BACKGROUND CHARACTERISTICS

Thank you for meeting with me today. The first thing I need to do is make sure I have your correct name, address, and birth date. After that I'll give you some forms with information that will help explain the PCaP study and your rights as a study participant. I can help you review the information, and we can talk about any questions or concerns that you have about the forms or the study. Then, if you decide that you do want to go ahead and participate in PCaP, we will continue with the rest of the visit.

First, can you confirm your name, address a	nd da	ate of bi	th?	sta	rt time	e:				am	pm
First Name	<u>I.</u>	Last N	lame								-
Number & Street Address										<u> </u>	
City			Sta	te	Zip	Code	<u> </u>				
								-	- 🗌		
DATE OF BIRTH:											
				-		\rightarrow	GO) TC) C(ONSI	ENT

TODAY	TODAY'S DATE							_	N	JRSE	ID	
	/		/									



AFTER CONSENT FORMS ARE SIGNED 2 start time: am pm [If participant did not consent to future contact, skip to **Screening for Specimen Collection**. If participant did consent to future contact, read the following:] On the consent forms we just completed, you indicated that you would be willing to let us contact you again if we have more questions we would like to ask. 1a1. In case we have difficulty contacting you, can we reach you by email? Yes No **E-MAIL ADDRESS:** 1a2. Can we reach you by a cell phone number? CELL NUMBER Yes No _ 1a3. Can we reach you at work? No Yes WORK NUMBER **1b.** In case we have difficulty contacting you, can you give us a name, address, and phone number of a friend or relative who could help us get in touch with you? First Name I. Last Name Number & Street Address City State Zip Code **Home Telephone Cell or Mobile Phone** Work Phone **E-MAIL Address**



DoD MEDICATION SURVEY

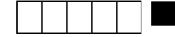


The intent is for the study subject to collect all medications (prescription, over the counter including vitamins, herbals, dietary supplements, etc.) used in the past 2 weeks or their containers prior to the in-home visit at which time the nurse/interviewer will record and review medication use.

Section A. MEDICATION COLLECTION 1. Do you have all of the medications you used in the past two week	ks, or their containers?
	Yes
	No
2. Is this because you have not taken any medications in the last two were unable to collect your medications?	vo weeks, because you forgot or
	Took no meds Skip to Section B. 21
	Forgot/Unable to collect meds

Skip to Screening for Specimen Collection Form

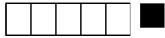
SCREENING FOR SPECIMEN COLLECTION



Although the a study, you may							jic sai	mp	les	are	a ve	ery i	imp	orta	ant	com	pone	ent o	of the	9	
Prior to collecting		-					nt forn	n h	as b	een	sign	ed.					Yes				
1. When	n was t	he la	ast time	you	ı took a	any	thing	by	/ mo	outh	oth	er t	thai	n wa	ater	?					
			Date:	. г		٦.	— —		1	1	1	2	Гim	e:	I	<u> </u>					
				/ []/												а	m	pm	
I'm going to as samples for the	-		e quest	ons	that w	/ill ł	help r	ne	det	erm	ine	whe	ethe	er y	ou e	can s	safel	y do	nate	1	
2. Do you have [Additional expla <u>frequent</u> nose ble	nation:	If yo	u have a	blee] No] Yes	5		Don't H	Know
If yes, document collection. If bloc forms.																					n
3. Do you take	Couma	ndin,	Warfa	in p	ills, or	oth	er ble	000	d th	inne	rs _			_?] No				
If yes Last date t	took m	eds					Last	tin	net	took	c me	eds]Yes		_	Don't H	(now
		1/							<u> </u>				am	1	pn	n 🗀	lies	•		JDOILL	
Monitor venipund	cture site	」′ e car	efully th	roug	hout th	e in	tervie	w a	nd i	nstru	uct th				-		anda	ige ir	n plac	e for at	east 4
hours. If don't know,												-]Yes			No	
4. Have you ev	er had	prot	olems g	iving	g blood	1?		_	_								No				
[Additional expla consciousness, fa Have you ever ha	ainted o	r "pa	ssed out	:" wh	en you	wer	re hav	ing	a b	lood	sam	ple					-] Yes	5] Don't k	Know
If yes, documen blood and/or fat	nt the na	ature	of the p	roble	em belo	w a	nd de	terr	mine	e whe	ethe	r to									. If
5. Have you ev [Additional expla												liver	n to	nun	nb		No				
the mouth before Allergic reactions people who are a	e dental s include	worl seve	k, or to ı ere itchiı	numb ng, re	the sk edness	in b and	efore swelli	stit ing	chin: fror	ig cu n the	ts or e sho	[,] wo ot. S	ound Some	s. etim	es]Yes	5		Don't k	Know
rare.] If yes, check the	e 'Contra	aindio	cated' bo	ox on	the fat	t col	lectior	n fo	orm	and	docu	imer	nt tł	ne n	atur	e of	the p	roble	em be	elow.	



TOENAIL COLLECTION FORM



REFUSED	
PENDING	
Date of Toenail Collection: / / /	

Interviewer: If toenails were not trimmed prior to the interview, perform all of the following procedures:

a.	Check to see if the patient still has the toenail collection kit, and provide a new toenail
	collection kit if needed:

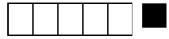
b. Give the patient a return mailer and review the instructions for collecting and returning toenail samples by mail.

Yes

Yes	
-----	--

c. Check the 'Pending' box above.

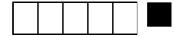
URINE COLLECTION FORM



REFUSED	
UNSUCCESSFUL	
Date of Urine Sample: / / /	
Time of Urine Sample:	



BODY SIZE QUESTIONNAIRE



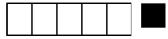
Next, I will be asking several questions about your body size. In addition to asking you questions, I will also be measuring your height, weight, hips and waist. You may choose not to answer any of the questions I ask or decline any or all body measurements.

Respondent's Reported Measure	(Note Scale	id# here)	
1. What was your usual weight 1 year ago?	[if you don't remember exa	ctly, please make your b	est guess.]
	lbs	Don't Know	Refused
2. Thinking back to when you were about 2 exactly, please make your best guess.]	5 years old, what was your	usual weight at age 25? Don't Know	[if you don't remember
3. How tall were you without shoes at about	it age 25? [if you don't reme	ember exactly, please ma	ke your best guess.]
ft	inches	Don't Know	Refused
Interviewer's Measurements: 1. Measured standing height (to the neares	et cm, rounding down.)	Can't measure	Refused
2. Measured weight (to the nearest .1 kg.)	kg	Can't measure	Refused
3. Measured girths: 3a.	Waist cm	Refused	
3b.	Hip cm	Refused	

4. Interviewer's notes regarding measurements (e.g., participant confined to wheelchair)



BLOOD COLLECTION FORM

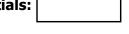


REFUSED								
UNSUCCESSFUL								
COLLECTED								
Date of Blood Draw: / / /								
Time of Blood Draw:								
Number of Red-Top Tubes Drawn:								
Number of Lavender Tubes Drawn:								
Number of Yellow-Top Tubes Drawn:								

Interviewer: Initial below to confirm that instructions for care of the venipuncture site were reviewed with the patient.

I have reviewed the post care instruction with patient.

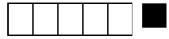
initials:



Significant Events: Document any significant events below. Submit a Significant Event Report to the Project Manager.



FAT COLLECTION FORM

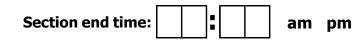


REFUSED	
UNSUCCESSFUL	
COLLECTED	
Date of Fat Draw: / / /	
Time of Fat Draw:	

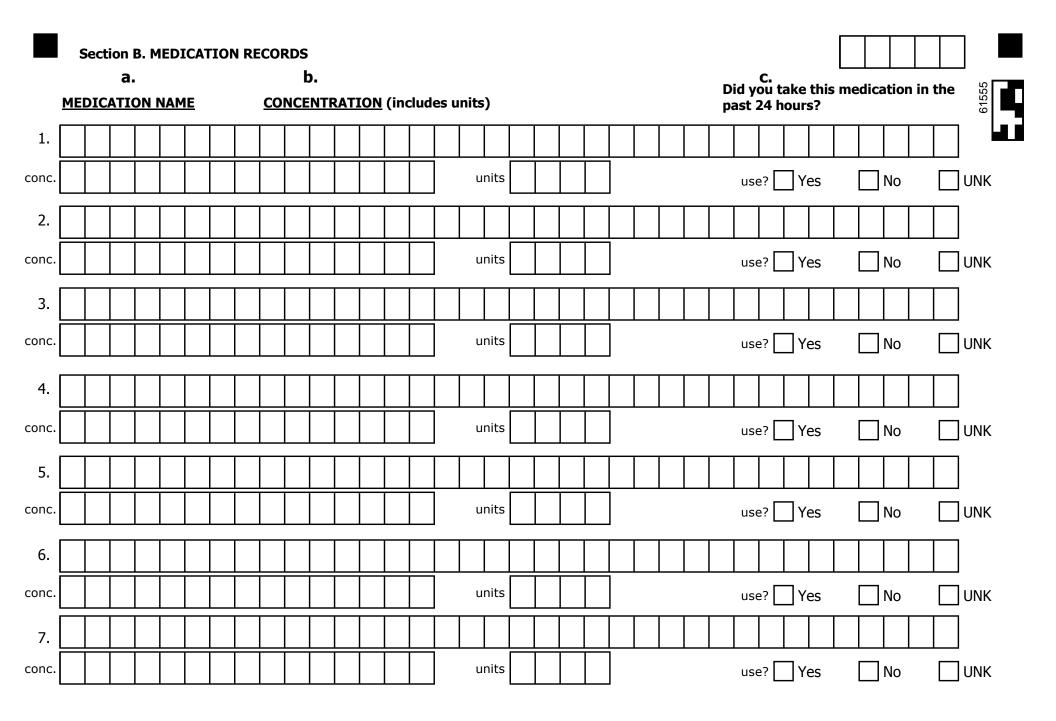
Interviewer: Initial below to confirm that instructions for care of the fat aspirate site were reviewed with the patient.

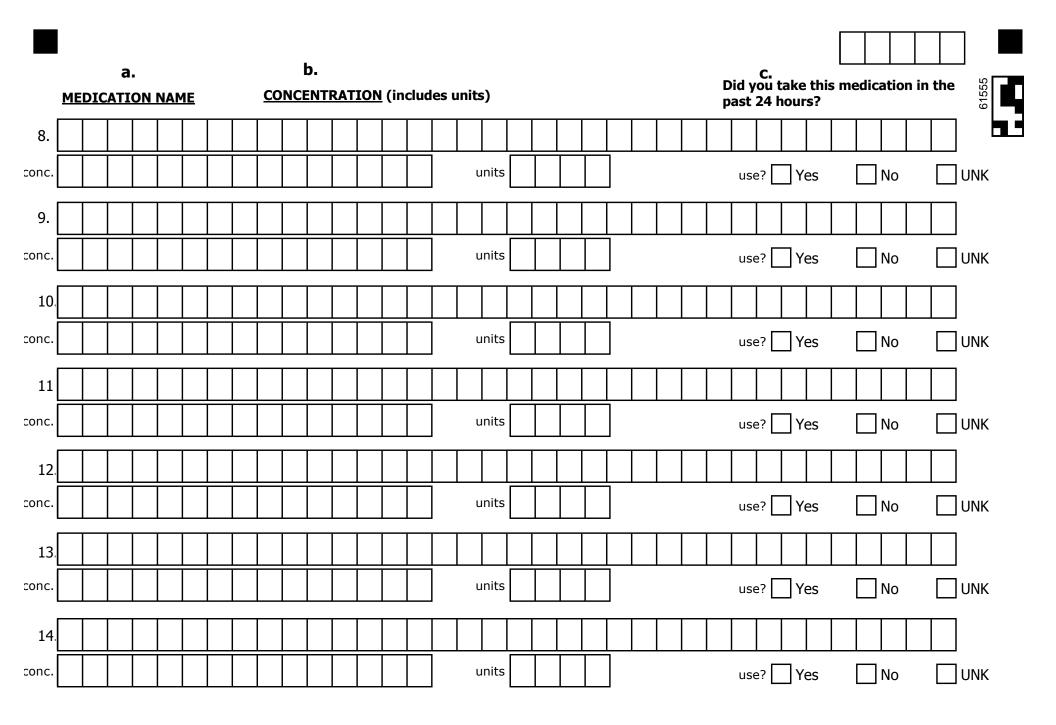
I have reviewed the post care instruction with patient.

Significant Events: Document any significant events below. Submit a Significant Event Report to the Project Manager.

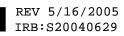








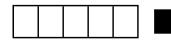
			a.								b.																							
	<u>MEI</u>	DIC	ATIO	<u>N N</u>	AME	L		<u>(</u>	<u>coi</u>			RAT	<u>10N</u>	<u>I</u> (in	clu	des	unit	s)					C. Did you take this medi past 24 hours?					dica	tion	in t	he	61555	Q	
15.																																		
conc.																	I	units					u	se?		Ye	S	Ľ	_ r	lo		<u> </u>	JNK	
16.																																		
conc.																	I	units					u	se?		Ye	S	Ľ	r	lo		<u> </u>	JNK	
17.																																		
conc.																	I	units					u	se?] Ye	S	Ľ	_ r	lo		<u> </u>	JNK	
18.																																		
conc.																	I	units					u	se?		Ye	S	Ľ	_ r	lo		<u> </u>	JNK	
19.																																		
conc.																	I	units					u	se?		Ye	S	Ľ		lo		<u> </u>	JNK	
20.																																		
conc.																	I	units					u	se?		Ye	S	Ľ	_ r	lo		<u> </u>	JNK	
21.	Tota	al Nu	umb	er o	f Me	edica	atio	ns:																										
22.	Num	nber	ofi	ned	s ur	nable	e to	tra	ans	crit	be:]																				



BACKGROUND QUESTIONNAIRE

Now, I'm going to ask some general quest interview like this, so I'll start by explaining the study will be asked. Sometimes I'll ask choices and ask you to pick the one that fi of your answers will be combined with oth you don't have to answer any questions th please tell me, and I'll just move on to the	g how it works. I am goi you to answer in your o ts best. Try to answer th ers so no one will be abl at you don't want to. If	ng to read you a set of a wn words. For other qu le questions carefully an e to tell what your parti	questions, which everyor estions, I'll give you a lis nd completely as you can cular answers were. Ever	ne in t of . All
1. First, are you presently married, living as	s married, widowed, sepa	arated, divorced, or hav	e you never married?	
Married/Living as Widowed	Separated	Divorced S	ingle/Never Ref	fused
2. How many other people live in your hom	e with you? number	Don't Know	Refused	
2a. How long have you lived here?				
years	months	Don't Know	Refused	
3. Do you consider yourself to be Hispanic of	or Latino? 🗌 Yes			
	No	Don't Know	Refused	
4. Do you consider yourself to be Cajun?	Yes			
	No	Don't Know	Refused Skip	to 5
4a. Was French spoken in your home you were a child?	e when Yes			
	No	Don't Know	Refused	
5. Do you consider yourself to be Creole?	Yes			
	No	Don't Know	Refused	
6. What is your race? Black or AA	White	Don't Know	Refused	
	Other (specify)			
7. What is the highest grade or year of sche please include that in your answer. [DO	5	If you've attended voc	ational or technical schoo	ol,
🦳 < 8th grade 🔤 HS GRAD	Some College	Some Grad Tra	aining 🗌 Don't Kno	WC
Some HS VO/TEC	College GRAD	Grad/Prof Deg	ree Refused	
8. Before you were diagnosed with prostate problem? [READ CHOICES]	e cancer, what kind of pl	ace did you usually go t	o when you had a medic	al
A doctors office or group practice	Emerge	ncy Room	No usual place Go	to 9
Public health clinic or community he	ealth ctr 🗌 Urgent (Care Center	Don't Know Go	to 9
Hospital based clinic	Some of	ther place (specify)	Refused Go	to 9
VA specify other			61317	7
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8a. Did you see a	particular doctor, r	urse or other medical	person there, or did	you see a different	
person at each vis	sit? Parti	cular doctor, nurse	or other medical sta	aff 🗌 Don't H	Know
	Diffe	erent doctor, nurse d	or other medical sta	ff Refuse	d
9. Before you were diag	nosed with prostate	e cancer did you have	any health insurance?	?	
			Yes Don't H	Know Go to 9	a
]No ———	\rightarrow Skip to	9b
			Refused	\rightarrow Skip to	9b
9a. Did you have	any of the following	types of insurance?	READ OPTIONS AN	ID CHECK ALL THA	T APPLY]
Part A Medicare (pays	hospitalization)	Pri 🗌	vate health insurand	ce/HMO for any pa	rt of hospital bills
Part B Medicare (pays	doctor bills)	Pri	vate health insurance	ce/HMO for any pa	rt of doctor's bills
Part D Medicare (pays	prescriptions)	An 🗌	y other insurance th	nat pays part of me	edical bills
Medicaid or other pub	lic assistance/wel	fare program 🗌 Do	n't Know		
CHAMPUS/CHAMPVA		Re	fused		
9b. Were you able Administration (V		alth care from a docto	r, hospital, clinic, hea	Ith center, or the Ve	eran's
10. Did a doctor ever te	ell your father or an	No No	Don't Knov ons that they had pro		
about blood relatives, in adopted sons that aren'	cluding half-brothe	s that you share one	parent with. Please do	on't include stepbrot	
		Yes —	and deceased rel	Go to 1	.0a
		 No		Skip to	0 10b
		Don't Know	Refused	Skip to	105
10a. What relatio	n was he [were the	y] to you? Was he [w		_	
cancer? [LIS	ST ALL FIRST DEC	REE RELATIVES W		ICER]	
Relative1: 🗖 Father	□ Brother □ So	n 🛛 Half-brother	\Box < 60 Years Old \Box 60 + Years Old	Don't Know	Refused
Relative2:	Brother So	n 🛛 Half-brother	\square < 60 Years Old \square 60 + Years Old	Don't Know	Refused
Relative3: DFather	Brother So	n 🛛 Half-brother	\square < 60 Years Old \square 60 + Years Old	Don't Know	Refused
		ur other blood relative		ate cancer?	
[Grandfathers,	uncles, great uncle	s, cousins, nephews (I	iving or deceased)]		.0c
		□ 100 □ No		Skip to	
		Don't Know	/ Refused		
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10c. What relation was he [were they] to you? Was he [were they] 60 or older when diagnosed with prostate cancer? [LIST ALL SECOND DEGREE RELATIVES WITH PROSTATE CANCER]

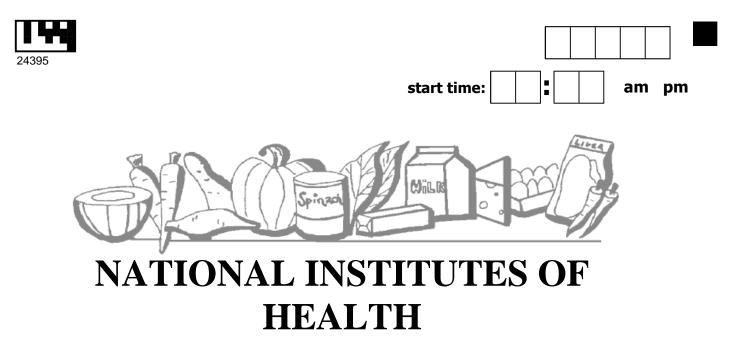
Relative1:	Grandfather	□ Cousin □ Nephew	Uncle	\Box < 60 Years Old \Box 60 + Years Old	Do	on't Know	Re	efused
Relative2	Grandfather	Cousin	Uncle	\Box < 60 Years Old \Box 60 + Years Old	Do	on't Know	Re	efused
Relative3	Grandfather	Cousin	Uncle	\Box < 60 Years Old \Box 60 + Years Old	Do	n't Know	Re	efused
Relative4	Grandfather	Cousin	Uncle	\Box < 60 Years Old \Box 60 + Years Old	Do	n't Know	Re	efused
	is your religion?. [[•						
	None			Presbyterian		Unita	irian	
	Baptist	Luthe	eran	Protestant, not	specified	Don't	Know	
	Congregationalist	Meth	odist	Roman Catholi	с	Refus	sed	
	Episcopal	Morm	ion/LDS	Seventh Day A	dventist	Othe	r (specify	y)
	Islam/Muslim	sp	ecify other					
12. During	g your lifetime, hav	e you smoked a	at least 100 ciga	rettes or 5 packs of cic	garettes?	<u> </u>	• •	
			No	Don't Know	Ref	used	Skip t	o 13
12a	a. When did you sta	rt smoking ciga	rettes?					
		years aç	jo mo	onths ago	Don't Kno	W	Refus	sed
12b	o. Do you still smoke	e cigarettes?	Yes					
			No	Refused		\rightarrow	Go to	0 12d
12c	. Thinking back ove	r all the years	you have smoke	d, how many cigarette	es did you usu	ally smoke	each day	ı?
cig	jarettes per day	,	packs per	day	Don't Kno	w	Refus	sed
120	J. When did you sto	p smoking ciga	rettes?			\rightarrow	Skip	to 13
100	years ago		months	ago	Don't Kno	w	Refus	sed
	arettes per day		packs per		Don't Knc)\//	Refus	bas
13. Have	, , ,	ese other tobac	co products at l	east once a week for si				beu
	Pipe	Cigarill	-	Snuff	Do	n't Know		
	Cigars	Chewir	ng tobacco	None	Re	fused	61317	7
	/01/2005 20040629		Pan	e 3 of 4			ہے وقا	



14. In the last 5 years, have you had a [North Carolina or Louisiana] Driver's License or ID card?

	Yes							
	No	Don't Know	Refused					
15. Are you currently registered to vote in [North Carolina or Louisiana]?								
	No	Don't Know	Refused					





DIET HISTORY QUESTIONNAIRE

I will ask you to complete a Diet History Questionnaire. I will ask you about foods and beverages you have consumed during the 12 months prior to prostate cancer diagnosis because we are interested in obtaining information about eating habits that might increase or decrease the severity of prostate cancer. I will read each question aloud to you and record your answer directly on the questionnaire.

For each food item or group of foods, a series of questions will be asked. First, you will be asked "How often did you eat or drink a food during the 12 months prior to diagnosis" and second, "How much of the food did you usually have". Occasionally more detail about a particular food item will be asked. For example, "Do you drink milk?" "What kind of milk did you usually drink"? So throughout the questionnaire you will be asked, <u>how often, how much</u>, and <u>what kind</u>. There are some foods that you have eaten that are not listed on the questionnaire. That's ok. Answer each question the best you can. There are no right or wrong answers. All answers are **confidential.** Your answers will be combined with other participant's answers so no one would be able to tell your particular answers.

How Often Question-- For the questions that ask **"How Often"** a particular food item was eaten during the 12 months prior to diagnosis, there are three types of responses. (Show participant DHQ Show Cards)

How Much Questions-*For the questions that ask "How Much" did you usually eat/drink we will ask you to use these food model prompts to help you estimate the amount eaten.* (Show the participant the food model prompts).

Are there any questions before we begin? Remember answer each question the best that you can.



		<u></u>	4.	How often did you dri
1.	How often did you drink t or juice?	nato juice or vegetable		(e.g. cranberry cockta Kool-Aid, diet or regu
	O NEVER (GO TO QUESTIC	N 2)		O NEVER (GO TO QU
	 1 time per month or less 2-3 times per month 1-2 times per week 3-4 times per week 5-6 times per week 	 1 time per day 2-3 times per day 4-5 times per day 6 or more times per day 		 1 time per month or 2-3 times per month 1-2 times per week 3-4 times per week 5-6 times per week
	1a. Each time you drank vegetable juice, how drink?	tomato juice or much did you usually		4a. Each time you o much did you us
\bigvee	 Less than 3/4 cup (6 3/4 to 1 1/4 cups (6 t More than 1 1/4 cups 	o 10 ounces)		 Less than 1 cu 1 to 2 cups (8 More than 2 cu
2.	How often did you drink ora grapefruit juice?			4b. How often were sugar-free drin
_	O NEVER (GO TO QUESTIC	NI 3)		 Almost never About 1/4 of the
	 1 time per month or less 2-3 times per month 1-2 times per week 	 ○ 1 time per day ○ 2-3 times per day ○ 4-5 times per day 		 About 1/2 of th About 1/2 of th About 3/4 of th Almost always
	3-4 times per week5-6 times per week	O 6 or more times per day	5.	How often did you dri (NOT in coffee, NOT include chocolate mil
	2a. Each time you drank grapefruit juice, how drink?	orange juice or / much did you usually		O NEVER (GO TO QU
\bigvee	 Less than 3/4 cup (6 3/4 to 1 1/4 cups (6 t More than 1 1/4 cups 	to 10 ounces)		 1 time per month or 2-3 times per month 1-2 times per week 3-4 times per week 5-6 times per week
3.	How often did you drink oth			
	100% fruit juice mixtures pineapple, or others)?	(such as apple, grape,		5a. Each time you o how much did y
	 NEVER (GO TO QUESTIC 1 time per month or less 	N 4) ◯ 1 time per day		◯ Less than 1 cu◯ 1 to 1 1/2 cups◯ More than 1 1/2
	O 2-3 times per month	O 2-3 times per day		5b. What kind of m
	 1-2 times per week 3-4 times per week 5-6 times per week 	 ○ 4-5 times per day ○ 6 or more times per day 		○ Whole milk○ 2% fat milk○ 1% fat milk
	3a. Each time you drank fruit juice mixtures , usually drink?		○ Skim, nonfat,○ Soy milk○ Rice milk	
	 Less than 3/4 cup (6 3/4 to 1 1/2 cups (6 t More than 1 1/2 cups 	o 12 ounces)		○ Other

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en did you drink other fruit drinks anberry cocktail, Hi-C, lemonade, or d, diet or regular)?

