)	☐ No ☐ Yes →	1-4 5-9 10-14 15-24 25+
Calcium (not in multivitamin)	□ No □ Yes →	1-4 5-9 10-14 15-24 25+



### **NSAID QUESTIONNAIRE**

The next questions are about some prescription and non-prescription medications that you may have taken for arthritis pain, headache, colds, or other reasons. We are interested in medicines that you took at least once a week for one month or longer. For each question I'll show you a list with the kinds of medicines I'm asking about.

Thinking back to the past 5 years <b>before</b> you learned you had prostate cancer, did you ever take ctops of the past 5 years before you learned you had prostate cancer, did you ever take ctops of the past 5 years before you learned you had prostate cancer, did you ever take ctops of the past 5 years before you learned you had prostate cancer, did you ever take ctops of the past 5 years before you learned you had prostate cancer, did you ever take ctops of the past 5 years before you learned you had prostate cancer, did you ever take ctops of the past 5 years before you learned you had prostate cancer, did you ever take ctops of the past 5 years before you learned you had prostate cancer, did you ever take ctops of the past 5 years before you learned you had prostate cancer, did you ever take ctops of the past 5 years before you learned you had prostate cancer.	
month or longer? [Show Card NSAIDS1]	Go to 1a
☐ No ☐ Don't Know ☐ Ref	used Skip to 2
1a. In total, how long did you take one or more of these medications?	
weeks months years Don't Know	Refused
<b>1b.</b> During the time(s) that you were taking them, about how often did you take one or more o medications (on average)?	f these
per day per wk per mon Don't Know	Refused
2. Thinking back to the past 5 years <b>before</b> you learned you had prostate cancer, did you ever take aspirin or ibuprofen medicines, such as Bayer, Bufferin, Advil, BC or Goody's powders, or any of the once a week for one month or longer? [Show Card NSAIDS2] [Do not include acetaminopher.]	e others listed at leas
☐ Yes ————	Go to 2a
☐ No ☐ Don't Know ☐ Ref	used
<b>2a.</b> In total, how long did you take one or more of these medications?	
weeks months years Don't Know	Refused
<b>2b.</b> During the time(s) that you were taking them, about how often did you take one or more o medications (on average)?	f these
per day per wk per mon Don't Know	Refused

15184

The SF-12 Health Survey					
Your Health and Well Being start time		] <b>:</b> [		am	pm
This survey asks for your views about your health. This information will help keep trackwell you are able to do your usual activities.	c of how	v you f	eel and	how	
For each of the following questions, please tell me the response that best describes yo	ur answ	ver.			
1. In general, would you say your health is: [Show Card SF1]					
Excellent Very Good Good		F [	air		Poor
2. The following questions are about activities you might do during a typical <a href="limit you">limit you</a> in these activities? If so, how much? [Show Card SF2]	day. D	oes <u>y</u> o	our hea	alth no	<u>w</u>
<b>2a.</b> Moderate activities, such as moving a table, pushing a vacuum cleaner, bo Yes, limited a lot Yes, limited a	_		ng golf. No, not		d at a
<b>2b.</b> Climbing <u>several</u> flights of stairs.  Yes, limited a lot  Yes, limited a	a little	Ν	No, not	limited	d at a
3a. Accomplished less than you would like.  3b. Were limited in the kind of work or other activities.  4. During the past 4 weeks, how much of the time have you had any of the fework or other regular daily activities as a result of any emotional problem.	inwolld   All of the time	Most of the time	Some of the time	Z Z	
anxious)? [Show Card SF3]	] All of the time	Most of the time	Some of the time	None of the time	1
<b>4a.</b> Accomplished less than you would like.		∐ [ 			

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5. During the <u>past 4 wee</u> outside the home and			e with your norma	al work (	inclu	ding b	oth w	vork	
	Not at all	A little bit	Moderately	Quite a	a bit	I	Extrer	nely	
6. These questions are al each question, please much of the time durin	give the one ans	wer that come	s closest to the w						
				All of the time	Most of the time	Some of the time	A little of the time	None of the time	
	<b>6a.</b> Have you felt	calm and peace	ful?						
	<b>6b.</b> Did you have	a lot of energy?							
	<b>6c.</b> Have you felt	downhearted ar	nd depressed?						
7. During the <u>past 4 wee</u> <u>health or emotional pr</u> (like visiting friends, re	<u>oblems</u> interfere	d with your so	cial activities	All of the time	Most of the time	Some of the time	A little of the time	None of the time	

Thank you for answering all these questions!

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# **COMORBIDITY QUESTIONNAIRE**

		ı
		ı
		ı

Next, I have some general questions about your health.

s a d	octor or other health professional ever told you	that you:		
<b>1</b> Δ	had arthritis?	Yes		
	ida di ciirias.	No	Refused	Don't Know
1R	had congestive heart failure?	Yes		
	nad congestive near randre:	No	Refused	Don't Know
1C.	had coronary heart disease?	Yes		
	indu conormany means disease.	No	Refused	Don't Know
1D.	had angina (chest pain due to heart disease),	Yes •		Go to D1-I
	known as angina pectoris?	No	Refused	Don't Know
	<b>D1.</b> Do you ever use nitroglycerin to	Yes		
	relieve the pain?	No	Refused	Don't Know
	<b>D2.</b> Within the past 2 months has the pain	Yes		
	required more nitroglycerin to relieve it?	No	Refused	Don't Know
	<b>D3.</b> Within the past 2 months have you	Yes		
	started getting pain with less exertion?	No	Refused	Don't Know
1E. l	nad a heart attack (also called myocardial	Yes		
	infarction)?		Refused	Don't Know
1F. l	nad a stroke?	Yes		
		No	Refused	Don't Know
1G.	had hypertension, also called high blood	Yes		
	pressure?	No	Refused	Don't Know
	had asthma, emphysema, chronic bronchitis or	Yes		
	chronic obstructive pulmonary disease (also calle COPD)?	No No	Refused	Don't Know

