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Before you begin the survey, please write today's date, your name, date of birth, and address in the boxes below. Please write as clearly as you can.

For office use only

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Today's Date

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First and Last Name

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Date of Birth

--

**Number and Street Address
City, State and Zipcode**

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May we contact you by email?

- Yes
- No

If Yes, please write your email address in the box.

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May we contact you by cell phone?

- Yes
- No

If Yes, please write the cell number in the box.

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May we contact you at work?

- Yes
- No

If Yes, please write your work number in the box.

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Do you have a friend or relative who could help us get in touch with you if we have trouble reaching you in the future? If so, please write their name and other information below.

First and Last Name of a friend or relative

Their Number and Street Address, City, State and Zipcode

What is their home phone number?

What is their cell or mobile phone number?

What is their work phone number?

What is their email address?



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First, we'd like to know about your current living situation and habits. Remember, all of the answers you give us are private and confidential, but if you don't want to answer a question you can skip it and go on to the next one.

1. What is your current marital status? Choose ONE answer.

- Married or Living as Married
- Widowed
- Separated
- Divorced
- Never married

2. Has your marital status changed since you were diagnosed with prostate cancer?

- Yes
- No
- I don't know

3. Which of the following best describes where you live now? Choose ONE answer.

- Your own home or apartment
- A relative's home or apartment
- A friend's home or apartment
- A continuing care facility where you are living independently
- A nursing home or other group facility where you get daily care and assistance
- A shelter
- A hospice
- Some other living arrangement
- I don't have a regular living place

4. Do you own or partly own the place where you live?

- Yes
- No
- I don't know

5. How many other people live with you? Choose ONE answer.

- None, I live alone
- 1
- 2
- 3 - 4
- 5 - 6
- 7 - 10
- More than 10
- I don't know



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5a. If you live with other people, what relation are they to you? Check all that apply.

- Wife or Partner
- One or more dependent children
- One or more adult children
- Other relatives
- Friend(s)
- Paid caregiver(s)
- Other
- I don't know

6. Have you moved since you were diagnosed with prostate cancer?

- Yes
- No
- I don't know

6a. If yes, why did you move? Check ALL that apply.

- To live in a new or better house or location
- To be closer to my doctor or clinic
- To be closer to my family
- To be closer to my friends
- So I could get help with daily activities
- So I could get help with medical care
- So my wife or partner could get help with daily activities
- So my wife or partner could get medical care
- To cut costs
- Because I could not afford to pay my rent mortgage, property taxes or other expenses
- I don't know
- Other (write your answer in the box)

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7. Have you smoked cigarettes at least once a day at any time since you were diagnosed with prostate cancer?

- Yes
- No
- I don't know



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7a. If YES, about how many cigarettes did you smoke on a normal day? Choose ONE answer.

- 1 - 2 21 - 30 (1 - 1 1/2 packs a day)
 3 - 5 31 - 40 (1 1/2 - 2 packs a day)
 6 - 10 More than 2 packs a day
 11 - 15 I don't know
 16 - 20

7b. If YES, do you smoke cigarettes at least once a day now?

- Yes
 No
 I don't know

8. Do you use any of the products listed below at least once a day now?
Check ALL that apply.

- Chewing tobacco
 Cigars
 Snuff
 Pipe

9. Since you were diagnosed with prostate cancer, did you have any pets that you came into contact with or took care of at least once a day?

- Yes
 No
 I don't know

9a. If yes, do you have pets now?

- Yes
 No
 I don't know

10. How much do you weigh without shoes on? If you don't know exactly, please make your best guess.

pounds (lbs)

- I don't know



11. How many hours of sleep do you usually get each day, including daytime naps and sleep at night? Choose ONE answer.

- Less than 5 hours
- 5 - 6 hours
- 7 - 8 hours
- 9 or more hours
- I don't know

12. How often do you drink beer? Choose ONE answer.

- NEVER
- 3 - 4 times a week
- Once a month or less
- 5 - 6 times a week
- 2 - 3 times a month
- Every day
- 1 - 2 times a week

12a. If you drink beer, how much do you usually drink? Choose ONE answer.

- Less than 1 can or bottle (12 oz.)
- 1 - 2 cans or bottles
- 3 or more cans or bottles

13. How often do you drink wine or wine coolers? Choose ONE answer.

- NEVER
- Once a month or less
- 2 - 3 times a month
- 1 - 2 times a week
- 3 - 4 times a week
- 5 - 6 times a week
- Every day

13a. If you drink wine or wine coolers, how much do you usually drink? Choose ONE answer.

- Less than 1 glass
- 1 - 2 glasses
- More than 2 glasses

14. How often do you drink liquor or mixed drinks? Choose ONE answer.

- NEVER
- Once a month or less
- 2 - 3 times a month
- 1 - 2 times a week
- 3 - 4 times a week
- 5 - 6 times a week
- Every day

14a. If you drink liquor or mixed drinks, how much do you usually drink?
Choose ONE answer

- Less than 1 shot of liquor
- 1 - 3 shots of liquor
- More than 3 shots of liquor

15. How often do you usually eat a serving of vegetables (*such as green beans, corn, spinach, tomatoes, etc.*)? DO NOT INCLUDE POTATOES. Choose ONE answer.

- Less than 1 time a week
- 1 - 2 times a week
- 3 - 4 times a week
- 5 - 6 times a week
- once a day
- 2 times a day
- 3 times a day
- 4 times a day
- 5 or more times a day
- I don't know

16. How often do you usually eat a serving of fruit (*such as apples, oranges, and strawberries, etc.*)? DO NOT INCLUDE JUICES. Choose ONE answer.

- Less than 1 time a week
- 1 - 2 times a week
- 3 - 4 times a week
- 5 - 6 times a week
- once a day
- 2 times a day
- 3 times a day
- 4 times a day
- 5 or more times a day
- I don't know

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17. How often do you usually take non-prescription ASPIRIN, IBUPROFEN or NAPROXEN pain medicines, such as *Bayer*, *Bufferin*, *Advil*, *Aleve*, *BC* or *Goody's Powders*? Please DO NOT COUNT Tylenol or acetaminophen. Choose ONE answer.

- NEVER
- Less than once a week
- Once a week
- 2 - 6 times a week
- Once a day
- 2 or more times a day
- I don't know

18. Do you take a MULTIVITAMIN, like *Centrum* or *One-a-Day*, at least once a week?

- Yes
- No
- I don't know

18a. If YES, how many days a week do you take a MULTIVITAMIN? Choose ONE answer.

- 1 - 2 days a week
- 3 - 4 days a week
- 5 - 6 days a week
- 7 days a week

19. Has your doctor recommended that you take a calcium supplement since you were diagnosed with prostate cancer?

- Yes
- No
- I don't know



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20. Do you take a calcium supplement at least once a week now? Include multivitamins with calcium, separate calcium pills or antacids with calcium such as Tums.

- Yes
- No
- I don't know

20a. If YES, how many days a week do you take a calcium supplement? Choose ONE answer.

- 1 - 2 days a week
- 3 - 4 days a week
- 5 - 6 days a week
- 7 days a week

21. Has your doctor recommended that you take a Vitamin D supplement since you were diagnosed with prostate cancer?

- Yes
- No
- I don't know

22. Do you take a Vitamin D supplement at least once a week now? Include multivitamins with Vitamin D, vitamin D with calcium, or separate Vitamin D pills.

- Yes
- No
- I don't know

22a. If YES, how many days a week do you take Vitamin D? Choose ONE answer.

- 1 - 2 days a week
- 3 - 4 days a week
- 5 - 6 days a week
- 7 days a week

23. Do you take any other vitamins or minerals at least once a week? This time, do NOT count vitamins or minerals that are part of a multivitamin.

- Yes
- No
- I don't know



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23a. If YES, do you take any of the vitamins or minerals on the list below? Do NOT count vitamins or minerals that were part of a multivitamin. Check ALL that apply.

- | | |
|--|--|
| <input type="checkbox"/> Vitamin A | <input type="checkbox"/> Folic acid (folate) |
| <input type="checkbox"/> Thiamin (Vitamin B1) | <input type="checkbox"/> Iron |
| <input type="checkbox"/> Niacin (Vitamin B3 or nicotinic acid) | <input type="checkbox"/> Magnesium |
| <input type="checkbox"/> Vitamin B6 | <input type="checkbox"/> Chromium |
| <input type="checkbox"/> Vitamin B12 | <input type="checkbox"/> Zinc |
| <input type="checkbox"/> Vitamin C | <input type="checkbox"/> Selenium |
| <input type="checkbox"/> Vitamin E | <input type="checkbox"/> I don't know |
| <input type="checkbox"/> Beta Carotene | <input type="checkbox"/> Other |

(Write your answer in the box)

24. Do you take any herbals or other dietary supplements at least once a week?

- Yes
 No
 I don't know

24a. If YES, do you take any of the supplements or herbals on the list below? Check ALL that apply.

- | | |
|---|--|
| <input type="checkbox"/> Bilberry | <input type="checkbox"/> Lutein |
| <input type="checkbox"/> Chondroitin (Chondroitin sulfate) | <input type="checkbox"/> Lycopene |
| <input type="checkbox"/> Co-enzyme Q10 (CoQ10) | <input type="checkbox"/> Lipoic acid (alpha lipoic acid) |
| <input type="checkbox"/> Echinacea | <input type="checkbox"/> Melatonin |
| <input type="checkbox"/> Fish oil, EPA, omega 3 or cod liver oil | <input type="checkbox"/> Milk thistle |
| <input type="checkbox"/> Flaxseed or Flaxseed oil | <input type="checkbox"/> MSM (methylsulfonylmethane) |
| <input type="checkbox"/> Garlic Pills | <input type="checkbox"/> Saw palmetto |
| <input type="checkbox"/> Ginger | <input type="checkbox"/> Soy supplements |
| <input type="checkbox"/> Ginko biloba | <input type="checkbox"/> Green tea |
| <input type="checkbox"/> Ginseng | <input type="checkbox"/> I don't know |
| <input type="checkbox"/> Glucosamine (Glucosamine Sulfate) | <input type="checkbox"/> Other |
| <input type="checkbox"/> Grapeseed (pycnogenol or proanthocyanidin) | |

(write your answer in the box)



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For some men, religion and beliefs are important to their health and well being, but they aren't for everyone. Your answers to the next questions about religion and beliefs may help us understand why some prostate cancer survivors do better and feel better than others. All of your answers will be private, but if you don't want to answer a question you can skip it and go on to the next one.