ER (GO TO QUESTION 5)

- e per month or less
 - O 1 time per day O 2-3 times per day
 - imes per week
 - imes per week
- O 4-5 times per day
- imes per week
- O 6 or more times per day
- ach time you drank fruit drinks, how uch did you usually drink?
 -) Less than 1 cup (8 ounces)
 -) 1 to 2 cups (8 to 16 ounces)
 -) More than 2 cups (16 ounces)
- ow often were your fruit drinks diet or ugar-free drinks?
 -) Almost never or never About 1/4 of the time
 - About 1/2 of the time
 - About 3/4 of the time
 - Almost always or always
- ten did you drink milk as a beverage n coffee, NOT in cereal)? (Please chocolate milk and hot chocolate.)

ER (GO TO QUESTION 6)

- e per month or less
- O 1 time per day
- imes per month
- O 2-3 times per day
- imes per week
- O 4-5 times per day
- imes per week
- imes per week
- ach time you drank milk as a beverage, ow much did you usually drink?
 -) Less than 1 cup (8 ounces)
 -) 1 to 1 1/2 cups (8 to 12 ounces)
 - More than 1 1/2 cups (12 ounces)

Vhat kind of **milk** did you usually drink?

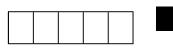
- Whole milk
-) 2% fat milk
-) 1% fat milk
-) Skim, nonfat, or 1/2% fat milk
-) Soy milk
-) Rice milk
-) Other

Question 6 appears on the next page.

2



O 6 or more times per day





- 6. How often did you drink meal replacement, energy, or high-protein beverages such as Instant Breakfast, Ensure, Slimfast, Sustacal or others?
- O NEVER (GO TO QUESTION 7)
 - O 1 time per month or less
 - O 1 time per day
 - O 2-3 times per month O 1-2 times per week
- O 2-3 times per day
- O 3-4 times per week
- O 5-6 times per week
- O 4-5 times per day
- 6 or more times per day
- 6a. Each time you drank meal replacement beverages, how much did you usually drink?
 - O Less than 1 cup (8 ounces)
 - O 1 to 1 1/2 cups (8 to 12 ounces)
 - O More than 1 1/2 cups (12 ounces)
- 7. Did you drink soft drinks, soda, or pop?

O NO (GO TO QUESTION 8)

- O YES
- 7a. How often did you drink soft drinks, soda, or pop IN THE SUMMER?

O NEVER

- O 1 time per day O 1 time per month or less
- O 2-3 times per month O 2-3 times per day
- O 1-2 times per week O 4-5 times per day
- O 3-4 times per week O 5-6 times per week
- O 6 or more times per day
- 7b. How often did you drink soft drinks, soda, or pop DURING THE REST OF THE YEAR?
 - **O NEVER**
 - O 1 time per month or less O 1 time per day O 2-3 times per day
 - O 2-3 times per month

O 5-6 times per week

- O 1-2 times per week
- O 3-4 times per week
 - O 6 or more times per day

O 4-5 times per day

- 7c. Each time you drank soft drinks, soda, or pop, how much did you usually drink?
 - O Less than 12 ounces or less than 1 can or bottle O 12 to 16 ounces or 1 can or bottle O More than 16 ounces or more than 1 can or bottle
- Question 8 appears in the next column.
 - REV 5/16/2005 IRB:S20040629

- 7d. How often were these soft drinks, soda, or pop diet or sugar-free?
 - O Almost never or never
 - O About 1/4 of the time
 - \bigcirc About 1/2 of the time
 - O About 3/4 of the time O Almost always or always
- 7e. How often were these soft drinks, soda, or pop caffeine-free?
 - O Almost never or never
 - O About 1/4 of the time
 - \bigcirc About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always
- 8. Did vou drink beer?
- O NO (GO TO QUESTION 9)

O YES

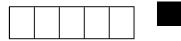
- 8a. How often did you drink beer IN THE SUMMER?
 - **O NEVER**
 - O 1 time per month or less
 - O 2-3 times per month
- O 1 time per day O 2-3 times per day
 - O 4-5 times per day
 - O 1-2 times per week O 3-4 times per week
 - O 5-6 times per week
- O 6 or more times per day
- 8b. How often did you drink beer DURING THE REST OF THE YEAR?

O NEVER

- O 1 time per month or less O 2-3 times per month
- O 1-2 times per week
- O 3-4 times per week O 5-6 times per week
- O 1 time per day O 2-3 times per day
- O 4-5 times per day
- O 6 or more times
 - per day
- 8c. Each time you drank beer, how much did you usually drink?
 - O Less than a 12-ounce can or bottle O 1 to 3 12-ounce cans or bottles
 - O More than 3 12-ounce cans of bottles



Question 9 appears on the next page.





n the <u>1</u>	2 months prior to diagnosi	s
9.	How often did you drink win	e or wine coolers?
	O NEVER (GO TO QUESTIO	N 10)
	 1 time per month or less 2-3 times per month 1-2 times per week 3-4 times per week 5-6 times per week 	 1 time per day 2-3 times per day 4-5 times per day 6 or more times per day
	9a. Each time you drank v how much did you usu	
\bigvee	\bigcirc Less than 5 ounces o \bigcirc 5 to 12 ounces or 1 to \bigcirc More than 12 ounces	
10.	How often did you drink liqu	or or mixed drinks?
	O NEVER (GO TO QUESTIO	N 11)
	 1 time per month or less 2-3 times per month 1-2 times per week 3-4 times per week 5-6 times per week 	 1 time per day 2-3 times per day 4-5 times per day 6 or more times per day
	10a. Each time you drank I drinks, how much did	-
	C Less than 1 shot of liC 1 to 3 shots of liquorC More than 3 shots of	
	Did you eat oatmeal or othe not including grits?	
	O NO (GO TO QUESTION 12 O YES	<u>-</u>)
	11a. How often did you eat cooked cereal not in WINTER?	
	O NEVER	
	 1-6 times per winter 7-11 times per winter 1 time per month 2-3 times per month 1 time per week 	 2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day
\mathbb{V}		

11b. How often did you eat **oatmeal** or **other cooked cereal not including grits DURING THE REST OF THE YEAR**?

O NEVER

- 1-6 times per year
- O 7-11 times per year
- O 1 time per month
- O 2-3 times per monthO 1 time per week
- O 5-6 times per weekO 1 time per day

O 2 times per week

O 3-4 times per week

O 2 or more times per day

11c. Each time you ate **oatmeal** or **other cooked cereal not including grits,** how much did you usually eat?

Less than 3/4 cup
3/4 to 1 1/4 cups
More than 1 1/4 cups

12. Did you eat grits or hominy?

O NO (GO TO QUESTION 13)

O YES

12a. How often did you eat grits or hominy?

O NEVER

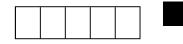
- 1-6 times per winter
- O 7-11 times per winter
 - 7-11 times per winter
- O 1 time per month
- O 2-3 times per monthO 1 time per week
- O 2 times per week
- O 3-4 times per week
- O 5-6 times per week
- O 1 time per day
- O 2 or more times per day

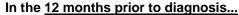
12b. Each time you ate **grits or hominy,** how much did you usually eat?

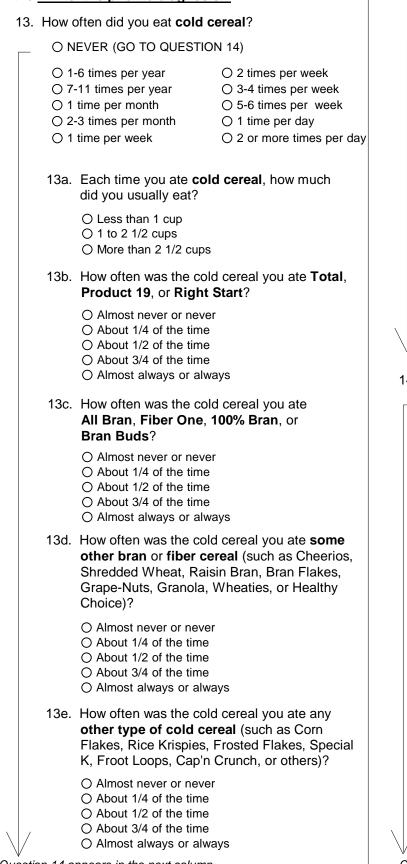
Less than 3/4 cup
 3/4 to 1 1/4 cups
 More than 1 1/4 cups

Question 12 appears in the next column.









Question 14 appears in the next column.

- 13f. Was **milk** added to your cold cereal?
 - O NO (GO TO QUESTION 14)
 - O YES

13g. What kind of milk was usually added?

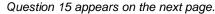
- O Whole Milk
- \bigcirc 2% fat milk
- O 1% fat milk
- O Skim, nonfat, or 1/2% fat milk
- O Soy milk
- O Rice milk
- O Other
- 13h. Each time **milk was added to your cold cereal**, how much was usually added?

Less than 1/2 cup
1/2 to 1 cup
More than 1 cup

- 14. How often did you eat applesauce?
- O NEVER (GO TO QUESTION 15)
 - O 1-6 times per year
- \bigcirc 2 times per week \bigcirc 3-4 times per week
- O 7-11 times per yearO 1 time per month
- O 5-6 times per week
 - O 1 time per day
- O 2-3 times per monthO 1 time per week
- O 2 or more times per day

14a. Each time you ate **applesauce**, how much did you usually eat?

O Less than 1/2 cupO 1/2 to 1 cupO More than 1 cup



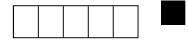


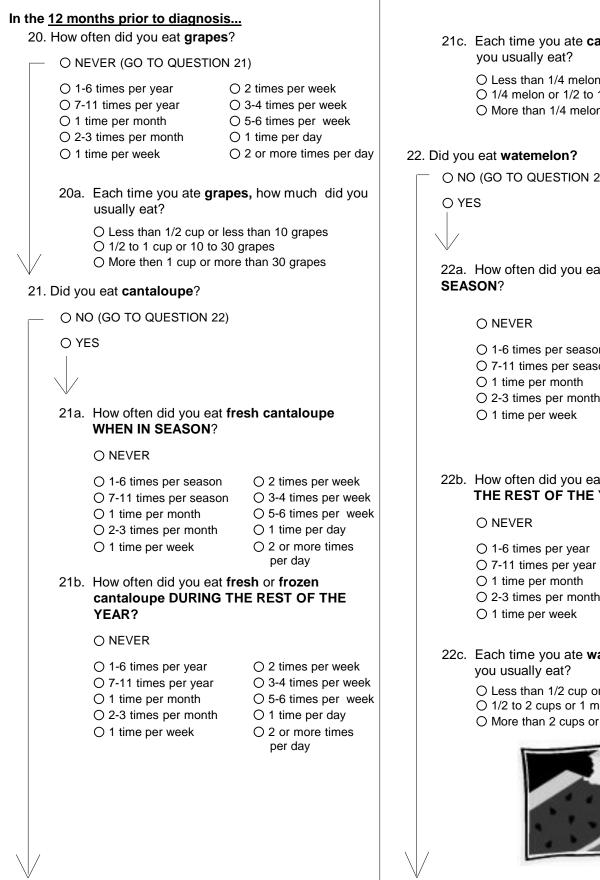


15. Ho	w often did you eat apple	s?	1	8. Ho	ow of	ften did vou eat dried	fruit.	such as prunes or
	NEVER (GO TO QUESTIC				ow often did you eat dried fruit , such as prunes o isins (not including dried apricots)?			
				_ C) NE	VER (GO TO QUESTIO	N 19)	
	 1-6 times per year 7-11 times per year 1 time per month 2-3 times per month 1 time per week 	 2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day) 7-1) 1 ti) 2-3	times per year 1 times per year me per month times per month me per week	○ 3- ○ 5- ○ 1 1	times per week 4 times per week 6 times per week time per day or more times per day
1:	5a. Each time you ate ap usually eat?	ples , how many did you				Each time you ate dri	ed fru	uit how much did
\bigvee	 Less than 1 apple 1 apple More than 1 apple 			/		you usually eat (not in O Less than 2 tablespo O 2 to 5 tablespoons O More than 5 tablespo	ons	ng dried apricots)?
	w often did you eat pears zen)?	(fresh, canned, or	1	9. Di	d yo	u eat peaches , necta r		or plums ?
_ C	NEVER (GO TO QUESTIC	N 17)						
	 1-6 times per year 7-11 times per year 1 time per month 2-3 times per month 1 time per week 	 2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day) (GO TO QUESTION 20 S))	
16	6a. Each time you ate pe usually eat?	e ars , how many did you		1	9a.	How often did you eat nectarines, or plums		
	 ◯ Less than 1 pear ◯ 1 pear ◯ More than 1 pear 					 NEVER 1-6 times per season 7-11 times per seaso 		 ○ 2 times per week ○ 3-4 times per week
∀ 17. Hov	w often did you eat bana i	nas?				O 1 time per month		O 5-6 times per week
_ C	NEVER (GO TO QUESTIC	DN 18)				2-3 times per month1 time per week		 1 time per day 2 or more times per day
	 1-6 times per year 7-11 times per year 1 time per month 2-3 times per month 1 time per week 	 2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day 		1	19b.	How often did you eat or plums (fresh, cann THE REST OF THE O NEVER	ied, oi	r frozen) DURING
1	7a. Each time you ate ba did you usually eat?	manas , how many				O 1-6 times per yearO 7-11 times per yearO 1 time per month	(2 times per week 3-4 times per week 5-6 times per week
	◯ Less than 1 banana◯ 1 banana◯ More than 1 banana					O 2-3 times per monthO 1 time per week		 1 time per day 2 or more times per day
				1	19c.	Each time you ate pe plums , how much did		
						 Less than 1 fruit or le 1 to 2 fruits or 1/2 to More than 2 fruits or 	3/4 cu	ip
Question 1	8 appears on the next page			Quest	ion 2	0 appears in the next col	lumn.	

5







21c. Each time you ate cantaloupe, how much did you usually eat?

O Less than 1/4 melon or less than 1/2 cup

O 1/4 melon or 1/2 to 1 cup

O More than 1/4 melon or more than 1 cup

22. Did you eat watemelon?

O NO (GO TO QUESTION 23)

22a. How often did you eat watermelon WHEN IN

- O 1-6 times per season O 2 times per week O 7-11 times per season O 3-4 times per week O 5-6 times per week O 1 time per month O 1 time per day O 2-3 times per month O 1 time per week O 2 or more times
 - per day

22b. How often did you eat watermelon DURING THE REST OF THE YEAR?

- O 1-6 times per year
- O 2-3 times per month
- O 2 times per week O 3-4 times per week
- 5-6 times per week
- O 1 time per day
- O 2 or more times per day
- 22c. Each time you ate watermelon, how much did you usually eat?
 - O Less than 1/2 cup or 1 small wedge
 - \bigcirc 1/2 to 2 cups or 1 medium wedge
 - O More than 2 cups or 1 large wedge



Question 22 appears on the next page.



23. Did you eat honeydew melon?

O NO (GO TO QUESTION 24)

O YES

23a. How often did you eat honeydew melon WHEN IN SEASON?

O NEVER

- O 1-6 times per season
- 7-11 times per season
- O 1 time per month
- O 2-3 times per month
- O 1 time per week
- 1 time per day2 or more times per day

O 2 times per week

O 3-4 times per week

○ 5-6 times per week

23b. How often did you eat honeydew melon DURING THE REST OF THE YEAR?

O NEVER

- O 1-6 times per year
 O 7-11 times per year
 O 1 time per month
 O 2 times per week
 O 3-4 times per week
 O 5-6 times per week
- O 2-3 times per month

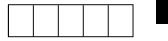
O 1 time per week

- O 1 time per day
- O 2 or more times per day
- 23c. Each time you ate **honeydew melon** how much did you usually eat?

O Less than 1/2 cup or 1 small wedge

 \bigcirc 1/2 to 2 cups or 1 medium wedge

O More than 2 cups or 1 large wedge



24. Did you eat strawberries?

O NO (GO TO QUESTION 25)

O YES

24a. How often did you eat fresh strawberries WHEN IN SEASON?

O NEVER

- O 1-6 times per season
- 7-11 times per season 3-4 times
- O 1 time per month
- O 2-3 times per month
- O 2 times per weekO 3-4 times per week
- 5-6 times per week
 1 time per day
- O 1 time per week
- O 2 or more times

per day

24b. How often did you eat fresh or frozen strawberries DURING THE REST OF THE YEAR?

O NEVER

○ 1-6 times per year

O 2-3 times per monthO 1 time per week

- 7-11 times per year1 time per month
- O 2 times per weekO 3-4 times per week
- \bigcirc 5-6 times per week
- O 1 time per day
 - O 2 or more times per day
- 24c. Each time you ate **strawberries**, how much did you usually eat?
 - O Less than 1/4 cup or or less than 3 berries
 - O 1/4 to 3/4 cup or 3 to 8 berries
 - O More than 3/4 cup or more than 8 berries

Question 25 appears on the next page.

Question 24 appears in the next column.



	24395	
	ne <u>12 months prior to diagnosis</u>	
2	5. Did you eat blueberries?	26b. How often did you eat oranges, satsumas,
Γ	O NO (GO TO QUESTION 26)	tangerines, or tangelos (fresh or canned) DURING THE REST OF THE YEAR?
	O YES	
	 V 25a. How often did you eat fresh blueberries WHEN IN SEASON? O NEVER 	O 1-6 times per yearO 2 times per weekO 7-11 times per yearO 3-4 times per weekO 1 time per monthO 5-6 times per weekO 2-3 times per monthO 1 time per day
	 1-6 times per season 7-11 times per season 1 time per month 2-3 times per month 1 time per week 2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day 	 1 time per week 2 or more times per day 26c. Each time you ate oranges, satsumas, tangerines, or tangelos, how much did you usually eat? Less than 1 fruit 1 fruit More than 1 fruit
	25b. How often did you eat fresh or frozen blueberries DURING THE REST OF THE	27. Did you eat grapefruit?
	YEAR? O NEVER	O NO (GO TO QUESTION 28)
	 1-6 times per year 7-11 times per year 1 time per month 2-3 times per week 1 time per week 2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day 	O YES 27a. How often did you eat fresh grapefruit WHEN IN SEASON?
	25c. Each time you ate blueberries , how much did	O NEVER
20	you usually eat? O Less than 1/4 cup O 1/4 to 3/4 cup O More than 3/4 cup S. Did you eat oranges, satsumas, tangerines, or tangeles?	 1-6 times per season 7-11 times per season 3-4 times per week 3-4 times per week 5-6 times per week 2-3 times per month 1 time per week 2 or more times per day 2 or more times per day
Γ	tangelos? – ONO (GO TO QUESTION 27)	27b. How often did you eat grapefruit (fresh or canned) DURING THE REST OF THE YEAR?
		O NEVER
	26a. How often did you eat fresh oranges, satsumas, tangerines, or tangelos WHEN IN SEASON? O NEVER	 1-6 times per year 2 times per week 7-11 times per year 3-4 times per week 1 time per month 5-6 times per week 2-3 times per month 1 time per week 2 or more times per day 2 or more times per day
	○ 1-6 times per season ○ 2 times per week	27c. Each time you ate grapefruit , how much did

- 27c. Each time you ate grapefruit, how much did you usually eat?
 - O Less than 1/2 grapefruit
 - O 1/2 grapefruit
 - O More than 1/2 grapefruit

Question 28 appears in the next column.

Question 27 appears in the next column. REV 5/16/2005 IRB:S20040629

O 2-3 times per month

O 1 time per month

O 1 time per week

O 7-11 times per season

O 3-4 times per week

O 5-6 times per week

O 1 time per day

per day

O 2 or more times





In the <u>12 months prior to diagnosis...</u> 28. How often did you eat other kinds of fruit?

O NEVER (GO TO QUESTION 29)

- 1-6 times per year
- 7-11 times per year
- O 1 time per month
- O 2-3 times per monthO 1 time per week
- 5-6 times per week○ 1 time per day

O 3-4 times per week

O 2 times per week

- O 2 or more times per day
- 28a. Each time you ate **other kinds of fruit**, how much did you usually eat?

 \bigcirc Less than 1/4 cup \bigcirc 1/4 to 3/4 cup

- \bigcirc 1/4 to 3/4 cup \bigcirc More than 3/4 cup
- 29. How often did you eat **COOKED greens** (such as spinach, turnip, collard, mustard, chard, or kale)?
 - O NEVER (GO TO QUESTION 30)
- 1-6 times per year
 7-11 times per year
 1 time per month
 2-3 times per month
 1 time per week
 2 times per week
 5-6 times per week
 1 time per day
 2 times per day
 2 or more times per day
 - O 1 time per week O 2
 - 29a. Each time you ate **COOKED greens**, how much did you usually eat?

Less than 1/2 cup
1/2 to 1 cup
More than 1 cup

- 29b. How often were the **greens** you ate prepared **with meat added**?
 - O Almost never or never
 - O About 1/4 of the time
 - O About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always

- 30. How often did you eat **RAW greens** (such as spinach, turnip, collard, mustard, chard, or kale)? (*We will ask about lettuce later*).
- O NEVER (GO TO QUESTION 31)

O 1-6 times per year

O 7-11 times per year

O 2-3 times per month

O 1 time per month

O 1 time per week

- O 2 times per week
- O 3-4 times per week
 - O 5-6 times per week
- O 1 time per day
 - 2 or more times per day

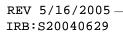
30a. Each time you ate **RAW greens**, how much did you usually eat?

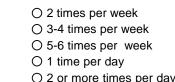
C Less than 1/2 cup
C 1/2 to 1 cup
C More than 1 cup

31. How often did you eat coleslaw?

- O NEVER (GO TO QUESTION 32)
 - O 1-6 times per year
 O 7-11 times per year
 O 3-4 times per week
 O 3-4 times per week
 O 5-6 times per week
 O 2-3 times per month
 O 1 time per week
 O 2 or more times per day
 - 31a. Each time you ate **coleslaw**, how much did you usually eat?
 - Less than 1/4 cup
 1/4 to 3/4 cup
 More than 3/4 cup
- 32. How often did you eat **sauerkraut** or **cabbage** (other than coleslaw)?
 - O NEVER (GO TO QUESTION 33)
 - 1-6 times per year○ 7-11 times per year
 - O 7-11 times per yearO 3-4 times per wearO 1 time per monthO 5-6 times per wearO 2-3 times per monthO 1 time per day
 - O 1 time per week
- 2 or more times per day
- 32a. Each time you ate **sauerkraut** or **cabbage**, how much did you usually eat?
 - Less than 1/4 cup1/4 to 1 cup
 - O More than 1 cup

Question 30 appears in the next column.