<b>1I.</b> had a goiter or another thyroid disease?		Yes												
		No No			Ref	use	d			on't	: Kn	ow		
1J. had pancreatitis (inflamed pancreas), cirrhosis		Yes												
the liver, hepatitis or any other kind of chronic liver disease?		No			Ref	use	d			on't	: Kn	ow		
<b>1K.</b> had cancer (other than prostate)?		Yes		1. lo	cat	ion	1							
				 2. lo	cat	ion	1							
		☐ No			Ref	use	d			on't	: Kn	ow		
		Yes								>		G	o t	o Li
<b>1L.</b> had diabetes or sugar diabetes?		☐ No			Ref	use	d			on't	: Kn	ow		
		Yes												
L1. Are you currently taking insulin for yo diabetes?	our	No			Ref	use	d	Е		on't	: Kn	ow		
1M had weak or failing kidneys? (Do NOT include		Yes								>		G	o t	о M
1M. had weak or failing kidneys? (Do NOT include kidney stones, bladder infection or incontiner		— ∏ No		П	Ref	use	d	Г	$\sqrt{}$	on't	: Kn	ow		
		   Yes		_										
M1. Do you receive dialysis to treat your weak or failing kidneys?		□ □No			Ref	use	d	Г	٦г	on't	· Kn	οw		
	<u>'</u>													
<b>1N.</b> had other chronic health conditions?		Yes												
1. type	1													
2. type			<u> </u>							<u> </u>	<u> </u>	<u> </u>		
3. type	<b>I</b>				!							•		
		☐ No			Ref	use	d			on't	: Kn	ow		

## **GOD SCALE**

		l
		l
		l
		l

Do you believe in God?	No No	Skip to "Participation in Religious Activities"							
	Yes	Go to 1							
For some people a belief in questions are about your be read these questions, tell m	elief in God a	s it relates t	o health. Look a	t the choices fo	r replyi	ng to e			I
<b>1.</b> Your well-being i	is in God's ha	ands.		Strongly Disagree	Disagree	□ Not Sure	Agree	Strongly Agree	Refused/Don't Know
2. Health and stren	gth are God	-given gifts.							
<b>3.</b> God will decide v	vhat will hap	pen to your	health.						
<b>4.</b> God plays a big բ	oart in your l	health.							
<b>5.</b> Only God can kee	ep you healt	hy.							
<b>6.</b> Only God can kee	ep you safe.								
<b>7.</b> God will protect y	your health.								
8. Whether or not y	ou get hurt	is largely up	to God.						

# PARTICIPATION IN RELIGIOUS ACTIVITIES

Do you participate in religious activities?	s? No Skip to "P			rostate Cancer Diagnosis"						
	Yes	Go to 1								
Some people use religious activities as a way of exemply choices. As I read the questions, choose the										
life. [Show Card PRA1]  1. I attend religious crusades, revival mee	etinas or m	issions.	Never	] Almost Never	] Not Sure	] Often	] Very Often	Refused/Don't Know		
	July 51 111	100101101	Ш	Ш	Ш	Ш	Ш	Ш		
<b>2.</b> I attend religious services.										
3. I listen to religious services on radio or	TV.									
<b>4.</b> I pray, either privately or with family.										
<b>5.</b> Ideas I have learned from religion som understand my own life.	etimes help	o me								
<b>6.</b> I contribute money to my place of wors	ship.									
<ol><li>7. I regularly take part in various activities organization.</li></ol>	s in my reli	gious								
<b>8.</b> I feel that my friends who share my religetting ahead in life.	ligious belie	efs help me	e in							
<b>9.</b> The religious beliefs I learned when I w	vas young s	still help me	e. 🔲							
<b>10.</b> I feel that my friends who share my remarkable my marriage or relationships.	eligious bel	iefs help m	ne in							

44260

## **DIAGNOSIS OF PROSTATE CANCER AND** PROSTATE CANCER SCREENING HISTORY

The next questions are about the diagnosis and treatment of your prostate cancer, and about screening tests and symptoms you may have had before you learned you had prostate cancer.

	re told that you had prostate cancer, which doctors and health care professionals did you talk with when your prostate cancer would be treated? [Do not read unless a prompt is needed. Check all that
	Urologist who performed the biopsy
	Other urologists
	Radiation oncologist
	Medical Oncologist
	Primary care doctor
	Other doctors/specialists seen for other health problems
	Nurse
	Psychologist, therapist, counselor
	Don't Know
	Refused
	re told that you had prostate cancer, who did you talk with, other than doctors, when deciding how your ter would be treated? [Do not read unless a prompt is needed. Check all that apply.]
·	Spouse/partner
	Son
	Daughter
	Brother
	Sister
	Other relatives
	Friend or acquaintance
	Pastor
	Other specify other
	Nobody ————————————————————————————————————
	Don't Know ————————————————————————————————————
	Refused ————————————————————————————————————
2a.	Did any of these people have a personal experience with prostate cancer?
	Yes
REV 5/16	No Don't Know Refused 44260