1. What was your main religion growing up? Choose ONE answer.

- Christian Agnostic
 Buddhist Atheist
 Islam/Muslim No religion
 Jewish I don't know
 Taoist

1a. If you were Christian growing up, what was your usual church or denomination? Choose ONE answer.

- Anglican Pentacostal
 Assemblies of God Presbyterian
 Baptist Protestant
 Congregationalist Roman Catholic
 Disciples of Christ Seventh Day Adventist
 Episcopal Unitarian
 Evangelical Nondenominational Christian
 Jehovah's Witnesses Independent Christian
 Lutheran No usual church or denomination
 Methodist I don't know
 Mormon/Latter Day Saints Other (write your answer in the box)

2. What is your main religion now? Choose ONE answer?

- Christian Agnostic
 Buddhist Atheist
 Islam/Muslim No religion
 Jewish I don't know
 Taoist



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2a. If you are Christian now, what is your usual church or denomination? Choose ONE answer.

- | | |
|---|---|
| <input type="checkbox"/> Anglican | <input type="checkbox"/> Pentacostal |
| <input type="checkbox"/> Assemblies of God | <input type="checkbox"/> Presbyterian |
| <input type="checkbox"/> Baptist | <input type="checkbox"/> Protestant |
| <input type="checkbox"/> Congregationalist | <input type="checkbox"/> Roman Catholic |
| <input type="checkbox"/> Disciples of Christ | <input type="checkbox"/> Seventh Day Adventist |
| <input type="checkbox"/> Episcopal | <input type="checkbox"/> Unitarian |
| <input type="checkbox"/> Evangelical | <input type="checkbox"/> Nondenominational Christian |
| <input type="checkbox"/> Jehovah's Witnesses | <input type="checkbox"/> Independent Christian |
| <input type="checkbox"/> Lutheran | <input type="checkbox"/> No usual church or denomination |
| <input type="checkbox"/> Methodist | <input type="checkbox"/> I don't know |
| <input type="checkbox"/> Mormon/Latter Day Saints | <input type="checkbox"/> Other (write your answer in the box) |

3. Do you believe in God or a higher power?

- Yes
 No
 I don't know

4. Have your religious or spiritual beliefs changed since you were diagnosed with prostate cancer?

- Yes
 No
 I don't know

5. Since you were diagnosed with prostate cancer, have your religious or spiritual beliefs become *MORE* important to you, *LESS* important to you, or are they *ABOUT THE SAME*? Choose ONE answer.

- More important
 Less important
 About the same
 Not applicable, I don't have any religious or spiritual beliefs
 I don't know



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6. Do you belong to a church, temple, mosque or other place of worship?

- Yes
- No
- I don't know

6a. If YES, have you changed churches or place of worship since you were diagnosed with prostate cancer?

- Yes
- No
- I don't know

7. Do you participate in religious, church or spiritual activities?

- Yes
- No
- I don't know

7a. If YES, has the amount of time you spend participating in religious, church or spiritual activities *INCREASED, DECREASED, or stayed ABOUT THE SAME* since you were diagnosed with prostate cancer? Choose ONE answer.

- Increased
- Decreased
- Stayed about the same
- I don't know

8. The support that men get from other people can also be important for their health and well-being. Is there anyone you can count on to provide you with emotional support, such as talking about problems, or helping you make a difficult decision? Choose ONE answer.

- Yes
- No
- I don't need emotional support
- I don't know

9. Since you were diagnosed with prostate cancer, who has given you emotional support? Check ALL that apply.

- Wife or Partner
- Daughter or Son
- Sister or Brother
- Mother or Father
- Other relative
- Friend(s)
- Neighbor(s)
- Co-worker(s)
- Church Member(s)
- Pastor, Priest, or other religious advisor
- Club member(s)
- Prostate cancer support group
- Your doctor or doctors
- A counselor or therapist
- No one
- I don't know
- Other

9a. Have any of these people had prostate cancer or been close to someone who had prostate cancer (other than you)?

- Yes
- No
- I didn't talk to anyone
- I don't know

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10. Since you were diagnosed with prostate cancer, could you have used more emotional support than you got?

- Yes
- No
- I don't know

10a. If YES, how much more emotional support could you have used?

- A little more
- Some more
- A lot more
- I don't know

11. If you needed some extra help with money, could you count on anyone to help? For example, is there someone who could help you by paying any bills, housing costs, medical expenses, or by providing you with food or clothes?

- Yes
- No
- I would not accept help from someone else
- I don't know

12. In general, how many close friends do you have? A "close friend" would be anyone you feel at ease with, can talk to about private things, and can call on for help. This could include your wife or other relatives, as well as friends who are not relatives.

- None
- 1
- 2
- 3
- 4 - 5
- 6 - 7
- 8 or more

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The next questions are about your usual exercise and physical activity. Please do NOT include work you did as part of your job.

1. **In the past 12 months**, did you **WALK** for exercise at least once a week? Include walking on a treadmill.

- Yes
- No
- I don't know

1a. If yes, how many days a week did you walk? Choose **ONE** answer.

- 1 - 2 days
- 3 - 4 days
- 5 - 7 days

1b. If yes, how many minutes a day did you walk? Choose **ONE** answer.

- 10 - 25 minutes
- 30 - 40 minutes
- 45 - 55 minutes
- 60 minutes or more

1c. If yes, what was your usual pace? Choose **ONE** answer.

- Easy- each mile takes 30 minutes or more
- Moderate- each mile takes 20-29 minutes
- Fast- each mile takes 19 minutes or less

2. **In the past 12 months**, did you **LIFT WEIGHTS** or use weight machines at least once a week? Choose **ONE** answer.

- Yes
- No
- I don't know

2a. If yes, how many days a week did you lift weights? Choose **ONE** answer.

- 1 - 2 days
- 3 - 4 days
- 5 - 7 days

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2b. If YES, how many minutes a day did you lift weights? Choose ONE answer?

- 10 - 25 minutes
- 30 - 40 minutes
- 45 - 55 minutes
- 60 minutes or more

3. In the past 12 months, did you do any LIGHT exercise that didn't make you breathe any harder than usual at least once a week?

"Light exercise" includes things like light yard work (gardening or pruning), light house work (dusting or vacuuming), playing golf with a cart, very easy bicycling or swimming, or light stretching.

- Yes
- No
- I don't know

3a. If YES, how many days a week did you do any kind of LIGHT exercise?
Choose ONE answer?

- 1 - 2 days
- 3 - 4 days
- 5 - 7 days

3b. If YES, how many hours a day did you do any kind of LIGHT exercise?
Choose ONE answer?

- Less than 1 hour
- 1 - 2 hours
- 3 hours or more

4. In the past 12 months, did you do MODERATE exercise that made you breathe somewhat harder than usual, at least once a week?

"Moderate exercise" includes things like brisk walking or running, golfing without a cart or caddy, recreational swimming, moderate yard work (mowing with a power mower), doubles tennis, ballroom dancing, low impact or water aerobics, moderate housework (scrubbing floors or washing windows), or slow bicycling on level ground.

- Yes
- No
- I don't know

4a. If YES, how many days a week did you do any kind of MODERATE exercise?
Choose ONE answer.

- 1 - 2 days
- 3 - 4 days
- 5 - 7 days



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**4b. If yes, how many minutes a day did you do any kind of MODERATE exercise?
Choose ONE answer.**

- 10 - 25 minutes
- 30 - 40 minutes
- 45 - 55 minutes
- 60 minutes or more

**5. In the past 12 months, did you do VIGOROUS exercise that made you breathe harder than usual, at least once a week?
"Vigorous exercise" includes things like race-walking, jogging or running, aerobics, swimming laps, using a push mower, singles tennis, racquetball or squash, fast or steep hill bicycling, heavy housework, circuit training, stair machine, clogging or line dancing.**

- Yes
- No
- I don't know

5a. If YES, how many days a week did you do any kind of VIGOROUS exercise?

- 1 - 2 days
- 3 - 4 days
- 5 - 7 days

5b. If YES, how many minutes a day did you do any kind of VIGOROUS exercise?

- 10 - 25 minutes
- 30 - 40 minutes
- 45 - 55 minutes
- 60 minutes or more

6. Since you were diagnosed with prostate cancer, has a doctor recommended that you lose weight?

- Yes
- No
- I don't know

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7. Since you were diagnosed with prostate cancer, has a doctor recommended that you change your diet?

- Yes
- No
- I don't know

8. Since you were diagnosed with prostate cancer, has a doctor recommended that you exercise?

- Yes
- No
- I don't know



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The next questions are about health problems or diseases other than prostate cancer. If a doctor or other health care provider has ever told you that you have one of the conditions or diseases shown below, check the box next to it, even if you don't have it right now, and answer the other questions about it. All of your answers will be confidential, but if you don't want to answer a question please skip it and go on to the next one.

Has a doctor or other health professional EVER told you that you have or had...

Arthritis?

If YES, check ALL that apply.

- I was diagnosed with this after I found out I had prostate cancer.
- I am taking prescription medicine for this now
- I am taking non-prescription (over the counter) medicine for my arthritis at least once a week.

Osteoporosis or brittle bones?

If YES, check ALL that apply.

- I was diagnosed with this after I found out I had prostate cancer
- I had osteoporosis before but it has gotten worse since I found out I had prostate cancer
- I am taking prescription medicine for this now

A broken bone or fracture

If YES, check ALL that apply.

- I have had a broken bone or fracture since I found out I had prostate cancer
- Which bone(s) have you broken since you were diagnosed?

(write your answer in the box)

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Heart failure or congestive heart failure?

If YES, check ALL that apply.

- I was diagnosed with this after I found out I had prostate cancer
- I am taking prescription medicine for this now
- I have had another kind of treatment for this since I found out I had prostate cancer



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Has a doctor or other health professional **EVER** told you that you have or had...

Coronary heart disease?

If YES, check **ALL** that apply.

- I was diagnosed with this after I found out I had prostate cancer
- I am taking prescription medicine for this now
- I have had another kind of treatment or surgery for this since I found out I had prostate cancer

Peripheral vascular disease, peripheral arterial disease, blocked arteries, thrombosis or an aneurism?

If YES, check **ALL** that apply.

- I was diagnosed with this after I found out I had prostate cancer
- I am taking prescription medicine for this now
- I have had another kind of treatment or surgery for this since I found out I had prostate cancer

A heart attack or myocardial infarction (MI)?

