## BACKGROUND CHARACTERISTICS

Thank you for meeting with me today. The first thing I need to do is make sure I have your correct name, address, and birth date. After that I'll give you some forms with information that will help explain the PCaP study and your rights as a study participant. I can help you review the information, and we can talk about any questions or concerns that you have about the forms or the study. Then, if you decide that you do want to go ahead and participate in PCaP, we will continue with the rest of the visit.
First, can you confirm your name, address and date of birth?

## First Name


I. Last Name

am


## Number \& Street Address


[If participant did not consent to future contact, skip to Screening for Specimen Collection.
If participant did consent to future contact, read the following:]
On the consent forms we just completed, you indicated that you would be willing to let us contact you again if we have more questions we would like to ask.

E-MAIL ADDRESS: ${ }^{\text {1a1. In case we have difficulty contacting you, can we reach you by email? Yes } \square \text { No } \square}$

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |

1a2. Can we reach you by a cell phone number? CELL NUMBER
Yes


1a3. Can we reach you at work?


Yes
 No $\square$


1b. In case we have difficulty contacting you, can you give us a name, address, and phone number of a friend or relative who could help us get in touch with you?

## First Name


I. Last Name

Number \& Street Address


Home Telephone
Cell or Mobile Phone


E-MAIL Address



|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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The intent is for the study subject to collect all medications (prescription, over the counter including vitamins, herbals, dietary supplements, etc.) used in the past 2 weeks or their containers prior to the in-home visit at which time the nurse/interviewer will record and review medication use.

## Section A. MEDICATION COLLECTION

1. Do you have all of the medications you used in the past two weeks, or their containers?

2. Is this because you have not taken any medications in the last two weeks, because you forgot or were unable to collect your medications?

Took no meds
Skip to Section B. 21
Forgot/Unable to collect meds

## Skip to Screening for Specimen Collection Form

## Although the analyses performed on the biologic samples are a very important component of the study, you may decline specimen collection.

Prior to collecting specimens, confirm that the consent form has been signed.


1. When was the last time you took anything by mouth other than water?


I'm going to ask you some questions that will help me determine whether you can safely donate samples for the study.
2. Do you have a bleeding disorder?
[Additional explanation: If you have a bleeding disorder you would have symptoms like frequent nose bleeds, or very easy bruising, or problems with bleeding after being cut.] $\square$ Yes $\square$ Don't Know
If yes, document the nature of the bleeding disorder below and determine whether to proceed with the blood or fat collection. If blood and/or fat collection is contraindicated, check the 'Contraindicated' box on the appropriate collection forms.
3. Do you take Coumadin, Warfarin pills, or other blood thinners $\qquad$ $? \quad \square \mathrm{No}$ If yes...

Last date took meds:


Last time took meds:

$\square$ Don't Know

Monitor venipuncture site carefully throughout the interview and instruct the patient to leave bandage in place for at least 4 hours.
If don't know, check current medications before continuing.
4. Have you ever had problems giving blood?
[Additional explanation: Have you ever gotten dizzy or faint, or have you ever lost
consciousness, fainted or "passed out" when you were having a blood sample taken? $\quad \square$ Yes $\square$ No
$\square$ Non't Know Have you ever had problems with having blood taken from a particular vein?]
If yes, document the nature of the problem below and determine whether to proceed with the blood or fat collection. If blood and/or fat collection is contraindicated, check the 'Contraindicated' box on the appropriate collection forms.

## 5. Have you ever had an allergic reaction to a local anesthetic?

[Additional explanation: Local anesthetics are shots or injections that are given to numb the mouth before dental work, or to numb the skin before stitching cuts or wounds. Allergic reactions include severe itching, redness and swelling from the shot. Sometimes people who are allergic will have trouble breathing because of the shot, but this is very rare.]
If yes, check the 'Contraindicated' box on the fat collection form and document the nature of the problem below.
$\square$ PENDING
$\square$ collected
Date of Toenail Collection: $\square$
$\square$
$\square$

Interviewer: If toenails were not trimmed prior to the interview, perform all of the following procedures:
a. Check to see if the patient still has the toenail collection kit, and provide a new toenail
$\square$ Yes collection kit if needed:
b. Give the patient a return mailer and review the instructions for collecting and returning toenail samples by mail.
c. Check the 'Pending' box above.

## URINE COLLECTION FORM

REFUSED
$\square$ contraindicated
$\square$ UNSUCCESSFUL
$\square$ collected

Time of Urine Sample: $\square$ : am pm

## BODY SIZE QUESTIONNAIRE

Next, I will be asking several questions about your body size. In addition to asking you questions, I will also be measuring your height, weight, hips and waist. You may choose not to answer any of the questions I ask or decline any or all body measurements.

## Respondent's Reported Measurements:

$\square$

1. What was your usual weight 1 year ago? [if you don't remember exactly, please make your best guess.]
Ibs $\square$
$\square$ Don't Know $\square$ Refused
2. Thinking back to when you were about 25 years old, what was your usual weight at age 25 ? [if you don't remember exactly, please make your best guess.]

$\square$ Don't Know
3. How tall were you without shoes at about age 25 ? [if you don't remember exactly, please make your best guess.]


## Interviewer's Measurements:

1. Measured standing height (to the nearest cm , rounding down.)

$\square$ Can't measure $\square$ Refused
2. Measured weight (to the nearest .1 kg .)
kg

$\square$ Can't measure
3. Measured girths:
3a. Waist

$\square$ Refused
3b. Hip
cm
Refused
4. Interviewer's notes regarding measurements (e.g., participant confined to wheelchair)
$\square$

## BLOOD COLLECTION FORM

UNSUCCESSFUL
$\square$ COLLECTED


Number of Red-Top Tubes Drawn: $\square$

Number of Lavender Tubes Drawn: $\square$

Number of Yellow-Top Tubes Drawn: $\square$

Interviewer: Initial below to confirm that instructions for care of the venipuncture site were reviewed with the patient.

I have reviewed the post care instruction with patient.


Significant Events: Document any significant events below. Submit a Significant Event Report to the Project Manager.

UNSUCCESSFUL
$\square$ COLLECTED


Interviewer: Initial below to confirm that instructions for care of the fat aspirate site were reviewed with the patient.

I have reviewed the post care instruction with patient.


Significant Events: Document any significant events below. Submit a Significant Event Report to the Project Manager.
$\square$

Section end time: $\square$ am pm

Section B. MEDICATION RECORDS
a.

MEDICATION NAME
b.

CONCENTRATION (includes units)
C.

Did you take this medication in the past 24 hours?

a.
b.