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3. Have you and your doctor made a decision about the treatment for your prostate cancer?  Yes  No Don't Know Refused	Skip	to 4
<b>3a.</b> Which of the following treatment options have you and your doctor decided is best for you? <b>[Do not read unless a prompt is need. Check all that apply.]</b>		
Surgery		
Watchful waiting	Skip	to 4
Hormone Therapy		
External beam radiation therapy		
Brachytherapy		
Other specify other		$\Box$
Don't Know		
Refused		
Yes		
<b>3b.</b> Have you already [started treatment/had surgery]?	Skip	to 4
<b>3c.</b> When was your [most recent treatment/surgery]?		
days ago weeks ago Don't Know R	efused	
The next questions are about the time when you first had signs, symptoms, or a positive test suggested you <u>might</u> have prostate cancer.	that	
<b>4.</b> What was the first sign or symptom that you might have prostate cancer? [ <b>Do not read unless a proneeded; choose the best answer</b> ]	mpt is	
I had a PSA blood test for prostate cancer and it was high	Go t	to 4a
I had a PSA blood test for prostate cancer and it was high  A doctor felt my prostate and found something abnormal		
I had a PSA blood test for prostate cancer and it was high  A doctor felt my prostate and found something abnormal	. Go	
I had a PSA blood test for prostate cancer and it was high  A doctor felt my prostate and found something abnormal  High PSA and abnormal rectal exam	. Go	to 4a to 4a
I had a PSA blood test for prostate cancer and it was high  A doctor felt my prostate and found something abnormal  High PSA and abnormal rectal exam  I had problems urinating	GO Skip	to 4a to 4a to 4d
I had a PSA blood test for prostate cancer and it was high  A doctor felt my prostate and found something abnormal  High PSA and abnormal rectal exam  I had problems urinating  I had sexual problems	Go d Go d Skip d	to 4a to 4a to 4d to 4d
I had a PSA blood test for prostate cancer and it was high  A doctor felt my prostate and found something abnormal  High PSA and abnormal rectal exam  I had problems urinating  I had sexual problems  Other symptom(s)	Go Skip	to 4a to 4d to 4d to 4d
I had a PSA blood test for prostate cancer and it was high  A doctor felt my prostate and found something abnormal  High PSA and abnormal rectal exam  I had problems urinating  I had sexual problems  Other symptom(s)  The cancer was found when I had surgery for an enlarged prostate (TURP)	Go Skip Skip Skip	to 4a to 4d to 4d to 4d
I had a PSA blood test for prostate cancer and it was high  A doctor felt my prostate and found something abnormal  High PSA and abnormal rectal exam  I had problems urinating  Other symptom(s)  The cancer was found when I had surgery for an enlarged prostate (TURP)  Don't Know	Go Skip Skip Skip Skip Skip	to 4a to 4d to 4d to 4d to 4d to 4d to 5
I had a PSA blood test for prostate cancer and it was high  A doctor felt my prostate and found something abnormal  High PSA and abnormal rectal exam  I had problems urinating  I had sexual problems  Other symptom(s)  The cancer was found when I had surgery for an enlarged prostate (TURP)	Go Skip Skip Skip Skip Skip	to 4a to 4d to 4d to 4d to 4d to 4d

4a.	Was the [PSA/rectal exam] done because you had medical problems or symptoms, or was it a regular checkup, or a community offered cancer screening? [Choose the best answer.]	done as part of
	Because of symptoms or medical problems ————————————————————————————————————	Go to 4b
	Regular checkup or routine screening ———————————————————————————————————	Skip to 4c
	Community (mass) screening	Skip to 4c
	Don't Know	Skip to 4c
	Refused	Skip to 5
4b.	What medical problems or symptoms did you have? [Do not read unless a prompt is need	eded. Check all
	My prostate felt abnormal when the doctor examined it	
	I was having problems urinating	
	I was having sexual problems	
	A PSA test was high when checked before	
	Other specify other	
	Don't Know	
	Refused	Skip to 4d
4c.	Did a doctor suggest that you have the [PSA test/rectal exam], or did <u>you</u> ask to have it done	e?
	My doctor suggested it	
	I asked to have it done	
	Other specify other	
	Don't Know	
	Refused -	Skip to 5
4d.	About when did you [first notice symptoms/find out your PSA/rectal exam was abnormal/havan enlarged prostate]?	e surgery for
we	eks ago months ago years ago Don't Know	Refused
		44000

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5. When did a doctor or	other r	medical person f	irst ta	ılk to y	ou about t	he <u>po</u>	ossibi	lity t	hat	you <b>ı</b>	 might	: have	e pro	state	 cance	r?
weeks ago		months ago	•	<u> </u>	years ag					Don'	t Kno	w		Refu	sed	
<b>5a.</b> What kind of doctor talked with you about this? [ <b>Read choices</b> ]																
Your usual doctor																
		A doctor at you	ır usu	ıal clir	nic											
An emergency room doctor  specify other																
		Other medical	oerso													
		Don't Know		_		1	<u> </u>	<b>I</b>		<b>I</b>			<u>'</u>			_
	☐ F	Refused														
6. How did you react wh not read. Check all confirmed.	that a	pply. Be sure t													? [ <b>Do</b>	
I hoped it woul	u Siiii	лу go away														
I got worried a	bout h	aving prostate	canc	er												
I put off doing	anythi	ng about it														
I decided to wa	it and	see if the sigr	got	worse	2											
I prayed and so	ought	guidance from	God													
I found out wh	at nee	ded to be don	e and	move	ed forward	t										
I got a biopsy																
I got more test	s to co	onfirm suspect	ed pro	ostate	e cancer											
Other specify:																
Don't Know																
Refused																
7. When was your prost prostate cancer?]	ate can	cer diagnosis co	nfirm	ed? [ <b>V</b>	When did	a do	ctor t	tell y	/ou	that	you	defir	nitely	y had	I	
	we	eeks ago		mon	ths ago					Don'	t Kno	W		Refu	sed	
														4.4	000	

•
Now I'd like you to think back to the 12 months before you first talked to a doctor about the <u>possibility</u> that you might have prostate cancer. This would be the time between/and/ (MM/YY) [based on response to question 5, if available].
8. During that time, did you see a urologist for any reason?  Yes  No Don't Know Refused Skip to 9
8a. How many times did you see a urologist [between/and/ (MM/YY) during those 12 months]?
number of times Don't Know Refused
8b. What problem(s) did you see the urologist about during that time? [Do not read unless prompt is needed, check all that apply]
Difficulty passing urine
Frequent or urgent urination
Problems with leaking urine (incontinence)
Sexual problems
Other problems specify other
PSA test or prostate exam because of suspicion of prostate cancer
An earlier prostate biopsy (before a biopsy that found your cancer)
Don't Know
Refused
9. During that time, did you see a doctor (other than a urologist) for any reason?  Yes  No Don't Know Refused Skip to 10
<b>9a.</b> How many times did you see a doctor (other than a urologist) [between and / during those 12
number of times Don't Know Refused
<b>9b.</b> What problem(s) did you see the doctor about during that time? [ <b>Do not read unless prompt is</b>
needed, check all that apply]  Treatment for an injury or brief illness
Treatment/follow-up care for an ongoing health problem
Your concern about PSA
Possible prostate cancer
Sexual problems
Physical exam
Other reason specify other
Don't Know
Refused
44260