If YES, check **ALL** that apply.

- I have had a heart attack since I found out I had prostate cancer
- I am taking prescription medicine for this now
- I have had another kind of treatment or surgery for this since I found out I had prostate cancer

A stroke?

If YES, check **ALL** that apply.

- I have had a stroke since I found out I had prostate cancer
- I am taking prescription medicine for this now
- I have had another kind of treatment for this since I found out I had prostate cancer

A stomach ulcer, peptic ulcer, duodenal ulcer, Crohn's disease, or ulcerative colitis?

If YES, check **ALL** that apply.

- I was diagnosed with this after I found out I had prostate cancer
- I am taking prescription medicine for this now
- I have had another kind of treatment or surgery for this since I found out I had prostate cancer



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Has a doctor or health professional **EVER** told you that you have or had...

High blood pressure or hypertension?

If YES, check **ALL** that apply.

- I was diagnosed with this after I found out I had prostate cancer
- I am taking prescription medicine for this now
- I had high blood pressure before but it has gotten worse since I found out I had prostate cancer

High blood cholesterol

If YES, check **ALL** that apply.

- I was diagnosed with this after I found out I had prostate cancer
- I am taking prescription medicine for this now
- I have had another kind of treatment or surgery for this since I found out I had prostate cancer

Chronic lung or breathing problems, such as asthma, emphysema, chronic bronchitis, chronic obstructive pulmonary disease (COPD), or pulmonary fibrosis?

If YES, check **ALL** that apply.

- I was diagnosed with this after I found out I had prostate cancer
- I am using prescription medicine or inhalers for this now
- I use oxygen for this now
- I have had another kind of treatment for this since I found out I had prostate cancer

Liver failure, cirrhosis, hepatitis, Hepatitis C Virus (HCV), Hepatitis B Virus (HBV), or any other kind of chronic liver disease?

If YES, check **ALL** that apply.

- I was diagnosed with this after I found out I had prostate cancer
- I am taking prescription medicine for this now
- I have had another kind of treatment or surgery for this since I found out I had prostate cancer

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Has a doctor or health professional **EVER** told you that you have or had...

HIV?

If YES, check **ALL** that apply.

- I was diagnosed with this after I found out I had prostate cancer
- Before I found out I had prostate cancer, a doctor told me I have AIDS
- After I found out I had prostate cancer, a doctor told me I have AIDS
- I am taking prescription medicine for this now

Diabetes or sugar diabetes?

If YES, check **ALL** that apply.

- I was diagnosed with this after I found out I had prostate cancer
- I had diabetes before but it has gotten worse since I found out I had prostate cancer
- I take insulin for my diabetes
- I take pills (oral hypoglycemic medicine) for my diabetes
- I have had nerve problems because of my diabetes (peripheral neuropathy, numbness)
- I have had circulation problems because of my diabetes

Cataracts, glaucoma or diabetic retinopathy?

If YES, check **ALL** that apply.

- I was diagnosed with this after I found out I had prostate cancer
- I use prescription medicine or eye drops for this now
- I have had surgery to treat this since I found out I had prostate cancer

Partial or complete blindness, or macular degeneration?

If YES, check **ALL** that apply.

- I was diagnosed with this after I found out I had prostate cancer
- I use prescription medicine or eye drops for this now
- I have had surgery to treat this since I found out I had prostate cancer

Paralysis of one or more limbs?

If YES, check **ALL** that apply.

- I became paralyzed after I found out I had prostate cancer



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- Failing kidneys, renal failure, or end stage renal disease?**
[Do NOT include kidney stones, bladder infections, leaking urine, or incontinence.]

If YES, check ALL that apply.

- I was diagnosed with this after I found out I had prostate cancer
- I am taking prescription medicine for this now
- I am on dialysis now
- I have had another kind of treatment for this since I found out I had prostate cancer

- Lupus (SLE), rheumatoid arthritis, polio, polymyositis, polymyalgia, scleroderma, ankylosing spondylitis, or fibromyalgia?**

If YES, check ALL that apply.

- I was diagnosed with this after I found out I had prostate cancer
- I am taking prescription medicine for this now
- I have had another kind of treatment for this since I found out I had prostate cancer

- Alzheimer's disease, dementia, or senility?**

If YES, check ALL that apply.

- I was diagnosed with this after I found out I had prostate cancer
- I am taking prescription medicine for this now
- I have had another kind of treatment for this since I found out I had prostate cancer

- Parkinson's disease, tremors, cerebral palsy, or multiple sclerosis (MS)?**

If YES, check ALL that apply.

- I was diagnosed with this after I found out I had prostate cancer
- I am taking prescription medicine for this now
- I have had another kind of treatment for this since I found out I had prostate cancer

- Post traumatic stress disorder (PTSD)?**

If YES, check ALL that apply.

- I was diagnosed with this after I found out I had prostate cancer
- I am taking prescription medicine for this now
- I have had counseling (talk therapy) for this since I found out I had prostate cancer



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Has a doctor or health professional **EVER** told you that you have or had...

Depression or anxiety (diagnosed by a doctor or therapist)?

If YES, check **ALL** that apply.

- I was diagnosed with this after I found out I had prostate cancer
- I am taking prescription medicine for this now
- I have had counseling (talk therapy) for this since I found out I had prostate cancer

Skin Cancer?

If YES, check **ALL** that apply.

- I was diagnosed with this after I found out I had prostate cancer
- I have been checked for skin cancer since I found out I had prostate cancer
- I have had a melanoma

Leukemia?

If YES, check **ALL** that apply.

- I was diagnosed with this after I found out I had prostate cancer
- A doctor prescribed medicine or chemotherapy for this since I found out I had prostate cancer
- I had surgery for this since I found out I had prostate cancer
- I had radiation treatment for this since I found out I had prostate cancer
- I had another kind of treatment for this since I found out I had prostate cancer

Lymphoma, non-Hodgkin's lymphoma or Hodgkin's disease?

If YES, check **ALL** that apply.

- I was diagnosed with this after I found out I had prostate cancer
- A doctor prescribed medicine or chemotherapy for this since I found out I had prostate cancer
- I had surgery for this since I found out I had prostate cancer
- I had radiation treatment for this since I found out I had prostate cancer
- I had another kind of treatment for this since I found out I had prostate cancer



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- Has a doctor ever told you that you have any **OTHER** kind of cancer besides prostate cancer, skin cancer, leukemia, or lymphoma?

If YES, what kind of cancer was it?

(Write the kind of cancer in the box.)

- I don't know

If YES, check **ALL** that apply.

- I was diagnosed with this after I found out I had prostate cancer
- A doctor prescribed medicine or chemotherapy for this since I found out I had prostate cancer
- I had surgery for this since I found out I had prostate cancer
- I had radiation treatment for this since I found out I had prostate cancer
- I had another kind of treatment for this since I found out I had prostate cancer

Did you have **another** kind of cancer besides prostate cancer, skin cancer, leukemia, lymphoma, or the cancer listed above?

If YES, what kind of cancer was it?

(Write the kind of cancer in the box.)

- I don't know

If YES, check **ALL** that apply:

- I was diagnosed with this after I found out I had prostate cancer
- A doctor prescribed medicine or chemotherapy for this since I found out I had prostate cancer
- I had surgery for this since I found out I had prostate cancer
- I had radiation treatment for this since I found out I had prostate cancer
- I had another kind of treatment for this since I found out I had prostate cancer



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Have you ever been diagnosed or treated for any other **CHRONIC** health problems? We will ask you about urinary problems, sexual problems, and problems that may be related to your prostate cancer separately, so you don't need to write them in here.

First condition or disease:

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If YES, check **ALL** that apply.

- I was diagnosed with this after I found out I had prostate cancer
- I am taking prescription medicine for this now
- I have had another kind of treatment for this since I found out I had prostate cancer

Second condition or disease:

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If YES, check **ALL** that apply.

- I was diagnosed with this after I found out I had prostate cancer
- I am taking prescription medicine for this now
- I have had another kind of treatment for this since I found out I had prostate cancer

Third condition or disease:

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If YES, check **ALL** that apply.

- I was diagnosed with this after I found out I had prostate cancer
- I am taking prescription medicine for this now
- I have had another kind of treatment for this since I found out I had prostate cancer

If you have **NOT** been diagnosed with any **CHRONIC** health problem other than prostate cancer, please check the box below:

- I have not been diagnosed with any chronic health problem other than prostate cancer.

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The next questions are about your work and income. Your answers will help us understand how easy it is for you to get health care, and how prostate cancer has affected your life. All of your answers will be private, but if you don't want to answer a question you can skip it and go to the next one.

1. Which of the following best describes what you do now? Check ONE answer.

- Full time paid work
- Part time paid work
- Unemployed, looking for work
- Unemployed now, but have a job to return to
- Unable to work because of PROSTATE CANCER or treatment
- Unable to work because of OTHER HEALTH PROBLEMS
- Retired because of disability or illness due to PROSTATE CANCER or treatment
- Retired because of disability or illness due to OTHER HEALTH PROBLEMS
- Retired because of age
- Retired by choice
- I don't know
- Other (write your answer in the box)

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2. Since you were diagnosed with prostate cancer, have you worked full-time or part-time for pay for at least one month?

Include work for your own business or work on a farm that raises crops or animals for sale.

- Yes
- No (skip to question 3, on pg. 30.)
- I don't know

2a. How often did you usually get paid? Choose ONE answer.

- Every day
- Once a week
- Every two weeks
- Once a month or less often
- I didn't have a regular pay period
- I don't know



2b. Which of the following best describes the hours you usually worked at your main job or business? Choose ONE answer.

- A regular daytime shift (work anytime between 6 am and 6 pm)
- A regular evening shift (work anytime between 2 pm and midnight)
- A regular night shift (work anytime between 9 pm and 8 am)
- A rotating shift that changed from days to evenings or nights
- Another regular schedule
- No regular schedule
- I don't know

2c. Did your job pay for any health insurance?

- Yes
- No
- I don't know

2d. Did your job have paid sick leave?

- Yes
- No
- I don't know

2e. Did you miss any work because of your prostate cancer or prostate cancer treatment since you were diagnosed?

- Yes
- No
- I don't know

If YES, how much work did you miss? Choose ONE answer.

- Less than 1 week
- 1 - 2 weeks
- 3 - 4 weeks
- 5 - 6 weeks
- More than 6 weeks
- I don't know



2f. Did you miss any work because of other health problems since you found out you had prostate cancer?