- 33. How often did you eat carrots (fresh, canned, or frozen)?
- O 1-6 times per year O NEVER (GO TO QUESTION 34) O 7-11 times per year O 1 time per month O 1-6 times per year O 2 times per week O 2-3 times per month O 7-11 times per year O 3-4 times per week O 1 time per week O 1 time per month O 5-6 times per week O 2-3 times per month O 1 time per day O 1 time per week O 2 or more times per day usually eat? 33a. Each time you ate carrots, how much did O Less than 1/4 cup you usually eat? O 1/4 to 3/4 cup O More than 3/4 cup O Less than 1/4 cup or less than 2 baby carrots O 1/4 to 1/2 cup or 2 to 5 baby carrots 37. Did you eat corn? O More than 1/2 cup or more than 5 baby carrots 34. How often did you eat string beans, green O NO (GO TO QUESTION 38) beans (fresh, canned, or frozen)? O YES O NEVER (GO TO QUESTION 35) O 1-6 times per year O 2 times per week IN SEASON? O 7-11 times per year O 3-4 times per week **O NEVER** O 1 time per month O 5-6 times per week O 2-3 times per month O 1 time per day ○ 1-6 times per season O 1 time per week O 2 or more times per day ○ 7-11 times per season O 1 time per month 34a. Each time you ate string beans, green O 2-3 times per month beans, how much did you usually eat? O 1 time per week O Less than 1/2 cup O 1/2 to 1 cup O More than 1 cup **O NEVER** 35. How often did you eat okra (fresh, canned, or frozen)? O 1-6 times per year O 7-11 times per year O NEVER (GO TO QUESTION 36) O 1 time per month O 2 times per week O 1-6 times per year O 2-3 times per month O 3-4 times per week O 7-11 times per year O 1 time per week O 1 time per month ○ 5-6 times per week O 2-3 times per month O 1 time per day you usually eat? O 1 time per week O 2 or more times per day 35a. Each time you ate okra, how much did you ○ 1 ear or 1/2 to 1 cup usually eat? O Less than 1/2 cup O 1/2 to 1 cup O More than 1 cup 35b. How often did you eat fried okra when you ate okra? O Almost never or never (GO TO QUESTION 36) O About 1/4 of the time O About 1/2 of the time O About 3/4 of the time O Almost always or always

Question 36 appears in the next column.



O NEVER (GO TO QUESTION 37) O 2 times per week O 3-4 times per week O 5-6 times per week O 1 time per day O 2 or more times per day 36a. Each time you ate **peas**, how much did you

frozen)?

- 37a. How often did you eat fresh corn WHEN
 - O 2 times per week
 - O 3-4 times per week O 5-6 times per week
 - O 1 time per day
 - O 2 or more times per day
- 37b. How often did you eat corn (fresh, canned, or frozen) DURING THE REST OF THE YEAR?
 - O 2 times per week O 3-4 times per week O 5-6 times per week O 1 time per day O 2 or more times
- 37c. Each time you ate corn, how much did
 - O Less than 1 ear or less than 1/2 cup
 - O More than 1 ear or more than 1 cup

Question 38 appears on the next page.

9



38. How often did you eat broccoli (fresh or frozen)?

O NEVER (GO TO QUESTION 39)		⊖ 7-11 t	nes per year imes per year	○ 2 times per week○ 3-4 times per week			
O 7-11 times per year O 3-4 ti	es per week mes per week mes per week	🔿 2-3 tir	e per month nes per month e per week	 5-6 times per week 1 time per day 2 or more times per day 			
O 2-3 times per month O 1 tim	e per day more times per day	y O	ou usually eat? Less than 1/2 cup	Iplant , how much did			
38a. Each time you ate broccoli , h usually eat?	- \	0	1/2 to 1 cup More than 1 cup				
O Less than 1/4 cup O 1/4 to 1 cup			n did you eat mixed R (Go to Question 43)	-			
O More than 1 cup 39. How often did you eat cauliflower or	Brussels		nes per year imes per year	2 times per week3-4 times per week			
sprouts (fresh or frozen)?			e per month nes per month	○ 5-6 times per week○ 1 time per day			
O NEVER (GO TO QUESTION 40) O 1-6 times per year O 2 tim	es per week		e per week	O 2 or more times per day			
O 7-11 times per year O 3-4 ti	mes per week mes per week		uch time you ate mix uch did you usually e	ed vegetables, how eat?			
O 2-3 times per month O 1 tim	e per day more times per day	/ 0	Less than 1/2 cup 1/2 to 1 cup More than 1 cup				
39a. Each time you ate cauliflowe sprouts , how much did you u			n did you eat onions R (GO TO QUESTION				
O Less than 1/4 cup O 1/4 to 1/2 cup O More than 1/2 cup		⊖ 7-11 ti	nes per year mes per year per month	 2 times per week 3-4 times per week 5-6 times per week 			
40. How often did you eat squash (fresh, canned) ? (This includes zucchini and		○ 2-3 tin	per month per week	 O 1 time per day O 2 or more times per day 			
O 1-6 times per year O 2 time	s per week	43a. Each time you ate onions , how much did you usually eat?					
	nes per week nes per week e per dav	0	Less than 1 slice or le 1 slice or 1 to 4 tables	poons			
O 1 time per week O 2 or n	nore times per day	0	More than 1 slice or m	ore than 4 tablespoons			
40a. Each time you ate squash , how usually eat? ○ Less than 1/2 cup ○ 1/2 to 1 cup ○ More than 1 cup	v much did you	the <u>12 m</u> prepared WITH so	onths prior to diagno I. How often were yo	ted vegetables you ate in <u>osis</u> and how they were our vegetables COOKED ding oil spray? (<i>Please do</i>			
		O NEV	ER (GO TO QUESTIC	DN 45)			
		○ 7-11 ○ 1 tim ○ 2-3 t	imes per year times per year e per month imes per month e per week	 2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day 			
Question 41 appears on the next page.	Q	\checkmark	pears on the next page				

41. How often did you eat eggplant (fresh, frozen,

O NEVER (Go to Question 42)

canned)?



- 44a. Which fats were usually added to your vegetables **DURING COOKING**? (*Please do not include potatoes.* **Mark all that apply**.)
 - O Margarine (including low-fat)
 - O Butter (including low-fat)
 - O Lard, fatback, or bacon fat
 - O Meat or sausage
 - O Olive Oil
 - O Corn Oil
 - O Canola or rapeseed oil
 - O Oil spray, such as Pam or others
 - O Other kinds of oils
 - O None of the above
- 45. Now, thinking again about all the cooked vegetables you ate <u>12 months prior to diagnosis</u>, how often was some sort of fat, sauce, or dressing added AFTER COOKING OR AT THE TABLE? (*Please do not include potatoes.*)
 - O NEVER (GO TO QUESTION 46)
 - O 1-6 times per yearO 3-4 times per weekO 7-11 times per yearO 5-6 times per weekO 1 time per monthO 1 time per dayO 2-3 times per monthO 2 times per dayO 1-2 times per weekO 3 or more times per day
 - 45a. Which fats, sauces, or dressings were usually added AFTER COOKING OR AT THE TABLE? (*Please do not include potatoes. Mark all that apply*.)
 - O Margarine (including low-fat) O Cheese sauce
 - O Butter (including low-fat) O White sauce
 - O Other
 - Lard, fatback, or bacon fat
 Salad dressing
 - 45b. If margarine, butter, lard, fatback, or bacon fat was added to your cooked vegetables **AFTER COOKING OR AT THE TABLE**, how much did you usually add?
 - O Did not usually add these
 - O Less than 1 teaspoon
 - O 1 to 3 teaspoons
 - O More than 3 teaspoons
 - 45c. If salad dressing, cheese sauce, or white sauce was added to your cooked vegetables AFTER COOKING OR AT THE TABLE, how much did you usually add?
 - O Did not usually add theseO Less than 1 tablespoon
 - \bigcirc Less than 1 tablespo \bigcirc 1 to 3 tablespoons
 - \bigcirc 1 to 5 tablespools
 - O More than 3 tablespoons

Question 46 appears in the next column.

11

- 46. How often did you eat sweet peppers (green, red, or yellow)?

O NEVER (GO TO QUESTION 47)

- O 1-6 times per year
- O 7-11 times per year

O 1 time per week

- O 1 time per month
- O 2 times per week O 3-4 times per week
- O 5-6 times per week
- O 2-3 times per month O 1 time per day
 - O 2 or more times per day
- 46a. Each time you ate **sweet peppers**, how much did you usually eat?
 - O Less than 1/8 pepper
 - O 1/8 to 1/4 pepper
 - O More than 1/4 pepper
- 47. Did you eat **fresh tomatoes** (including those in salads)?
 - O NO (GO TO QUESTION 48)

O YES

47a. How often did you eat **fresh tomatoes** (including those in salads) **WHEN IN SEASON?**

O NEVER

- \bigcirc 1-6 times per season
- 7-11 times per season
- O 1 time per month
- O 2-3 times per month
- O 1 time per week
- O 2 times per week
- \bigcirc 3-4 times per week \bigcirc 5-6 times per week
- O 1 time per day
- O 2 or more times per day

47b. How often did you eat **fresh tomatoes** (including those in salads) **DURING THE REST OF THE YEAR**?

- O NEVER
- O 1-6 times per year
- O 7-11 times per year
- O 1 time per month C
- O 2-3 times per month
- O 1 time per week
- 5-6 times per week○ 1 time per day

O 2 times per week

O 3-4 times per week

O 2 or more times per day

47c. Each time you ate **fresh tomatoes**, how much did you usually eat?

- O Less than 1/4 tomato
- O 1/4 to 1/2 tomato
- O More than 1/2 tomato

Question 48 appears on the next page.







- 48. How often did you eat lettuce salads (with or without other vegetables)?
- O NEVER (GO TO QUESTION 49)
 - 1-6 times per year O 2 times per week
 - O 7-11 times per year O 3-4 times per week
 - O 1 time per month
 - O 2-3 times per month
- O 5-6 times per week O 1 time per day
- O 1 time per week
- O 2 or more times per day
- 48a. Each time you ate lettuce salads, how much did you usually eat?
 - O Less than 1/4 cup
 - 1/4 to 1 1/4 cups
 - O More than 1 1/4 cups
- 49. How often did you eat salad dressing (including low-fat) on salads?
 - O NEVER (GO TO QUESTION 50)
 - O 1-6 times per year O 2 times per week
 - O 7-11 times per year O 3-4 times per week
 - O 1 time per month

O 1 time per week

- O 5-6 times per week
- O 2-3 times per month
- O 1 time per day O 2 or more times per day
- 49a. Each time you ate salad dressing on salads, how much did you usually eat?
 - O Less than 2 tablespoons
 - O 2 to 4 tablespoons
 - O More than 4 tablespoons

50. How often did you eat sweet potatoes or yams?

- O NEVER (GO TO QUESTION 51)
 - O 1-6 times per year O 2 times per week O 7-11 times per year O 3-4 times per week
 - O 5-6 times per week
 - O 1 time per day
 - O 2-3 times per month O 1 time per week

O 1 time per month

- O 2 or more times per day
- 50a. Each time you ate sweet potatoes or yams, how much did you usually eat?
 - O 1 small potato or less than 1/4 cup
 - O 1 medium potato or 1/4 to 3/4 cup
 - O 1 large potato or more than 3/4 cup

51. How often did you eat French fries, home fries, hash browned potatoes, or tater tots?

O NEVER (GO TO QUESTION 52)

- O 1-6 times per year O 7-11 times per year
- O 2 times per week
- O 3-4 times per week
- O 5-6 times per week O 2-3 times per month
 - O 1 time per day
- O 1 time per week

O 1 time per month

O 2 or more times per day

51a. Each time you ate French fries, home fries, hash browned potatoes, or tater tots, how much did you usually eat?

O Less than 10 fries or less than 1/2 cup ○ 10 to 25 fries or 1/2 to 1 cup O More than 25 fries or more than 1 cup

- 52. How often did you eat potato salad?
- O NEVER (GO TO QUESTION 53)
 - O 2 times per week O 1-6 times per year O 7-11 times per year O 3-4 times per week O 1 time per month O 5-6 times per week O 2-3 times per month O 1 time per day O 1 time per week O 2 or more times per day

52a. Each time you ate potato salad, how much did you usually eat?

- O Less than 1/2 cup O 1/2 to 1 cup O More than 1 cup
- 53. How often did you eat baked, boiled, or mashed potatoes?
 - O NEVER (GO TO QUESTION 54)
 - O 1-6 times per year
 - O 2 times per week O 7-11 times per year
 - O 1 time per month
- O 5-6 times per week
- O 1 time per day

53a. Each time you ate baked, boiled, or mashed potatoes, how much did you usually eat?

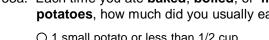
- O 1 small potato or less than 1/2 cup
- O 1 medium potato or 1/2 to 1 cup
- O 1 large potato or more than 1 cup

Question 51 appears in the next column.

Question 54 appears on the next page.

O 3-4 times per week

- O 2-3 times per month
- O 1 time per week
 - O 2 or more times per day





- 53b. How often was **sour cream** (including low-fat) added to your potatoes, EITHER IN COOKING **OR AT THE TABLE?**
 - O Almost never or never (GO TO QUESTION 53d)
 - O About 1/4 of the time
 - O About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always
- 53c. Each time sour cream was added to your potatoes, how much was usually added?
 - O Less than 1 tablespoon
 - O 1 to 3 tablespoons
 - O More than 3 tablespoons
- 53d. How often was margarine (including low-fat) added to your potatoes, EITHER IN COOKING **OR AT THE TABLE?**
 - O Almost never or never
 - O About 1/4 of the time
 - O About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always
 - 53e. How often was butter (including low-fat) added to your potatoes, EITHER IN COOKING OR AT THE TABLE?
 - Almost never or never
 - O About 1/4 of the time
 - O About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always
 - 53f. Each time margarine or butter was added to your potatoes, how much was usually added?
 - O Never added O Less than 1 teaspoon ○ 1 to 3 teaspoons
 - O More than 3 teaspoons
 - 53g. How often was **cheese** or **cheese sauce** added to your potatoes, EITHER IN COOKING OR AT THE TABLE?
 - O Almost never or never (GO TO QUESTION 54)
 - O About 1/4 of the time
 - O About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always

53h. Each time cheese or cheese sauce was added to your potatoes, how much was usually added?

- O Less than 1 tablespoon
- O 1 to 3 tablespoons
- O More than 3 tablespoons
- 54. How often did you eat salsa?
 - O NEVER (GO TO QUESTION 55)
 - O 2 times per week
 - O 1-6 times per year O 7-11 times per year
- O 3-4 times per week
- O 1 time per month
- O 2-3 times per month

O 1 time per week

- O 5-6 times per week O 1 time per day
- O 2 or more times per day
- 54a. Each time you ate salsa, how much did you usually eat?

O Less than 1 tablespoon \bigcirc 1 to 5 tablespoons O More than 5 tablespoons

55. How often did you eat catsup?

- O NEVER (GO TO QUESTION 56)
 - O 1-6 times per year
- O 2 times per week
- O 7-11 times per year
- O 3-4 times per week
- O 1 time per month O 2-3 times per month
- O 5-6 times per week O 1 time per day
- O 1 time per week
 - O 2 or more times per day
- 55a. Each time you ate catsup, how much did you usually eat?
 - O Less than 1 teaspoon
 - O 1 to 6 teaspoons
 - O More than 6 teaspoons
- 56. How often did you eat stuffing, dressing, or dumplings?
- O NEVER (GO TO QUESTION 57)
 - O 1-6 times per year
 - O 7-11 times per year
 - O 1 time per month
- O 2 times per week
- O 2-3 times per month
- O 1 time per week
- 5-6 times per week
- O 1 time per day

Question 57 appears on the next page.

- O 2 or more times per day
- 56a. Each time you ate stuffing, dressing, or dumplings, how much did you usually eat?
 - O Less than 1/2 cup O 1/2 to 1 cup O More than 1 cup

Question 54 appears in the next column.

O 3-4 times per week



- 57. How often did you eat chili?
 - O NEVER (GO TO QUESTION 58)
 - 1-6 times per year
 - O 7-11 times per year
 - O 1 time per month
- O 2 times per week O 3-4 times per week O 5-6 times per week
- O 1 time per day
- O 2-3 times per month O 1 time per week
- O 2 or more times per day
- 57a. Each time you ate chili, how much did you usually eat?
 - O Less than 1/2 cup O 1/2 to 1 3/4 cup O More than 1 3/4 cup
- 58. How often did you eat Mexican foods (such as tacos, tostados, burritos, tamales, fajitas, enchiladas, quesadillas, and chimichangas)?
 - O NEVER (GO TO QUESTION 59)
 - O 1-6 times per year
 - O 7-11 times per year
 - O 1 time per month
 - O 2-3 times per month O 1 time per week
- O 1 time per day O 2 or more times per day

O 2 times per week

○ 3-4 times per week

O 5-6 times per week

- 58a. Each time you ate Mexican foods, how much did you usually eat?
 - O Less than 1 taco, burrito, etc. O 1 to 2 tacos, burritos, etc. O More than 2 tacos, burritos, etc.
- 59. How often did you eat cooked dried beans (such as baked beans, pinto, kidney, blackeyed peas, lima, lentils, soybeans, or refried beans)? (Please don't include bean soups or chili.)
 - O NEVER (GO TO QUESTION 60)
 - O 2 times per week O 1-6 times per year O 7-11 times per year ○ 3-4 times per week
 - O 1 time per month ○ 5-6 times per week
 - O 2-3 times per month
 - O 1 time per week
- O 1 time per day O 2 or more times per day
- 59a. Each time you ate **beans**, how much did you usually eat?
 - O Less than 1/2 cup ○ 1/2 to 1 cup O More than 1 cup

Question 60 appears in the next column.

- 59b. How often were the beans you ate refried beans, beans prepared with any type of fat, or with meat added?
 - O Almost never or never
 - O About 1/4 of the time
 - O About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always

60. How often did you eat other kinds of vegetables?

- O NEVER (GO TO QUESTION 61)
 - 1-6 times per year O 7-11 times per year
- O 2 times per week O 3-4 times per week
- O 1 time per month
- O 2-3 times per month
- O 5-6 times per week O 1 time per day
- O 1 time per week
- O 2 or more times per day
- 60a. Each time you ate other kinds of vegetables, how much did you usually eat?
 - O Less than 1/4 cup
 - O 1/4 to 1/2 cup
 - O More than 1/2 cup
- 61. How often did you eat rice or other cooked grains (such as bulgar, cracked wheat, or millet)?
 - O NEVER (GO TO QUESTION 62)
 - O 1-6 times per year O 2 times per week
 - O 7-11 times per year

O 1 time per week

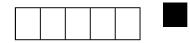
- O 3-4 times per week
- O 1 time per month
 - 5-6 times per week O 1 time per day
- O 2-3 times per month
- O 2 or more times per day
- 61a. Each time you ate rice or other cooked grains, how much did you usually eat?
 - O Less than 1/2 cup
 - 1/2 to 1 1/2 cups
 - O More than 1 1/2 cups
- 61b. How often was butter, margarine, or oil added to your rice IN COOKING OR AT THE TABLE?
 - O Almost never or never
 - O About 1/4 of the time
 - \bigcirc About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always

61c. How often was meat/seafood added to rice? O NEVER (GO TO QUESTION 62)

- O 1-6 times per year O 7-11 times per year
- O 2 times per week
- O 3-4 times per week
- O 1 time per month
- O 2-3 times per month
- O 1 time per week
- 5-6 times per week
- O 1 time per day
- O 2 or more times per day

Question 62 appears on the next page.





- In the 12 months prior to diagnosis... 62. How often did you eat pancakes, waffles, or French toast? O NEVER (GO TO QUESTION 63) O 1-6 times per year O 2 times per week O 7-11 times per year O 3-4 times per week O 1 time per month O 5-6 times per week O 2-3 times per month O 1 time per day O 1 time per week O 2 or more times per day 62a. Each time you ate pancakes, waffles, or French toast, how much did you usually eat? O Less than 1 medium piece O 1 to 3 medium pieces O More than 3 medium pieces 62b. How often was margarine (including low-fat) added to your pancakes, waffles, or French toast AFTER COOKING OR AT THE TABLE? O Almost never or never O About 1/4 of the time O About 1/2 of the time ○ About 3/4 of the time O Almost always or always 62c. How often was butter (including low-fat) added to your pancakes, waffles, or French toast AFTER COOKING OR AT THE TABLE? ○ Almost never or never O About 1/4 of the time O About 1/2 of the time O About 3/4 of the time O Almost always or always 62d. Each time margarine or butter was added to your pancakes, waffles, or French toast, how much was usually added? O Never added O Less than 1 teaspoon O 1 to 3 teaspoons O More than 3 teaspoons 62e. How often was syrup added to your pancakes, waffles, or French toast? O Almost never or never (GO TO QUESTION 63) O About 1/4 of the time O About 1/2 of the time O About 3/4 of the time O Almost always or always Question 63 appears in the next column.
- 62f. Each time syrup was added to your pancakes, waffles, or French toast, how much was usually added?
 - O Less than 1 tablespoon O 1 to 4 tablespoons O More than 4 tablespoons
- 63. How often did you eat lasagna, stuffed shells, stuffed manicotti, ravioli, or tortellini? (Please do not include spaghetti or other pasta.)

O NEVER (GO TO QUESTION 64)

- O 1-6 times per year O 2 times per week O 7-11 times per year O 3-4 times per week O 1 time per month O 5-6 times per week
- O 2-3 times per month

O 1 time per week

- O 1 time per day
- O 2 or more times per day
- 63a. Each time you ate lasagna, stuffed shells, stuffed manicotti, ravioli, or tortellini, how much did you usually eat?

O Less than 1 cup O 1 to 2 cups O More than 2 cups

64. How often did you eat macaroni and cheese?

O NEVER (GO TO QUESTION 65)

O 1-6 times per year O 7-11 times per year O 1 time per month

O 2-3 times per month

O 1 time per week

- O 2 times per week
- O 3-4 times per week
- O 5-6 times per week
- O 1 time per day
 - O 2 or more times per day

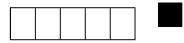
64a. Each time you ate macaroni and cheese, how much did you usually eat?

O Less than 1 cup O 1 to 1 1/2 cups O More than 1 1/2 cups

- 65. How often did you eat pasta salad or macaroni salad?
 - O NEVER (GO TO QUESTION 66)
 - O 1-6 times per year O 7-11 times per year O 1 time per month O 2-3 times per month
- O 2 times per week
- O 3-4 times per week
- O 5-6 times per week
 - O 1 time per day
 - O 2 or more times per day

Question 66 appears on the next page.

O 1 time per week





- 65a. Each time you ate **pasta salad** or **macaroni salad**, how much did you usually eat?
 - O Less than 1/2 cup
 - O 1/2 to 1 cup
 - O More than 1 cup
- 66. Other than the pastas listed in Questions 63, 64, and 65, how often did you eat **pasta**, **spaghetti**, or **other noodles**?
 - O NEVER (GO TO QUESTION 67)
 - O 1-6 times per year
 - O 7-11 times per year
- \bigcirc 2 times per week \bigcirc 3-4 times per week
- O 1 time per month
 - 0 5-6 times per week
- O 2-3 times per month
- O 1 time per day
- O 1 time per week
- O 2 or more times per day
- 66a. Each time you ate **pasta**, **spaghetti** or **other noodles**, how much did you usually eat?
 - O Less than 1 cup
 - O 1 to 3 cups
 - O More than 3 cups
- 66b. How often did you eat your pasta, spaghetti, or other noodles with **tomato sauce** or **spaghetti sauce made WITH meat**?
 - O Almost never or never
 - O About 1/4 of the time
 - O About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always
- 66c. How often did you eat your pasta, spaghetti, or other noodles with **tomato sauce** or **spaghetti sauce made WITHOUT meat**?
 - O Almost never or never
 - O About 1/4 of the time
 - \bigcirc About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always
- 66d. How often did you eat your pasta, spaghetti, or other noodles with margarine, butter, oil, or cream sauce?
 - O Almost never or never
 - O About 1/4 of the time
 - O About 1/2 of the time
 - O About 3/4 of the time
 - Almost always or always

Question 67 appears in the next column.

- 67. How often did you eat bagels or English muffins?
- O NEVER (GO TO INTRODUCTION TO QUESTION 68)
 - O 1-6 times per year
- O 2 times per week
 O 3-4 times per week
- 7-11 times per year○ 1 time per month
- 5-6 times per week○ 1 time per day
- O 2-3 times per month O 1 time per week
- O 2 or more times per day
- 67a. Each time you ate **bagels** or **English muffins**, how much did you usually eat?
 - O Less than 1 bagel or English muffin
 - O 1 bagel or English muffin
 - O More than 1 bagel or English muffin
- 67b. How often was **margarine** (including low-fat) added to your bagels or English muffins?
 - O Almost never or never
 - O About 1/4 of the time
 - O About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always
- 67c. How often was **butter** (including low-fat) added to your bagels or English muffins?
 - O Almost never or never
 - O About 1/4 of the time
 - O About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always
- 67d. Each time **margarine** or **butter** was added to your bagels or English muffins, how much was usually added?
 - O Never added
 - O Less than 1 teaspoon
 - O 1 to 2 teaspoons
 - O More than 2 teaspoons
- 67e. How often was **cream cheese** (including low-fat) spread on your bagels or English muffins?