•	
LO. During the 12 months before you first talked to a doctor about the <u>possibility</u> that you might have prostate cancer [between/and/ (MM/YY)], did you have any problems with urination?	
Yes	
No Don't Know Refused Skip to	11
<b>10a.</b> What urination problems did you have? [ <b>Do not read unless prompt is needed, check all that apply</b> ]	
Difficulty passing urine	
Frequent or urgent urination	
Problems with leaking urine (incontinence)	
Pain during urination	
Blood in urine	_
Other urination problem specify	
Don't Know	_
Refused	
<b>10b.</b> At its worst, how big a problem was this for you during those 12 months? Please look at this card and tell me which answer is the best one [ <b>Show Card DPC1</b> ]	
No problem	
Very small problem	
Moderate problem	
Big problem	
Don't Know	
Refused	
<b>10c.</b> Did you talk to a doctor about your problems with urination?	
☐ Yes ☐ No ☐ Don't Know ☐ Refused Skip to 10	١٥
<b>10d.</b> About how long did you have these problems before you talked to a doctor about them?	<i>,</i>
days weeks months years Don't Know Refused	t
<b>10e.</b> Did these problems make you think that you might have prostate cancer?	
Yes	
☐ No ☐ Don't Know ☐ Refused	

- IIII
11. During the 12 months <b>before</b> you first talked to a doctor about the <u>possibility</u> that you might have prostate cancer [between/and/ (MM/YY)], did you have any problems with erections or your sexual function?  Yes
☐ No ☐ Don't Know ☐ Refused Skip to 12
<b>11a.</b> At its worst, how big a problem was this for you during those 12 months? Please look at this card and tell me which answer is the best one [ <b>Show Card DPC1</b> ]
No problem
Very small problem
Moderate problem
Big problem
Don't Know
Refused
11b. Did you talk to a doctor about these problems?
Yes No Don't Know Refused Skip to 11d
11c. About how long did you have these problems before you talked to a doctor about them?
days weeks months years Don't Know Refused
<b>11d.</b> Did these problems make you think that you might have prostate cancer?
Yes No Don't Know Refused
12. Men who have symptoms that might be caused by prostate cancer often have a diagnostic PSA test to help determine if they have prostate cancer, but men sometimes get PSA screening tests during routine check-ups, even when they don't have any signs of prostate cancer. Did you ever have a screening PSA blood test before you were diagnosed with prostate cancer?  Yes  No Don't Know Refused Skip to 13
12a. About when did you have your first PSA screening test?
months ago years ago Don't Know Refused
<b>12b.</b> About how many times have you had a PSA <b>screening</b> test, not counting recent tests that were part of your diagnosis?
number of times Don't Know Refused

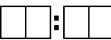
13. Men who have symptoms that might be caused by prostate cancer often have a digital rectal exam; an exam where a doctor puts a gloved finger in their rectum to feel the size and shape of their prostate gland. Sometimes men also have a digital rectal exam during routine checkups or prostate cancer screening, even when they don't have any signs of prostate cancer. Did you ever have a <b>routine</b> digital rectal exam other than any exams that were done recently as part of your diagnosis?  Yes  No Don't Know Refused Skip to 14
<b>13a.</b> About when did you have your first digital rectal exam?
months ago years ago Don't Know Refused
13b. About how many times have you had a routine digital rectal exam, not counting recent exams that were part of your diagnosis?  number of times Don't Know Refused
14. Before the biopsy that found your prostate cancer, did you ever have any of the following procedures?
14a.1 A needle biopsy of your prostate done through your rectum?
Yes No Don't Know Refused Skip to 14b
<b>14a.2</b> When was this needle biopsy done?
months ago years ago Don't Know Refused
14b. A surgical procedure where a doctor passed a tube through your penis to remove enlarged prostate tissue, sometimes called a TURP?  Yes  No Don't Know Refused Skip to 14c
14b.1 When was this TURP done?
months ago years ago Don't Know Refused
14c. An exam were a doctor passed a tube through your penis to look at your bladder, sometimes called a cystoscopy?  Yes  No Don't Know Refused Skip to 14d
14c.1 When was this cystoscopy done?
months ago years ago Don't Know Refused
<b>14d.</b> Any other operation or test to check problems with urination or sexual function?
Yes  No Don't Know Refused Worries and Concerns
14d.1 When were these tests done?  months ago years ago Don't Know Refused

## **WORRIES AND CONCERNS**

Next I'd like to ask some questions about how you think your prostate cancer might affect your life. Please look at the card and tell me which answer is best for you.

	Not	Somewhat	Moderately	Very	Extremely	Don't Know	Refused
<ol> <li>How concerned are you that your prostate cancer might spread to other parts of your body? [Show Card WC1]</li> </ol>							
2. How concerned are you that your prostate cancer could make you dependent on someone else? [Show Card WC1]							
3. Given all that you know about prostate cancer and the treatment you have had or will receive, how likely do you think it is that you might die from prostate cancer? [Show Card WC2]							
<b>4.</b> How concerned are you about dying from prostate cancer? [ <b>Show Card WC3</b> ]							
<b>5.</b> Are you involved in a prostate cancer support group? Yes No	Oon't I	Know	F	Refuse	ed		

Section end time:



am pn

## TRADITIONAL HEALTH BELIEFS

First, we want to know what you believe about cancer. People have a number of beliefs about cancer; what causes it or how to treat it. Some of these beliefs relate to God; others to one's beliefs about health. There are no right or wrong answers. When I read the questions, respond with YES if the statement is what you believe about cancer; respond with NO if the statement is not what you believe. You do not have to answer every question.