MEDICATION NAME

units $\square$

Did you take this medication in the past 24 hours?

use? $\square$ Yes $\square$ No $\square$ UNK |  |  |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | use? $\square$ Yes $\quad \square$ No $\quad \square$ UNK




units |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- |

units

|  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | units $\square$


22. Number of meds unable to transcribe: $\square$

IRB:S20040629

## BACKGROUND QUESTI ONNAI RE

|  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- |

Now, I'm going to ask some general questions about your background and habits. Many people have never been in an interview like this, so I'll start by explaining how it works. I am going to read you a set of questions, which everyone in the study will be asked. Sometimes I'll ask you to answer in your own words. For other questions, I'll give you a list of choices and ask you to pick the one that fits best. Try to answer the questions carefully and completely as you can. All of your answers will be combined with others so no one will be able to tell what your particular answers were. Even so, you don't have to answer any questions that you don't want to. If there's any question you don't want to answer please tell me, and I'll just move on to the next one.
start time:

am pm

1. First, are you presently married, living as married, widowed, separated, divorced, or have you never married? $\square$ Married/Living as $\square$ Widowed $\square$ Separated $\square$ Divorced $\square$ Single/Never $\square$ Refused 2. How many other people live in your home with you? $\quad$ number $\square \square \square$ Don't Know $\square$ Refused

2a. How long have you lived here?


Don't Know
$\square$ Refused
3. Do you consider yourself to be Hispanic or Latino? $\square$ Yes
$\square$ No $\quad \square$ Don't Know $\quad \square$ Refused
4. Do you consider yourself to be Cajun?
$\square$ Yes
$\square$ No $\quad \square$ Don't Know $\quad \square$ Refused Skip to 5
4a. Was French spoken in your home when you were a child?
$\square$ Yes
$\square$ No $\quad \square$ Don't Know $\quad \square$ Refused
5. Do you consider yourself to be Creole?
$\square$ Yes
$\square$ No $\quad \square$ Don't Know $\quad \square$ Refused
6. What is your race? $\square$ Black or AA $\quad \square$ White
$\square$ Don't Know Refused $\square$ Other (specify)

7. What is the highest grade or year of school you have completed? If you've attended vocational or technical school, please include that in your answer. [DO NOT READ CHOICES]
$\square<8$ sth grade $\square$ HS GRAD
$\square$ Some College
$\square$ Some Grad Training
$\square$ Don't Know
$\square$ Some HS $\quad \square$ VO/TEC
$\square$ College GRAD
$\square$ Grad/Prof Degree
$\square$ Refused
8. Before you were diagnosed with prostate cancer, what kind of place did you usually go to when you had a medical problem? [READ CHOICES]
$\square$ A doctors office or group practice
$\square$ Emergency Room
$\square$ No usual place Go to 9
$\square$ Public health clinic or community health ctr
$\square$ Urgent Care Center
$\square$ Don't Know Go to 9
$\square$ Some other place (specify) $\square$ Refused Go to 9



8a. Did you see a particular doctor, nurse or other medical person there, or did you see a different person at each visit?
$\square$ Particular doctor, nurse or other medical staff Different doctor, nurse or other medical staff
$\square$ Don't Know
$\square$ Refused
9. Before you were diagnosed with prostate cancer did you have any health insurance?


9a. Did you have any of the following types of insurance? [READ OPTI ONS AND CHECK ALL THAT APPLY]
$\square$ Part A Medicare (pays hospitalization)
$\square$ Private health insurance/HMO for any part of hospital bills
$\square$ Private health insurance/HMO for any part of doctor's bills
$\square$ Any other insurance that pays part of medical bills
$\square$ Don't Know
$\square$ CHAMPUS/CHAMPVA

9b. Were you able to receive free health care from a doctor, hospital, clinic, health center, or the Veteran's Administration (VA)? $\square$
$\square$ No


$\square$Refused
10. Did a doctor ever tell your father or any of your brothers or sons that they had prostate cancer? Please tell me only about blood relatives, including half-brothers that you share one parent with. Please don't include stepbrothers or adopted sons that aren't related to you by blood. [Include both living and deceased relatives.]


10a. What relation was he [were they] to you? Was he [were they] 60 or older when diagnosed with prostate cancer? [LI ST ALL FI RST DEGREE RELATI VES WITH PROSTATE CANCER]

| Relative1: $\square$ Father | $\square$ Brother | $\square$ Son | $\square$ Half-brother | $\square<60$ Years Old <br> $\square 60+$ Years Old | $\square$ Don't Know | $\square$ Refused |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Relative2: $\square$ Father | $\square$ Brother | $\square$ Son | $\square$ Half-brother | $\square<60$ Years Old <br> $\square 60+$ Years Old | $\square$ Don't Know | $\square$ Refused |
| Relative3: $\square$ Father | $\square$ Brother | $\square$ Son | $\square$ Half-brother | $\square<60$ Years Old <br> $\square 60+$ Years Old | $\square$ Don't Know | $\square$ Refused |

10b. Did a doctor ever tell any of your other blood relatives that they had prostate cancer?
[Grandfathers, uncles, great uncles, cousins, nephews (living or deceased)]


Go to 10c
Skip to 11
Skip to 11


10c. What relation was he [were they] to you? Was he [were they] 60 or older when diagnosed with prostate cancer? [LIST ALL SECOND DEGREE RELATI VES WITH PROSTATE CANCER]

| Relativel | - Grandfather $\square$ Great Uncle | $\square$ Cousin <br> $\square$ Nephew | $\square$ Uncle | $\square<60 \text { Years Old }$ $\text { - } 60+\text { Years Old }$ | $\square$ Don't Know | $\square$ Refused |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Relativ | $\square$ Grandfather <br> $\square$ Great Uncle | $\square$ Cousin <br> - Nephew | $\square$ Uncle | $\begin{aligned} & \square<60 \text { Years Old } \\ & \square 60+\text { Years Old } \end{aligned}$ | $\square$ Don't Know | $\square$ Refused |
| Relativ | $\square$ Grandfather $\square$ Great Uncle | - Cousin <br> $\square$ Nephew | $\square$ Uncle | $\begin{aligned} & \square<60 \text { Years Old } \\ & \square 60+\text { Years Old } \end{aligned}$ | $\square$ Don't Know | $\square$ Refused |
| Rela | $\square$ Grandfather $\square$ Great Uncle | $\square$ Cousin <br> $\square$ Nephew | $\square$ Uncle | $\begin{aligned} & \square<60 \text { Years Old } \\ & \square 60+\text { Years Old } \end{aligned}$ | $\square$ Don't Know | $\square$ Refused |

11. What is your religion?. [DO NOT READ CHOI CES]

$\square$ Jewish
$\square$ Presbyterian
$\square$ Unitarian
$\square$ Baptist
$\square$ Lutheran
$\square$ Protestant, not specified
$\square$ Don't Know
$\square$ Congregationalist
$\square$ Methodist
$\square$ Roman Catholic
$\square$ Refused
$\square$ EpiscopalIslam/Muslim
$\square$ Mormon/LDS


Seventh Day Adventist
$\square$ Other (specify)
specify other

12. During your lifetime, have you smoked at least 100 cigarettes or 5 packs of cigarettes?
$\square$ Yes
$\square$ No $\quad \square$ Don't Know $\quad \square$ Refused $\quad$ Skip to 13

12a. When did you start smoking cigarettes?