 O Almost never or never (GO TO INTRODUCTION TO QUESTION 68)

- O About 1/4 of the time
- O About 1/2 of the time
- O About 3/4 of the timeO Almost always or always
- RO

Introduction to Question 68 appears on the next page.



- 67f. Each time **cream cheese** was added to your bagels or English muffins, how much was usually added?
 - O Less than 1 tablespoon
 - O 1 to 2 tablespoons
 - O More than 2 tablespoons

The next questions ask about your intake of breads other than bagels or English muffins. First, we will ask about bread you ate as part of sandwiches only. Then we will ask about all other bread you ate.

- 68. How often did you eat breads or rolls AS PART OF SANDWICHES (including french bread, burger and hot dog rolls)?
 - O NEVER (GO TO QUESTION 69)
 - 1-6 times per year
 - O 7-11 times per year
 - O 1 time per month
 - O 2-3 times per month
 - O 1 time per week
- O 5-6 times per week O 1 time per day

O 2 times per week

O 3-4 times per week

- O 2 or more times per day
- 68a. Each time you ate **breads** or **rolls AS PART OF SANDWICHES**, how many did you usually eat?

O 1 slice or 1/2 roll
O 2 slices or 1 roll
O More than 2 slices or more than 1 roll

- 68b. How often were the breads or rolls that you used for your sandwiches **white bread** (including burger and hot dog rolls)?
 - O Almost never or never
 - O About 1/4 of the time
 - O About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always

68c. How often was **mayonnaise** or **mayonnaise-type dressing** (including low-fat) added to your sandwich bread or rolls?

- O Almost never or never (GO TO QUESTION 68e)
- O About 1/4 of the time
- O About 1/2 of the time
- O About 3/4 of the time
- O Almost always or always

- 68d. Each time **mayonnaise** or **mayonnaise-type dressing** was added to your sandwich breads or rolls, how much was usually added?
 - O Less than 1 teaspoonO 1 to 3 teaspoonsO More than 3 teaspoons
- 68e. How often was **margarine** (including low-fat) added to your sandwich bread or rolls?
 - O Almost never or never
 - O About 1/4 of the time
 - O About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always
- 68f. How often was **butter** (including low-fat) added to your sandwich bread or rolls?
 - O Almost never or never
 - O About 1/4 of the time
 - O About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always
- 68g. Each time **margarine** or **butter** was added to your sandwich breads or rolls, how much was usually added?
 - O Never added
 - O Less than 1 teaspoon
 - O 1 to 2 teaspoons
 - O More than 2 teaspoons

69. How often did you eat breads or dinner rolls, NOT AS PART OF SANDWICHES?

- O NEVER (GO TO INTRODUCTION TO QUESTION 70)
 - 1-6 times per year
 - O 7-11 times per year
- O 2 times per week
 O 3-4 times per week
 O 5-6 times per week
- O 1 time per month
- O 2-3 times per month
- O 1 time per dayO 2 or more times
 - per day

69a. Each time you ate **breads** or **dinner rolls**, **NOT AS PART OF SANDWICHES**, how much did you usually eat?

- O 1 slice or 1 dinner roll
- O 2 slices or 2 dinner rolls
- O More than 2 slices or more than 2 dinner rolls



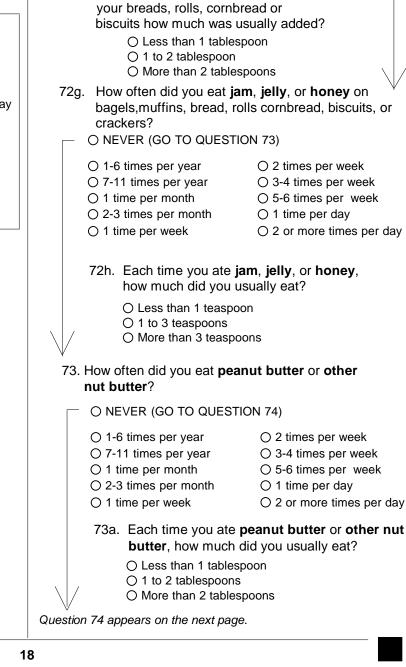
Question 70 appears on the next page.

Question 68e appears in the next column Question 69 appears in the next column. REV 5/16/2005

- r month per month
- O 1 time per week



72d. Each time margarine or butter was In the 12 months prior to diagnosis... added to your breads, rolls, cornbread or 70. How often did you eat corn bread or corn muffins? biscuits how much was usually added? O NEVER (GO TO QUESTION 71) O 2 times per week ○ 1-6 times per year O 7-11 times per year O 3-4 times per week O 1 time per month ○ 5-6 times per week 72e. How often was cream cheese (including O 2-3 times per month O 1 time per day low-fat) added to your breads, rolls, cornbread O 1 time per week O 2 or more times per day or biscuits? 70a. Each time you ate **corn bread** or **corn** muffins, how much did you usually eat? O Less than 1 piece or muffin O 1 to 2 pieces or muffins O More than 2 pieces or muffins 72f. Each time cream cheese was added to 71. How often did you eat biscuits? O NEVER (GO TO QUESTION 72a) O 1-6 times per year O 2 times per week O 7-11 times per year O 3-4 times per week O 1 time per month O 5-6 times per week O 2-3 times per month O 1 time per day O 1 time per week O 2 or more times per day 71a. Each time you ate biscuits, how many did you usually eat? O Fewer than 1 biscuit O 1 to 2 biscuits O More than 2 biscuits 72a. How often were the breads, rolls or biscuits you ate made with white flour? O Almost never or never O About 1/4 of the time O About 1/2 of the time O About 3/4 of the time O Almost always or always 72b. How often was margarine (including low-fat) added to your breads, rolls, cornbread or biscuits? O Almost never or never O About 1/4 of the time O About 1/2 of the time O About 3/4 of the time O Almost always or always 72c. How often was butter (including low-fat) added to your breads, rolls, cornbread or biscuits? O Almost never or never O About 1/4 of the time O About 1/2 of the time O About 3/4 of the time O Almost always or always Question 72 appears in the next column. REV 5/16/2005



O Never added

O Less than 1 teaspoon

O More than 2 teaspoons

O About 1/4 of the time

O About 1/2 of the time

O About 3/4 of the time

O Almost always or always

O Almost never or never (GO TO QUESTION 72g)

O 1 to 2 teaspoons



74. How often did you eat roast beef or steak IN SANDWICHES?

O NEVER (GO TO QUESTION 75)

- O 1-6 times per year
- 7-11 times per year
- O 2 times per week O 3-4 times per week
- O 1 time per month
- O 2-3 times per month O 1 time per week
- 5-6 times per week
- O 1 time per day
 - O 2 or more times per day
- 74a. Each time you ate roast beef or steak IN SANDWICHES, how much did you usually eat?
 - O Less than 1 slice or less than 2 ounces
 - O 1 to 2 slices or 2 to 4 ounces
 - O More than 2 slices or more than 4 ounces
- 75. How often did you eat turkey or chicken COLD CUTS (such as loaf, luncheon meat, turkey ham,

turkey salami, turkey pastrami, or turkey bacon)? (We will ask about other turkey or chicken later.)

- O NEVER (GO TO QUESTION 76)
- O 1-6 times per year
- O 2 times per week
- O 7-11 times per year
- O 3-4 times per week
- O 1 time per month O 5-6 times per week O 1 time per day
- O 2-3 times per month O 1 time per week
- O 2 or more times per day
- 75a. Each time you ate turkey or chicken COLD CUTS, how much did you usually eat?
 - O Less than 1 slice
 - O 1 to 3 slices
 - O More than 3 slices



Question 76 appears on the next page.

- 76. How often did you eat luncheon or deli-style ham? (We will ask about other ham later.)
 - O NEVER (GO TO QUESTION 77)
 - O 1-6 times per year
 - 7-11 times per year O 1 time per month

O 1 time per week

O 3-4 times per week O 5-6 times per week

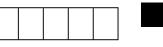
O 2 times per week

- O 2-3 times per month
- O 1 time per day O 2 or more times per day
- 76a. Each time you ate luncheon or deli-style ham, how much did you usually eat?
 - O Less than 1 slice
 - O 1 to 3 slices
 - O More than 3 slices
- 76b. How often was the luncheon or deli-style ham you ate light, low-fat, or fat-free?
 - O Almost never or never
 - O About 1/4 of the time
 - O About 1/2 of the time
 - O About 3/4 of the time

O Almost always or always

- 77. How often did you eat other cold cuts or luncheon meats (such as bologna, salami, corned beef, pastrami, or others, including low-fat)? (Please do not include ham, turkey, or chicken cold cuts.)
 - O NEVER (GO TO QUESTION 78)
 - O 1-6 times per year
- O 7-11 times per year O 1 time per month
- O 2 times per week O 3-4 times per week
- O 5-6 times per week
 - O 1 time per day
- O 2-3 times per month O 1 time per week
- O 2 or more times per day
- 77a. Each time you ate other cold cuts or luncheon meats, how much did you usually eat?
 - O Less than 1 slice O 1 to 3 slices
 - O More than 3 slices
- 77b. How often were the other cold cuts or luncheon meats you ate light, low-fat, or fat-free cold cuts or luncheon meats? (Please do not include ham, turkey, or chicken cold cuts.)
 - O Almost never or never
 - \bigcirc About 1/4 of the time
 - O About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always

Question 78 appears on the next page.





- 78. How often did you eat canned tuna (including in salads, sandwiches, or casseroles)?
 - O NEVER (GO TO QUESTION 79)
 - O 1-6 times per year
 - O 7-11 times per year
- O 2 times per week O 3-4 times per week
- O 1 time per month
- O 5-6 times per week
- O 2-3 times per month O 1 time per week
- O 1 time per day
- O 2 or more times per day
- 78a. Each time you ate canned tuna, how much did you usually eat?
 - O Less than 1/4 cup or less than 2 ounces
 - O 1/4 to 1/2 cup or 2 to 3 ounces
 - O More than 1/2 cup or more than 3 ounces
- 78b. How often was the canned tuna you ate water-packed tuna?
 - O Almost never or never
 - O About 1/4 of the time
 - O About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always
- 78c. How often was the canned tuna you ate prepared with mayonnaise or other dressing (including low-fat)?
 - O Almost never or never
 - O About 1/4 of the time
 - \bigcirc About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always
- 79. How often did you eat GROUND chicken or turkey? (We will ask about other chicken and turkey later.)
 - O NEVER (GO TO QUESTION 80)
 - O 1-6 times per year
 - O 7-11 times per year
 - O 1 time per month
- O 2 times per week O 3-4 times per week
- O 5-6 times per week
- O 2-3 times per month
- O 1 time per week
- O 1 time per day O 2 or more times per day
- 79a. Each time you ate **GROUND chicken** or turkey, how much did you usually eat?
 - O Less than 2 ounces or less than 1/2 cup
 - O 2 to 4 ounces or 1/2 to 1 cup
 - O More than 4 ounces or more than 1 cup

Question 80 appears in the next column.

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80. How often did you eat beef hamburgers or cheeseburgers?

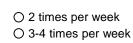
O NEVER (GO TO QUESTION 81)

- 1-6 times per year
- O 7-11 times per year O 1 time per month
- O 1 time per day
- O 2-3 times per month O 1 time per week
- O 2 or more times per day
- 80a. Each time you ate beef hamburgers or cheeseburgers, how much did you usually eat?
 - O Less than 1 patty or less than 2 ounces
 - O 1 patty or 2 to 4 ounces
 - O More than 1 patty or more than 4 ounces
- 80b. How often were the beef hamburgers or cheeseburgers you ate made with lean ground beef?
 - O Almost never or never
 - O About 1/4 of the time
 - O About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always
- 81. How often did you eat ground beef in mixtures (such as meatballs, casseroles, chili, or meatloaf)?
 - O NEVER (GO TO QUESTION 82)
 - O 1-6 times per year
 - O 7-11 times per year
- O 2 times per week O 3-4 times per week
- O 1 time per month
- O 5-6 times per week O 1 time per day
- O 2-3 times per month O 1 time per week
 - O 2 or more times per day
- 81a. Each time you ate ground beef in mixtures, how much did you usually eat?
 - O Less than 3 ounces or less than 1/2 cup O 3 to 8 ounces or 1/2 to 1 cup O More than 8 ounces or more than 1 cup
- 82. How often did you eat hot dogs or frankfurters? (Please do not include sausages or vegetarian hot dogs.)
 - O NEVER (GO TO QUESTION 83)
 - O 1-6 times per year
- O 2 times per week O 3-4 times per week
- O 7-11 times per year O 1 time per month
- O 5-6 times per week O 1 time per day

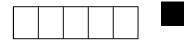
O 2 or more times per day

- O 2-3 times per month
- O 1 time per week
- 82a. Each time you ate hot dogs or frankfurters, how many did you usually eat?
 - O Less than 1 hot dog
 - O 1 to 2 hot doas
 - O More than 2 hot dogs

Question 83 appears on the next page.



○ 5-6 times per week





In the 1	2 months prior to diagnosi	e		85b. How often was
83.	The provide the second se	nixtures such as		 Almost never About 1/4 of f About 1/2 of f About 3/4 of f
<u> </u>	O NEVER (GO TO QUESTIO	N 84)		O Almost alway
	 1-6 times per year 7-11 times per year 1 time per month 2-3 times per month 1 time per week 83a. Each time you ate bee beef and noodles, or how much did you usu 	beef and vegetables,	86	 How often did you eat O NEVER (GO TO QU O 1-6 times per year O 7-11 times per year O 1 time per month O 2-3 times per month O 1 time per week
\bigvee	◯ Less than 1 cup◯ 1 to 2 cups◯ More than 2 cups			86a. Each time you how much did O Less than 4 r
	How often did you eat roast (Please do not include roast sandwiches.)		$ $ \vee	O 4 to 12 ribs O More than 12
	O NEVER (GO TO QUESTIC	N 85)	87	. How often did you eat or turkey nuggets (in
	 1-6 times per year 7-11 times per year 1 time per month 2-3 times per month 1 time per week 84a. Each time you ate road	 2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day 		 NEVER (GO TO QU 1-6 times per year 7-11 times per year 1 time per month 2-3 times per month
	(including in mixtures usually eat?			○ 1 time per week
\bigvee	 Less than 2 ounces 2 to 5 ounces More than 5 ounces 			87a. Each time you cutlets, or turl usually eat? (F = 3 ounces)
	How often did you eat steak s <i>teak in sandwiches.)</i>	(beef)? (Do not include		\bigcirc Less than 2 o \bigcirc 2 to 4 ounces
	O NEVER (GO TO QUESTIC	N 86)	$ $ \vee	O More than 4 c
	 1-6 times per year 7-11 times per year 1 time per month 2-3 times per month 1 time per week 85a. Each time you ate steadid you usually eat? Less than 3 ounces 3 to 7 ounces More than 7 ounces 	 2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day eak (beef), how much 	88	 How often did you eat sandwiches, casser O NEVER (GO TO QU O 1-6 times per year O 7-11 times per year O 1 time per month O 2-3 times per month O 1 time per week
\vee			$ $ \vee	

Question 86 appears in the next column.

ow often was the steak you ate lean steak?

- Almost never or never About 1/4 of the time
- About 1/2 of the time
- About 3/4 of the time
- Almost always or always

n did you eat **pork** or **beef spareribs**?

R (GO TO QUESTION 87)

- nes per year
- O 2 times per week
- imes per year per month
- O 3-4 times per week
 - O 5-6 times per week
 - nes per month
 - O 1 time per day O 2 or more times per day
- ich time you ate pork or beef spareribs, w much did you usually eat?
 - Less than 4 ribs 4 to 12 ribs More than 12 ribs
- n did you eat roast turkey, turkey cutlets, nuggets (including in sandwiches)?
 - R (GO TO QUESTION 88)
 - nes per year
- O 2 times per week
- imes per year per month
- O 3-4 times per week O 5-6 times per week
- O 1 time per day
- nes per month per week
- 2 or more times per day
- ich time you ate roast turkey, turkey tlets, or turkey nuggets, how much did you sually eat? (Please note: 4 to 8 turkey nuggets 3 ounces)

Less than 2 ounces 2 to 4 ounces More than 4 ounces

n did you eat chicken as part of salads, hes, casseroles, stews, or other mixtures?

- R (GO TO QUESTION 89)
 - O 2 times per week
 - O 3-4 times per week
 - O 5-6 times per week
 - O 1 time per day nes per month
 - per week
- O 2 or more times per day

Question 89 appears on the next page.



- 88a. Each time you ate chicken as part of salads, sandwiches, casseroles, stews, or other mixtures, how much did you usually eat?
 - O Less than 1/2 cup
 - O 1/2 to 1 1/2 cups
 - O More than 1 1/2 cups
- 89. How often did you eat baked, broiled, roasted, stewed, or fried chicken (including nuggets)? (Please do not include chicken in mixtures.)
 - O NEVER (GO TO QUESTION 90)
 - O 1-6 times per year
 - O 7-11 times per year
- O 2 times per week O 3-4 times per week

O 5-6 times per week

- O 1 time per month
- O 2-3 times per month O 1 time per day
- O 1 time per week
- O 2 or more times per day
- 89a. Each time you ate baked, broiled, roasted, stewed, or fried chicken (including nuggets), how much did you usually eat?
 - O Less than 2 drumsticks or wings, less than 1 breast or thigh, or less than 4 nuggets
 - O 2 drumsticks or wings, 1 breast or thigh, or 4 to 8 nuggets
 - O More than 2 drumsticks or wings, more than 1 breast or thigh, or more than 8 nuggets
- 89b. How often was the chicken you ate fried chicken (including deep fried) or chicken nuggets?
 - O Almost never or never
 - O About 1/4 of the time
 - \bigcirc About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always
- 89c. How often was the chicken you ate WHITE meat?
 - O Almost never or never
 - O About 1/4 of the time
 - O About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always
- 89d. How often did you eat chicken WITH skin?
 - O Almost never or never
 - O About 1/4 of the time
 - \bigcirc About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always

Question appears 90 in the next column.

90. How often did you eat baked ham or ham steak?

O NEVER (GO TO QUESTION 91)

- O 1-6 times per year
- O 7-11 times per year O 1 time per month
- O 3-4 times per week
- O 5-6 times per week
 - O 1 time per day

O 2 times per week

- O 2-3 times per month O 1 time per week
- O 2 or more times per day
- 90a. Each time you ate baked ham or ham steak, how much did you usually eat?
 - O Less than 1 ounce
 - O 1 to 3 ounces
 - O More than 3 ounces
- 91. How often did you eat **pork** (including chops, roasts, and in mixed dishes)? (Please do not include ham, ham steak, or sausage.)

O NEVER (GO TO QUESTION 92)

- O 1-6 times per year
- O 2 times per week
- O 7-11 times per year
- O 3-4 times per week
- O 5-6 times per week
- O 1 time per month O 2-3 times per month

O 1 time per week

- O 1 time per day
 - O 2 or more times per day
- 91a. Each time you ate **pork**, how much did you usually eat?

O Less than 2 ounces or less than 1 chop O 2 to 5 ounces or 1 chop

O More than 5 ounces or more than 1 chop

- 92. How often did you eat gravy on meat, chicken, potatoes, rice, etc.?
 - O NEVER (GO TO QUESTION 93)
 - O 1-6 times per year
 - O 7-11 times per year O 3-4 times per week
 - O 1 time per month
 - O 2-3 times per month O 1 time per week
- O 1 time per day O 2 or more times per day

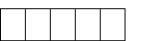
O 5-6 times per week

O 2 times per week

92a. Each time you ate gravy on meat, chicken, potatoes, rice, etc., how much did you usually eat?

> O Less than 1/8 cup O 1/8 to 1/2 cup O More than 1/2 cup

Question 93 appears on the next page.





In the 12 months prior to diagnosis... 93. How often did you eat liver (all kinds) or liverwurst? O NEVER (GO TO QUESTION 94) ○ 1-6 times per year O 2 times per week O 7-11 times per year O 3-4 times per week O 1 time per month ○ 5-6 times per week O 2-3 times per month O 1 time per day O 1 time per week O 2 or more times per day 93a. Each time you ate liver or liverwurst, how much did you usually eat? O Less than 1 ounce O 1 to 4 ounces O More than 4 ounces 94. How often did you eat sweetbreads or chitterlings? O NEVER (GO TO QUESTION 95) O 1-6 times per year O 2 times per week O 7-11 times per year O 3-4 times per week O 1 time per month ○ 5-6 times per week O 2-3 times per month O 1 time per day O 1 time per week O 2 or more times per day 94a. Each time you ate sweetbreads or chitterlings, how much did you usually eat? O Less than 1 ounce O 1 to 4 ounces O More than 4 ounces 95. How often did you eat bacon (including low-fat)? O NEVER (GO TO QUESTION 96) O 1-6 times per year O 2 times per week O 7-11 times per year O 3-4 times per week O 1 time per month ○ 5-6 times per week O 2-3 times per month O 1 time per day O 1 time per week O 2 or more times per day 95a. Each time you ate **bacon**, how much did you usually eat? O Fewer than 2 slices O 2 to 3 slices O More than 3 slices 95b. How often was the bacon you ate light, low-fat, or lean bacon? (excluding turkey bacon) O Almost never or never O About 1/4 of the time O About 1/2 of the time O About 3/4 of the time

O Almost always or always

Question 96 appears in the next column.

96. How often did you eat sausage (including low-fat)?

O NEVER (GO TO QUESTION 97)

O 1 time per month

O 1 time per week

O 2-3 times per month

- O 1-6 times per year O 2 times per week
- O 7-11 times per year
 - O 3-4 times per week O 5-6 times per week
 - O 1 time per day
 - O 2 or more times per day

96a. Each time you ate sausage, how much did you usually eat?

> O Less than one patty or 2 links O 1 to 3 patties or 2 to 5 links O More than 3 patties or 5 links

96b. How often was the sausage you ate light, low-fat, or lean sausage?

- O Almost never or never O About 1/4 of the time O About 1/2 of the time ○ About 3/4 of the time
- O Almost always or always

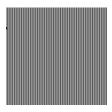
97. How often did you eat fish sticks or fried fish (including fried seafood or shellfish like shrimp, oysters or crawfish)?

O NEVER (GO TO QUESTION 98)

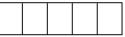
- O 2 times per week
- 1-6 times per year O 7-11 times per year
- O 3-4 times per week O 1 time per month
 - O 5-6 times per week
- O 2-3 times per month O 1 time per week
- O 1 time per day
- O 2 or more times per day

97a. Each time you ate fish sticks or fried fish, how much did you usually eat?

- O Less than 2 ounces or less than 1 fillet
- \bigcirc 2 to 7 ounces or 1 fillet
- O More than 7 ounces or more than 1 fillet



Introduction to Question 98 appears on the next page.





- 98. How often did you eat fish or shellfish that was NOT FRIED (this includes shrimp, oysters or crawfish)?
 - O NEVER (GO TO INTRODUCTION TO QUESTION 99)
 - O 1-6 times per year O 2 times per week
 - O 7-11 times per year
- O 3-4 times per week
- O 1 time per month
- O 2-3 times per month

- O 1 time per week
- O 5-6 times per week
- O 1 time per day
 - O 2 or more times per day

98a. Each time you ate **fish** or **shellfish that was** not fried, how much did you usually eat?

O Less than 2 ounces or less than 1 fillet

- \bigcirc 2 to 5 ounces or 1 fillet
- O More than 5 ounces or more than 1 fillet

99. How often did you eat dark meat fish, like salmon that was not fried?

- O NEVER (GO TO INTRODUCTION TO QUESTION 100)
- O 2 times per week ○ 1-6 times per year O 7-11 times per year O 3-4 times per week O 1 time per month ○ 5-6 times per week O 2-3 times per month O 1 time per day
- O 1 time per week

- O 2 or more times per day

99a. Each time you ate dark meat fish that was not fried, how much did you usually eat?