[Show Card THB1]			
1. If a cancer is cut open in surgery, it will grow faster.	Yes No	Refused	Don't Know
2. If a man has problems passing water, he should not bother to see a doctor because by then it would be too late.	Yes No	Refused	Don't Know
<b>3.</b> Men who started having sexual relations at a young age are more likely to get prostate cancer than those who started in later life.	Yes No	Refused	Don't Know
4. If a person has cancer, it is part of God's plan.	Yes No	Refused	Don't Know
<b>5.</b> Cancer is caused by what people eat or drink.	Yes No	Refused	Don't Know
<b>6.</b> If a person has cancer, there is no sense in trying to do anything about it.	Yes No	Refused	Don't Know
7. If a person prays about their cancer, medical treatments are not necessary because God will cure it.	Yes No	Refused	Don't Know
8. Cancer can be caused by dirty blood.	Yes No	Refused	Don't Know
9. Someone can give you cancer by putting a root or spell on you.	Yes No	Refused	Don't Know
<b>10.</b> People get cancer when they are tired and their resistance is down.	Yes No	Refused	Don't Know
<b>11.</b> God works through medical doctors to cure cancer.	Yes No	Refused	Don't Know
12. You can catch cancer from other people.	Yes No	Refused	Don't Know
13. A person with high blood is more likely to get cancer than a person with normal blood	Yes No	Refused	Don't Know

person with normal blood.

<b>14.</b> If a person worries about their cancer a lot, it will get worse.	Yes No	Refused	Don't Know
<b>15.</b> If a person has cancer, their children are very likely to get it too.	Yes No	Refused	Don't Know
<b>16.</b> The devil can cause a person to get cancer.	Yes No	Refused	Don't Know
<b>17.</b> Nothing works to cure cancer or stops it from coming back.	Yes No	Refused	Don't Know

## PHYSICIAN TRUST

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In the next set of questions I will read to you, I want you to tell me about your experience with doctors, and with the health care system <u>before</u> you were diagnosed with prostate cancer. Using the card with the response choices tell me how strongly do you agree or disagree with the following statements. [Show Card P1]

<ol> <li>I can tell doctors anything, even things that I might not tell</li> </ol>	_ Strongly Disagree	_ Disagree	Not Sure	_ Agree	_ Strongly Agree	_Refused/Don't Know
<ul><li>anyone else.</li><li>2. Doctors sometimes pretend to know things when he/she is really</li></ul>						
not sure.	Ш	Ш	Ш	Ш		Ш
3. I completely trust doctors' judgements about my medical care.						
4. Doctors care more about holding down costs than about doing what is needed for my health.						
5. Doctors would always tell me the truth about my health, even if there were bad news.						
6. Doctors care as much as I do about my health.						
7. If a mistake were made in my treatment, doctors would try to hide it from me.						
8. I have sometimes been misled at hospitals.						
9. Hospitals often want to know more about your personal affairs or business than they really need to know.						
<ol> <li>Hospitals have sometimes done harmful experiments on patients without their knowledge.</li> </ol>						
11. Rich patients receive better care at hospitals than poor patients do.						
12. Male patients receive better care at hospitals than female patients do.						

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PERCEIVED ACCESS TO CARE					
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As I read the following questions about health services, look at the response choices on this card and tell me the response that best fits the experience you had <u>prior</u> to your diagnosis of prostate cancer. [Show Card PAC1]

	Strongly Disagree	Disagree	Not Sure	Agree	Strongly Agree	Refused/Don't Know
1. I was able to get medical care whenever I needed it.						
2. Sometimes it was a problem to cover my share of the cost for a medical visit.						
3. Sometimes I would go without the medical care I needed because it was too expensive.						
4. Places where I could get medical care were conveniently located.						
<ol><li>If I had a medical question, I could reach a doctor or a nurse for help.</li></ol>						
6. I had easy access to the medical specialist I needed.						
7. I had not seen a health care provider for at least three years.						
8. I didn't worry much about the cost when I needed to seek medical care.						
<ol><li>I saw a different health care provider almost every time I had an appointment.</li></ol>						
10. I had a health care provider I felt comfortable talking to when I needed medical care.						

## HABITS OF HEALTH CARE UTILIZATION

Now we would like to know in your everyday life when you would seek health care from your healthcare professionals. This is <u>before</u> your diagnosis of prostate cancer. As I read these questions, tell me the response choice that best fits your experience. [Show Card HHC1]

Did you see a	Nurse?						
	Nurse Practitioner?						
	Physician Assistant?						_
	Resident/Intern?	ee					√now
	Doctor?	Strongly Disagree				Jree	Refused/Don't Know
		ΙΔ	ee	ē		ly A	Q/p
		rong	isagree	Not Sur	gree	Strongly Agree	efuse
1. Going to the doo of myself.	ctor regularly is a normal part of how I take care	S		Ž	Ϋ́	S	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\
2. I really have to b	be hurting before I go to the doctor.						
3. I go to the docto	or as soon as I get sick so I don't get worse.						
4. I only see a doct	tor when I'm seriously sick.						
5. When I've been about it.	sick, I haven't seen a doctor or gone to a clinic						
6. I usually ignore	my sickness for a while to see if it goes away.						
7. I get a checkup	even when I'm not sick, just to make sure I'm OK.						
8. I go to my doctor measured for pro	or or clinic every year or two to get my PSA ostate cancer.						
9. I go to my doctor for prostate cancer	or or clinic every year or two to get a rectal exam er.						



We would like to know about your experience with doctors, or what you believe about how people are treated by doctors and hospitals. As I read the following questions, look at this card for the response choices, and choose the response that best fits with your belief or experience with the health care system. [Show Card RWHS1]

Doctors treat African American and white people the same.	Strongly Disagree	☐ Disagree	☐ Not Sure	Agree	Strongly Agree	Refused/Don't Know
2. Racial discrimination in a doctor's office is common.						
3. In most hospitals, African Americans and whites receive the same kind of care.						
4. African Americans can receive the care they want as equally as white people can.						