- Yes
- No
- I don't know

If YES, how much work did you miss? Choose ONE answer.

- Less than 1 week
- 1 - 2 weeks
- 3 - 4 weeks
- 5 - 6 weeks
- More than 6 weeks
- I don't know

3. Since you were diagnosed with prostate cancer, did you have regular income (at least once a month) from any of the following? Check ALL that apply.

- | | |
|---|---|
| <input type="checkbox"/> Disability pay | <input type="checkbox"/> Rental property |
| <input type="checkbox"/> Worker's compensation | <input type="checkbox"/> Raising crops or animals for sale |
| <input type="checkbox"/> VA benefits | <input type="checkbox"/> Investment Income |
| <input type="checkbox"/> Social Security | <input type="checkbox"/> I don't know |
| <input type="checkbox"/> Pension or retirement plan | <input type="checkbox"/> Other (write your answer in the box) |
| <input type="checkbox"/> Supplemental Security Income (SSI) | |

4. Has your income gone UP, gone DOWN or stayed ABOUT THE SAME as it was before you had prostate cancer? Choose ONE answer.

- My income has gone UP
- My income has gone DOWN
- My income is ABOUT THE SAME
- I don't know



4a. If your income went DOWN, please check any reasons below that help explain why. Check ALL that apply.

- My hours were cut back or I had less work or fewer jobs to do
- I had to take a lower paying job- not by choice
- I was laid off or fired
- I worked less because of my PROSTATE CANCER or treatment
- I stopped working or retired because of my PROSTATE CANCER or treatment
- I worked less because of OTHER health problems
- I stopped working or retired because of OTHER health problems
- I took a lower paying job BY CHOICE
- I worked less or became semi-retired BY CHOICE
- I stopped working completely or retired BY CHOICE
- My social security, SSI, disability pay or other benefits went down
- My pension or retirement income went down
- My business or farm income went down
- My investment income went down
- I don't know
- Other (write your answer in the box)

5. How long could you go without a paycheck, benefit check or other income before it would be a serious problem for you? Choose ONE answer.

- Less than 1 week 3 - 4 months
- 1 - 2 weeks 5 - 6 months
- 3 - 4 weeks More than 6 months
- 1 month I don't know
- 2 months



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6. What is your current annual household income before you pay taxes? Count all kinds of income, including government benefits like Social Security, as well as (work or farm income, and include your own income and any other person's income that goes toward your household expenses. Choose ONE answer.

- Less than \$10,400 a year.... (or less than \$867 a month)
- \$10,401 - \$14,000 a year.... (or \$868 - \$1,167 a month)
- \$14,001 - \$17,600 a year.... (or \$1,168 - \$1,467 a month)
- \$17,601 - \$21,200 a year.... (or \$1,468 - \$1,767 a month)
- \$21,201 - \$24,800 a year.... (or \$1,768 - \$2,067 a month)
- \$24,801 - \$28,400 a year.... (or \$2,068 - \$2,367 a month)
- \$28,401 - \$32,000 a year.... (or \$2,368 - \$2,667 a month)
- \$32,001 - \$35,600 a year.... (or \$2,668 - \$2,967 a month)
- \$35,601 - \$39,200 a year.... (or \$2,968 - \$3,267 a month)
- \$39,201 - \$45,000 a year (or \$3,268 - \$3,750 a month)
- \$45,001 - \$50,000 a year.... (or \$3,751 - \$4,167 a month)
- \$50,001 - \$55,000 a year.... (or \$4,168 - \$4,583 a month)
- \$55,001 - \$60,000 a year.... (or \$4,584 - \$5,000 a month)
- \$60,001 - \$70,000 a year.... (or \$5,001 - 5,833 a month)
- \$70,001 - \$80,000 a year.... (or \$5,834 - \$6,667 a month)
- \$80,001 or more a year.... (or \$6,668 or more a month)
- I don't know

7. Including yourself, how many people are supported by this income? Choose ONE answer.

- 1 person, I am the only person supported by this income
- 2 people
- 3 people
- 4 people
- 5 people
- 6 people
- 7 people
- 8 people
- 9 or more people
- I don't know



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The next questions are about health insurance and health benefits. We are asking these questions because health insurance and the amount you have to pay for health care may affect the kind of care and treatment you get for your prostate cancer, and may affect your health and well-being overall. All of your answers will be private. We will NOT contact your insurance company or tell them any of your answers. We hope you will answer all of these questions, but if you don't want to answer a question you can skip it and go on to the next one.

1. **Think about the time between your prostate cancer diagnosis and now. During that time, did you have health insurance or health benefits ALL of the time, NONE of the time, or PART of the time? *Include Medicare, Medicaid, or other public assistance programs, military insurance, or VA health benefits, private insurance (through a job or union or that you paid for yourself), and any other kind of health insurance you might have.***

I had health insurance or benefits...

- ALL of the time (skip to question 2, on page 35.)
- NONE of the time (skip to question 13, on page 38.)
- PART of the time (answer the next questions)
- I don't know (answer the next questions)

- 1a. **Did you have any kind of health insurance or health benefits when you were diagnosed with prostate cancer?**

- Yes
- No
- I don't know

- 1b. **Do you have any kind of health insurance or health benefits now?**

- Yes
- No
- I don't know



1c. Since you were diagnosed with prostate cancer, how long did you go WITHOUT any kind of health insurance or health benefits?

- Less than one month
- 1 - 3 months
- 4 - 6 months
- 7 - 9 months
- 10 - 12 months
- More than 1 year to 1-1/2 years
- More than 1-1/2 years to 2 years
- More than 2 years
- I don't know

1d. Do any of the reasons below explain why you did not have health insurance or health benefits for part of the time since you were diagnosed with prostate cancer? Check ALL that apply.

- I couldn't afford to pay for it
- I was insured through work, but then lost or changed my job
- I was insured through work, but my job stopped paying for insurance
- I was insured through a family member, but they lost or changed their job
- I was insured through a family member, but their job stopped paying for insurance
- I was insured through a family member, but they took me off their policy
- I was insured through a family member, but they passed away
- My insurance company refused coverage or dropped me
- My insurance company went out of business or left my community
- I stopped qualifying for the insurance I had because my income was too high
- I don't know
- Other (write your answer in the box)

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2. Since you were diagnosed with prostate cancer, have you had any of the government-sponsored health insurance plans on the list below? Check ALL that apply.

- Medicare Plan A (hospital insurance, no cost for people on Social Security)
- Medicare Plan B (medical insurance for doctor services, outpatient care and some screening exams, most people pay a monthly premium)
- Medicare Plan D (Medicare prescription drug plan for people with Medicare Plan A or B)
- Medi-Gap (supplemental private insurance for people that also have Medicare Plan A AND Medicare Plan B)
- Medicare Advantange, Medicare Plus Choice or another privately administered Medicare insurance plan that covers hospital and outpatient fees.
- Medicare Savings Program or Medicare-Aid
- Medicare, but not sure what kind
- Medicaid
- Community Care of North Carolina/ North Carolina Access plans
(Access Care, Access III of Lower Cape Fear, Carolina Collaborative Community Care, Community Care Partners of Greater Mecklenburg, Community Care Program of Eastern Carolina, Northern Piedmont Community Care, Sandhills Community Care Network)
- State-sponsored health plan for state employees, such as the North Carolina State Health Plan
- Federal Employee Health Benefits Insurance
- Other government-sponsored insurance
- I don't know

3. Since you were diagnosed with prostate cancer, have you had any of the MILITARY or VA health insurance plans or benefits on the list below? Check ALL that apply.

- TRICARE Prime
- TRICARE Extra
- TRICARE Standard
- TRICARE for Life
- TRICARE, but not sure what kind
- CHAMP - VA
- VA Health Care - WITHOUT co-payments for exams
- VA Health Care - WITH co-payments for exams
- VA Health Care - but not sure about co-payments
- Other military health care
- I don't know



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4. Since you were diagnosed with prostate cancer, have you had PRIVATE health insurance other than a privately administered Medicare or Medicaid Plan? Check ALL that apply.

- Private insurance COMPLETELY paid for by your job, union or professional organization
- Private insurance PARTLY paid for by your job, union, or professional organization
- Private insurance COMPLETELY paid for by a family member's job, union, or professional organization
- Private insurance PARTLY paid for by a family member's job, union or professional organization
- Private insurance COMPLETELY paid for by you or a family member
- I don't know
- Some other private insurance (write your answer in the box)

5. Since you were diagnosed with prostate cancer, have you had any of the SINGLE SERVICE health insurance plans on the list below? Check ALL that apply.

- Insurance that only pays for dental or vision care
- Insurance that only pays for cancer care or treatment
- Insurance that only pays for prescriptions (other than Medicare Plan D)
- Insurance that only pays for nursing home care, hospice care, or long-term care
- Insurance that only pays for accidents or injuries
- Insurance that only pays for some other single service
- I don't know

6. Since you were diagnosed with prostate cancer, did you have any OTHER kind of health insurance, besides something you already checked on one of the lists above?

- Yes
- No
- I don't know

6a. If YES, what kind of insurance was it?

- I don't know



7. Did you change your insurance or start a new health insurance plan since you were diagnosed with prostate cancer?

- Yes
- No
- I don't know

7a. If YES, Check ANY of the reasons below that help explain why.

- I could afford to pay for health insurance that I didn't have before
- A family member added me to their health insurance plan
- I became eligible for new or different insurance because of age
- I became eligible for new or different insurance because of illness or disability
- I became eligible for new or different insurance because of a job change
- I became eligible for new or different insurance because of my income
- My employer or union changed insurance plans or offered a new plan
- I am insured through a family member, and they became eligible for a new or different insurance plan
- My family member's employer or union changed insurance plans or offered a new plan
- I started an insurance plan with lower premiums
- I started an insurance plan with lower out of pocket costs or copays
- I started an insurance plan with prescription drug benefits
- I started an insurance plan with new benefits or coverage I didn't have before
- I don't know
- Other (write your answer in the box)

The next questions are about the health insurance or health benefits you have NOW. If you do NOT have health insurance or benefits now, think about the last health insurance plan you had.

8. Do you have to get a referral from your primary doctor to see a specialist?

- Yes
- No
- I don't know



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9. Does your insurance or health benefits plan cover any of the costs of prescription medicines?