- O Less than 2 ounces or less than 1 fillet
- O 2 to 5 ounces or 1 fillet
- O More than 5 ounces or more than 1 fillet

100. How often did you eat fresh tuna?

- O NEVER (GO TO INTRODUCTION TO QUESTION 101)
 - O 1-6 times per year
 - 7-11 times per year O 1 time per month
- O 3-4 times per week O 5-6 times per week

O 2 times per week

- O 1 time per day
- O 2-3 times per month O 1 time per week
- O 2 or more times per day
- 100a. Each time you ate fresh tuna, how much did you usually eat?
 - O Less than 2 ounces or less than 1 fillet
 - \bigcirc 2 to 5 ounces or 1 fillet

Question 101 appears in the next column.

O More than 5 ounces or more than 1 fillet

Now think about all the meat, poultry, and fish you ate in the past 12 months and how they were prepared.

- 101. How often was oil, butter, margarine, or other fat used to FRY, SAUTE, BASTE, OR **MARINATE** any meat, poultry, or fish you ate? (Please do not include deep frying.)
 - O NEVER (GO TO QUESTION 102)
 - O 1-6 times per year
 - O 2 times per week O 7-11 times per year
 - O 3-4 times per week
 - 5-6 times per week
 - O 1 time per month O 2-3 times per month

O 1 time per week

O 1 time per day O 2 or more times per day

101a. Which of the following **fats** were regularly used to prepare your meat, poultry, or fish? (Mark all that apply.)

- O Margarine (including low-fat)
- O Butter (including low-fat)
- O Lard, fatback, or bacon fat
- O Olive Oil
- O Corn Oil
- O Canola or rapeseed oil
- O Oil spray, such as Pam or others
- O Other kinds of oils
- None of the above

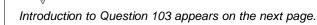
102. How often did you eat tofu, soy burgers, or soy meat-substitutes?

O NEVER (GO TO QUESTION 103)

- O 1-6 times per year O 7-11 times per year
- O 2 times per week O 3-4 times per week
 - O 5-6 times per week O 1 time per day
- O 1 time per month O 2-3 times per month
- O 1 time per week
- O 2 or more times per day

102a. Each time you ate tofu, soy burgers, or soy meat-substitutes, how much did you usually eat?

- \bigcirc Less than 1/4 cup or less than 2 ounces O 1/4 to 1/2 cup or 2 to 4 ounces
- O More than 1/2 cup or more than 4 ounces





Did you eat **soups**? 103.

O NO (Go To Question 104)

O YES

103a. How often did you eat soups DURING THE WINTER?

O NEVER

- O 1-6 times per winter
- 7-11 times per winter
- O 1 time per month
- O 2-3 times per month
- O 1 time per week
- O 1 time per day O 2 or more times per day

O 2 times per week

O 3-4 times per week

O 5-6 times per week

103b. How often did you eat soups DURING THE **REST OF THE YEAR**?

O NEVER

- O 1-6 times per year O 2 times per week
- O 7-11 times per year O 3-4 times per week
- O 1 time per month
- O 5-6 times per week O 1 time per day
- O 2-3 times per month O 1 time per week
- O 2 or more times per day

103c. Each time you ate soups, how much did you usually eat?

- O Less than 1 cup
- O 1 to 2 cups
- O More than 2 cups

103d. How often were the soups you ate bean soups?

- O Almost never or never
- O About 1/4 of the time
- O About 1/2 of the time
- O About 3/4 of the time
- O Almost always or always

103e.How often were the soups you ate cream soups (including chowders)?

- O Almost never or never
- O About 1/4 of the time
- O About 1/2 of the time
- O About 3/4 of the time
- O Almost always or always

Question 104 appears in the next column.

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or vegetable soups?

- O Almost never or never
- O About 1/4 of the time
- O About 1/2 of the time
- O About 3/4 of the time
- O Almost always or always

103g. How often were the soups you ate broth soups (including chicken) with or without noodles or rice?

- O Almost never or never
- O About 1/4 of the time
- \bigcirc About 1/2 of the time
- O About 3/4 of the time
- O Almost always or always

103h. How often were the soups you ate gumbo?

- O Almost never or never
- O About 1/4 of the time
- O About 1/2 of the time
- O About 3/4 of the time
- O Almost always or always

104. How often did you eat pizza?

- O NEVER (GO TO QUESTION 105)
 - O 1-6 times per year
 - O 2 times per week ○ 7-11 times per year
 - O 3-4 times per week O 5-6 times per week
 - O 1 time per month O 2-3 times per month
 - O 1 time per week
- O 1 time per day
- O 2 or more times per day

104a. Each time you ate **pizza**, how much did you usually eat?

- O Less than 1 slice or less than 1 mini pizza
- O 1 to 3 slices or 1 mini pizza
- O More than 3 slices or more than 1 mini pizza

104b. How often did you eat pizza with pepperoni, sausage, or other meat?

- O Almost never or never
- O About 1/4 of the time
- O About 1/2 of the time
- O About 3/4 of the time
- O Almost always or always
- 104c. How often did you eat pizza with
 - a tomato sauce?
 - O Almost never or never
 - O About 1/4 of the time
 - O About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always

Question 105 appears on the next page.



- 104d. How often did you eat pizza without a tomato sauce?
 - O Almost never or never
 - O About 1/4 of the time
 - \bigcirc About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always

105. How often did you eat crackers?

O NEVER (GO TO QUESTION 106)

- O 1-6 times per year
- O 2 times per week O 7-11 times per year
- O 1 time per month
- O 3-4 times per week O 5-6 times per week
- O 2-3 times per month
- O 1 time per week
- O 1 time per day O 2 or more times per day
- 105a. Each time you ate crackers, how many did you usually eat?
 - O Fewer than 4 crackers
 - \bigcirc 4 to 10 crackers
 - O More than 10 crackers

106. How often did you eat potato chips, tortilla

chips, or corn chips (including low-fat, fat-free, or low-salt)?

O NEVER (GO TO QUESTION 107)

- O 1-6 times per year
- O 2 times per week
- O 7-11 times per year
- O 3-4 times per week
- O 1 time per month
- O 5-6 times per week
- O 2-3 times per month O 1 time per week
- O 1 time per day O 2 or more times per day
- 106a. Each time you ate potato chips, tortilla chips, or corn chips, how much did you usually eat?
 - O Fewer than 10 chips or less than 1 cup
 - O 10 to 25 chips or 1 to 2 cups
 - O More than 25 chips or more than 2 cups

106b. How often were the chips you ate **Wow chips** or other chips made with fat substitute (Olean or Olestra)?

- O Almost never or never
- \bigcirc About 1/4 of the time
- \bigcirc About 1/2 of the time
- O About 3/4 of the time
- O Almost always or always

Question 107 appears in the next column.

- 106c. How often were the chips you ate other low-fat or fat-free chips?
 - O Almost never or never
 - O About 1/4 of the time
 - O About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always
- 107. How often did you eat popcorn (including low-fat)?

O NEVER (GO TO QUESTION 108)

- 1-6 times per year
- O 2 times per week
- O 7-11 times per year
- O 3-4 times per week
- O 1 time per month

- 5-6 times per week O 1 time per day
- O 2-3 times per month O 1 time per week
- 2 or more times per day

107a. Each time you ate **popcorn**, how much did you usually eat?

> O Less than 2 cups, popped O 2 to 5 cups, popped O More than 5 cups, popped

108. How often did you eat pretzels?

- O NEVER (GO TO QUESTION 109)
- O 1-6 times per year
- O 7-11 times per year

O 1 time per week

- O 1 time per month
- O 2-3 times per month
- O 5-6 times per week O 1 time per day

O 3-4 times per week

O 2 times per week

O 2 or more times per day

108a. Each time you ate pretzels, how many did you usually eat?

O Fewer than 5 average twists

O 5 to 20 average twists

O More than 20 average twists

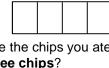
109. How often did you eat peanuts, walnuts, seeds, or other nuts?

O NEVER (GO TO QUESTION 110)

- O 1-6 times per year
- 7-11 times per year
- O 2 times per week
- O 3-4 times per week O 5-6 times per week
- O 1 time per month
- O 2-3 times per month O 1 time per week
- O 1 time per day O 2 or more times per day
- 109a. Each time you ate peanuts, walnuts, seeds, or other nuts, how much did you usually eat?

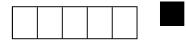
O Less than 1/4 cup O 1/4 to 1/2 cup O More than 1/2 cup

Question 110 appears on the next page.









- 110. How often did you eat energy bars, high-protein, or breakfast bars such as Power bars, Balance, Clif, or others?
 - O NEVER (GO TO QUESTION 111)
 - O 1-6 times per year O 2 times per week
 - O 7-11 times per year
 - O 1 time per month
 - O 2-3 times per month
- O 5-6 times per week O 1 time per day

O 3-4 times per week

- O 1 time per week
- O 2 or more times per day
- 110a. Each time you ate **energy**, **high-protein**, or breakfast bars, how much did you usually eat?
 - O Less than 1 bar
 - O 1 bar
 - O More than 1 bar
- 111. How often did you eat **yogurt** (NOT including frozen yogurt)?
 - O NEVER (GO TO QUESTION 112)
 - O 1-6 times per year
 - O 7-11 times per year
 - O 1 time per month
- O 2 times per week O 3-4 times per week
- O 5-6 times per week
- O 1 time per day
- O 2-3 times per month O 1 time per week
- O 2 or more times per day
- 111a. Each time you ate **yogurt**, how much did you usually eat?
 - O Less than 1/2 cup or less than 1 container
 - \bigcirc 1/2 to 1 cup or 1 container
 - O More than 1 cup or more than 1 container
- 112. How often did you eat cottage cheese (including low-fat)?
 - O NEVER (GO TO QUESTION 113)
 - 1-6 times per year
 - O 2 times per week
 - O 7-11 times per year O 1 time per month
- O 3-4 times per week O 5-6 times per week
 - O 2-3 times per month
 - O 1 time per week
- O 1 time per day O 2 or more times per day
- 112a. Each time you ate cottage cheese, how much did you usually eat?
 - O Less than 1/4 cup O 1/4 to 1 cup
 - O More than 1 cup

Question 113 appears in the next column.

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- 113. How often did you eat cheese (including low-fat; including on cheeseburgers or in sandwiches or subs)?
 - O NEVER (GO TO QUESTION 114)
 - O 1-6 times per year
 - O 7-11 times per year
 - O 1 time per month
 - O 2-3 times per month
- O 2 times per week
- O 3-4 times per week O 5-6 times per week
- O 1 time per week
- O 1 time per day O 2 or more times per day
- 113a. Each time you ate cheese, how much did you usually eat?
 - O Less than 1/2 ounce or less than 1 slice
 - O 1/2 to 1 1/2 ounces or 1 slice
 - O More than 1 1/2 ounces or more than 1 slice
- 113b. How often was the cheese you ate light or low-fat cheese?
 - O Almost never or never
 - O About 1/4 of the time
 - O About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always

113c. How often was the cheese you ate fat-free cheese?

- O Almost never or never
- O About 1/4 of the time
- \bigcirc About 1/2 of the time
- O About 3/4 of the time
- O Almost always or always

Question 114 appears on the next page.



O 1-6 times per year

O 7-11 times per year

O 2-3 times per month

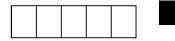
O 1 time per month

O 1 time per week

114. How often did you eat frozen yogurt, sorbet,

or ices (including low-fat or fat-free)?

O NEVER (GO TO QUESTION 115)



- 116. How often did you eat cake (including low-fat or fat-free)?
 - O NEVER (GO TO QUESTION 117)
 - O 1-6 times per year
 - O 7-11 times per year
 - O 1 time per month
 - O 2-3 times per month
 - O 1 time per week
- O 1 time per day O 2 or more times

O 2 times per week

O 3-4 times per week

O 5-6 times per week

- per day
- 116a. Each time you ate **cake**, how much did you usually eat?
 - O Less than 1 medium piece
 - O 1 medium piece
 - O More than 1 medium piece
- 116b. How often was the cake you ate light, low-fat, or fat-free cake?
 - O Almost never or never
 - O About 1/4 of the time
 - O About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always
- 117. How often did you eat cookies or brownies (including low-fat or fat-free)?
 - O NEVER (GO TO QUESTION 118)
 - O 1-6 times per year

O 1 time per month

- O 2 times per week O 3-4 times per week
- O 7-11 times per year
 - O 5-6 times per week O 1 time per day
- O 2-3 times per month O 1 time per week
- O 2 or more times per day
- 117a. Each time you ate cookies or brownies, how much did you usually eat?

O Less than 2 cookies or 1 small brownie \bigcirc 2 to 4 cookies or 1 medium brownie

O More than 4 cookies or 1 large brownie

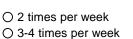
- 117b. How often were the cookies or brownies you ate light, low-fat, or fat-free cookies or **brownies**?
 - O Almost never or never

 - O Almost always or always

Question 116 appears in the next column.

- - O About 1/4 of the time
 - \bigcirc About 1/2 of the time
 - O About 3/4 of the time

Question 118 appears on the next page.



- O 1-6 times per year O 7-11 times per year
- O 1 time per month

fat-free)?

O 2 times per week

O 1 time per day

O 3-4 times per week

○ 5-6 times per week

O 2 or more times per day

- O 2-3 times per month

114a. Each time you ate frozen yogurt, sorbet,

O 1/2 to 1 cup or 1 to 2 scoops

115. How often did you eat ice cream, ice cream bars, or sherbet (including low-fat or

O NEVER (GO TO QUESTION 116)

or ices, how much did you usually eat?

O Less than 1/2 cup or less than 1 scoop

O More than 1 cup or more than 2 scoops

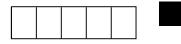
O 2 or more times per day

115a. Each time you ate ice cream, ice cream bars, or sherbet, how much did you usually eat?

> O Less than 1/2 cup or less than 1 scoop ○ 1/2 to 1 1/2 cups or 1 to 2 scoops O More than 1 1/2 cups or more than 2 scoops

- 115b. How often was the ice cream you ate **light**, low-fat, or fat-free ice cream or sherbet?
 - O Almost never or never
 - O About 1/4 of the time
 - O About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always

- O 3-4 times per week
- 5-6 times per week O 1 time per day
- O 1 time per week



O 2 times per week

O 1 time per day

per day

O 2 or more times

O 3-4 times per week

O 5-6 times per week

120a. Each time you ate **fruit crisp**, **cobbler**, or **strudel**, how much did you usually eat?

O Less than 1/2 cup

O NEVER (GO TO QUESTION 122)

O 1/2 cup to 1 cupO More than 1 cup

121. How often did you eat pie?

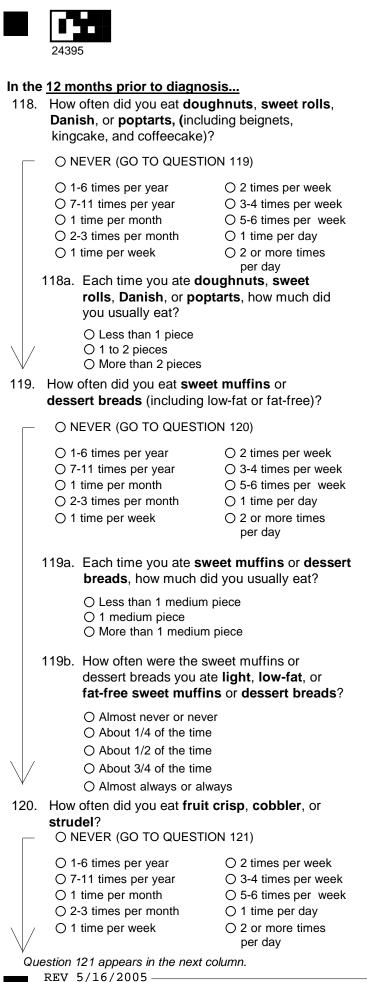
O 1-6 times per year

O 1 time per month

O 1 time per week

O 7-11 times per year

O 2-3 times per month



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121a. Each time you ate pie, how much did you usually eat? O Less than 1/8 of a pie O About 1/8 of a pie O More than 1/8 of a pie The next four questions ask about the kinds of pie you ate. Please read all four questions before answering. 121b. How often were the pies you ate fruit pie (such as apple, blueberry, others)? O Almost never or never O About 1/4 of the time O About 1/2 of the time O About 3/4 of the time O Almost always or always 121c. How often were the pies you ate cream, pudding, custard, or meringue pie? O Almost never or never O About 1/4 of the time O About 1/2 of the time O About 3/4 of the time O Almost always or always 121d. How often were the pies you ate pumpkin or sweet potato pie? O Almost never or never O About 1/4 of the time O About 1/2 of the time O About 3/4 of the time O Almost always or always Question 122 appears on the next page. 28



24205								
24395		124a.	Each time yo	ou ate	e eaas.	how	ma	nv did
In the <u>12 months prior to diagno</u>	sis		you usually e		- 33 -,			,
121e. How often were the pie			O 1 egg					
pie?	, you all poo all		O 2 eggs					
			O 3 or more e	eggs				
O Almost never or never		4045					- 1 -	
O About 1/4 of the time		1240.	How often we		ne eggs	you	ate	egg
O About 1/2 of the time			substitutes	?				
O About 3/4 of the time			O Almost nev	er or	never			
O Almost always or always	ays		O About 1/4 c	of the	time			
122. How often did you eat choc	olate candy?		O About 1/2 c					
	N 123)		O About 3/4 c					
			O Almost always	ays o	r always			
O 1-6 times per year	O 2 times per week	1240	How often w	ere ti	he eaas	vou	ate	eaa
O 7-11 times per year	O 3-4 times per week	1210.	whites only		no oggo	you	alo	~ 99
O 1 time per month	O 5-6 times per week		in the entry	•				
O 2-3 times per month	O 1 time per day		O Almost nev	er or	never			
O 1 time per week	○ 2 or more times		O About 1/4 c	of the	time			
	per day		O About 1/2 c	of the	time			
122a. Each time you ate cho	colate candy how		O About 3/4 c	of the	time			
much did you usually e			O Almost alwa	ays o	r always			
O Less than 1 average b		104-1		-	-		- 1 -	
O Less than 1 average b O 1 average bar or 1 to 2		1240.	How often we		ne eggs	you	ate	regular
	par or more than 2 ounces		whole eggs	ſ				
			O Almost nev	er or	never			
¥			O About 1/4 c	of the	time			
123. How often did you eat other	candy?		O About 1/2 c	of the	time			
	NI 124)		O About 3/4 c	of the	time			
	N 124)		O Almost alwa	ays o	r always			
○ 1-6 times per year	O 2 times per week							
○ 7-11 times per year	O 3-4 times per week	124e.	How often we			•		cooked
O 1 time per month	○ 5-6 times per week		in oil, butte	r , or I	margar	ine?		
○ 2-3 times per month	○ 1 time per day		O Almost nev	er or	never			
O 1 time per week	O 2 or more times		O About 1/4 c	of the	time			
	per day		O About 1/2 c	of the	time			
123a. Each time you ate oth	er candy, how much		O About 3/4 c					
did you usually eat?	er cancy, now much		O Almost alwa					
				aje e	i amayo			
O Fewer than 2 pieces		124f.	How often we	ere th	he eggs	you	ate	part of
O 2 to 9 pieces			egg salad?					
O More than 9 pieces			O Almost nev	or or	novor			
124. How often did you eat eggs	egg whites, or egg		O About 1/4 c					
substitutes (NOT counting	eggs in baked goods and		O About 1/2 c					
desserts)? (Please include e	eggs in salads, quiche,							
and souffles.)			O About 3/4 c					
			O Almost alwa	ays o	r always			
	(C21 M					1		
○ 1-6 times per year	○ 2 times per week							
O 7-11 times per year	O 3-4 times per week							~
O 1 time per month	O 5-6 times per week			0	7.7	1		H
O 2-3 times per month	O 1 time per day			C	XX	X	JA)	1
O 1 time per week	O 2 or more times							
\/	per day							
v Question 125 appears in the next co	lumn							

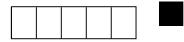


24000	
In the <u>12 months prior to diagnosis</u> 125. How many cups of coffee , caffeinated or	128. How o your c
decaffeinated, did you drink?	
 Less than 1 cup per month 1 cup per day 1-3 cups per month 2-3 cups per day 1 cup per week 4-5 cups per day 2-4 cups per week 6 or more cups per day 5-6 cups per week 	○ Les ○ 1-3 ○ 1 ti ○ 2-4 ○ 5-6
125a. How often was the coffee you drank decaffeinated?	128a. E
 Almost never or never About 1/4 of the time About 1/2 of the time About 3/4 of the time Almost always or always 	129. How o
126. How many glasses of ICED tea, caffeinated or decaffeinated, did you drink?	
O NONE (GO TO QUESTION 127)	O Les O 1-3
 Less than 1 cup per month 1 cup per day 1-3 cups per month 2-3 cups per day 1 cup per week 4-5 cups per day 2-4 cups per week 6 or more cups per day 	○ 1 ti ○ 2-4 ○ 5-6
\bigcirc 5-6 cups per week	129a. V
126a. How often was the iced tea you drank decaffeinated?	
 Almost never or never About 1/4 of the time About 1/2 of the time About 3/4 of the time 	130. How o coffee
✓ O Almost always or always	○ Les ○ 1-3
 127. How many cups of HOT tea, caffeinated or decaffeinated, did you drink? O NONE (GO TO QUESTION 128) 	O 1 ti O 2-4 O 5-6
 Less than 1 cup per month 1-3 cups per month 2-3 cups per day 2-4 cups per week 5-6 cups per week 1 cup per day 6 or more cups per day 	130a. E t
127a. How often was the hot tea you drank decaffeinated?	((130b. 1
 Almost never or never About 1/4 of the time About 1/2 of the time About 3/4 of the time Almost always or always 	
Question 128 appears in the next column.	V (Question 131 a

12	28.		often did coffee or	you add s tea?	suga	r or	hon	ey to)		
Ī		,		D TO QUES	STIO	N 12	9)				
		() 1- () 1 () 2-		er week		0 2 0 4	-3 tin -5 tin	nes nes	ber d	ay	er day
		128a.		ne sugar c r tea, how							
	/		O 1 to 3	han 1 teasp teaspoons han 3 teasp		6					
12	9.		often did ur coffee	you add a or tea?	rtific	cial s	swee	eten	er		
1			EVER (GO	D TO QUES	STIOI	N 13	0)				
		() 1- () 1 () 2-		er week		0 2 0 4	2-3 tir -5 tir	nes nes	per d per d	lay	er day
	/	129a.	usually ι ⊖ Equal	nd of artifi use? or aspartan N Low or s	ne		eten	i er d	id yo	DU	
13	0.	coffe	e or tea?	s non-dair D TO QUES				ddeo	d to y	you	r
		0 1- 0 1 0 2-	ess than 1 3 times pe time per v 4 times pe 6 times pe	veek er week	onth	0 2 0 4	2-3 tir -5 tir	nes nes	per d per d	lay	er day
		130a.		ne non-da coffee or te used?						ed	
		130b.	 1 to 3 More t 	han 1 teasp teaspoons han 3 teasp nd of non - use?	poons		eam	er d	id yc	bu	

- O Regular powered
- O Low-fat or fat-free powered
- O Regular liquid
- O Low-fat or fat-free liquid

Question 131 appears on the next page.





In t	:he <u>'</u>	<u>12 m</u>	onths prior	to diagnos	<u>is</u>	
13		-	often was c coffee or tea		f and half added to	
ſ		ON	IEVER (GO T	O QUESTIO	N 132)	
		01 01 02		month k veek	 O 1 time per day O 2-3 times per day O 4-5 times per day O 6 or times more per day 	
	1	31a.			alf and half was added low much was usually	
	/		O 1 to 2 tabl	1 tablespoor lespoons 12 tablespoo		
13		How tea?	often was m	nilk added to	o your coffee or	Tł m
[ON	IEVER (GO T	O QUESTIO	N 133)	ar ch
		01 01 02		month k veek	 1 time per day 2-3 times per day 4-5 times per day 6 or times more per day 	
	1	32a.			ded to your coffee usually added?	
			O 1 to 3 tabl	1 tablespoor lespoons n 3 tablespoo		
	1	32b.	What kind of your coffee		usually added to	
				nfat, or 1/2%	milk sed (canned) milk	

How often was sugar or honey added to foods you ate? (Please do not include sugar in coffee, tea, other beverages, or baked goods.)

O NEVER (GO TO INTRODUCTION TO QUESTION 134)

- 1-6 times per year
- O 2 times per week
- O 3-4 times per week
 - 5-6 times per week○ 1 time per day
- O 2-3 times per monthO 1 time per week

O 7-11 times per year

O 1 time per month

O 2 or more times per day

133a. Each time **sugar** or **honey** was added to foods you ate, how much was usually added?