COMMUNICATION	JIV					
For the next 5 questions that I will read to you, look at the respontalking that occurs when you see the urologist or person treating were diagnosed. [Show Card CM1]						
How would you rate the:	Very Poor	Poor	Not Sure	Good	Very Good	Refused/Don't Kno
<ol> <li>Thoroughness of your doctor's questions about your symptoms and how you are feeling.</li> </ol>						
2. Attention your doctor gives to what you have to say.						
<ol><li>Doctor's explanation of your health problems or treatments that you need.</li></ol>						

4. Doctor's instructions about symptoms to report and when to seek

5. Doctor's advice and help in making decisions about your care.

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further care.

# CONTEXTUAL KNOWLEDGE OF THE PATIENT

For the next 4 questions that I will read to you, look at the response choices and tell me what you think about how well the person treating your prostate cancer knows you after diagnosis. [Show Card CK1]

How is the:	Very Poor	Poor	Not Sure	Good	Very Good	Refused/Don't Kr
1. Doctor's knowledge of your entire medical history.						
2. Doctor's knowledge of your responsibilities at work or home.						
3. Doctor's knowledge of what worries you most about your health.						
4. Doctor's knowledge of you as a person (your values and beliefs).						

## INTERPERSONAL TREATMENT

For the next 5 questions that I will read to you, look at the response choices and tell me what you think about the personal aspects of the care you receive from the person treating you for your prostate cancer, and how you would rate the following. [Show Card IT1]

How would you rate the:	Very Poor	Poor	Not Sure	Good	Very Good	Refused/Don't Knov
1. Amount of time your doctor spends with you.						
2. Doctor's patience with your questions or worries.						
3. Doctor's friendliness and warmth toward you.						
4. Doctor's caring and concern for you.						
5. Doctor's respect for you.						

## PATIENT PROVIDER COMMUNICATION

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Think about a visit to your urologist or clinic treating your prostate cancer. As I read each question, please look at the response choices and tell me which response best describes your visit to your urologist or clinic treating your prostate cancer. [Show Card PPC1]

	A great deal	A moderate amount	A little	Almost nothing	Nothing at all	Refused/Don't Know
1. During the visit, how much did the doctor tell you about your prostate cancer and what he/she is doing to treat it?						
2. During the visit, how much did the nurses and other treatment staff tell you about your prostate cancer and what they are doing to treat it?						
3. During the visit, how much did you tell the doctor about concerns you might be having about your prostate cancer?						
4. During the visit, how much did you tell the nurses and other treatment staff about concerns you might be having about your prostate cancer?						
5. During the visit, how much did you help with the planning of your treatment?						



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Now I want to ask you a series of questions about your experience with the health care system and your typical visit to your urologist and clinic. Look at the card with the response choices and choose the response, which best describes how <u>satisfied</u> you are with your visit to the urologist or clinic treating your prostate cancer. [Show Card PSH1]

	Very Dissatisfied	isfied	ire/Never	eq	Very Satisfied	Refused/Don't kno
Are you satisfied with the:	Very D	Dissatisfied	Not Sure/	Satisfied	Very S	Refuse
1. Amount of time it took to travel to the clinic or doctor.						
2. Cost of getting to the clinic.						
3. How easy it was to get to the clinic.						
4. Time spent waiting to get an appointment.						
5. Time spent waiting at the doctor's office to see a physician.						
6. Time spent waiting in clinic to see nurses and treatment staff.						
7. Amount of time spent with the physician.						
8. Amount of time spent with nurses.						
9. Information the doctors told you.						
10. Information the nurses told you.						
11. Quality of care received.						
12. Increase in knowledge about your prostate cancer.						
13. Improvement in how you are able to manage your prostate cancer.						
14. Reading material given to you by the doctors or nurses.						
15. The amount you paid for care received.						

### GENERAL OCCUPATION

The next set of questions are about work you have done and jobs that you have had during your life. 1. Which of the following best describes what you do now? [Show Card GO1] Full time paid work ' Part time paid work -Retired because of age Retired by choice Retired because of disability or illness Unemployed, looking for work Unemployed now, but have job to return to Unable to work because of illness, but can do normal activities Unable to work or do normal activities because of illness specify other Other Don't Know Refused 1a. When did you last do paid work? Don't Know Refused Skip to 3 months ago years ago Never did paid work Skip to 5 2a. What is your current job? [If two current jobs, list second as Occupation 2. If more than 2, include the two that involve the most hours/week.] Don't Know Refused 2a1. Occupation 1 Don't Know 2a2. Occupation 2 Refused 2b. What is the name of the company or business you work for? 2b1. Employer 1 Don't Know Refused Don't Know Refused 2b2. Employer 2 2c. Where is the business located? [City or town. If self employed, where do you do this work?] 2c1. Occupation 1: City State

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Refused

Don't Know

2c. cont. Where is the business located? [City or town. If self employed, where do you do this work?]
2c2. Occupation 1: City State
Don't Know Refused
2d. When did you start this job?
2d1. Occupation 1: years ago months ago Don't Know Refused
2d2. Occupation 2: years ago months ago Don't Know Refused
3. What occupation or line of work have you done the <u>longest</u> ? Count all the time you did this type of work, even if you worked at different job sites or for different companies.
Occupation
Same as current job: Yes No [Check here if longest held occupation is same as current job from Question 2, if yes, skip to 3b]
Don't Know Refused
3a. When did you last work as a [Say occupation]?
years ago months ago Don't Know Refused
3b. When did you first work as a [Say occupation]?
years ago months ago Don't Know Refused
3c. How many years total [were you/ have you been] a [Say occupation]?
years Don't Know Refused
3d. What job title [did you have/have you had] when working as a [Say occupation]?
Same as occupation: Yes No
Other title
3e. What was the name of the company that employed you the longest when you worked as a [occupation]?
Same as current job: Yes No — If yes, skip to 4
Name of company
3f. What city and state was this company in? [if self-employed, what city and state did you live in the longest while you held this occupation]?
City
Don't Know Refused