- Yes
- No
- I don't know

10. Does your insurance or health benefits plan make you to go to a specific doctor or clinic?

- Yes (skip to question 13)
- No (continue answering the next questions)
- I don't know (continue answering the next questions)

11. Do you pay less if you go to a doctor from a specific group or list of doctors?

- Yes
- No
- I don't know

12. Do you ever have trouble finding a doctor that will accept your insurance?

- Yes
- No
- I don't know

13. About how much money have you paid out of your own pocket for your medical care since you were diagnosed with prostate cancer?

Include money for doctors, dentists, eye glasses, hearing aides, and medicine. Choose ONE answer.

- | | |
|--|--|
| <input type="checkbox"/> Less than \$500 | <input type="checkbox"/> \$12,000 - \$13,999 |
| <input type="checkbox"/> \$500 - \$999 | <input type="checkbox"/> \$14,000 - \$15,999 |
| <input type="checkbox"/> \$1,000 - \$1,999 | <input type="checkbox"/> \$16,000 - \$17,999 |
| <input type="checkbox"/> \$2,000 - \$2,999 | <input type="checkbox"/> \$18,000 - \$19,999 |
| <input type="checkbox"/> \$3,000 - \$4,999 | <input type="checkbox"/> \$20,000 - \$24,999 |
| <input type="checkbox"/> \$5,000 - \$6,999 | <input type="checkbox"/> \$25,000 - \$29,999 |
| <input type="checkbox"/> \$7,000 - \$9,999 | <input type="checkbox"/> \$30,000 or more |
| <input type="checkbox"/> \$10,000 - \$11,999 | <input type="checkbox"/> I don't know |



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16. Since you were diagnosed with prostate cancer, was there any time you needed any of the following, but couldn't afford to get it? **Check ALL that apply.**

- Prescription medicine for your prostate cancer
- Shots or injections for your prostate cancer
- Other treatments for your prostate cancer
- Exams or tests to check your prostate cancer
- Routine check-ups or physical exams
- Prescription medicine for OTHER health problems
- Health care for OTHER health problems, including exams or tests
- Mental health care or counseling
- Dental care, including check-ups and routine teeth cleaning
- Eyeglasses
- I don't know

17. How long has it been since you last saw a dentist? Include all types of dentists. Choose **ONE** answer.

- Less than 1 year ago
- 1 to 2 years ago
- 2 to 5 years ago
- More than 5 years ago
- I don't know
- I have never been to a dentist



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If you would have sexual side-effects like erectile dysfunction (ED) or impotence

- 0 - I did not know about this when I was deciding about my treatment
- 1 - NOT AT ALL important
- 2 - A LITTLE important
- 3 - IMPORTANT
- 4 - VERY important
- 5 - EXTREMELY important

If you would have side-effects that would affect your bowel habits or control

- 0 - I did not know about this when I was desciding about my treatment
- 1 - NOT AT ALL important
- 2 - A LITTLE important
- 3 - IMPORTANT
- 4 - VERY important
- 5 - EXTREMELY important

If the treatment would affect your masculinity or manhood

- 0 - I did not know about this when I was desciding about my treatment
- 1 - NOT AT ALL important
- 2 - A LITTLE important
- 3 - IMPORTANT
- 4 - VERY important
- 5 - EXTREMELY important

If you would have other side-effects

- 0 - I did not know about this when I was desciding about my treatment
- 1 - NOT AT ALL important
- 2 - A LITTLE important
- 3 - IMPORTANT
- 4 - VERY important
- 5 - EXTREMELY important

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2. The Gleason score or "grade" of a prostate cancer describes how different the cancer cells are from normal cells. Do you know what grade your prostate cancer was when you were diagnosed?

- Yes (if yes, write the grade in the box)
- No

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3. The "stage" of a man's prostate cancer describes how big the cancer is and whether it has spread. Do you know what stage your prostate cancer was when you were diagnosed?

- Yes (if yes, write the stage in the box)
- No

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4. Between you and your doctor, who was mostly responsible for deciding what to do about your prostate cancer when you were first diagnosed?
Choose ONE answer.

- I was mostly responsible for deciding what to do
- My doctor and I were both responsible
- My doctor was mostly responsible for deciding what to do
- I don't know

5. Since you were diagnosed with prostate cancer, have you ever talked to a psychologist, psychiatrist or counselor about your prostate cancer or your treatment ?

- Yes
- No
- I don't know

5a. If YES, how many times have you talked to a psychologist, psychiatrist or counselor about your prostate cancer or treatment?

- Once
- Twice
- 3 - 4 times
- 5 - 6 times
- More than 6 times
- I don't know



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6. Have you ever talked to a social worker, patient advocate or "navigator" about your prostate cancer or your treatment?

- Yes
- No
- I don't know

6a. If YES, how many times have you talked to a social worker, patient advocate or "navigator" about your prostate cancer or treatment?

- Once
- Twice
- 3 - 4 times
- 5 - 6 times
- More than 6 times
- I don't know

7. Have you ever been to a prostate cancer support group meeting?

- Yes
- No
- I don't know

7a. If YES, how many times have you been to a prostate cancer support group meeting?

- Once
- Twice
- 3 - 4 times
- 5 - 6 times
- More than 6 times
- I don't know

7b. If YES, would you recommend prostate cancer support group meetings to other prostate cancer patients?

- Yes
- No
- I don't know

7c. If YES, are you involved in a prostate cancer support group now?

- Yes
- No
- I don't know



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8. Have you gotten information about prostate cancer from internet websites?

- Yes
- No
- I don't know

8a. If YES, where did you use a computer for this? Check ALL that apply.

- At work
- At home
- At a library
- At a Senior Center
- At a friend or relative's house or job
- I don't know
- Some other place (write your answer in the box)

9. Have you gotten information about prostate cancer from a book or books?

- Yes
- No
- I don't know

9a. If YES, where did you get the book or books about prostate cancer? Check ALL that apply.

- From a bookstore
- From a library
- From a doctor or other healthcare provider
- From a friend or relative
- From a patient support group
- I don't know
- From some other place (write your answer in the box)



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10. Since you were diagnosed, have you gotten information about prostate cancer from scientific journals?

- Yes
- No
- I don't know

10a. If YES, how did you get the information from scientific journals? Check ALL that apply.

- I read it at a library
- I read it online
- I read it at a doctor's office
- A doctor or other healthcare provider gave it to me
- A friend or relative gave it to me
- I got it from a patient support group
- I have a subscription
- I don't know
- Other (write your answer in the box)

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11. Have you gotten information about prostate cancer from any of the other sources listed below? Check ALL that apply.

- Advertisements on TV or in magazines
- Newspapers or magazine articles
- TV or radio programs
- A church, temple, or mosque
- A barbershop
- A community health fair or talk
- Newsletters from patient advocate groups or prostate cancer support groups
- Newsletters from research groups
- Newsletters from hospitals or doctor's



12. How much do you agree or disagree with the following statements about the treatment decisions you made when you were first diagnosed with prostate cancer? Please choose a number from 1 to 5, where 1 means you Strongly DISAGREE and 5 means you Strongly AGREE with the statement.

I had all the information I needed to make a decision about treatment.

1 2 3 4 5
Strongly DISAGREE < _____ Don't Agree or _____ > Strongly AGREE
Disagree

My doctors told me the whole story about side effects of treatment.

1 2 3 4 5
Strongly DISAGREE < _____ Don't Agree or _____ > Strongly AGREE
Disagree

I knew the right questions to ask the doctor about treatment.

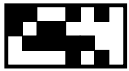
1 2 3 4 5
Strongly DISAGREE < _____ Don't Agree or _____ > Strongly AGREE
Disagree

I had enough time to make a decision about treatment.

1 2 3 4 5
Strongly DISAGREE < _____ Don't Agree or _____ > Strongly AGREE
Disagree

I am satisfied with the treatment choices I made.

1 2 3 4 5
Strongly DISAGREE < _____ Don't Agree or _____ > Strongly AGREE
Disagree



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13. Do you still have prostate cancer?

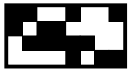
- Yes
- No
- I don't know

14. How worried are you about dying from prostate cancer? Choose a number from 1 to 5, where 1 means you are NOT AT ALL worried about this, and 5 means you are EXTREMELY worried about this.

- 1 2 3 4 5
- NOT AT ALL worried _____ > EXTREMELY worried

15. Given all that you know about prostate cancer and the treatment you have had or will receive, how likely do you think it is that you might die from prostate cancer? Choose a number from 1 to 5, where 1 means you think it is NOT AT ALL likely, and 5 means you think it is EXTREMELY likely.

- 1 2 3 4 5
- NOT AT ALL likely _____ > EXTREMELY likely



The next questions are about your prostate cancer treatment and other health care since you were diagnosed with prostate cancer.

1. Since you were diagnosed, have you had any of the following treatments for your prostate cancer? Check ALL that apply.

- Surgery to remove my prostate (Prostatectomy)
- Radiation (External beam radiation therapy)
- Pills or shots (Hormone Therapy)
- Seed implants (Brachytherapy)
- Freezing (Cryotherapy)
- High frequency ultrasound (HIFU)
- Castration surgery (Orchiectomy)
- Chemotherapy
- Treatment or medicine as part of a clinical trial
- Watchful Waiting, Active Surveillance or Expectant Management
- I don't know
- Other treatment (write your answer in the box)

1a. How many times did you go to the doctor to get your treatment(s)?

- | | |
|--|---|
| <input type="checkbox"/> I have not had any prostate cancer treatments | <input type="checkbox"/> 12 - 15 times |
| <input type="checkbox"/> 1 time | <input type="checkbox"/> 16 - 20 times |
| <input type="checkbox"/> 2 - 3 times | <input type="checkbox"/> 21 - 25 times |
| <input type="checkbox"/> 4 - 5 times | <input type="checkbox"/> 26 - 30 times |
| <input type="checkbox"/> 6 - 7 times | <input type="checkbox"/> More than 30 times |
| <input type="checkbox"/> 8 - 9 times | <input type="checkbox"/> I don't know |
| <input type="checkbox"/> 10 - 11 times | |



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1b. How many other times did you go to the doctor about your prostate cancer? This would include visits for planning your treatment, to have tests (blood work, X-rays, etc...), or to talk about side effects.

- 0 times (skip to question 18, on page 60)
- 1 time
- 2 - 3 times
- 4 - 5 times
- 6 - 7 times
- 8 - 9 times
- 10 - 11 times
- 12 or more times
- I don't know

2. How long has it been since you last saw a doctor for follow-up or treatment of your prostate cancer? Choose ONE answer.