12b. Do you still smoke cigarettes?


12c. Thinking back over all the years you have smoked, how many cigarettes did you usually smoke each day?

13. Have you used any of these other tobacco products at least once a week for six months or longer?
[READ RESPONSES, CHOOSE ALL THAT APPLY]

| $\square$ Pipe | $\square$ Cigarillos | $\square$ Snuff | $\square$ Don't Know |
| :--- | :--- | :--- | :--- |
| $\square$ Cigars | $\square$ Chewing tobacco | $\square$ None | $\square$ Refused |

14. In the last 5 years, have you had a [North Carolina or Louisiana] Driver's License or ID card?
$\square$
$\square$ No $\quad \square$ Don't Know $\quad \square$ Refused
15. Are you currently registered to vote in [North Carolina or Louisiana]?

$\square$ No $\quad \square$ Don't Know $\quad \square$ Refused



NATIONAL INSTITUTES OF HEALTH

## DIET HISTORY QUESTIONNAIRE

I will ask you to complete a Diet History Questionnaire. I will ask you about foods and beverages you have consumed during the 12 months prior to prostate cancer diagnosis because we are interested in obtaining information about eating habits that might increase or decrease the severity of prostate cancer. I will read each question aloud to you and record your answer directly on the questionnaire.

For each food item or group of foods, a series of questions will be asked. First, you will be asked "How often did you eat or drink a food during the 12 months prior to diagnosis" and second, "How much of the food did you usually have". Occasionally more detail about a particular food item will be asked. For example, "Do you drink milk?" "What kind of milk did you usually drink"? So throughout the questionnaire you will be asked, how often, how much, and what kind. There are some foods that you have eaten that are not listed on the questionnaire. That's ok. Answer each question the best you can. There are no right or wrong answers. All answers are confidential. Your answers will be combined with other participant's answers so no one would be able to tell your particular answers.

How Often Question-- For the questions that ask "How Often" a particular food item was eaten during the 12 months prior to diagnosis, there are three types of responses. (Show participant DHQ Show Cards)

How Much Questions--For the questions that ask "How Much" did you usually eat/drink we will ask you to use these food model prompts to help you estimate the amount eaten. (Show the participant the food model prompts).

Are there any questions before we begin? Remember answer each question the best that you can.

24395

## In the 12 months prior to diagnosis...

1. How often did you drink tomato juice or vegetable juice?

## O NEVER (GO TO QUESTION 2)

O 1 time per month or less
O 1 time per day
O 2-3 times per month
O 2-3 times per day

- 1-2 times per week
- 4-5 times per day
- 3-4 times per week

O 6 or more times per day
O 5-6 times per week
1a. Each time you drank tomato juice or vegetable juice, how much did you usually drink?

O Less than $3 / 4$ cup ( 6 ounces)
O $3 / 4$ to $11 / 4$ cups ( 6 to 10 ounces)
O More than $11 / 4$ cups (10 ounces)
2. How often did you drink orange juice or grapefruit juice?

```
O NEVER (GO TO QUESTION 3)
O 1 time per month or less \(\bigcirc 1\) time per day
O 2-3 times per month
O 2-3 times per day
O 1-2 times per week
O \(4-5\) times per day
O 3-4 times per week
O 6 or more times per day
O 5-6 times per week
```

2a. Each time you drank orange juice or grapefruit juice, how much did you usually drink?

O Less than $3 / 4$ cup ( 6 ounces)
O $3 / 4$ to $11 / 4$ cups ( 6 to 10 ounces)
O More than $11 / 4$ cups (10 ounces)
3. How often did you drink other $\mathbf{1 0 0 \%}$ fruit juice or 100\% fruit juice mixtures (such as apple, grape, pineapple, or others)?

## O NEVER (GO TO QUESTION 4)

O 1 time per month or less
O 2-3 times per month
O 1-2 times per week
O 3-4 times per week
O 5-6 times per week
3a. Each time you drank other fruit juice or fruit juice mixtures, how much did you usually drink?

O Less than $3 / 4$ cup ( 6 ounces)
O $3 / 4$ to $11 / 2$ cups ( 6 to 12 ounces)
O More than $11 / 2$ cups ( 12 ounces)

> O 1 time per day
> O 2-3 times per day
> O $4-5$ times per day
> O 6 or more times per day
4. How often did you drink other fruit drinks (e.g. cranberry cocktail, Hi-C, lemonade, or Kool-Aid, diet or regular)?

- O NEVER (GO TO QUESTION 5)

O 1 time per month or less
O 1 time per day
O 2-3 times per month O 2-3 times per day
O 1-2 times per week
O 4-5 times per day
O 3-4 times per week
O 6 or more times per day
O 5-6 times per week
4a. Each time you drank fruit drinks, how much did you usually drink?

O Less than 1 cup (8 ounces)
O 1 to 2 cups ( 8 to 16 ounces)
O More than 2 cups ( 16 ounces)
4b. How often were your fruit drinks diet or sugar-free drinks?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
5. How often did you drink milk as a beverage (NOT in coffee, NOT in cereal)? (Please include chocolate milk and hot chocolate.)

- O NEVER (GO TO QUESTION 6)

O 1 time per month or less
O 2-3 times per month
O 1 time per day
O 1-2 times per week
O 2-3 times per day
O 3-4 times per week
$4-5$ times per day
O 5-6 times per week
5a. Each time you drank milk as a beverage, how much did you usually drink?

O Less than 1 cup ( 8 ounces)
O 1 to $11 / 2$ cups ( 8 to 12 ounces)
O More than $11 / 2$ cups ( 12 ounces)
5b. What kind of milk did you usually drink?
O Whole milk
O $2 \%$ fat milk
O 1\% fat milk
O Skim, nonfat, or $1 / 2 \%$ fat milk
O Soy milk
O Rice milk
O Other

Question 4 appears in the next column.

## In the 12 months prior to diagnosis...

6. How often did you drink meal replacement, energy, or high-protein beverages such as Instant Breakfast, Ensure, Slimfast, Sustacal or others?
```
O NEVER (GO TO QUESTION 7)
O}1\mathrm{ time per month or less
O 2-3 times per month
O-2 times per week
O 3-4 times per week
O 5-6 times per week
```

6a. Each time you drank meal replacement beverages, how much did you usually drink?
O Less than 1 cup ( 8 ounces)
O 1 to $11 / 2$ cups ( 8 to 12 ounces)
O More than $11 / 2$ cups ( 12 ounces)
7. Did you drink soft drinks, soda, or pop?