O Less than 1 teaspoonO 1 to 3 teaspoonsO More than 3 teaspoons

The following questions are about the kinds of margarine, mayonnaise, sour cream, cream cheese, and salad dressing that you eat. If possible, please check the labels of these foods to help you answer.

134. Did you eat margarine?

O NO (GO TO QUESTION 135)

O YES

134a. How often was the margarine you ate regular-fat margarine (stick or tub)?

- O Almost never or never
- O About 1/4 of the time
- O About 1/2 of the time
- O About 3/4 of the time
- O Almost always or always
- 134b. How often was the margarine you ate light or low-fat margarine (stick or tub)?
 - Almost never or never
 - O About 1/4 of the time
 - O About 1/2 of the time
 - O About 3/4 of the time

Question 134 appears on the next page.

Almost always or always



Question 133 appears in the next column.



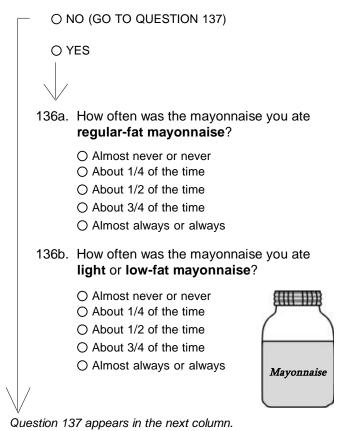
- 134c. How often was the margarine you ate fat-free margarine?
 - O Almost never or never
 - O About 1/4 of the time
 - O About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always
- 135. Did you eat butter?

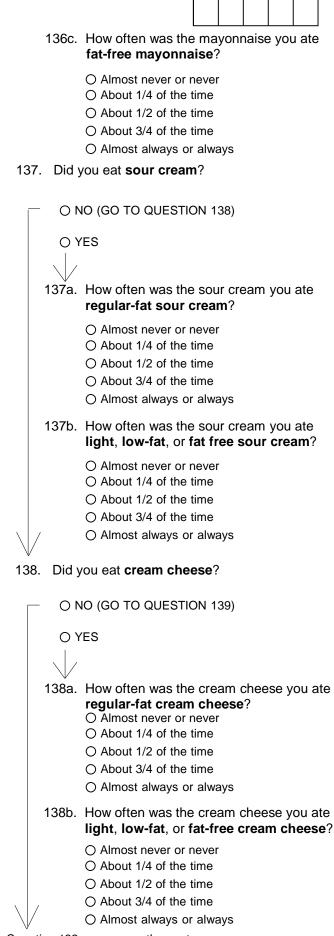
O NO (GO TO QUESTION 136)

- O YES
- /

135a. How often was the butter you ate **light** or **low-fat butter**?

- O Almost never or never
- O About 1/4 of the time
- O About 1/2 of the time
- O About 3/4 of the time
- O Almost always or always
- 136. Did you eat mayonnaise or mayonnaise-type dressing?





Question 139 appears on the next page.



- 139. Did you eat salad dressing?
 - O NO (GO TO INTRODUCTION TO QUESTION 140)
 - O YES
 - 139a. How often was the salad dressing you ate regular-fat salad dressing (including oil and vinegar dressing)?
 - O Almost never or never
 - O About 1/4 of the time
 - O About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always
 - 139b. How often was the salad dressing you ate light or low-fat salad dressing?
 - O Almost never or never
 - O About 1/4 of the time
 - \bigcirc About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always
 - 139c. How often was the salad dressing you ate fat-free salad dressing?
 - O Almost never or never
 - O About 1/4 of the time
 - O About 1/2 of the time
 - O About 3/4 of the time
 - O Almost always or always

The following two questions ask you to summarize your usual intake of vegetables and fruits. Please do not include salads, potatoes, or juices.

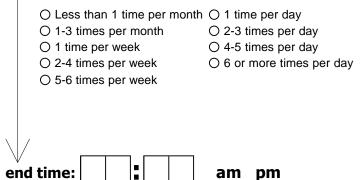
- 140. How many servings of vegetables (not including salad or potatoes) did you eat per week or per day?
 - O Less than 1 per week
 - O 1-2 per week
- O 2 per day O 3 per day
- O 3-4 per week O 5-6 per week
- O 1 per day
- O 4 per day
- O 5 or more per day

- 141. How many servings of **fruit** (not including juices) did you eat per week or per day?
 - O Less than 1 per week O 2 per day O 1-2 per week O 3 per day O 3-4 per week O 4 per day O 5-6 per week O 5 or more per day
- O 1 per day 142. In the month prior to diagnosis, which of the
 - following foods did you eat AT LEAST THREE TIMES? (Mark all that apply.)
 - O Avocado, guacamole O Olives ○ Cheesecake
 - O Pickles or pickled
 - O Chocolate, fudge, or butterscotch toppings or syrups
 - O Pork neckbones, hock,
 - O Chow mein noodles
 - **O** Croissants
 - O Dried apricots
 - O Egg rolls
 - O Granola bars
 - O Hot peppers
 - O Jello, gelatin

cream sodas

- O Milkshakes or ice-
- **O NONE**
- 143. For ALL of the 12 months prior to diagnosis, have you followed any type of vegetarian diet? O NO
 - O YES

 - 143a. Which of the following foods did you **TOTALLY** EXCLUDE from your diet? (Mark all that
 - *apply.)* O Meat (beef, pork, lamb etc.)
 - O Poultry (chicken, turkey, duck)
 - O Fish and seafood
 - O Eggs
 - O Dairy products (milk, cheese, etc.)
- 144. How often was the food you ate prepared with garlic or garlic added to the food?
 - O NEVER (FILL OUT END TIME)



O Plantains

head. or feet

O Pudding or custard

O Veal, venison, lamb

O Whipped cream, regular

O Whipped cream, substitute

vegetables or fruit

PHYSICAL ACTIVITY



start time:

I will ask you to complete a Physical Activity Questionnaire. I will ask you the type of physical activity you participated in during the <u>12 months prior to prostate cancer diagnosis</u> including light-intensity activity, moderate-intensity activity, and vigorous-intensity activity, the number of days per week, and the number of minutes per day you participated in this activity. I will read each question aloud to you and record your answer directly on the questionnaire. Answer each question the best you can. There are no right or wrong answers. All answers are confidential. Your answers will be combined with other participant's answers so no one would be able to tell your particular answers. Are there any questions before we begin? Remember to answer each question the best you can. Thank you very much for completing this questionnaire.

In the <u>12 months prior to prostate cancer diagnosis</u>, did you do any of the following activities at least once a week? Do not include work on the job.

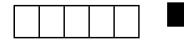
<u>er diagnosis</u> , did	you WALK for ex	ercise?] No	Skip to 2
1-2	3-4	5-7	Yes, at least o	nce a week
10-25	30-40	45-55	60+	
Casual (ea	ach mile takes 3	30 minutes or 1	more)	
Moderate	(each mile take	es 20-29 minut	es)	
Fast (each	n mile takes 19	minutes or les	s)	
<u>er diagnosis</u> , did	you LIFT WEIGH	TS or use	No	Skip to 3
			Yes, at least o	nce a week
L 1-2	3-4	<u> </u>		
10-25	30-40	45-55	60+	
er diagnosis, did	you do LIGHT ex	ercise?] No	Skip to 4
			Yes, at least o	nce a week
1-2	3-4	5-7		
Less than	1 hour]1-2 hours	3+ hours	
	 1-2 10-25 Casual (ea Moderate Fast (each raignosis, did 1-2 10-25 er diagnosis, did 	1-2 3-4 10-25 30-40 Casual (each mile takes 3 Moderate (each mile takes 3 Fast (each mile takes 19 er diagnosis, did you LIFT WEIGH 1-2 3-4 10-25 30-40	10-25 30-40 45-55 Casual (each mile takes 30 minutes or Moderate (each mile takes 20-29 minut Fast (each mile takes 19 minutes or lest er diagnosis, did you LIFT WEIGHTS or use 1-2 3-4 5-7 10-25 30-40 45-55	Yes, at least o 1-2 3-4 5-7 10-25 30-40 45-55 60+ Casual (each mile takes 30 minutes or more) Moderate (each mile takes 20-29 minutes) Fast (each mile takes 19 minutes or less) er diagnosis, did you LIFT WEIGHTS or use 1-2 3-4 5-7 10-25 30-40 45-55 60+ Yes, at least o Yes, at least o 1-2 30-40 45-55 60+ Yes, at least o 1-2 30-40 45-55 60+



Questions 4 and 5 are about moderate or vigorous exercise. "Moderate" exercise generally makes you breathe somewhat harder than you normally do, while "vigorous" exercise makes you breathe a lot harder than normal.

4. In the <u>12 months prior to prostate cance</u>		•		cise]No		Ski	ip t	o 5
which made you breathe somewhat hard			u PAZ]]Yes, a	t least (once	a we	ek
4a. How many days per week?	1-2	3-4		5-7					
4b. How many minutes per day?	10-25	30-40		15-55	$\Box \epsilon$	50+			
4c. What types of exercise did you do closest matching activity.)	most often? (Mark one or t	wo. If you ι	ised an e	xercise r	nachine	, choc	se tl	ıe
Light conditioning exercise	Popula	r or folk dan	cing						
Low impact or water aerobics	s Slow c	ycling or stai	ir machine	(steppe	r)				
Jogging [fast running in Q5]	Other								
5. In the <u>12 months prior to prostate cance</u> which made you breathe much harder the				cise] No] Yes, a	t least (Skip		
5a. How many days per week?	1-2	3-4		5-7] , .				
5b. How many minutes per day?	10-25	30-40		15-55		50+			
5c. What types of exercise did you do closest matching activity.)	most often? (Mark one or t	wo. If you ι	ised an e	xercise r	nachine	, choc	se tl	ıe
Aerobics class or video	Fast cy	cling or stair	r machine						
Running	Tennis	match, racq	uetball, sq	uash					
Swimming laps	Other								
6. At each of the following ages, how many play sports for at least 20 minutes?	days per weel	k did you usua	ally exercise	or					
6a. Age 18?	None None	1	2-3		4-5	6	5-7		
6b. Age 30?	None	1	2-3		4-5	6	5-7		
6c. Age 45?	None	1	2-3		4-5	6	5-7		





RAPID ESTIMATE OF ADULT LITERACY IN MEDICINE (REALM)

I am going to give you a sheet of words to say. These are words that doctors often use when talking to patients. I'd like you to start with the word 'fat' and say the words as far down the page as you can. Please say each word out loud. [Show Card RLM1 and RLM2]

fat			fatigue		allergic	
flu			pelvic		menstrual	
pill			jaundice		testicle	
dose			infection		colitis	
eye			exercise		emergency	
stress			behavior		medication	
smear			prescription		occupation	
nerves			notify		sexually	
germs			gallbladder		alcoholism	
meals			calories		irritation	
disease			depression		constipation	
cancer			miscarriage		gonorrhea	
caffeine			pregnancy		inflammatory	
attack			arthritis		diabetes	
kidney			nutrition		hepatitis	
hormones	5		menopause		antibiotics	
herpes			appendix		diagnosis	
seizure			abnormal		potassium	
bowel			syphilis		anemia	
asthma			hemorrhoids	5	obesity	
rectal			nausea		osteoporosis	
incest			directed		impetigo	
		Section end ti	me: :	am pm		





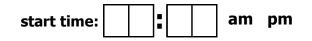
VITAMINS AND ALTERNATIVE MEDICINES

I will ask you to complete a Vitamins and Alternative Medicines Questionnaire. I will ask you about vitamin, mineral, and herbal supplements you have taken in the12 months prior to prostate cancer diagnosis. I will read each question aloud to you and record your answer directly on the questionnaire.

Answer each question the best you can. There are no right or wrong answers. All answers are **confidential**. Your answers will be combined with other participant's answers so no one would be able to tell your particular answers.

Are there any questions before we begin? Remember answer each question the best that you can.

Thank you very much for completing this questionnaire.



Next, go to Vitamin and Alternative Meds Form

VITAMINS AND ALTERNATIVE MEDICINES

≻

1. In the <u>12 months prior to prostate cancer diagnosis</u>, did you take a MULTIVITAMIN at least once a

W	eek?	
	No	

Less than once a week	\rightarrow

Go to Question 4

Yes	[SHOW CARD VAM1]	
	a) Days per week	
	1-2	
	3-4	
	5-6	
	7	

2. What brand of MULTIVITAMIN did you take in the <u>12 months prior to prostate cancer diagnosis</u>? (*Mark only one, if you took more than one, mark the one taken the most often.*) [SHOW CARD VAM2]

Centrum		
Centrum Silver		
Central Vite		
Central Vite for Mature Adults		
RiteAid Whole Source Mature Adul	t	
Kirkland Multivitamin with mineral	S	
Kirkland Mature Adult		
NatureMade Multivitamin with min	erals	
NatureMade Multivitamin with min	erals	
NatureMade 50+ Multivitamin with	n minerals	
One-A-Day Maximum with minera	ls	
One-A-Day essentials (no minerals		1
One-A-Day Men's	If your brand of MULTIVITAMIN was not listed, what brand of	Do you have the MULTIVITAMIN
One-A-Day 50 Plus	MULTIVITAMIN did you take in the 12 months prior to prostate	bottle available?
Theragran-M with minerals	cancer diagnosis? Note: Record	\square No \longrightarrow Skip to Question
Theragran-M (no minerals)	brand name below.	$\square Yes \longrightarrow Answer the$
\square My brand is not listed above —>	•	questions on next page
		15184
REV 5/16/2005 IRB:S20040629	Page 5 of 14	



3. If your brand of MULTIVITAMIN was not listed on Page 1, what brand of MULTIVITAMIN did you take <u>12 months prior to prostate cancer diagnosis</u>?

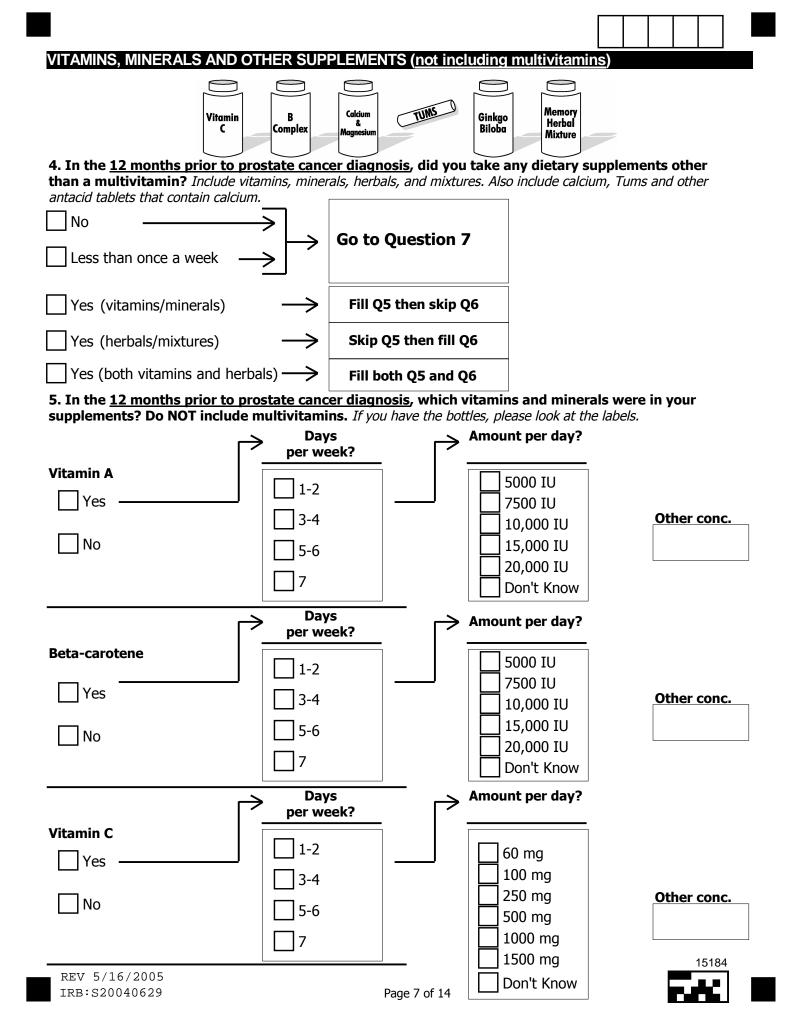
Look at the label to tell us what is in this MULTIVITAMIN. Note: The next page asks about single supplements or other mixtures.

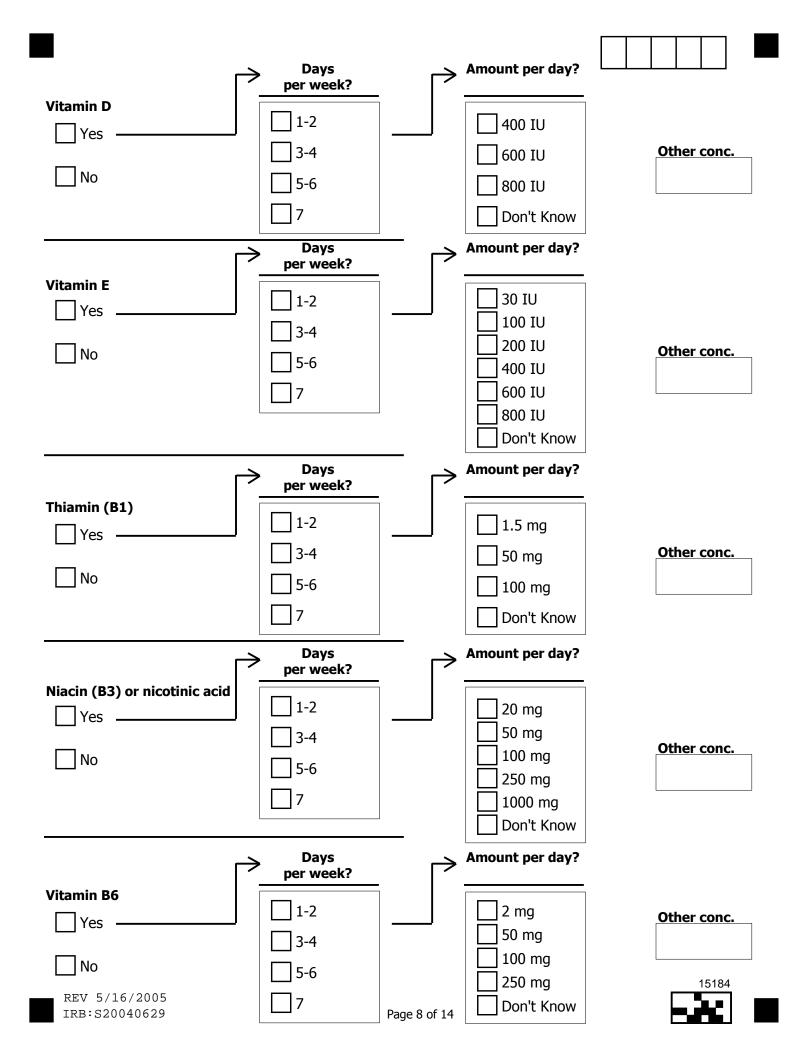
Amount per day

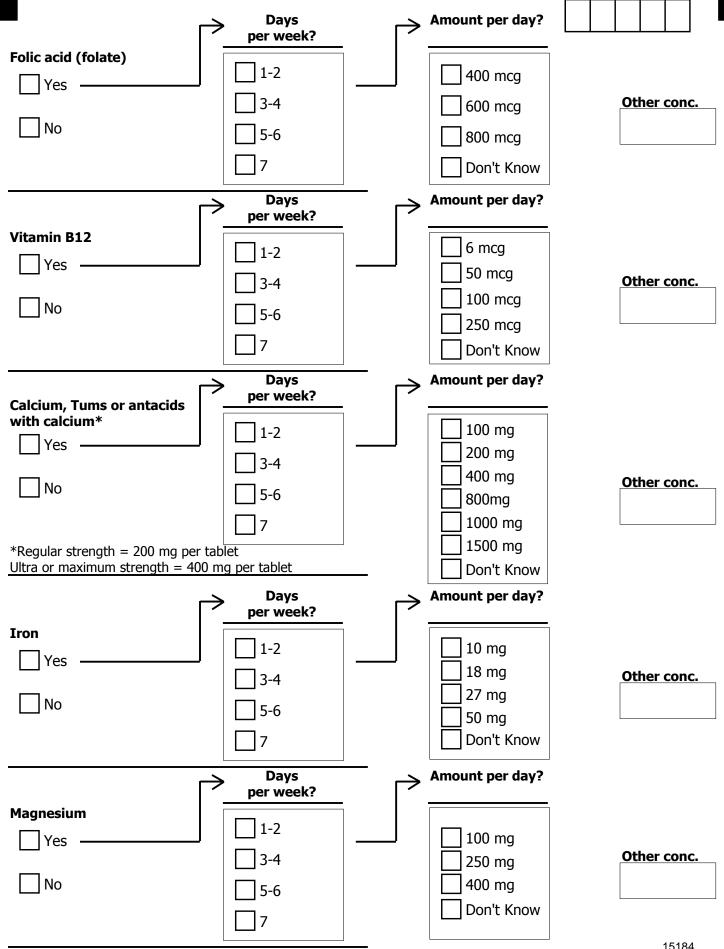
Amount per day

Amount per day

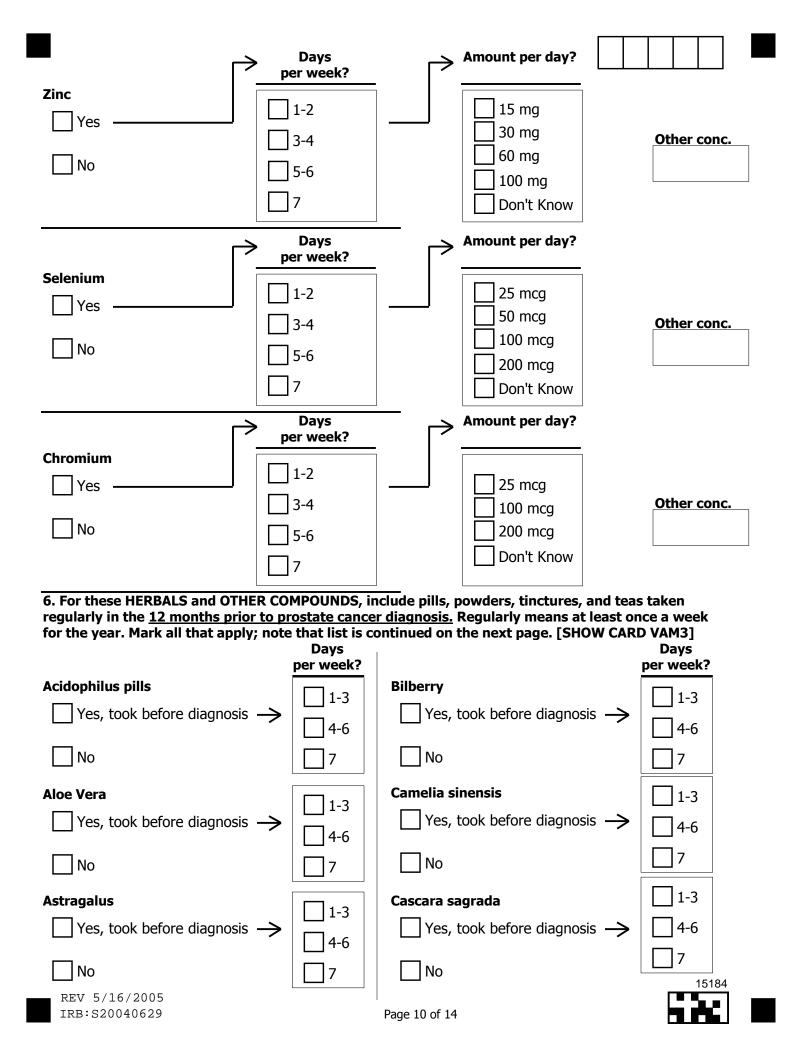
Vitamin A in Multivitamin	Vitamin B12 in Multivitamin	Selenium in Multivitamin
Yes → 5000 IU No 7500 IU Other conc. 10,000 IU 15,000 IU	Yes → 6 mcg No 50 mcg Other conc. 100 mcg 250 mcg	$ \begin{array}{ c c } \hline Yes \rightarrow & \hline 25 \text{ mg} \\ \hline 0 \text{ No} \\ \hline \textbf{Other conc.} & \hline 100 \text{ mg} \end{array} $
Beta-carotene in MultivitaminYesNoVitamin C in MultivitaminYes \rightarrow 60 mg	Vitamin E in Multivitamin \square Yes \rightarrow \square 30 IU \square 100 IU \square 100 IU \square No \square 200 IUOther conc. \square 400 IU	Did your MULTIVITAMIN contain any of these other vitamins and minerals? Mark all that apply. Riboflavin (B2) Magnesium Niacin (B3) Chromium
No ☐ 100 mg 250 mg Other conc. 500 mg 100 mg	Other conc. \Box 400 10 \Box 600 IU Calcium in Multivitamin \Box Yes \Box 100 mg	Vitamin D Did your MULTIVITAMIN contain any of these other compounds?
Thiamin (B1) in Multivitamin \square Yes \square 1.5 mg \square No \square 50 mgOther conc. \square 100 mg	No Other conc. Iron in Multivitamin 250 mg 500 mg 1000 mg 1000 mg	Mark all that apply. Bioflavonoids Lutein Garlic Lycopene Ginko biloba Ginseng Saw palmetto Saw palmetto
Vitamin B6 in Multivitamin \square Yes \square 2 mg \square No \square 20 mgOther conc.	Yes10 mgNo18 mgOther conc.27 mg50 mg	Soy or isoflavones
Other conc. 50 mg □ 100 mg Folic acid (folate) in Multivitamin Yes □ 400 mcg 0 600 mcg 0 800 mcg	Zinc in MultivitaminYes15 mg30 mg30 mgNo60 mg100 mg	15194
REV 5/16/2005 IRB:S20040629	Page 6 of 14	