- Less than 1 month
- 1 - 2 months
- 3 - 4 months
- 5 - 6 months
- 7 - 8 months
- 9 - 10 months
- 11 - 12 months
- 1 to 1-1/2 years
- 1-1/2 to 2 years
- More than 2 years
- I don't know



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3. What kind of place do you usually go to for prostate cancer follow-up or treatment?

Choose ONE answer

- Doctor's office or group practice
- Public health clinic or community health center
- Emergency Room
- Urgent Care Center
- VA
- Military healthcare facility (other than VA)
- No usual place
- I don't know
- Some other place (write your answer in the box)

3a. How long does it usually take you to travel there? If you go to more than one place, think about the place you usually go now. Choose ONE answer.

- Less than 15 minutes
- 15 - 30 minutes
- 31 - 60 minutes
- More than 1 hour but less than 2 hours
- 2 - 4 hours
- More than 4 hours
- I don't know

3b. How do you usually get there? Check ALL that apply.

- I walk there
- I drive myself there
- A friend, neighbor or relative drives me there
- I take a taxi or pay someone to drive me there
- I take a public bus to get there
- I use a special service for people that need to go to the doctor
- I don't know

4. When you see someone about your prostate cancer or prostate cancer treatment, do you usually see the same medical person at each visit, or a different person at each visit?

Choose ONE answer.

- I usually see the same person at each visit
- I usually see a different person at each visit
- I don't know



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5. What kind of doctor or health professional is the **MOST** responsible for monitoring or treating your prostate cancer **now**? Choose **ONE** answer.

- A primary care or family doctor
- A urologist
- A radiation oncologist
- A medical oncologist
- Another kind of specialist
- A nurse, Nurse Practitioner or Physician's Assistant
- No one is monitoring or treating my prostate cancer now
- I don't know
- Other (write your answer in the box)

--

5a. Is this the same doctor who did the biopsy to diagnose your prostate cancer?

- Yes
- No
- I don't know

5a1. If **NO**, have you had an office visit with the doctor who diagnosed your prostate cancer **in the last 12 months**?

- Yes
- No
- I don't know

5b. Is this the first doctor who treated or monitored your prostate cancer after you were diagnosed? Choose **ONE** answer?

- Yes
- No
- I don't know

5b1. If **NO**, have you had an office visit with the first doctor who treated or monitored your prostate cancer **in the last 12 months**?

- Yes
- No
- I don't know



Five empty rectangular boxes for QID entry

6. Have you talked to any other doctors or health professionals about your prostate cancer or prostate cancer treatment?

- Yes
- No
- I don't know

6a. If YES, what other kinds of doctors or health care professionals have you talked to about your prostate cancer or treatment? Check ALL that apply.

- A urologist
- A radiation oncologist
- A medical oncologist
- A primary care or family doctor
- A specialist that you see for other health problems
- A nurse, Nurse Practitioner or Physician's Assistant
- A psychologist, psychiatrist or counselor
- I don't know
- Other (write your answer in the box)

Empty rectangular box for 'Other' answer

7. Has the clinic or doctor that you usually go to for prostate cancer follow-up or treatment changed?

- Yes
- No
- I don't know

7a. If YES, was it for any of the following reasons? Check ALL that apply.

- My insurance required it
- To cut costs
- To get better care
- To get a specific kind of treatment
- I didn't need to see a specialist any more
- I didn't like the doctor I was seeing
- I didn't like the clinic staff
- I had to wait too long at the doctor's office
- I couldn't get an appointment when I needed one
- My old doctor or clinic was too far away
- I don't know
- Other (write your answer in the box)

Empty rectangular box for 'Other' answer



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8. Have you had any injections or shots to treat your prostate cancer?

- Yes
- No
- I don't know

8a. If YES, were you given the shots at your doctor's office, did you have to buy the shots at a pharmacy and take them to your doctor's office, or did you have to go somewhere else to have the shots? Check ALL that apply.

- They gave me the shots at the doctor's office
- I had to buy the shots from a pharmacy first and then take them to the doctor's office
- I had to go to a hospital or some other place to have the shots
- I don't know



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10. Since you were diagnosed, have you had any of the following procedures or tests? **Check ALL that apply.**

- A trans-rectal ultrasound examination of your prostate
- A procedure where a doctor passed a tube through your penis to remove enlarged prostate tissue, sometimes called a TURP
- An exam where a doctor passed a tube through your penis to look at your bladder, sometimes called a cystoscopy
- A blood test to check your testosterone (male hormone) level
- Bone Scan
- ProstaScint scan
- MRI
- CT scan
- Chest X-ray
- Lymph node biopsy
- Bone biopsy
- I don't know

11. Since you were diagnosed, have you participated in any clinical trials to test new prostate cancer treatments? **Choose ONE answer.**

- Yes, one clinical trial
- Yes, more than one clinical trial
- No
- I don't know

12. Since you were diagnosed with prostate cancer, how many **follow-up** PSA tests have you had? **Do NOT count PSA tests you had before the biopsy to diagnose your prostate cancer. Choose ONE answer.**

- None 6
- 1 7
- 2 8
- 3 More than 8
- 4 I don't know
- 5



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13. How long has it been since your last PSA test? Choose ONE answer.

- | | |
|--|--|
| <input type="checkbox"/> Less than 1 month | <input type="checkbox"/> 11 - 12 months |
| <input type="checkbox"/> 1 - 2 months | <input type="checkbox"/> 1 - 1-1/2 years |
| <input type="checkbox"/> 3 - 4 months | <input type="checkbox"/> 1-1/2 - 2 years |
| <input type="checkbox"/> 5 - 6 months | <input type="checkbox"/> More than 2 years |
| <input type="checkbox"/> 7 - 8 months | <input type="checkbox"/> I don't know |
| <input type="checkbox"/> 9 - 10 months | |

14. Do you know what your PSA level was the last time you were tested?

- Yes
 No

14a. If YES, write your PSA level in the box.

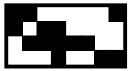
--

14b. Did your doctor say your PSA level had gone up since your last test?

- Yes
 No
 I don't know

15. Since you were diagnosed with prostate cancer, how many Digital Rectal Exams (DRE) have you had? This is an exam where a doctor puts a gloved finger in your rectum to feel your prostate gland. Don't count exams that you had before the biopsy to diagnose your prostate cancer. Choose ONE answer.

- | | |
|-------------------------------|---------------------------------------|
| <input type="checkbox"/> None | <input type="checkbox"/> 6 |
| <input type="checkbox"/> 1 | <input type="checkbox"/> 7 |
| <input type="checkbox"/> 2 | <input type="checkbox"/> 8 |
| <input type="checkbox"/> 3 | <input type="checkbox"/> More than 8 |
| <input type="checkbox"/> 4 | <input type="checkbox"/> I don't know |
| <input type="checkbox"/> 5 | |



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16. How long has it been since your last Digital Rectal Exam (DRE)?

Choose ONE answer

- | | |
|--|--|
| <input type="checkbox"/> Less than 1 month | <input type="checkbox"/> 11 - 12 months |
| <input type="checkbox"/> 1 - 2 months | <input type="checkbox"/> 1 - 1-1/2 years |
| <input type="checkbox"/> 3 - 4 months | <input type="checkbox"/> 1-1/2 - 2 years |
| <input type="checkbox"/> 5 - 6 months | <input type="checkbox"/> More than 2 years |
| <input type="checkbox"/> 7 - 8 months | <input type="checkbox"/> I don't know |
| <input type="checkbox"/> 9 - 10 months | |

16a. Was your doctor concerned about the results of your last Digital Rectal Exam (DRE)?

- Yes
 No
 I don't know

17. Since you were diagnosed with prostate cancer, have you had a follow-up biopsy of your prostate taken with a needle through your rectum? Do NOT count the biopsy that was used to diagnose your prostate cancer or any biopsies before that one.

- Yes
 No
 I don't know

17a. If YES, how many follow-up prostate biopsies have you had since your diagnosis?

Choose ONE answer.

- | | |
|-------------------------------|---------------------------------------|
| <input type="checkbox"/> None | <input type="checkbox"/> 4 |
| <input type="checkbox"/> 1 | <input type="checkbox"/> 5 or more |
| <input type="checkbox"/> 2 | <input type="checkbox"/> I don't know |
| <input type="checkbox"/> 3 | |

17b. How long has it been since your last follow-up biopsy? Choose ONE answer.

- | | |
|--|--|
| <input type="checkbox"/> Less than 1 month | <input type="checkbox"/> 11 - 12 months |
| <input type="checkbox"/> 1 - 2 months | <input type="checkbox"/> 1 - 1-1/2 years |
| <input type="checkbox"/> 3 - 4 months | <input type="checkbox"/> 1-1/2 - 2 years |
| <input type="checkbox"/> 5 - 6 months | <input type="checkbox"/> More than 2 years |
| <input type="checkbox"/> 7 - 8 months | <input type="checkbox"/> I don't know |
| <input type="checkbox"/> 9 - 10 months | |



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17c. What did your most recent follow-up biopsy show? Choose ONE answer.

- The biopsy was normal, with no sign of cancer
- The biopsy showed that the cancer was not as bad as before
- The biopsy showed that the cancer was the same as before
- The biopsy showed that the cancer had gotten worse
- The biopsy showed that the cancer came back
- I haven't gotten the results from my doctor yet
- I don't know

18. Since you were diagnosed, have you seen a doctor for health problems or routine check-ups NOT related to your prostate cancer?

- Yes
- No (skip to question 22, on page 62)
- I don't know

18a. If YES, since you were diagnosed, how many times did you visit a doctor for health problems or routine check-ups NOT related to your prostate cancer? Choose ONE answer.

- 1 time
- 2 - 3 times
- 4 - 5 times
- 6 - 7 times
- 8 - 9 times
- 10 - 11 times
- 12 or more times
- I don't know

19. When you visit a doctor or clinic for health problems or routine check-ups not related to prostate cancer, do you see a particular doctor, nurse, or other medical person there, or do you see a different person each visit?

- I usually see the same person at each visit
- I usually see a different person at each visit
- I don't know

19a. Is this the same person you usually see for your prostate cancer or prostate cancer treatment? Choose ONE answer.

- Yes
- No
- I don't know



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20. When you have other health problems or need check-ups NOT related to prostate cancer, do you go to the same office or clinic that you go to for prostate cancer check-ups or treatment? Choose ONE answer.