## O NO (GO TO QUESTION 8) <br> O YES

7a. How often did you drink soft drinks, soda, or pop IN THE SUMMER?

O NEVER
O 1 time per month or less
O 1 time per day O 2-3 times per month

O 2-3 times per day
O 1-2 times per week
O 4-5 times per day
O 3-4 times per week
O 6 or more times per day

7b. How often did you drink soft drinks, soda, or pop DURING THE REST OF THE YEAR?
O NEVER
O 1 time per month or less
O 1 time per day
O 2-3 times per month
O 2-3 times per day
O 1-2 times per week

- 4-5 times per day
- 3-4 times per week

O 5-6 times per week
O 6 or more times per day

7c. Each time you drank soft drinks, soda, or pop, how much did you usually drink?

O Less than 12 ounces or less than 1 can or bottle O 12 to 16 ounces or 1 can or bottle
O More than 16 ounces or more than 1 can or bottle

7d. How often were these soft drinks, soda, or pop diet or sugar-free?
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
7e. How often were these soft drinks, soda, or pop caffeine-free?
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
8. Did you drink beer?

O NO (GO TO QUESTION 9)
O YES

8a. How often did you drink beer IN THE SUMMER?

O NEVER

| O 1 time per month or less | $\bigcirc 1$ time per day |
| :--- | :--- |
| $\bigcirc 2$-3 times per month | $\bigcirc 2-3$ times per day |
| $\bigcirc 1-2$ times per week | $\bigcirc 4-5$ times per day |
| $\bigcirc 3-4$ times per week | $\bigcirc 6$ or more times |
| $\bigcirc 5-6$ times per week | per day |

8b. How often did you drink beer DURING THE REST OF THE YEAR?

O NEVER

| O 1 time per month or less | $\bigcirc 1$ time per day |
| :--- | :---: |
| $\bigcirc$ 2-3 times per month | $\bigcirc 2-3$ times per day |
| $\bigcirc 1-2$ times per week | $\bigcirc 4-5$ times per day |
| $\bigcirc 3-4$ times per week | $\bigcirc 6$ or more times |
| $\bigcirc 5-6$ times per week | per day |

8c. Each time you drank beer, how much did you usually drink?

O Less than a 12-ounce can or bottle
O 1 to 3 12-ounce cans or bottles
O More than 3 12-ounce cans of bottles


Question 8 appears in the next column.

## In the 12 months prior to diagnosis...

9. How often did you drink wine or wine coolers?

- O NEVER (GO TO QUESTION 10)

O 1 time per month or less
O 1 time per day
O 2-3 times per month

- 2-3 times per day

O 1-2 times per week
O 4-5 times per day
O 3-4 times per week
O 6 or more times per day
O 5-6 times per week
9a. Each time you drank wine or wine coolers, how much did you usually drink?
O Less than 5 ounces or less than 1 glass O 5 to 12 ounces or 1 to 2 glasses O More than 12 ounces or more than 2 glasses
10. How often did you drink liquor or mixed drinks?

## O NEVER (GO TO QUESTION 11)

O 1 time per month or less
O 1 time per day
O 2-3 times per month O 2-3 times per day
O 1-2 times per week
O $4-5$ times per day
O 3-4 times per week
O 6 or more times per day
O 5-6 times per week
10a. Each time you drank liquor or mixed drinks, how much did you usually drink?
O Less than 1 shot of liquor
O 1 to 3 shots of liquor
O More than 3 shots of liquor
11. Did you eat oatmeal or other cooked cereal not including grits?
O NO (GO TO QUESTION 12)
O YES

11a. How often did you eat oatmeal or other cooked cereal not including grits IN THE WINTER?
O NEVER
O 1-6 times per winter
O 2 times per week

- 7-11 times per winter
- 3-4 times per week

O 1 time per month
O 2-3 times per month O 1 time per week
-5-6 times per week
O 1 time per day
O 2 or more times per day

11b. How often did you eat oatmeal or other cooked cereal not including grits DURING THE REST OF THE YEAR?

O NEVER
O 1-6 times per year
O 2 times per week
O $7-11$ times per year
O 3-4 times per week
O 1 time per month
O 5-6 times per week
O 2-3 times per month
O 1 time per day
O 1 time per week
O 2 or more times per day

11c. Each time you ate oatmeal or other cooked cereal not including grits, how much did you usually eat?
O Less than $3 / 4$ cup
O $3 / 4$ to 1 1/4 cups
O More than $11 / 4$ cups
12. Did you eat grits or hominy?

O NO (GO TO QUESTION 13)
O YES
V
12a. How often did you eat grits or hominy?
O NEVER
O 1-6 times per winter
O 2 times per week
O 7-11 times per winter

- 3-4 times per week

O 1 time per month

- 5-6 times per week

O 2-3 times per month
O 1 time per week
O 1 time per day
O 2 or more times per day

12b. Each time you ate grits or hominy, how much did you usually eat?

O Less than $3 / 4$ cup
O $3 / 4$ to $11 / 4$ cups
O More than $11 / 4$ cups

## In the 12 months prior to diagnosis...

13. How often did you eat cold cereal?

O NEVER (GO TO QUESTION 14)

O 1-6 times per year
7-11 times per year
O 1 time per month

- 2-3 times per month

O 1 time per week

○ 2 times per week

- 3-4 times per week
-5-6 times per week
O 1 time per day
O 2 or more times per day

13a. Each time you ate cold cereal, how much did you usually eat?

O Less than 1 cup
O 1 to 2 1/2 cups
O More than $21 / 2$ cups
13b. How often was the cold cereal you ate Total, Product 19, or Right Start?
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
13c. How often was the cold cereal you ate
All Bran, Fiber One, 100\% Bran, or Bran Buds?
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
13d. How often was the cold cereal you ate some other bran or fiber cereal (such as Cheerios, Shredded Wheat, Raisin Bran, Bran Flakes, Grape-Nuts, Granola, Wheaties, or Healthy Choice)?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
13e. How often was the cold cereal you ate any other type of cold cereal (such as Corn Flakes, Rice Krispies, Frosted Flakes, Special K, Froot Loops, Cap'n Crunch, or others)?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
Question 14 appears in the next column.

13f. Was milk added to your cold cereal?

## O NO (GO TO QUESTION 14)



13 g . What kind of milk was usually added?
O Whole Milk
O 2\% fat milk
O $1 \%$ fat milk
O Skim, nonfat, or $1 / 2 \%$ fat milk
O Soy milk
O Rice milk
O Other
13h. Each time milk was added to your cold cereal, how much was usually added?
O Less than 1/2 cup
O $1 / 2$ to 1 cup
O More than 1 cup
14. How often did you eat applesauce?