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4. What occupation or li type of work, even if	ne of work nave you do you worked at different				ne time	you ala this
Occupation						
Don't Know	Refused	Only one oc	cupation ———		$\geq$	Skip to 5
4a.	How long [were you/ha	ive you been] a	Say occupation	]?		
	years	T m	onths	Don't Kn	ow [	Refused
5. Have you ever lived o	L	<b></b> <u>c months</u> on a fai	rm? A farm would	be any place that	t raises	<b>–</b> crops,
livestock or poultry to	earn money.	Yes -		•	$\rightarrow$	Go to 5a
		□No	Don't Kno	nw $\square_{Re}$	fused	Skip to 6
5a. W	/hen did you first work o	_		,	r <b>u</b> scu	DRIP CO U
	years ago	months	ago	Don't Know	v	Refused
5b. H	low long did you live or	work on a farm?				
	years	mor	nths	Don't Know	v	Refused
6. Did you ever serve in	the military?	□voc				Go to 6a
		Yes —			<b>—</b>	00 00 00
		∐ No	Don't Kno	w Re	fused	Skip to 7
6a. D	id you serve on the grou					
		Yes				
		No	Don't Kno	ow Re	fused	
7. Did you ever work for	at least six months >>	>>>>				
7a. A	s a landscaper or groun	ds keeper?				
		Yes				
		No	Don't Kno	ow Re	fused	
7b. A	t a florist shop, garden s	shop, greenhous	e or plant nursery	?		
		Yes				
		No	Don't Kno	ow Re	fused	
	s an animal caretaker in					
Oi	r other? [Do not incluc	Yes	IIII OI WOIK WILI	i your own pets	1.	
		No	Don't Kno	ow Re	fused	
7d. A	s a pest control operato	r or exterminato	<del></del> r?			
		Yes				
		□No	Don't Kno	ow Re	fused	52704
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## **FAMILY INCOME**

<ol> <li>Please look at this card and tell me which category your current household income falls in. Think about your annual household income before you pay taxes, and include wages, social security, welfare, and any other income.     [Show Card FI1]     Less than \$5,000     </li> </ol>
\$5,001 to \$10,000
\$10,001 to \$20,000
\$20,001 to \$30,000
\$30,001 to \$40,000
\$40,001 to \$50,000
\$50,001 to \$60,000
\$60,001 to \$70,000
\$70,001 to \$80,000
\$80,001 or more
Don't Know
Refused
1a. Including yourself, how many people are supported by this income?  Number of people Don't Know Refused
end time: am pm

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## Hurricane Katrina Exposure

1.	hurrica a.	ou evacuate from the place you were living becane Rita?  No  Yes, if yes, which storm(s) caused you to i) Katrina ii) Rita	
2.	counti a.	se of the hurricane damage, were you relocated ng being prevented from returning immediatel No Yes, if yes, where were you relocated? C Out of state, specify town/state	y after the storm?  Check all that apply:
		In-state, specify town	
3.	a.	ou have trouble meeting medical/health needs by No Yes, if yes, how stressful was this event in it is	
4.	of the a.	ou have to cancel or postpone a medical treatmenturricane?  No Yes, if yes, how stressful was this event in the initial of the initial	
5.	a.	n back seeing your usual physician or health ca No Yes	are clinic at this time?
6.	a.	n seeing a new physician or new health care cli No Yes	nic at this time?

#### **Sources for PCaP Questionnaire**

#### **Communication:**

Communication subscale from the Primary Care Assessment Survey © 1995 Safran/The Health Institute.

Safran, D. G., Kosinski, M., Tarlov, A. R., Rogers, W. H., Taira, D. H., Lieberman, N., and Ware, J. E. The Primary Care Assessment Survey: tests of data quality and measurement performance. Med Care, 36: 728-39., 1998.

#### **Contextual knowledge of the patient:**

Contextual Knowledge of the Patient is also measured using a subscale from the Primary Care Assessment Survey © 1995 Safran/The Health Institute.

Safran, D. G., Kosinski, M., Tarlov, A. R., Rogers, W. H., Taira, D. H., Lieberman, N., and Ware, J. E. The Primary Care Assessment Survey: tests of data quality and measurement performance. Med Care, 36: 728-39., 1998.

#### **Diet History Questionnaire:**

Subar AF, Thompson FE, Smith AF, Jobe JB, Ziegler RG, Potischman N, et al. Improving food frequency questionnaires: a qualitative approach using cognitive interviewing. J Am Diet Assoc 1995;95(7):781-8; quiz 789-90

Subar AF, Midthune D, Kulldorff M, Brown CC, Thompson FE, Kipnis V, et al. Evaluation of alternative approaches to assign nutrient values to food groups in food frequency questionnaires. Am J Epidemiol 2000;152(3):279-86.

#### **General Health (SF-12v2©):**

Ware JE, Kosinski M, Turner-Bowker DM, Gandek B. How to Score Version 2 of the SF-12 Health Survey (With a Supplement Documenting Version 1). Lincoln, RI: QualityMetric Incorporated; 2002.

#### **Habits of health care utilization (general):**

Habits of Health Care Utilization is a 9-item scale measuring the general likelihood of using health care services. This scale has been tested on an African-American patent sample. Reliability of the scale is .81. Response format parallels that in the Perceived Access to Care Index (Facione, 1999). Using a Likert response framework, responses range from strongly disagree to strongly agree with a refused, don't know choice for every item on the scale.

#### **Interpersonal treatment:**

Interpersonal treatment is also measured using a subscale from the Primary Care Assessment Survey © 1995 Safran/The Health Institute.

Safran, D. G., Kosinski, M., Tarlov, A. R., Rogers, W. H., Taira, D. H., Lieberman, N., and Ware, J. E. The Primary Care Assessment Survey: tests of data quality and measurement performance. Med Care, 36: 728-39., 1998.

#### Literacy:

Literacy is assessed using the Rapid Estimate of Adult Literacy in Medicine (REALM), a screening instrument to assess an adult patient's ability to read common medical words and lay terms for body parts and illnesses. It is designed to assess medical professionals in estimating a patient's literacy level so that the appropriate level of patient education materials or oral instructions may be used. The test takes two to three minutes to administer and score. The REALM has been correlated with other standardized tests (Family Medicine, 1993: 25:391-5).