- Yes (skip to question 21, on page 62)
- No
- I don't know

20a. If NO, what kind of place do you usually go when you are sick or need routine care or check-ups not related to your prostate cancer? Choose ONE answer.

- Doctor's office or group practice
- Public health clinic or community health center
- Emergency Room
- Urgent Care Center
- VA
- Military healthcare facility (other than the VA)
- No usual place
- I don't know
- Some other place (write your answer in the box)

--

20b. How long does it usually take you to get there? If you go to more than one place, think about the place you usually go now. Choose ONE answer.

- Less than 15 minutes
- 15 - 30 minutes
- 31 - 60 minutes
- More than 1 hour but less than 2 hours
- 2 - 4 hours
- More than 4 hours
- I don't know

20c. How do you usually get there? Check ALL that apply.

- I walk there
- I drive myself there
- A friend, neighbor or relative drives me there
- I take a taxi or pay someone to drive me there
- I take a public bus to get there
- I use a special service for people that need to go to the doctor
- I don't know



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21. Since you were diagnosed with prostate cancer, have you changed the place you usually go for routine care or health problems other than prostate cancer?

- Yes
- No
- I don't know

21a. If YES, was this change for any of the following reasons? Check ALL that apply.

- My insurance required it
- To cut costs
- To get better care
- To get a specific kind of treatment
- I didn't like the doctor I was seeing
- I didn't like the clinic staff
- I had to wait too long at the doctor's office
- I couldn't get an appointment when I needed one
- My old doctor or clinic was too far away
- I don't know
- Other (write your answer in the box)

22. Since you were diagnosed with prostate cancer, have you had any of the following? Check ALL that apply.

- A flu shot or a flu vaccine sprayed in your nose
- A routine physical exam
- A test for blood in your stool to screen for colon cancer
- A colonoscopy or sigmoidoscopy exam to screen for colon cancer
- A test for diabetes or high blood sugar
- A blood pressure test
- A cholesterol test
- A bone mineral density test for osteoporosis (brittle bones)
- A test or tests to check for liver problems
- A "stress test" (EKG to check for heart disease)



The next statements are about the doctor or clinic that has been most responsible for the treatment or follow-up of your prostate cancer since you were diagnosed. This could be a prostate cancer specialist, or it could be your regular family doctor or some other kind of doctor. If you have changed doctors since you were diagnosed, think about the doctor that is most responsible for your prostate cancer care and follow-up now.

Please choose a number from 1 to 5 to show how happy or unhappy you are with each of the following, where 1 means Very UNHAPPY and 5 means Very HAPPY.

How Unhappy or Happy are you with ...

The thoroughness of your doctor's questions about your symptoms and how you are feeling.

1 2 3 4 5
Very UNHAPPY < _____ Not Unhappy _____ > Very HAPPY
or Happy

The attention your doctor gives to what you have to say.

1 2 3 4 5
Very UNHAPPY < _____ Not Unhappy _____ > Very HAPPY
or Happy

Your Doctor's explanation of your health problems or treatments that you need.

1 2 3 4 5
Very UNHAPPY < _____ Not Unhappy _____ > Very HAPPY
or Happy

Your Doctor's instructions about symptoms to report and when to seek further care.

1 2 3 4 5
Very UNHAPPY < _____ Not Unhappy _____ > Very HAPPY
or Happy

Your Doctor's advice and help in making decisions about your care.

1 2 3 4 5
Very UNHAPPY < _____ Not Unhappy _____ > Very HAPPY
or Happy

Your Doctor's knowledge of your entire medical history.

1 2 3 4 5
Very UNHAPPY < _____ Not Unhappy _____ > Very HAPPY
or Happy



How Unhappy or Happy are you with...

Your Doctor's knowledge of your responsibilities at work or home.

1 2 3 4 5
Very UNHAPPY < _____ Not Unhappy _____ > Very HAPPY
or Happy

Your Doctor's knowledge of what worries you most about your health.

1 2 3 4 5
Very UNHAPPY < _____ Not Unhappy _____ > Very HAPPY
or Happy

Your Doctor's knowledge of you as a person (your values and beliefs).

1 2 3 4 5
Very UNHAPPY < _____ Not Unhappy _____ > Very HAPPY
or Happy

The amount of time your doctor spends with you.

1 2 3 4 5
Very UNHAPPY < _____ Not Unhappy _____ > Very HAPPY
or Happy

Your Doctor's patience with your questions or worries.

1 2 3 4 5
Very UNHAPPY < _____ Not Unhappy _____ > Very HAPPY
or Happy

Your Doctor's friendliness and warmth toward you.

1 2 3 4 5
Very UNHAPPY < _____ Not Unhappy _____ > Very HAPPY
or Happy

Your Doctor's caring and concern for you.

1 2 3 4 5
Very UNHAPPY < _____ Not Unhappy _____ > Very HAPPY
or Happy

Your Doctor's respect for you.

1 2 3 4 5
Very UNHAPPY < _____ Not Unhappy _____ > Very HAPPY
or Happy



How **HAPPY** or **UNHAPPY** are you with each of the things below? Please choose a number from 1 to 5, where 1 means Very UNHAPPY, and 5 means Very HAPPY.

The overall quality of the care you get for your prostate cancer

1 2 3 4 5
Very UNHAPPY < _____ Not Unhappy _____ > Very HAPPY
or Happy

The overall quality of the care you get for OTHER health problems

1 2 3 4 5
Very UNHAPPY < _____ Not Unhappy _____ > Very HAPPY
or Happy

How much you understand about your prostate cancer

1 2 3 4 5
Very UNHAPPY < _____ Not Unhappy _____ > Very HAPPY
or Happy

Your ability to manage and deal with your prostate cancer

1 2 3 4 5
Very UNHAPPY < _____ Not Unhappy _____ > Very HAPPY
or Happy

How much does your doctor tell you about your prostate cancer and what he or she is doing to treat or monitor it? Choose a number from 1 to 5 where 1 means your doctor tells you **NOTHING AT ALL** and 5 means your doctor tells you **A GREAT DEAL**.

1 2 3 4 5
NOTHING AT ALL _____ > A GREAT DEAL

How much do you tell your doctor about concerns you might be having about your prostate cancer or your prostate cancer treatment? Choose a number from 1 to 5 where 1 means you tell your doctor **NOTHING AT ALL** and 5 means you tell your doctor **A GREAT DEAL**.

1 2 3 4 5
NOTHING AT ALL _____ > A GREAT DEAL



The next questions are about your health and the quality of your life as a prostate cancer survivor. We know that many of these questions are personal, but your answers are important to help us understand why life is better for some men with prostate cancer than it is for others. Remember, ALL of your answers are private and confidential, but if you don't want to answer a question you can skip it and go on to the next one.

1. Since you were diagnosed with prostate cancer, have you had any problems with urination?

- Yes
- No (skip to question 2)
- I don't know

1a. If YES, have you had any of the problems listed below? Check ALL that apply.

- Difficulty passing urine
- Frequent or urgent urination
- Problems with leaking urine (incontinence)
- Pain during urination
- Blood in urine
- I don't know
- Other urination problem (write your answer in the box)

--

1b. At its worst, how big a problem has urination been for you since you were diagnosed with prostate cancer? Choose a number from 1 to 5, where 1 means it was NO PROBLEM at all and 5 means it was a BIG PROBLEM.

- 1 2 3 4 5
 NO PROBLEM _____ > BIG PROBLEM

1c. Have you talked to a doctor about problems with urination since you were diagnosed with prostate cancer?

- Yes
- No
- I don't know

1d. Did you have a problem with urination BEFORE you were diagnosed with prostate cancer?

- Yes
- No
- I don't know



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1e. If YES, at its worst, how big a problem was urination for you BEFORE you were diagnosed with prostate cancer? Choose a number from 1 to 5, where 1 means it was NO PROBLEM at all and 5 means it was a BIG PROBLEM

1 2 3 4 5
NO PROBLEM _____ > BIG PROBLEM

2. Since your were diagnosed with prostate cancer, have you had any problems with erections or your sexual function?

- Yes
- No (skip to question 3)
- I don't know

2a. If YES, at its worst, how big a problem has this been since you were diagnosed with prostate cancer? Choose a number from 1 to 5, where 1 means it was NO PROBLEM at all and 5 means it was a BIG PROBLEM.

1 2 3 4 5
NO PROBLEM _____ > BIG PROBLEM

2b. Have you talked to a doctor about problems with erections or sexual function since you were diagnosed with prostate cancer?

- Yes
- No
- I don't know

2c. Has a doctor offered you medicine or other treatments for problems with sexual function since you were diagnosed with prostate cancer?

- Yes
- No
- I don't know

3. Since you were diagnosed with prostate cancer, have you tried pills to help with sexual function, such as Viagra, Cialis, or Levitra?

- Yes
- No (skip to question 4)
- I don't know

3a. If YES, were they helpful?

- Yes
- No
- I don't know

3b. Are you still using them?

- Yes
- No
- I don't know



4. **Since you were diagnosed with prostate cancer, have you tried intraurethral suppositories to help with sexual function, like MUSE?**

- Yes
- No (skip to question 5)
- I don't know

4a. If YES, were they helpful?

- Yes
- No
- I don't know

4b. Are you still using them?

- Yes
- No
- I don't know

5. **Since you were diagnosed with prostate cancer, have you tried penile injections to help with sexual function, like Caverjet, Edex, Bimix, or Trimix?**

- Yes
- No (skip to question 6)
- I don't know

5a. If YES, were they helpful?

- Yes
- No
- I don't know

5b. Are you still using them?

- Yes
- No
- I don't know



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6. **Since you were diagnosed with prostate cancer, have you tried a vacuum pump device to help with sexual function?**

- Yes
- No (skip to question 7)
- I don't know

6a. If YES, was it helpful?

- Yes
- No
- I don't know

6b. Are you still using it?

- Yes
- No
- I don't know

7. **Since you were diagnosed with prostate cancer, have you tried a penile implant to help with sexual function?**

- Yes
- No (skip to question 8)
- I don't know

7a. If YES, was it helpful?

- Yes
- No
- I don't know

7b. Are you still using it?

- Yes
- No
- I don't know



8. Did you have any problems with erections or your sexual function **BEFORE** you were diagnosed with prostate cancer?

- Yes
- No (skip to question 1 on page 71)
- I don't know

8a. If **YES**, at its worst, how big a problem was this for you **BEFORE** you were diagnosed with prostate cancer? Choose a number from 1 to 5, where 1 means it was **NO PROBLEM** at all and 5 means it was a **BIG PROBLEM**.