- O NEVER (GO TO QUESTION 15)

O 1-6 times per year
○ 2 times per week

- 7-11 times per year

O 1 time per month
O 2-3 times per month
O 1 time per week
○ 3-4 times per week

- 5-6 times per week

O 1 time per day
O 2 or more times per day

14a. Each time you ate applesauce, how much did you usually eat?
O Less than $1 / 2$ cup
O $1 / 2$ to 1 cup
O More than 1 cup

Question 15 appears on the next page.

## In the 12 months prior to diagnosis...

15. How often did you eat apples?

O NEVER (GO TO QUESTION 16)
O 1-6 times per year
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week
○ 2 times per week

- 3-4 times per week
-5-6 times per week
O 1 time per day
O 2 or more times per day

15a. Each time you ate apples, how many did you usually eat?
O Less than 1 apple
○ 1 apple
O More than 1 apple
16. How often did you eat pears (fresh, canned, or frozen)?
O NEVER (GO TO QUESTION 17)
O 1-6 times per year

- 7-11 times per year
O 2 times per week
O 1 time per month
O 2-3 times per month
- 3-4 times per week
O 1 time per week
O 1 time per day O 2 or more times per day

16a. Each time you ate pears, how many did you usually eat?
O Less than 1 pear
O 1 pear
O More than 1 pear
17. How often did you eat bananas?

O NEVER (GO TO QUESTION 18)

- 1-6 times per year

○ 2 times per week

- 7-11 times per year

O 3-4 times per week
O 1 time per month -5-6 times per week
O 2-3 times per month
O 1 time per day
O 1 time per week O 2 or more times per day

17a. Each time you ate bananas, how many did you usually eat?
O Less than 1 banana
O 1 banana
O More than 1 banana
18. How often did you eat dried fruit, such as prunes or raisins (not including dried apricots)?

- O NEVER (GO TO QUESTION 19)

O 1-6 times per year
O 2 times per week
7-11 times per year
O 3-4 times per week
O 1 time per month

- 5-6 times per week

O 2-3 times per month
O 1 time per day
O 1 time per week O 2 or more times per day

18a. Each time you ate dried fruit how much did you usually eat (not including dried apricots)?

O Less than 2 tablespoons
O 2 to 5 tablespoons
O More than 5 tablespoons
19. Did you eat peaches, nectarines, or plums?


19a. How often did you eat fresh peaches, nectarines, or plums WHEN IN SEASON?

O NEVER

| $\bigcirc 1-6$ times per season | $\bigcirc 2$ times per week |
| :--- | :--- |
| $\bigcirc 7-11$ times per season | $\bigcirc 3-4$ times per week |
| $\bigcirc 1$ time per month | $\bigcirc 5-6$ times per week |
| $\bigcirc 2-3$ times per month | $\bigcirc 1$ time per day |
| $\bigcirc 1$ time per week | $\bigcirc 2$ or more times |
|  | per day |

19b. How often did you eat peaches, nectarines, or plums (fresh, canned, or frozen) DURING THE REST OF THE YEAR? O NEVER
O 1-6 times per year
○ 2 times per week
7-11 times per year
O 3-4 times per week
O 1 time per month
O 2-3 times per month
-5-6 times per week
O 1 time per week
O 1 time per day
O 2 or more times per day

19c. Each time you ate peaches, nectarines, or plums, how much did you usually eat?
O Less than 1 fruit or less than $1 / 2$ cup O 1 to 2 fruits or $1 / 2$ to $3 / 4$ cup
O More than 2 fruits or more than $3 / 4$ cup

Question 20 appears in the next column.

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In the 12 months prior to diagnosis...
20. How often did you eat grapes?

O NEVER (GO TO QUESTION 21)

O 1-6 times per year
○ 2 times per week
7-11 times per year

- 3-4 times per week

O 1 time per month
-5-6 times per week
O 2-3 times per month
O 1 time per week
day
O 2 or more times per day

20a. Each time you ate grapes, how much did you usually eat?

O Less than $1 / 2$ cup or less than 10 grapes
O $1 / 2$ to 1 cup or 10 to 30 grapes
O More then 1 cup or more than 30 grapes
21. Did you eat cantaloupe?

O NO (GO TO QUESTION 22)
O YES


21a. How often did you eat fresh cantaloupe WHEN IN SEASON?

O NEVER

O 1-6 times per season
7-11 times per season
O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week
O 3-4 times per week
-5-6 times per week
O 1 time per day
○ 2 or more times per day

21b. How often did you eat fresh or frozen cantaloupe DURING THE REST OF THE YEAR?

O NEVER

O 1-6 times per year
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week - 3-4 times per week -5-6 times per week O 1 time per day ○ 2 or more times per day

Question 22 appears on the next page.

21c. Each time you ate cantaloupe, how much did you usually eat?

O Less than $1 / 4$ melon or less than $1 / 2$ cup
O $1 / 4$ melon or $1 / 2$ to 1 cup
O More than $1 / 4$ melon or more than 1 cup
22. Did you eat watemelon?

- O NO (GO TO QUESTION 23)

O YES

22a. How often did you eat watermelon WHEN IN SEASON?

O NEVER

| O 1-6 times per season | $\bigcirc 2$ times per week |
| :--- | :--- |
| $\bigcirc 7-11$ times per season | $\bigcirc 3-4$ times per week |
| $\bigcirc 1$ time per month | $\bigcirc 5-6$ times per week |
| $\bigcirc 2-3$ times per month | $\bigcirc 1$ time per day |
| $\bigcirc 1$ time per week | $\bigcirc 2$ or more times |
|  | per day |

22b. How often did you eat watermelon DURING THE REST OF THE YEAR?

## O NEVER

| O 1-6 times per year | $\bigcirc 2$ times per week |
| :--- | :--- |
| O $7-11$ times per year | $\bigcirc 3-4$ times per week |
| $\bigcirc 1$ time per month | $\bigcirc 5-6$ times per week |
| O 2-3 times per month | $\bigcirc 1$ time per day |
| $\bigcirc 1$ time per week | $\bigcirc 2$ or more times |
|  | per day |

22c. Each time you ate watermelon, how much did you usually eat?
O Less than $1 / 2$ cup or 1 small wedge
O $1 / 2$ to 2 cups or 1 medium wedge
O More than 2 cups or 1 large wedge


Question 23 appears in the next column.

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## In the 12 months prior to diagnosis...

23. Did you eat honeydew melon?

O NO (GO TO QUESTION 24)
O YES

23a. How often did you eat honeydew melon WHEN IN SEASON?

O NEVER

| O 1-6 times per season | O 2 times per week |
| :--- | :--- |
| O $7-11$ times per season | O $3-4$ times per week |
| O 1 time per month | O $5-6$ times per week |
| O 2-3 times per month | O 1 time per day |
| O 1 time per week | O2 or more times |
|  | per day |

23b. How often did you eat honeydew melon DURING THE REST OF THE YEAR?