	Days per week?		Days per week?
Cat's claw \Box Yes, took before diagnosis \rightarrow	1-3 4-6	Evening primrose oil (EPO) Yes, took before diagnosis \rightarrow	1-3 4-6
No Chondroitin (Chondroitin	7	No Feverfew	7
sulfate) \Box Yes, took before diagnosis \rightarrow	1-3 4-6	\square Yes, took before diagnosis \rightarrow	☐ 1-3 ☐ 4-6
No	7	No	7
Co-enzyme Q10 (CoQ10) ☐ Yes, took before diagnosis → ☐ No	1-3 4-6 7	Fish oil, EPA, omega-3 or cod liver oil ☐ Yes, took before diagnosis → ☐ No	1-3 4-6 7
Cranberry pills Yes, took before diagnosis \rightarrow No	1-3 4-6	Garlic pills \square Yes, took before diagnosis \rightarrow	1-3 4-6
DHEA ☐ Yes, took before diagnosis → No	1-3 4-6 7	Ginger ☐ Yes, took before diagnosis → ☐ No	1-3 4-6 7
Dong Kuai (Tangkwei) ☐ Yes, took before diagnosis → ☐ No	1-3 4-6 7	Ginko biloba ☐ Yes, took before diagnosis → ☐ No	1-3 4-6 7
Echinacea ☐ Yes, took before diagnosis → ☐ No	1-3 4-6 7	Ginseng (American or Asian: see also Siberian ginseng) ☐ Yes, took before diagnosis → ☐ No	1-3 4-6 7
Essiac Tea ☐ Yes, took before diagnosis → ☐ No	1-3 4-6 7	Glucosamine (Glucosamine sufate) ☐ Yes, took before diagnosis →	1-3 4-6 7



Goldenseal	1-3	PC-SPES	1-3
☐ Yes, took before diagnosis →	4-6	☐ Yes, took before diagnosis →	4-6
☐ No	7	☐ No	7
Grapeseed, pycnogenol or proanthocyanidin ☐ Yes, took before diagnosis → ☐ No	1-3 4-6 7	Pygeum (Pygeum Africanum) ☐ Yes, took before diagnosis → ☐ No	1-3 4-6 7
Kava kava	1-3	Resveratrol	1-3
☐ Yes, took before diagnosis →	4-6	☐ Yes, took before diagnosis →	4-6
☐ No	7	☐ No	7
Lutein	1-3	Saw palmetto	1-3
☐ Yes, took before diagnosis →	4-6		4-6
☐ No	7		7
Lycopene	1-3	Siberian ginseng (related to Asian	1-3
☐ Yes, took before diagnosis →	4-6	but different)	4-6
☐ No	7	Yes, took before diagnosis →	7
Melatonin	1-3	Soy supplements	1-3
☐ Yes, took before diagnosis →	4-6	☐ Yes, took before diagnosis →	4-6
☐ No	7	☐ No	7
Milk thistle	1-3	St. John's wort ☐ Yes, took before diagnosis → ☐ No	1-3
☐ Yes, took before diagnosis →	4-6		4-6
☐ No	7		7
MSM (methylsulfonylmethane)	1-3	Stinging Nettle Root (Urtica diaica)	1-3
☐ Yes, took before diagnosis →	4-6	☐ Yes, took before diagnosis →	4-6
☐ No	7	☐ No	7



Valerian	1-3	Flaxseed/Flaxseed Oil	
\square Yes, took before diagnosis $ ightarrow$	4-6	\square Yes, took before diagnosis \rightarrow \square 4-6	
No	7	□ No □ 7	
Herbal Teas	1-3	Lipoic Acid	
\square Yes, took before diagnosis $ ightarrow$	4-6	\square Yes, took before diagnosis \rightarrow \square 4-6	
No	7	□ No □ 7	
Green Tea	1-3	Other: 1-3	
\square Yes, took before diagnosis $ ightarrow$	4-6	\square Yes, took before diagnosis \rightarrow \square 4-6	
No	7	□ No □ 7	
LIFETIME USE OF SOME COMMON	SUPPLEMEN	ITS	

7. Since you were 21, have you ever taken any of these supplements at least once a week for a year?

	At least once a week for a year?	Total years taken since age 21?
Multivitamins	□No □Yes →	
Vitamin C (not in multivitamin)	\square No \square Yes \rightarrow	1-4 5-9 10-14 15-24 25+
Vitamin E (not in multivitamin)	\square No \square Yes \rightarrow	1-4 5-9 10-14 15-24 25+
Calcium (not in multivitamin)	\square No \square Yes \rightarrow	1-4 5-9 10-14 15-24 25+



NSAID QUESTIONNAIRE



The next questions are about some prescription and non-prescription medications that you may have taken for arthritis pain, headache, colds, or other reasons. We are interested in medicines that you took at least once a week for one month or longer. For each question I'll show you a list with the kinds of medicines I'm asking about.

 Thinking back to the past 5 years before you lear prescription pain medications such as Motrin, Day 							
month or longer? [Show Card NSAIDS1]	Yes	5			\rightarrow	Go to	1a
	🗌 No		Don't Kno	WC	Refused	Skip to	2
1a. In total, how long did you take one or mo	re of these	e medication	ns?				
weeks months		years		Do	n't Know	Refus	ed
1b. During the time(s) that you were taking the medications (on average)?	nem, abou	t how often	n did you t	ake one c	r more of thes	e	
per day per wk		per mon		Do	n't Know	Refus	ed

2. Thinking back to the past 5 years before you learned you had prostate cancer, did you ever take any non-prescription aspirin or ibuprofen medicines, such as Bayer, Bufferin, Advil, BC or Goody's powders, or any of the others listed <u>at least once a week for one month or longer</u>? [Show Card NSAIDS2] [Do not include acetaminophen products]

Yes	Go to 2a
🗌 No 📃 Don't Kn	ow Refused
2a. In total, how long did you take one or more of these medications?	
weeks months years	Don't Know Refused
2b. During the time(s) that you were taking them, about how often did you medications (on average)?	take one or more of these
per day per wk per mon	Don't Know Refused



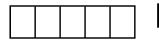
The S	F-12 Health S	Survey			
Your Health and Well Being		start time:		am	pm
This survey asks for your views about your hea well you are able to do your usual activities.	alth. This information will h	elp keep track of	how you f	eel and how	
For each of the following questions, please tell	me the response that best	describes your a	answer.		
1. In general, would you say your health i	is: [Show Card SF1]				
Excelle	ent Very Good	Good	F	air	Poor
[
2. The following questions are about activ limit you in these activities? If so, how			y. Does <u>y</u>	our health ne	<u>w</u>
2a. Moderate activities, such as movin	g a table, pushing a vacuu	m cleaner, bowlii	ng or playi	ng golf.	
Y	es, limited a lot	es, limited a lit	tle N	lo, not limite	d at all
		l			
2b. Climbing <u>several</u> flights of stairs.	es, limited a lot	es, limited a lit	tlo N	lo, not limite	d at all
Ι		les, infliced a lit		NO, HOL IIIIILE	
3. During the past 4 weeks, how much of	the time have you had a	- any of the follo	wing pro	blems with v	our
work or other regular daily activities as			w Card S	F3] U	
		<u>u</u>	st of the time	Some of the time A little of the time None of the time	
		of the time	het	the the	
		the	oft	of of of t	5
				ome littl	5
		All	Σ	S A Z	
3a. Accomplished	less than you would like.				
3b. Were limited i	n the <u>kind</u> of work or othe	r activities.]
4. During the past 4 weeks, how much of					
work or other regular daily activities <u>as</u> anxious)? [Show Card SF3]	s a result of any emotion	<u>nal problems</u> (s		. U	
		υ	ime	Some of the time A little of the time None of the time	
		tim	let	the the	
		the	oft	oft eof	5
		All of the time	Vost of the time	ittle me	2
		All	Σ	S A Z	
4a. Accomplished	less than you would like.				
4b. Did work or of	ther activities less carefully	than usual.			
				442	60

ormal work (incl	uding both	work	
Quite a bit	: Extro]	emely	
			For
All of the time Most of the time	Some of the time A little of the time	None of the time	
]	
]	
All of the time	 Some of the time A little of the time 	None of the time	
	All of the time All of the time All of the time Most of the time Most of the time All of the t	All of the time All of the time Most of the time All of the time Most of the time Most of the time Some of the time Some of the time A little of the time A little of the time	All of the time Most of the time Most of the time Some of the time A little of the time None of the time A little of the time None of the time None of the time None of the time None of the time

Thank you for answering all these questions!

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Next, I have some general questions about your health.

s a doctor or other health professional ever told y	ou that you:		
1A. had arthritis?	Yes		
	No	Refused	Don't Know
1B. had congestive heart failure?	Yes		
	No	Refused	Don't Know
1C. had coronary heart disease?	Yes		
	No	Refused	Don't Know
1D. had angina (chest pain due to heart disease)), Yes		Go to D1-D3
also known as angina pectoris?	No	Refused	Don't Know
D1. Do you ever use nitroglycerin to	Yes		
relieve the pain?	No	Refused	Don't Know
D2. Within the past 2 months has the pa	in Yes		
required more nitroglycerin to relieve	e it?	Refused	Don't Know
D3. Within the past 2 months have you	Yes		
started getting pain with less exertior	י? No	Refused	Don't Know
1E. had a heart attack (also called myocardial	Yes		
infarction)?	No	Refused	Don't Know
1F. had a stroke?	Yes		
	No	Refused	Don't Know
1G. had hypertension, also called high blood	Yes		
pressure?	No	Refused	Don't Know
1H. had asthma, emphysema, chronic bronchitis chronic obstructive pulmonary disease (also o			
COPD)?		Refused	Don't Know



	Yes				
1I. had a goiter or another thyroid disease?	No	Refused	Don't Know		
1J. had pancreatitis (inflamed pancreas), cirrhosis of the liver, hepatitis or any other kind of chronic liver disease?	Yes	Refused	Don't Know		
1K. had cancer (other than prostate)?	Yes	1. location			
		2. location			
	No	Refused	Don't Know		
1L. had diabetes or sugar diabetes?	Yes		Go to L1		
	No	Refused	Don't Know		
L1. Are you currently taking insulin for your diabetes?	Yes	Refused	Don't Know		
1M. had weak or failing kidneys? (Do NOT include kidney stones, bladder infection or incontinence)	Yes	Refused	Go to M1		
M1. Do you receive dialysis to treat your weak or failing kidneys?	Yes	Refused	Don't Know		
1N. had other chronic health conditions? 1. type	Yes				
2. type					
3. type					
	No	Refused	Don't Know		

44260



GOD SCALE

For some people a belief in God is a major source of strength, and it may or may not be for you. These next questions are about your belief in God as it relates to health. Look at the choices for replying to each item. As I read these questions, tell me the answer which best suits your belief. [**Show Card GOD1**]

1. Your well-being is in God's hands.	Strongly Disagree	Disagree	Not Sure	Agree	Strongly Agree	Refused/Don't Knov
2. Health and strength are God-given gifts.						
3. God will decide what will happen to your health.						
4. God plays a big part in your health.						
5. Only God can keep you healthy.						
6. Only God can keep you safe.						
7. God will protect your health.						
8. Whether or not you get hurt is largely up to God.						



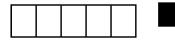
≥.

PARTICIPATION IN RELIGIOUS ACTIVITIES

Do you participate in religious activities?	No	Skip to "	Prostate	Can	cer D	liagn	osis"	•						
	Yes	Go to 1												
Some people use religious activities as a way of expressing their religious beliefs. Look at this card that has the reply choices. As I read the questions, choose the answer which best describes how religion plays a part in your life. [Show Card PRA1]														
life. [Show Card PRA1]			Never	Almost Never	Not Sure	Often	Very Often	Refused/Don't Know						
1. I attend religious crusades, revival mee	etings or m	issions.												
2. I attend religious services.														
3. I listen to religious services on radio or	TV.													
4. I pray, either privately or with family.														
 Ideas I have learned from religion som understand my own life. 	etimes help	o me												
6. I contribute money to my place of wors	ship.													
7. I regularly take part in various activities organization.	s in my reli	gious												
8. I feel that my friends who share my rel getting ahead in life.	igious belie	efs help me i	n											
9. The religious beliefs I learned when I w	as young s	still help me.												
10. I feel that my friends who share my remaining or relationships.	eligious bel	iefs help me	in											



DIAGNOSIS OF PROSTATE CANCER AND PROSTATE CANCER SCREENING HISTORY



The next questions are about the diagnosis and treatment of your prostate cancer, and about screening tests and symptoms you may have had before you learned you had prostate cancer.

 After you were told that you had prostate cancer, which doctors and health care professionals did you talk with when deciding how your prostate cancer would be treated? [Do not read unless a prompt is needed. Check all that apply.]

Urologist who performed the biopsy
Other urologists
Radiation oncologist
Medical Oncologist
Primary care doctor
Other doctors/specialists seen for other health problems
Nurse
Psychologist, therapist, counselor
Don't Know
Refused

2. After you were told that you had prostate cancer, who did you talk with, other than doctors, when deciding how your prostate cancer would be treated? [Do not read unless a prompt is needed. Check all that apply.]

Spouse/partner						
Son						
Daughter						
Brother						
Sister						
Other relatives						
Friend or acquaintance						
Pastor						
Other specify other						
Nobody				Skip	to	3
Don't Know				Skip	to	3
Refused			\longrightarrow	► Skip	to	3
2a. Did any of these people have a per	sonal experience wi	th prostate cancer?				
	Yes					
/16/2005	No	Don't Know	Refused	44260		

3. Have you and your doctor made a decision about the treatment for your prostate cancer?
3a. Which of the following treatment options have you and your doctor decided is best for you? [Do not read unless a prompt is need. Check all that apply.]
Surgery
Watchful waiting
Hormone Therapy
External beam radiation therapy
Brachytherapy
Other specify other
Don't Know
Refused
3b. Have you already [started treatment/had surgery]? Yes No Don't Know Refused Skip to 4
3c. When was your [most recent treatment/surgery]?
days ago weeks ago Don't Know Refused
The next questions are about the time when you first had signs, symptoms, or a positive test that suggested you <u>might</u> have prostate cancer.
4. What was the first sign or symptom that you might have prostate cancer? [Do not read unless a prompt is needed; choose the best answer]
I had a PSA blood test for prostate cancer and it was high Go to 4a

I had a PSA blood test for prostate cancer and it was high	> Go	to	4a
A doctor felt my prostate and found something abnormal	G o	to	4a
High PSA and abnormal rectal exam	G o	to	4a
I had problems urinating	Skip	to	4d
I had sexual problems	Skip	to	4d
Other symptom(s)	Skip	to	4d
The cancer was found when I had surgery for an enlarged prostate (TURP)	Skip	to	4d
Don't Know	> Skip) to	o 5
Refused	Skip	, to	5

4a. Was the [PSA/rectal exam] done because you had medical problems or symp a regular checkup, or a community offered cancer screening? [Choose the]	
Because of symptoms or medical problems	Go to 4b
Regular checkup or routine screening	Skip to 4c
Community (mass) screening	skip to 4c
Don't Know	Skip to 4c
Refused	Skip to 5
4b. What medical problems or symptoms did you have? [Do not read unless a that apply.]	prompt is needed. Check all
My prostate felt abnormal when the doctor examined	it
I was having problems urinating	
I was having sexual problems	
A PSA test was high when checked before	
Other specify other	
Don't Know	
Refused	skip to 4d
4c. Did a doctor suggest that you have the [PSA test/rectal exam], or did <u>you</u> as	k to have it done?
My doctor suggested it	
I asked to have it done	
Other specify other	
Don't Know	
Refused	skip to 5
4d. About when did you [first notice symptoms/find out your PSA/rectal exam wa an enlarged prostate]?	as abnormal/have surgery for
weeks ago months ago years ago D	on't Know 🗌 Refused
	44260



5. When did a doctor or other medical person first talk to you about the possibility that you might have prostate can
--

weeks ago months ago years ago Don't Know Refused
5a. What kind of doctor talked with you about this? [Read choices]
Your usual doctor
A doctor at your usual clinic
An emergency room doctor specify other
Other medical person
Don't Know
Refused
5. How did you react when a doctor first talked to you about the possibility that you might have prostate cancer? [Do not read. Check all that apply. Be sure to differentiate this from reactions after the diagnosis was confirmed.]
I hoped it would simply go away
I got worried about having prostate cancer
I put off doing anything about it
I decided to wait and see if the sign got worse
I prayed and sought guidance from God
I found out what needed to be done and moved forward
I got a biopsy
I got more tests to confirm suspected prostate cancer
Other specify:
Don't Know
Refused
When was your prostate cancer diagnosis confirmed? [When did a doctor tell you that you definitely had prostate cancer?]

weeks ago			months ago			Don't Know	Refused
-----------	--	--	------------	--	--	------------	---------

7.

6.

Now I'd like you to think back to the 12 months b you might have prostate cancer. This would be th on response to question 5, if available].													
8. During that time, did you see a urologist for any reason?		Yes No)on't	Kno	w	Ref	fused	S	kip	to	» 9
8a. How many times did you see a urologist [be	tweer	ı/_	ar	nd	_/	_ (MI	M/YY)	during	g thos	se 12	mon	ths]	?
numbe	r of t	imes					Don't	Know	v [R	efuse	ed	
8b. What problem(s) did you see the urologist a needed, check all that apply]	about	during	that	time	? [D o	not	read	unle	ss pr	omp	t is		
Difficulty passing urine													
Frequent or urgent urination													
Problems with leaking urine (incor	itinen	ce)											
Sexual problems													
Other problems specify other	r												
PSA test or prostate exam because	e of su	uspicic	n o	f pros	state	can	cer	•	•			•	
An earlier prostate biopsy (before	a biop	osy tha	at fo	ound	your	can	cer)						
Don't Know													
Refused													
9. During that time, did you see a doctor (other than a urologist) for any reason?		Yes No		_ c)on't	Kno	w	Ref	fused	S	tip	to	10
9a. How many times did you see a doctor (othe	r than	a urol	ogis	t) [be	twee	n	and _	/ (during	j tho	se 12		
months]? numbe	r of t	imes					Don't	Know	v [R	efuse	ed	
9b. What problem(s) did you see the doctor ab	out du	ring th	at ti	me? [Do n	ot r	ead u	nless	pron	npt i	S		
needed, check all that apply] Treatment for an injury of	or brie	ef illne:	ss										
Treatment/follow-up care	for a	in ong	oing	g hea	lth p	roble	em						
Your concern about PSA													
Possible prostate cancer													
Sexual problems													
Physical exam													
Other reason specify ot	ner								Τ				
Don't Know	L	-		<u>. I</u>				<u>. I</u>					
Refused													



I															
LO. During the 12 [between/_	months before y and / (any pro	blem					night	have	e pros	tate ca	ancer	
				Ves	•		Don'	't Kno	ow [F	Refu	sed	Ski	p to	o 11
10a. Wha	t urination proble	ems did you	have? [Do	not rea	d un	less	prom	pt is	nee	ded,	che	ck al	l that	apply	/]
	Difficulty passir	ng urine													
	Frequent or urg	gent urinat	ion												
	Problems with I	leaking urii	ne (inconti	nence)											
	Pain during urir	nation													
	Blood in urine														
	Other urination	problem	specify												
	Don't Know														
	Refused														
	s worst, how big nich answer is th					nose	12 mc	onths	? Plea	ase l	ook a	at this	card a	and te	!!!
	🗌 No p	problem													
	Very	small pro	blem												
	Mod	erate prob	lem												
	🗌 Big ı	problem													
	Don'	't Know													
	Refu	ised													
10c. Did y	ou talk to a doct	or about yo	ur problems [[s with uri Yes No	natio	_)on't	Know	v Г	ר ק	fuse	d s	kip	to	10e
10d. Abou	ıt how long did y	ou have the	∟ se problem		you t					-					
days	weeks	n	nonths		yea	rs				Don	't Kn	ow		Refus	ed
10e. Did t	hese problems n	nake you thi	ink that you	might h	ave p	orosta	ate ca	ncer?							
				Yes	г	_				- ר	_				
			L	No		C	on't	Knov	v L] Re	fuse	d			

11. During the 12 months before you first talked to a doctor about the <u>possibility</u> that you might have prostate cancer
[between/and/ (MM/YY)], did you have any problems with erections or your sexual function? Yes
No Don't Know Refused Skip to 12
11a. At its worst, how big a problem was this for you during those 12 months? Please look at this card and tell me which answer is the best one [Show Card DPC1]
No problem
Very small problem
Moderate problem
Big problem
Don't Know
11b. Did you talk to a doctor about these problems?
No Don't Know Refused skip to 11d 11c. About how long did you have these problems before you talked to a doctor about them?
days weeks months years Don't Know Refused
11d. Did these problems make you think that you might have prostate cancer?
Yes
No Don't Know Refused
12. Men who have symptoms that might be caused by prostate cancer often have a diagnostic PSA test to help determine if they have prostate cancer, but men sometimes get PSA screening tests during routine check-ups, even when they don't have any signs of prostate cancer. Did you ever have a screening PSA blood test before you were diagnosed with prostate cancer?
Yes No Don't Know Refused Skip to 13
12a. About when did you have your first PSA screening test?
months ago years ago Don't Know Refused
12b. About how many times have you had a PSA screening test, not counting recent tests that were part of
your diagnosis? number of times Don't Know Refused

 13. Men who have symptoms that might be caused by prostate cancer often have a digital rectal exam; an exam where a doctor puts a gloved finger in their rectum to feel the size and shape of their prostate gland. Sometimes men also have a digital rectal exam during routine checkups or prostate cancer screening, even when they don't have any signs of prostate cancer. Did you ever have a routine digital rectal exam <u>other than</u> any exams that were done recently as part of your diagnosis? No Don't Know Refused Skip to 14
13a. About when did you have your first digital rectal exam? months ago years ago Don't Know Refused
13b. About how many times have you had a routine digital rectal exam, not counting recent exams that were part of your diagnosis? number of times Don't Know Refused
14. Before the biopsy that found your prostate cancer, did you ever have any of the following procedures?
14a.1 A needle biopsy of your prostate done through your rectum? Yes No Don't Know Refused Skip to 14b 14a.2 When was this needle biopsy done?
months ago years ago Don't Know Refused
14b. A surgical procedure where a doctor passed a tube through your penis to remove enlarged prostate tissue, sometimes called a TURP? Yes No Don't Know Refused Skip to 14c
14b.1 When was this TURP done?
months ago years ago Don't Know Refused
14c. An exam were a doctor passed a tube through your penis to look at your bladder, sometimes called a cystoscopy? Yes No Don't Know Refused Skip to 14d
14c.1 When was this cystoscopy done? months ago years ago Don't Know Refused
14d. Any other operation or test to check problems with urination or sexual function?
Yes Skip to No Don't Know Refused Worries and Concerns
14d.1 When were these tests done? months ago years ago Don't Know Refused

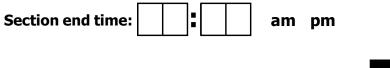


WORRIES AND CONCERNS



Next I'd like to ask some questions about how you think your prostate cancer might affect your life. Please look at the card and tell me which answer is best for you.