Murphy PW, Davis TC, Decker BC, Jackson RH. (1993) Rapid estimate of adult literacy in medicine: Using a novel reading recognition test. Journal of Reading, 37 (2): 124-130.

Bennett CL, Ferreira MR, Davis TC, Kaplan J, Weinberger M, Kuzel T, et al. Relation between literacy, race, and stage of presentation among low-income patients with prostate cancer. J Clin Oncol 1998;16(9):3101-4.

#### **Occupation (Specific):**

Question 7: Queried occupations include those most likely to be associated with pesticide use based on industrial hygiene review (Daniels et al. Comparison of Assessment Methods for Pesticide Exposure in a Case-Control Interview Study. AJE, 153: 1227-32, 2001.)

#### **Patient provider communication:**

**Patient-Provider Communication** The degree to which the patient communicates with his health care provider will be assessed using an investigator-developed 5-item scale. Patients respond to each item on a 5-point Likert-like scale, with higher scores indicating a greater degree of communication. In a previous test of the instrument, factor analysis produced a single factor with an eigenvalue greater than 1, all items loading at .50 or above, and Cronbach's alpha of .75, supporting the use of a total scale score as well as individual item analysis (Mishel, Belyea, et al., 2002). Responses range from nothing at all to a great deal with a refused, don't know choice for every item on the scale.

#### Patient satisfaction with health care system:

**Patient Satisfaction with the Health Care System** is a 15-item scale that refers to satisfaction with travel, waiting time, amount of time spent with the providers and amount paid

for the visit. The scale has a 6-item Likert-type response framework. Prior analysis of the scale from its use with prostate cancer patients indicated that it factors into 2 subscales, quality of care and accessing care with alphas of .92 and .86. Choices go from very dissatisfied to very satisfied with a refused, don't know choice for each item.

#### Perceived access to care:

**Perceived Access to Care** is a 10-item scale that refers to the ability to access medical care due to location, cost and feasibility. From prior testing with an African-American sample Chronbach's alpha was reported as .78 and test-retest reliability as .85. the scale has a 4-item response format from strongly disagree to strongly agree with a refused, don't know choice for each item.

#### **Physical Activity:**

Littman AJ, White E, Kristal AR, Patterson RE, Satia-Abouta J, Potter JD. Assessment of a one-page questionnaire on long-term recreational physical activity. Epidemiology 2004;15(1):105-13.

#### **Physician Trust:**

**Trust/mistrust** will be measured by two scales. The trust subscale of the Primary Care Assessment Survey © 1995 Safran/The Health Institute. This 7-item scale with a Likert response format asks about trusting the doctor. Reliability of the scale is reported as .86. Support for the validity of the scale is its correlation with satisfaction with physician and adherence to treatment (Pearson & Raeke, 2000). The second scale, the Medical Mistrust Index, is a 5-item scale with a 4-item Likert response format. The scale refers to patient's attitudes of mistrust of the health care system. Scores on this index have significantly differed for African American versus Caucasian patients. Reliability of the scale is reported to be an alpha of .74 (LaVeist et al, 2000). The scales choices range from 1-5, strongly agree to a strongly disagree with a refused, don't know option for each item.

Safran, D. G., Kosinski, M., Tarlov, A. R., Rogers, W. H., Taira, D. H., Lieberman, N., and Ware, J. E. The Primary Care Assessment Survey: tests of data quality and measurement performance. Med Care, 36: 728-39., 1998.

#### **Racism within health care settings:**

Racism Within Health Care Settings will be measured by the Racism Index, a fouritem scale with a four-item response format. The scale items refer to perceived difference in treatment by physicians by race. Support for the validity of the scale was found in the significant differences on the items for African American versus Caucasian American patients ((LaVeist, et al, 2000). Reliability of the scale is reported at an alpha of .76. This is scored on a Likert scale ranging from 1-5 with a refused, don't know choice for each item.

#### **Religiosity:**

Religiosity will be measured by the **God Scale**, which consists of eight items added to the **Multidimensional Health Locus of Control Scale** (MHLC) by Bekhuis et al. (1995) to index belief in God's role in one's health. The item response format is a Likert-type scale ranging from 1 to 6, with higher scores indicating a stronger belief. Cronbach's alpha for the religiosity scale in the principal investigator's study on men with localized prostate cancer was .94.Resposes range from disagree a lot to agree a lot with a refused, don't know choice for each item.

Religious Participation will be measured by The Participation in Religious Activities scale. This 11-item scale indexes the frequency of participation in a variety of religion-oriented social activities. Total scores on the Participation in Religious Activities scale range from 11-55 with higher scores indicative of a higher level of religious activities (Brown & Gary, 1987). Reliability of this measure was a Cronbach's alpha of .91 in the study of men with localized prostate cancer. There is initial support for the construct validity of the scale. Responses range from never to very often with a refused, don't know choice for each item.

#### **Traditional health beliefs:**

**Traditional Health Beliefs** will be measured by a 17-item scale developed through clinical interviews with rural African-American cancer patients. This dichotomous scale was used in the principal investigator's prior prostate cancer studies and has a KR20 of .69 for Caucasian Americans and .83 for African American men with prostate cancer. Has dichotomous scoring with a refused/don't know option for each item.

#### **Vitamins and Alternative Medicines:**

Satia-Abouta J, Patterson RE, King IB, Stratton KL, Shattuck AL, Kristal AK, Potter JD, Thornquist MD, White E. Reliability and validity of self-report of vitamin and mineral supplement use in the VITamins And Lifestyle (VITAL) Study. American Journal of Epidemiology 2003;157(10):944-54.

#### **Worries and Concerns:**

Source: Risk items adapted from Holmboe E, Concato J. Treatment decisions for localized prostate cancer: asking men what's important. *Journal of General Internal Medicine* 2000;15:694-701.