O NEVER

O 1-6 times per year
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

○ 2 times per week

- 3-4 times per week
- 5-6 times per week

O 1 time per day
O 2 or more times per day

23c. Each time you ate honeydew melon how much did you usually eat?
O Less than $1 / 2$ cup or 1 small wedge
O $1 / 2$ to 2 cups or 1 medium wedge
O More than 2 cups or 1 large wedge
24. Did you eat strawberries?

O NO (GO TO QUESTION 25)
O YES

24a. How often did you eat fresh strawberries WHEN IN SEASON?
O NEVER

| O 1-6 times per season | $\bigcirc 2$ times per week |
| :--- | :--- |
| $\bigcirc$ 7-11 times per season | $\bigcirc 3-4$ times per week |
| $\bigcirc 1$ time per month | $\bigcirc 5-6$ times per week |
| $\bigcirc 2-3$ times per month | $\bigcirc 1$ time per day |
| $\bigcirc 1$ time per week | $\bigcirc 2$ or more times |
|  | per day |

24b. How often did you eat fresh or frozen strawberries DURING THE REST OF THE YEAR?

O NEVER

| O 1-6 times per year | O 2 times per week |
| :--- | :--- |
| O 7-11 times per year | O 3-4 times per week |
| O 1 time per month | O $5-6$ times per week |
| O 2-3 times per month | O 1 time per day |
| O 1 time per week | O2 or more times |
|  | per day |

24c. Each time you ate strawberries, how much did you usually eat?

O Less than $1 / 4$ cup or or less than 3 berries
O $1 / 4$ to $3 / 4$ cup or 3 to 8 berries
O More than $3 / 4$ cup or more than 8 berries

In the 12 months prior to diagnosis...
25. Did you eat blueberries?


25a. How often did you eat fresh blueberries
WHEN IN SEASON?

## O NEVER

O 1-6 times per season
○ 2 times per week
7-11 times per season

- 3-4 times per week

O 1 time per month
-5-6 times per week
O 2-3 times per month
O 1 time per day
O 1 time per week
O 2 or more times per day
25b. How often did you eat fresh or frozen blueberries DURING THE REST OF THE YEAR?
O NEVER

O 1-6 times per year

- 7-11 times per year

O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week O 3-4 times per week -5-6 times per week O 1 time per day ○ 2 or more times per day

25c. Each time you ate blueberries, how much did you usually eat?

O Less than $1 / 4$ cup
O $1 / 4$ to $3 / 4$ cup
O More than $3 / 4$ cup
26. Did you eat oranges, satsumas, tangerines, or tangelos?
O NO (GO TO QUESTION 27)
O YES

26a. How often did you eat fresh oranges, satsumas, tangerines, or tangelos WHEN IN SEASON?
O NEVER

| O 1-6 times per season | O 2 times per week |
| :--- | :--- |
| O $7-11$ times per season | O $3-4$ times per week |
| O 1 time per month | O $5-6$ times per week |
| O 2-3 times per month | O 1 time per day |
| O 1 time per week | O 2 or more times <br> per day |

Oıestion 27 appears in the next column.

## In the 12 months prior to diagnosis...

28. How often did you eat other kinds of fruit?

O NEVER (GO TO QUESTION 29)

- 1-6 times per year

7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week
O 3-4 times per week
-5-6 times per week
O 1 time per day
O 2 or more times per day

28a. Each time you ate other kinds of fruit, how much did you usually eat?

O Less than $1 / 4$ cup
O $1 / 4$ to $3 / 4$ cup
O More than $3 / 4$ cup
29. How often did you eat COOKED greens (such as spinach, turnip, collard, mustard, chard, or kale)?

O NEVER (GO TO QUESTION 30)

- 1-6 times per year

○ 2 times per week
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

O 3-4 times per week

- 5-6 times per week

O 1 time per day
O 2 or more times per day

29a. Each time you ate COOKED greens, how much did you usually eat?

O Less than $1 / 2$ cup
O $1 / 2$ to 1 cup
O More than 1 cup
29b. How often were the greens you ate prepared with meat added?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
30. How often did you eat RAW greens (such as spinach, turnip, collard, mustard, chard, or kale)? (We will ask about lettuce later).

```
O NEVER (GO TO QUESTION 31)
```

O 1-6 times per year
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week O 3-4 times per week
-5-6 times per week
O 1 time per day
O 2 or more times per day

30a. Each time you ate RAW greens, how much did you usually eat?

O Less than $1 / 2$ cup
1/2 to 1 cup
O More than 1 cup
31. How often did you eat coleslaw?

- O NEVER (GO TO QUESTION 32)

O 1-6 times per year
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

○ 2 times per week
O 3-4 times per week
-5-6 times per week
O 1 time per day O 2 or more times per day

31a. Each time you ate coleslaw, how much did you usually eat?

O Less than $1 / 4$ cup
O $1 / 4$ to $3 / 4$ cup
O More than $3 / 4$ cup
32. How often did you eat sauerkraut or cabbage (other than coleslaw)?

## O NEVER (GO TO QUESTION 33)

O 1-6 times per year
O 2 times per week
7-11 times per year
O 3-4 times per week
O 1 time per month

- 5-6 times per week
- 2-3 times per month

O 1 time per day
O 1 time per week
O 2 or more times per day
32a. Each time you ate sauerkraut or cabbage, how much did you usually eat?
O Less than 1/4 cup
O $1 / 4$ to 1 cup
O More than 1 cup

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## In the 12 months prior to diagnosis...

33. How often did you eat carrots (fresh, canned, or frozen)?
O NEVER (GO TO QUESTION 34)

O 1-6 times per year
O 2 times per week
O 7-11 times per year
O 3-4 times per week
O 1 time per month
O 2-3 times per month
O 5-6 times per week
O 1 time per day
O 1 time per week

33a. Each time you ate carrots, how much did you usually eat?
O Less than $1 / 4$ cup or less than 2 baby carrots
O $1 / 4$ to $1 / 2$ cup or 2 to 5 baby carrots
O More than $1 / 2$ cup or more than 5 baby carrots
34. How often did you eat string beans, green beans (fresh, canned, or frozen)?

## O NEVER (GO TO QUESTION 35)

O 1-6 times per year

- 7-11 times per year

O 1 time per month
O 2-3 times per month
O 1 time per week

○ 2 times per week
O 3-4 times per week

- 5-6 times per week

O 1 time per day
O 2 or more times per day

34a. Each time you ate string beans, green
beans, how much did you usually eat?
O Less than $1 / 2$ cup
O $1 / 2$ to 1 cup
O More than 1 cup
35. How often did you eat okra (fresh, canned, or frozen)?