	Not	Somewhat	Moderately	Very	Extremely	Don't Know	Refused
 How concerned are you that your prostate cancer might spread to other parts of your body? [Show Card WC1] 							
 How concerned are you that your prostate cancer could make you dependent on someone else? [Show Card WC1] 							
3. Given all that you know about prostate cancer and the treatment you have had or will receive, how likely do you think it is that you might die from prostate cancer? [Show Card WC2]							
 How concerned are you about dying from prostate cancer? [Show Card WC3] 							
5. Are you involved in a prostate cancer support group?) Don't k	۲now	∏ F	Refuse	ed		



44260

TRADITIONAL HEALTH BELIEFS

First, we want to know what you **believe** about cancer. People have a number of beliefs about cancer; what causes it or how to treat it. Some of these beliefs relate to God; others to one's beliefs about health. There are no right or wrong answers. When I read the questions, respond with YES if the statement is what you believe about cancer; respond with NO if the statement is not what you believe. You do not have to answer every question. [**Show Card THB1**]

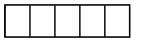
1. If a cancer is cut open in surgery, it will grow faster.	Yes	Refused	Don't Know
2. If a man has problems passing water, he should not bother to see a doctor because by then it would be too late.	Yes	Refused	Don't Know
3. Men who started having sexual relations at a young age are more likely to get prostate cancer than those who started in later life.	Yes	Refused	Don't Know
4. If a person has cancer, it is part of God's plan.	Yes	Refused	Don't Know
5. Cancer is caused by what people eat or drink.	Yes	Refused	Don't Know
6. If a person has cancer, there is no sense in trying to do anything about it.	Yes	Refused	Don't Know
 If a person prays about their cancer, medical treatments are not necessary because God will cure it. 	Yes	Refused	Don't Know
8. Cancer can be caused by dirty blood.	Yes	Refused	Don't Know
9. Someone can give you cancer by putting a root or spell on you.	Yes	Refused	Don't Know
10. People get cancer when they are tired and their resistance is down.	Yes	Refused	Don't Know
11. God works through medical doctors to cure cancer.	Yes	Refused	Don't Know
12. You can catch cancer from other people.	Yes	Refused	Don't Know
13. A person with high blood is more likely to get cancer than a person with normal blood.	Yes	Refused	Don't Know



14. If a person worries about their cancer a lot, it will get worse.	Yes	Refused	Don't Know
15. If a person has cancer, their children are very likely to get it too.	Yes	Refused	Don't Know
16. The devil can cause a person to get cancer.	Yes	Refused	Don't Know
17. Nothing works to cure cancer or stops it from coming back.	Yes	Refused	Don't Know



PHYSICIAN T	RUST
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In the next set of questions I will read to you, I want you to tell me about your experience with doctors, and with the health care system <u>before</u> you were diagnosed with prostate cancer. Using the card with the response choices tell me how strongly do you agree or disagree with the following statements. [Show Card P1]

	Strongly Disagree	Disagree	Not Sure	Agree	Strongly Agree	Refused/Don't Know
1. I can tell doctors anything, even things that I might not tell anyone else.	Ű	Ū	Ĺ	Ū	Ű	Ū
2. Doctors sometimes pretend to know things when he/she is really not sure.						
3. I completely trust doctors' judgements about my medical care.						
 Doctors care more about holding down costs than about doing what is needed for my health. 						
5. Doctors would always tell me the truth about my health, even if there were bad news.						
6. Doctors care as much as I do about my health.						
7. If a mistake were made in my treatment, doctors would try to hide it from me.						
8. I have sometimes been misled at hospitals.						
9. Hospitals often want to know more about your personal affairs or business than they really need to know.						
10. Hospitals have sometimes done harmful experiments on patients without their knowledge.						
11. Rich patients receive better care at hospitals than poor patients do.						
12. Male patients receive better care at hospitals than female patients do.						



As I read the following questions about health services, look at the response choices on this card and tell me the response that best fits the experience you had <u>prior</u> to your diagnosis of prostate cancer. [Show Card PAC1]

	Strongly Disagree	isagree	ot Sure	gree	Strongly Agree	Refused/Don't Know
1. I was able to get medical care whenever I needed it.	s		Z	Ā	s	
2. Sometimes it was a problem to cover my share of the cost for a medical visit.						
3. Sometimes I would go without the medical care I needed because it was too expensive.						
4. Places where I could get medical care were conveniently located.						
 If I had a medical question, I could reach a doctor or a nurse for help. 						
6. I had easy access to the medical specialist I needed.						
7. I had not seen a health care provider for at least three years.						
8. I didn't worry much about the cost when I needed to seek medical care.						
9. I saw a different health care provider almost every time I had an appointment.						
10. I had a health care provider I felt comfortable talking to when I needed medical care.						



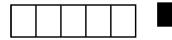
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HABITS OF HEALTH CARE UTILIZATION

Now we would like to know in your everyday life when you would seek health care from your healthcare professionals. This is <u>before</u> your diagnosis of prostate cancer. As I read these questions, tell me the response choice that best fits your experience. [Show Card HHC1]

Did you see a Nurse?						
Nurse Practitioner?						
Physician Assistant?						
Resident/Intern?	ee.					Know
Doctor?	isagı				gree	on't
	Strongly Disagree	Disagree	Not Sure	Agree	Strongly Agree	Refused/Don't Know
1. Going to the doctor regularly is a normal part of how I take care of myself.	St		Ž	Ğ	St	R.
2. I really have to be hurting before I go to the doctor.						
3. I go to the doctor as soon as I get sick so I don't get worse.						
4. I only see a doctor when I'm seriously sick.						
5. When I've been sick, I haven't seen a doctor or gone to a clinic about it.						
6. I usually ignore my sickness for a while to see if it goes away.						
7. I get a checkup even when I'm not sick, just to make sure I'm OK.						
8. I go to my doctor or clinic every year or two to get my PSA measured for prostate cancer.						
9. I go to my doctor or clinic every year or two to get a rectal exam for prostate cancer.						





RACISM WITHIN HEALTH CARE SETTINGS

We would like to know about your experience with doctors, or what you believe about how people are treated by doctors and hospitals. As I read the following questions, look at this card for the response choices, and choose the response that best fits with your belief or experience with the health care system. [Show Card RWHS1]

1. Doctors treat African American and white people the same.	Strongly Disagree	Disagree	Not Sure	□ Agree	Strongly Agree] Refused/Don't Know
2. Racial discrimination in a doctor's office is common.						
3. In most hospitals, African Americans and whites receive the same kind of care.						
4. African Americans can receive the care they want as equally as white people can.						



COMMUNICATION

For the next 5 questions that I will read to you, look at the response choices and tell me about the talking that occurs when you see the urologist or person treating you for prostate cancer after you were diagnosed. [Show Card CM1]

How would you rate the:

- 1. Thoroughness of your doctor's questions about your symptoms and how you are feeling.
- 2. Attention your doctor gives to what you have to say.
- 3. Doctor's explanation of your health problems or treatments that you need.
- 4. Doctor's instructions about symptoms to report and when to seek further care.
- 5. Doctor's advice and help in making decisions about your care.

	Very Poor	Poor	Not Sure	Good	Very Good	Refused/Don't Kn	
about your symptoms							
ave to say.							
ms or treatments that							
eport and when to seek							
ons about your care.							

CONTEXTUAL KNOWLEDGE OF THE PATIENT

For the next 4 questions that I will read to you, look at the response choices and tell me what you think about how well the person treating your prostate cancer knows you after diagnosis. [Show Card CK1]

How is the:	Very Poor	Poor	Not Sure	Good	Very Good	Refused/Don't Knov
1. Doctor's knowledge of your entire medical history.						
2. Doctor's knowledge of your responsibilities at work or home.						
3. Doctor's knowledge of what worries you most about your health.						
4. Doctor's knowledge of you as a person (your values and beliefs).						



INTERPERSONAL TREA	TMENT
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For the next 5 questions that I will read to you, look at the response choices and tell me what you think about the personal aspects of the care you receive from the person treating you for your prostate cancer, and how you would rate the following. [Show Card IT1]

How would you rate the:	Very Poor	Poor	Not Sure	Good	Very Good	Refused/Don't Know
1. Amount of time your doctor spends with you.						
2. Doctor's patience with your questions or worries.						
3. Doctor's friendliness and warmth toward you.						
4. Doctor's caring and concern for you.						
5. Doctor's respect for you.						

PATIENT PROVIDER COMMUNICATION



Think about a visit to your urologist or clinic treating your prostate cancer. As I read each question, please look at the response choices and tell me which response best describes your visit to your urologist or clinic treating your prostate cancer. [Show Card PPC1]

	A great deal	A moderate amoun	A little	Almost nothing	Nothing at all	Refused/Don't Know
 During the visit, how much did the doctor tell you about your prostate cancer and what he/she is doing to treat it? 						
2. During the visit, how much did the nurses and other treatment staff tell you about your prostate cancer and what they are doing to treat it?						
3. During the visit, how much did you tell the doctor about concerns you might be having about your prostate cancer?						
4. During the visit, how much did you tell the nurses and other treatment staff about concerns you might be having about your prostate cancer?						
5. During the visit, how much did you help with the planning of your treatment?						



PATIENT SATISFACTION WITH HEALTH CARE SYSTEM

Now I want to ask you a series of questions about your experience with the health care system and your typical visit to your urologist and clinic. Look at the card with the response choices and choose the response, which best describes how <u>satisfied</u> you are with your visit to the urologist or clinic treating your prostate cancer. [Show Card PSH1]

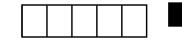
Are you satisfied with the:

- 1. Amount of time it took to travel to the clinic or doctor.
- 2. Cost of getting to the clinic.
- 3. How easy it was to get to the clinic.
- 4. Time spent waiting to get an appointment.
- 5. Time spent waiting at the doctor's office to see a physician.
- 6. Time spent waiting in clinic to see nurses and treatment staff.
- 7. Amount of time spent with the physician.
- 8. Amount of time spent with nurses.
- 9. Information the doctors told you.
- 10. Information the nurses told you.
- 11. Quality of care received.
- 12. Increase in knowledge about your prostate cancer.
- 13. Improvement in how you are able to manage your prostate cancer.
- 14. Reading material given to you by the doctors or nurses.
- 15. The amount you paid for care received.

	Not Sure/Never	Satisfied	Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure Image: Second structure



GENERAL OCCUPATION	
The next set of questions are about work you have done and jobs that you have had during your life	e.
1. Which of the following best describes what you do now? [Show Card GO1]	Skip to 2a
Part time paid work	Skip to 2a
Retired because of age	
Retired by choice	
Retired because of disability or illness	
Unemployed, looking for work	
Unemployed now, but have job to return to	
Unable to work because of illness, but can do normal activities	
Unable to work or do normal activities because of illness	
Other specify other	
Don't Know	
Refused	
1a. When did you last do paid work?	
years ago months ago Don't Know Ref	used Skip to 3
Never did paid work	Skip to 5
2a. What is your current job? [If two current jobs, list second as Occupation 2. If more than 2, incluinvolve the most hours/week.]	ide the two that
2a1. Occupation 1	now Refused
2a2. Occupation 2 Don't K	now Refused
2b. What is the name of the company or business you work for?	
2b1. Employer 1	now Refused
2b2. Employer 2 Don't K 2c. Where is the business located? [City or town. If self employed, where do you do this work?]	now Refused
2c1. Occupation 1: City	State
Don't K	now Refused
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2c. cont. Where is the business located? [City or town. If self employed, where do you do this work?]

2c2. Occupation 1: City Stat	e Refused	d				
2d. When did you start this job?	_					
2d1. Occupation 1: years ago months ago Don't Know	Refused	Ľ				
2d2. Occupation 2: years ago months ago Don't Know	Refused	b				
3. What occupation or line of work have you done the <u>longest</u> ? Count all the time you did this type of wo worked at different job sites or for different companies.	rk, even if	you				
Occupation						
Same as current job: Yes No [Check here if longest held occupation is same as from Question 2, if yes, skip to 3b]	s current jo	dc				
Don't Know Refused						
3a. When did you last work as a [Say occupation]?						
years ago months ago Don't Know	years ago months ago Don't Know Refused					
3b. When did you first work as a [Say occupation]?						
years ago months ago Don't Know	Refused	b				
3c. How many years total [were you/ have you been] a [Say occupation]?						
years Don't Know	Refused	b				
3d. What job title [did you have/have you had] when working as a [Say occupation]? Same as occupation: Yes No						
Other title						
3e. What was the name of the company that employed you the longest when you worked as a [occupation]? Same as current job: Yes No						
Name of company						
3f. What city and state was this company in? [if self-employed, what city and state did you live in the longest while you held this occupation]?						
City State						
Don't Know Refused						



4. What occupation or line of work have you done the second longest? As before, plea	se count all the time you did this
type of work, even if you worked at different job sites or for different companies.	
Occupation	
Don't Know Refused Only one occupation	Skip to 5
4a. How long [were you/have you been] a [Say occupation]?	
years months	Don't Know
5. Have you ever lived or worked <u>for at least six months</u> on a farm? A farm would be a livestock or poultry to earn money.	ny place that raises crops, Go to 5a
No Don't Know	Refused Skip to 6
5a. When did you first work or live on a farm?	—
years ago months ago	Don't Know Refused
5b. How long did you live or work on a farm?	
years months	Don't Know Refused
6. Did you ever serve in the military?	Go to 6a
No Don't Know	Refused Skip to 7
6a. Did you serve on the ground in Vietnam?	
Yes	
No Don't Know	Refused
7. Did you ever work for at least six months >>>>>	
7a. As a landscaper or grounds keeper?	
Yes	
🗌 No 📃 Don't Know	Refused
7b. At a florist shop, garden shop, greenhouse or plant nursery?	
Yes	
🗌 No 📃 Don't Know	Refused
7c. As an animal caretaker in a kennel, veterinary clinic, grooming fa or other? [Do not include work on a farm or work with you Yes	
No Don't Know	Refused
7d. As a pest control operator or exterminator?	
Yes	
No Don't Know	Refused 52704
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FAMILY	INCOME
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- Please look at this card and tell me which category your current household income falls in. Think about your annual household income before you pay taxes, and include wages, social security, welfare, and any other income. [Show Card F11]
 - Less than \$5,000

\$5,001 to \$10,000

\$10,001 to \$20,000

\$20,001 to \$30,000

\$30,001 to \$40,000

\$40,001 to \$50,000

\$50,001 to \$60,000

\$60,001 to \$70,000

\$70,001 to \$80,000

\$80,001 or more

Don't Know

Refused

1a. Including yourself, how many people are supported by this income?

Number of people

end time:

Don't Know

am pm

Refused



Hurricane Katrina Exposure

- 1. Did you evacuate from the place you were living because of either hurricane Katrina or hurricane Rita?
 - a. No
 - b. Yes, if yes, which storm(s) caused you to evacuate:
 - i) Katrina
 - ii) Rita
- 2. Because of the hurricane damage, were you relocated as a result of the hurricane, not counting being prevented from returning immediately after the storm?
 - a. No
 - b. Yes, if yes, where were you relocated? Check all that apply:
 - _____ Out of state, specify town/state _____

_____ In-state, specify town

- 3. Did you have trouble meeting medical/health needs because of the hurricane?
 - a. No
 - b. Yes, if yes, how stressful was this event for you?
 - i) Not stressful
 - ii) Moderate stressful
 - iii) Extremely stressful
- 4. Did you have to cancel or postpone a medical treatment or doctor's appointment(s) because of the hurricane?

- a. No
- b. Yes, if yes, how stressful was this event for you?
 - i) Not stressful
 - ii) Moderate stressful
 - iii) Extremely stressful
- 5. Are you back seeing your usual physician or health care clinic at this time?
 - a. No
 - b. Yes
- 6. Are you seeing a new physician or new health care clinic at this time?
 - a. No
 - b. Yes

Sources for PCaP Questionnaire

Communication:

Communication subscale from the Primary Care Assessment Survey © 1995 Safran/The Health Institute.

Safran, D. G., Kosinski, M., Tarlov, A. R., Rogers, W. H., Taira, D. H., Lieberman, N., and Ware, J. E. The Primary Care Assessment Survey: tests of data quality and measurement performance. Med Care, 36: 728-39., 1998.

Contextual knowledge of the patient:

Contextual Knowledge of the Patient is also measured using a subscale from the Primary Care Assessment Survey © 1995 Safran/The Health Institute.

Safran, D. G., Kosinski, M., Tarlov, A. R., Rogers, W. H., Taira, D. H., Lieberman, N., and Ware, J. E. The Primary Care Assessment Survey: tests of data quality and measurement performance. Med Care, 36: 728-39., 1998.

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Subar AF, Thompson FE, Smith AF, Jobe JB, Ziegler RG, Potischman N, et al. Improving food frequency questionnaires: a qualitative approach using cognitive interviewing. J Am Diet Assoc 1995;95(7):781-8; quiz 789-90

Subar AF, Midthune D, Kulldorff M, Brown CC, Thompson FE, Kipnis V, et al. Evaluation of alternative approaches to assign nutrient values to food groups in food frequency questionnaires. Am J Epidemiol 2000;152(3):279-86.

General Health (SF-12v2©):

Ware JE, Kosinski M, Turner-Bowker DM, Gandek B. How to Score Version 2 of the SF-12 Health Survey (With a Supplement Documenting Version 1). Lincoln, RI: QualityMetric Incorporated; 2002.

Habits of health care utilization (general):

Habits of Health Care Utilization is a 9-item scale measuring the general likelihood of using health care services. This scale has been tested on an African-American patent sample. Reliability of the scale is .81. Response format parallels that in the Perceived Access to Care Index (Facione, 1999). Using a Likert response framework, responses range from strongly disagree to strongly agree with a refused, don't know choice for every item on the scale.

Interpersonal treatment:

Interpersonal treatment is also measured using a subscale from the Primary Care Assessment Survey © 1995 Safran/The Health Institute.

Safran, D. G., Kosinski, M., Tarlov, A. R., Rogers, W. H., Taira, D. H., Lieberman, N., and Ware, J. E. The Primary Care Assessment Survey: tests of data quality and measurement performance. Med Care, 36: 728-39., 1998.

Literacy:

Literacy is assessed using the Rapid Estimate of Adult Literacy in Medicine (REALM), a screening instrument to assess an adult patient's ability to read common medical words and lay terms for body parts and illnesses. It is designed to assess medical professionals in estimating a patient's literacy level so that the appropriate level of patient education materials or oral instructions may be used. The test takes two to three minutes to administer and score. The REALM has been correlated with other standardized tests (Family Medicine, 1993: 25:391-5).

Murphy PW, Davis TC, Decker BC, Jackson RH. (1993) Rapid estimate of adult literacy in medicine: Using a novel reading recognition test. Journal of Reading , 37 (2): 124-130.

Bennett CL, Ferreira MR, Davis TC, Kaplan J, Weinberger M, Kuzel T, et al. Relation between literacy, race, and stage of presentation among low-income patients with prostate cancer. J Clin Oncol 1998;16(9):3101-4.

Occupation (Specific):

Question 7: Queried occupations include those most likely to be associated with pesticide use based on industrial hygiene review (Daniels et al. Comparison of Assessment Methods for Pesticide Exposure in a Case-Control Interview Study. AJE, 153: 1227-32, 2001.)

Patient provider communication:

Patient-Provider Communication The degree to which the patient communicates with his health care provider will be assessed using an investigator-developed 5-item scale. Patients respond to each item on a 5-point Likert-like scale, with higher scores indicating a greater degree of communication. In a previous test of the instrument, factor analysis produced a single factor with an eigenvalue greater than 1, all items loading at .50 or above, and Cronbach's alpha of .75, supporting the use of a total scale score as well as individual item analysis (Mishel, Belyea, et al., 2002). Responses range from nothing at all to a great deal with a refused, don't know choice for every item on the scale.

Patient satisfaction with health care system:

Patient Satisfaction with the Health Care System is a 15-item scale that refers to satisfaction with travel, waiting time, amount of time spent with the providers and amount paid

for the visit. The scale has a 6-item Likert-type response framework. Prior analysis of the scale from its use with prostate cancer patients indicated that it factors into 2 subscales, quality of care and accessing care with alphas of .92 and .86. Choices go from very dissatisfied to very satisfied with a refused, don't know choice for each item.

Perceived access to care:

Perceived Access to Care is a 10-item scale that refers to the ability to access medical care due to location, cost and feasibility. From prior testing with an African-American sample Chronbach's alpha was reported as .78 and test-retest reliability as .85. the scale has a 4-item response format from strongly disagree to strongly agree with a refused, don't know choice for each item.

Physical Activity:

Littman AJ, White E, Kristal AR, Patterson RE, Satia-Abouta J, Potter JD. Assessment of a one-page questionnaire on long-term recreational physical activity. Epidemiology 2004;15(1):105-13.

Physician Trust:

Trust/mistrust will be measured by two scales. The trust subscale of the Primary Care Assessment Survey © 1995 Safran/The Health Institute. This 7-item scale with a Likert response format asks about trusting the doctor. Reliability of the scale is reported as .86. Support for the validity of the scale is its correlation with satisfaction with physician and adherence to treatment (Pearson & Raeke, 2000). The second scale, the Medical Mistrust Index, is a 5-item scale with a 4-item Likert response format. The scale refers to patient's attitudes of mistrust of the health care system. Scores on this index have significantly differed for African American versus Caucasian patients. Reliability of the scale is reported to be an alpha of .74 (LaVeist et al, 2000). The scales choices range from 1-5, strongly agree to a strongly disagree with a refused, don't know option for each item.

Safran, D. G., Kosinski, M., Tarlov, A. R., Rogers, W. H., Taira, D. H., Lieberman, N., and Ware, J. E. The Primary Care Assessment Survey: tests of data quality and measurement performance. Med Care, 36: 728-39., 1998.

Racism within health care settings:

Racism Within Health Care Settings will be measured by the Racism Index, a fouritem scale with a four-item response format. The scale items refer to perceived difference in treatment by physicians by race. Support for the validity of the scale was found in the significant differences on the items for African American versus Caucasian American patients ((LaVeist, et al, 2000). Reliability of the scale is reported at an alpha of .76. This is scored on a Likert scale ranging from 1-5 with a refused, don't know choice for each item.

Religiosity:

Religiosity will be measured by the **God Scale**, which consists of eight items added to the **Multidimensional Health Locus of Control Scale** (MHLC) by Bekhuis et al. (1995) to index belief in God's role in one's health. The item response format is a Likert-type scale ranging from 1 to 6, with higher scores indicating a stronger belief. Cronbach's alpha for the religiosity scale in the principal investigator's study on men with localized prostate cancer was .94.Resposes range from disagree a lot to agree a lot with a refused, don't know choice for each item.

Religious Participation will be measured by The **Participation in Religious Activities** scale. This 11-item scale indexes the frequency of participation in a variety of religion-oriented social activities. Total scores on the Participation in Religious Activities scale range from 11-55 with higher scores indicative of a higher level of religious activities (Brown & Gary, 1987). Reliability of this measure was a Cronbach's alpha of .91 in the study of men with localized prostate cancer. There is initial support for the construct validity of the scale. Responses range from never to very often with a refused, don't know choice for each item.

Traditional health beliefs:

Traditional Health Beliefs will be measured by a 17-item scale developed through clinical interviews with rural African-American cancer patients. This dichotomous scale was used in the principal investigator's prior prostate cancer studies and has a KR20 of .69 for Caucasian Americans and .83 for African American men with prostate cancer. Has dichotomous scoring with a refused/don't know option for each item.

Vitamins and Alternative Medicines:

Satia-Abouta J, Patterson RE, King IB, Stratton KL, Shattuck AL, Kristal AK, Potter JD, Thornquist MD, White E. Reliability and validity of self-report of vitamin and mineral supplement use in the VITamins And Lifestyle (VITAL) Study. American Journal of Epidemiology 2003;157(10):944-54.

Worries and Concerns:

Source: Risk items adapted from Holmboe E, Concato J. Treatment decisions for localized prostate cancer: asking men what's important. *Journal of General Internal Medicine* 2000;15:694-701.