1 2 3 4 5
NO PROBLEM _____ > BIG PROBLEM

8b. Did you ever use or try any of the following to help with sexual function **BEFORE** you were diagnosed with prostate cancer? Check ALL that apply.

- Pills such as Viagra, Cialis, and Levitra
- Intraurethral suppositories, like Muse.
- Penile injections, like Caverject, Edex, Bimix, or Trimix
- A vacuum pump device
- A penile implant
- I don't know



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The next questions are about symptoms and the quality of your life during the past 4 weeks.

1. **Over the past 4 weeks, how often have you leaked urine? Choose ONE answer.**

- Rarely or never
- About once a week
- More than once a week
- About once a day
- More than once a day

2. **Which of the following best describes your urinary control during the past 4 weeks? Choose ONE answer.**

- No urinary control at all
- Frequent dribbling
- Occasional dribbling
- Total control

3. **How many pads or adult diapers per day did you usually use to control leakage each day during the past 4 weeks? Choose ONE answer.**

- None
- 1 pad a day
- 2 pads a day
- 3 or more pads a day



4. How big a problem, if any, have each of the following urinary symptoms been for you during the past 4 weeks? Please choose a number from 1 to 5 to show how much of a problem each symptom was, where 1 means it was NO PROBLEM at all and 5 means it was a BIG PROBLEM.

Dripping or leaking urine

1 2 3 4 5
NO PROBLEM _____ > BIG PROBLEM

Pain or burning on urination

1 2 3 4 5
NO PROBLEM _____ > BIG PROBLEM

Bleeding with urination

1 2 3 4 5
NO PROBLEM _____ > BIG PROBLEM

Weak urine stream or incomplete emptying

1 2 3 4 5
NO PROBLEM _____ > BIG PROBLEM

Need to urinate frequently during the day

1 2 3 4 5
NO PROBLEM _____ > BIG PROBLEM

Overall, how big a problem has your urinary function been for you during the past 4 weeks?

1 2 3 4 5
NO PROBLEM _____ > BIG PROBLEM



5. How big a problem, if any, has each of the following been for you during the last 4 weeks? Please choose a number from 1 to 5 to show how much of a problem each symptom was, where 1 means it was NO PROBLEM at all and 5 means it was a BIG PROBLEM.

Urgency to have a bowel movement

1 2 3 4 5
NO PROBLEM _____ > BIG PROBLEM

Increased frequency of bowel movements

1 2 3 4 5
NO PROBLEM _____ > BIG PROBLEM

Losing control of your stools

1 2 3 4 5
NO PROBLEM _____ > BIG PROBLEM

Bloody stools

1 2 3 4 5
NO PROBLEM _____ > BIG PROBLEM

Pain in your abdomen, pelvis, or rectum

1 2 3 4 5
NO PROBLEM _____ > BIG PROBLEM

Overall, how big a problem have your bowel habits been for you during the past 4 weeks?

1 2 3 4 5
NO PROBLEM _____ > BIG PROBLEM



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6. How would you describe the usual **QUALITY** of your erections during the past 4 weeks?
Choose **ONE** answer.

- Have not been able to have erections at all
- Not firm enough for any sexual activity
- Firm enough for masturbation and foreplay only
- Firm enough for intercourse

7. How would you describe the **FREQUENCY** of your erections during the past 4 weeks?
Choose **ONE** answer.

- I NEVER had an erection when I wanted one
- I had an erection LESS THAN HALF the time I wanted one
- I had an erection ABOUT HALF the time I wanted one
- I had an erection MORE THAN HALF the time I wanted one
- I had an erection WHENEVER I wanted one

8. During the past 4 weeks, about how many times did you reach orgasm or climax?
Choose **ONE** answer.

- | | |
|--------------------------------------|---|
| <input type="checkbox"/> Never | <input type="checkbox"/> 8 - 12 times |
| <input type="checkbox"/> 1 - 3 times | <input type="checkbox"/> 13 - 20 times |
| <input type="checkbox"/> 4 - 7 times | <input type="checkbox"/> More than 20 times |

9. How would you rate each of the following during the past 4 weeks? Please choose a number from 1 to 5 for each, where 1 means **Very BAD** and 5 means **Very GOOD**.

Your ability to have an erection?

- | | | | | |
|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 |
| Very BAD | < _____ | Not Bad
or Good | _____ | > Very GOOD |

Your ability to reach orgasm (climax)?

- | | | | | |
|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 |
| Very BAD | < _____ | Not Bad
or Good | _____ | > Very GOOD |

Your overall ability to function sexually during the past 4 weeks?

- | | | | | |
|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 |
| Very BAD | < _____ | Not Bad
or Good | _____ | > Very GOOD |



10. Overall, how big a problem has your sexual function or lack of sexual function been for you during the past 4 weeks?

1 2 3 4 5
NO PROBLEM _____ > BIG PROBLEM

11. How big of a problem, if any, have the symptoms below been for you during the past 4 weeks? Please choose a number from 1 to 5, where 1 means it was NO PROBLEM at all and 5 means it was a BIG PROBLEM.

Change in body weight

1 2 3 4 5
NO PROBLEM _____ > BIG PROBLEM

Lack of energy

1 2 3 4 5
NO PROBLEM _____ > BIG PROBLEM

Feeling depressed

1 2 3 4 5
NO PROBLEM _____ > BIG PROBLEM

Sore or swollen breasts

1 2 3 4 5
NO PROBLEM _____ > BIG PROBLEM

Hot Flashes

1 2 3 4 5
NO PROBLEM _____ > BIG PROBLEM



The next questions are about your overall health.

1. In general, would you say your health is... (Choose ONE answer)

- Poor
- Fair
- Good
- Very Good
- Excellent

2. How much does your health limit you in moderate activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf?

- Not at all
- A little
- A lot

3. How much does your health limit you in climbing several flights of stairs?

- Not at all
- A little
- A lot

4. During the past 4 weeks, how much of the time were the following true for you? To answer, please choose a number from 1 to 5 for each, where 1 means NONE of the time and 5 means ALL of the time.

In the past four weeks, how much of the time have you accomplished less than you would like because of your physical health?

1 2 3 4 5
 NONE of the time _____ > ALL of the time

In the past four weeks, how much of the time were you limited in the kind of work or other activities you do because of your physical health?

1 2 3 4 5
 NONE of the time _____ > ALL of the time



In the past four weeks, how much of the time did you accomplish less than you would like because of emotional problems (such as feeling depressed or anxious)?

1 2 3 4 5
NONE of the time _____ > ALL of the time

In the past four weeks, how much of the time did you do work or other activities less carefully than usual because of emotional problems?

1 2 3 4 5
NONE of the time _____ > ALL of the time

In the past four weeks, how much of the time did you feel calm and peaceful?

1 2 3 4 5
NONE of the time _____ > ALL of the time

In the past four weeks, how much of the time did you have a lot of energy?

1 2 3 4 5
NONE of the time _____ > ALL of the time

In the past four weeks, how much of the time did you feel downhearted and depressed?

1 2 3 4 5
NONE of the time _____ > ALL of the time

In the past four weeks, how much of the time did your physical health or emotional problems keep you from doing social activities, like visiting friends, relatives, etc.?

1 2 3 4 5
NONE of the time _____ > ALL of the time

In the past four weeks, how much of the time did pain interfere with your normal work (including both work outside the home and housework)?

1 2 3 4 5
NONE of the time _____ > ALL of the time



Your ability to pay bills

1 2 3 4 5
NOT AT ALL affected _____ > Affected A LOT

Your relationship with your wife or partner

1 2 3 4 5
NOT AT ALL affected _____ > Affected A LOT

Your relationship with your family

1 2 3 4 5
NOT AT ALL affected _____ > Affected A LOT

Your relationships with your friends

1 2 3 4 5
NOT AT ALL affected _____ > Affected A LOT

5. Given what you know now, would you make the same treatment decisions again if you had the chance? Choose ONE answer.

- Definitely Yes
- Probably Yes
- Not Sure
- Probably Not
- Definitely Not

6. Overall, how do you feel about how your prostate cancer treatment has worked out? Pick a number from 1 to 5, where 1 means you are Very UNHAPPY and 5 means you are Very HAPPY with how your prostate cancer treatment has worked out.

1 2 3 4 5
Very UNHAPPY < _____ Not Unhappy _____ > Very HAPPY
or Happy



7. Below are five statements that you may agree or disagree with. Please choose a number from 1 to 5 for each one, where 1 means you **Strongly DISAGREE** with the statement and 5 means you **Strongly AGREE** with the statement. Please be honest in your answers.

In most ways my life is close to my ideal.

1 2 3 4 5
Strongly DISAGREE < _____ Don't Agree or Disagree _____ > Strongly AGREE

The conditions of my life are excellent.

1 2 3 4 5
Strongly DISAGREE < _____ Don't Agree or Disagree _____ > Strongly AGREE

I am satisfied with my life.

1 2 3 4 5
Strongly DISAGREE < _____ Don't Agree or Disagree _____ > Strongly AGREE

So far I have gotten the important things I want in life.

1 2 3 4 5
Strongly DISAGREE < _____ Don't Agree or Disagree _____ > Strongly AGREE

If I could live my life over, I would change almost nothing.

1 2 3 4 5
Strongly DISAGREE < _____ Don't Agree or Disagree _____ > Strongly AGREE

8. In general, how happy or unhappy do you usually feel? Please pick a number from 1-10, where 1 is **Extremely UNHAPPY** (the most unhappy you could ever be) and 10 is **Extremely HAPPY** (the happiest you could ever be).

1 2 3 4 5 6 7 8 9 10
Extremely UNHAPPY _____ > Extremely HAPPY



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Finally, we would like to know what is important to you as a prostate cancer survivor, and anything else you think it is important for us to know about your experience.

1. What do you think has had the most positive or good effect on your experience as a prostate cancer survivor?

2. What do you think has had the most negative or bad effect on your experience as a prostate cancer survivor?

3. If you could give one piece of advice to someone who has just been diagnosed with prostate cancer, what would it be?



4. Is there anything that we haven't asked about that you think we should know about your life as a prostate cancer survivor?

5. What do you think is the most important question researchers should try to answer about surviving and living with prostate cancer?

6. Do you have any other comments or suggestions?