- O NEVER (GO TO QUESTION 36)

O 1-6 times per year

- 7-11 times per year

O 1 time per month
O 2-3 times per month
O 1 time per week

○ 2 times per week
O 3-4 times per week
-5-6 times per week
O 1 time per day
O 2 or more times per day

35a. Each time you ate okra, how much did you usually eat?

OLess than $1 / 2$ cup
O $1 / 2$ to 1 cup
O More than 1 cup
35b. How often did you eat fried okra when you ate okra?
O Almost never or never (GO TO QUESTION 36)
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
36. How often did you eat peas (fresh, canned, or frozen)?

O NEVER (GO TO QUESTION 37)
O 1-6 times per year
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week
O 2 times per week
O 3-4 times per week
-5-6 times per week
O 1 time per day
O 2 or more times per day
36a. Each time you ate peas, how much did you usually eat?
O Less than $1 / 4$ cup
O $1 / 4$ to $3 / 4$ cup
O More than $3 / 4$ cup
37. Did you eat corn?
[ O NO (GO TO QUESTION 38)
O YES
37a. How often did you eat fresh corn WHEN IN SEASON?

O NEVER

| O 1-6 times per season | $\bigcirc 2$ times per week |
| :--- | :--- |
| $\bigcirc 7-11$ times per season | $\bigcirc 3-4$ times per week |
| $\bigcirc 1$ time per month | $\bigcirc 5-6$ times per week |
| $\bigcirc 2-3$ times per month | $\bigcirc 1$ time per day |
| $\bigcirc 1$ time per week | $\bigcirc 2$ or more times |
|  | per day |

37b. How often did you eat corn (fresh, canned, or frozen) DURING THE REST OF THE YEAR? O NEVER

| O 1-6 times per year | $\bigcirc 2$ times per week |
| :--- | :--- |
| $\bigcirc$ 1-11 times per year | $\bigcirc 3-4$ times per week |
| $\bigcirc 1$ time per month | $\bigcirc 5-6$ times per week |
| $\bigcirc 2-3$ times per month | $\bigcirc 1$ time per day |
| $\bigcirc 1$ time per week | $\bigcirc 2$ or more times |

37c. Each time you ate corn, how much did you usually eat?

O Less than 1 ear or less than $1 / 2$ cup
O 1 ear or $1 / 2$ to 1 cup
O More than 1 ear or more than 1 cup

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In the 12 months prior to diagnosis...
38. How often did you eat broccoli (fresh or frozen)?

- O NEVER (GO TO QUESTION 39)
O 1-6 times per year
7-11 times per year
O 1 time per month
- 2-3 times per month
O 2 times per week
O 3-4 times per week
5-6 times per week
O 1 time per day
O 1 time per week
O 2 or more times per day

38a. Each time you ate broccoli, how much did you usually eat?
O Less than $1 / 4$ cup
O $1 / 4$ to 1 cup
O More than 1 cup
39. How often did you eat cauliflower or Brussels sprouts (fresh or frozen)?

O NEVER (GO TO QUESTION 40)
O 1-6 times per year
O 2 times per week
7-11 times per year
O 3-4 times per week
O 1 time per month
-5-6 times per week
O 2-3 times per month
O 1 time per day
O 1 time per week
O 2 or more times per day
39a. Each time you ate cauliflower or Brussels sprouts, how much did you usually eat?
O Less than 1/4 cup
O $1 / 4$ to $1 / 2$ cup
O More than $1 / 2$ cup
40. How often did you eat squash (fresh, frozen, canned)? (This includes zucchini and mirliton.)
O NEVER (Go to Question 41)
O 1-6 times per year
○ 2 times per week

- 7-11 times per year O 3-4 times per week
O 1 time per month -5-6 times per week
O 2-3 times per month
O 1 time per day
○ 1 time per week
O 2 or more times per day

40a. Each time you ate squash, how much did you usually eat?
O Less than 1/2 cup
O $1 / 2$ to 1 cup
O More than 1 cup
41. How often did you eat eggplant (fresh, frozen, canned)?
O NEVER (Go to Question 42)
O 1-6 times per year
O 2 times per week
O 7-11 times per year O 3-4 times per week
O 1 time per month O 5-6 times per week
O 2-3 times per month
O 1 time per day
O 1 time per week
O 2 or more times per day

41a. Each time you ate eggplant, how much did you usually eat?
O Less than $1 / 2$ cup
O $1 / 2$ to 1 cup
O More than 1 cup
42. How often did you eat mixed vegetables?

- O NEVER (Go to Question 43)

| O 1-6 times per year | $\bigcirc 2$ times per week |
| :--- | :--- |
| $\bigcirc 7-11$ times per year | $\bigcirc 3-4$ times per week |
| $\bigcirc 1$ time per month | $\bigcirc 5-6$ times per week |
| $\bigcirc 2-3$ times per month | $\bigcirc 1$ time per day |
| $\bigcirc 1$ time per week | $\bigcirc 2$ or more times per day |

42a. Each time you ate mixed vegetables, how much did you usually eat?
O Less than $1 / 2$ cup
O $1 / 2$ to 1 cup
O More than 1 cup
43. How often did you eat onions?
O NEVER (GO TO QUESTION 44)

- 1-6 times per year
○ 2 times per week
- 7-11 times per year
- 3-4 times per week
O 1 time per month
-5-6 times per week
O 2-3 times per month
O 1 time per day
O 1 time per week
O 2 or more times per day

43a. Each time you ate onions, how much did you usually eat?
O Less than 1 slice or less than 1 tablespoon
O 1 slice or 1 to 4 tablespoons
O More than 1 slice or more than 4 tablespoons
44. Now think about all the cooked vegetables you ate in the 12 months prior to diagnosis and how they were prepared. How often were your vegetables COOKED WITH some sort of fat, including oil spray? (Please do not include potatoes.)


Question 45 appears on the next page.

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## In the 12 months prior to diagnosis...

44a. Which fats were usually added to your
vegetables DURING COOKING? (Please do
not include potatoes. Mark all that apply.)
O Margarine (including low-fat)
O Butter (including low-fat)
O Lard, fatback, or bacon fat
O Meat or sausage
O Olive Oil
O Corn Oil
O Canola or rapeseed oil
O Oil spray, such as Pam or others
O Other kinds of oils
O None of the above
45. Now, thinking again about all the cooked vegetables you ate 12 months prior to diagnosis, how often was some sort of fat, sauce, or dressing added AFTER COOKING OR AT THE TABLE? (Please do not include potatoes.)
O NEVER (GO TO QUESTION 46)
O 1-6 times per year
O 3-4 times per week
7-11 times per year
O 5-6 times per week
O 1 time per month
O 2-3 times per month
O 1 time per day
O 1-2 times per week
O 2 times per day
O 3 or more times per day
45a. Which fats, sauces, or dressings were usually added AFTER COOKING OR AT THE TABLE? (Please do not include potatoes. Mark all that apply.)

O Margarine (including low-fat)
O Cheese sauce
O Butter (including low-fat)
O White sauce
O Lard, fatback, or bacon fat
O Other
O Salad dressing
45b. If margarine, butter, lard, fatback, or bacon fat was added to your cooked vegetables AFTER COOKING OR AT THE TABLE, how much did you usually add?

O Did not usually add these
O Less than 1 teaspoon
O 1 to 3 teaspoons
O More than 3 teaspoons
45c. If salad dressing, cheese sauce, or white sauce was added to your cooked vegetables AFTER COOKING OR AT THE TABLE, how much did you usually add?
O Did not usually add these
O Less than 1 tablespoon
O 1 to 3 tablespoons
O More than 3 tablespoons
46. How often did you eat sweet peppers (green, red, or yellow)?

O NEVER (GO TO QUESTION 47)

O 1-6 times per year
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

○ 2 times per week
O 3-4 times per week

- 5-6 times per week

O 1 time per day
O 2 or more times per day

46a. Each time you ate sweet peppers, how much did you usually eat?
O Less than $1 / 8$ pepper
O $1 / 8$ to $1 / 4$ pepper
O More than $1 / 4$ pepper
47. Did you eat fresh tomatoes (including those in salads)?

- O NO (GO TO QUESTION 48)

○ YES

47a. How often did you eat fresh tomatoes (including those in salads) WHEN IN SEASON?

O NEVER

| O 1-6 times per season | $\bigcirc 2$ times per week |
| :--- | :--- |
| $\bigcirc 7-11$ times per season | $\bigcirc 3-4$ times per week |
| O 1 time per month | $\bigcirc 5-6$ times per week |
| O 2-3 times per month | $\bigcirc 1$ time per day |
| O 1 time per week | $\bigcirc 2$ or more times |
|  | per day |

47b. How often did you eat fresh tomatoes (including those in salads) DURING THE REST OF THE YEAR?

O NEVER

| ○ 1-6 times per year | $\bigcirc 2$ times per week |
| :--- | :--- |
| ○ $7-11$ times per year | $\bigcirc 3-4$ times per week |
| ○ 1 time per month | $\bigcirc 5-6$ times per week |
| $\bigcirc 2-3$ times per month | $\bigcirc 1$ time per day |
| O 1 time per week | $\bigcirc 2$ or more times |
|  | per day |

47c. Each time you ate fresh tomatoes, how much did you usually eat?
O Less than $1 / 4$ tomato
O $1 / 4$ to $1 / 2$ tomato
O More than $1 / 2$ tomato

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## In the $\mathbf{1 2}$ months prior to diagnosis...

48. How often did you eat lettuce salads (with or without other vegetables)?

O NEVER (GO TO QUESTION 49)

O 1-6 times per year
○ 2 times per week

- 7-11 times per year
- 3-4 times per week

O 1 time per month
O 2-3 times per month
O 1 time per week

- 5-6 times per week

O 1 time per day
O 2 or more times per day

48a. Each time you ate lettuce salads, how much did you usually eat?

O Less than $1 / 4$ cup
O $1 / 4$ to $11 / 4$ cups
O More than $11 / 4$ cups
49. How often did you eat salad dressing (including low-fat) on salads?

- ○ NEVER (GO TO QUESTION 50)

| $\bigcirc 1-6$ times per year | $\bigcirc 2$ times per week |
| :--- | :--- |
| $\bigcirc 7-11$ times per year | $\bigcirc 3-4$ times per week |
| $\bigcirc 1$ time per month | $\bigcirc 5-6$ times per week |
| $\bigcirc 2-3$ times per month | $\bigcirc 1$ time per day |
| $\bigcirc 1$ time per week | $\bigcirc 2$ or more times |
|  | per day |

49a. Each time you ate salad dressing on salads, how much did you usually eat?
O Less than 2 tablespoons
O 2 to 4 tablespoons
O More than 4 tablespoons
50. How often did you eat sweet potatoes or yams?

O NEVER (GO TO QUESTION 51)

O 1-6 times per year
○ 2 times per week
7-11 times per year
O 3-4 times per week
O 1 time per month

- 5-6 times per week

O 2-3 times per month
O 1 time per day
O 1 time per week
O 2 or more times per day

50a. Each time you ate sweet potatoes or yams, how much did you usually eat?

O 1 small potato or less than $1 / 4$ cup
O 1 medium potato or $1 / 4$ to $3 / 4$ cup
O 1 large potato or more than $3 / 4$ cup
51. How often did you eat French fries, home fries, hash browned potatoes, or tater tots?

- O NEVER (GO TO QUESTION 52)

O 1-6 times per year
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week
O 3-4 times per week
-5-6 times per week
O 1 time per day
O 2 or more times per day

51a. Each time you ate French fries, home fries, hash browned potatoes, or tater tots, how much did you usually eat?

O Less than 10 fries or less than 1/2 cup
O 10 to 25 fries or $1 / 2$ to 1 cup
O More than 25 fries or more than 1 cup
52. How often did you eat potato salad?

- O NEVER (GO TO QUESTION 53)

O 1-6 times per year
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week
O 3-4 times per week
-5-6 times per week
O 1 time per day
O 2 or more times per day

52a. Each time you ate potato salad, how much did you usually eat?

O Less than $1 / 2$ cup
O $1 / 2$ to 1 cup
O More than 1 cup
53. How often did you eat baked, boiled, or mashed potatoes?
O NEVER (GO TO QUESTION 54)

O 1-6 times per year
○ 2 times per week
7-11 times per year
O 3-4 times per week
O 1 time per month

- 5-6 times per week

O 2-3 times per month
O 1 time per day
O 1 time per week
O 2 or more times per day

53a. Each time you ate baked, boiled, or mashed potatoes, how much did you usually eat?

O 1 small potato or less than $1 / 2$ cup
O 1 medium potato or $1 / 2$ to 1 cup
O 1 large potato or more than 1 cup

Question 51 appears in the next column.

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## In the $\mathbf{1 2}$ months prior to diagnosis...

53b. How often was sour cream (including low-fat) added to your potatoes, EITHER IN COOKING OR AT THE TABLE?

O Almost never or never (GO TO QUESTION 53d)
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
53c. Each time sour cream was added to your potatoes, how much was usually added?
O Less than 1 tablespoon
O 1 to 3 tablespoons
O More than 3 tablespoons
53d. How often was margarine (including low-fat) added to your potatoes, EITHER IN COOKING OR AT THE TABLE?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
53e. How often was butter (including low-fat) added to your potatoes, EITHER IN COOKING OR AT THE TABLE?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
53f. Each time margarine or butter was added to your potatoes, how much was usually added?

O Never added
O Less than 1 teaspoon
O 1 to 3 teaspoons
O More than 3 teaspoons
53 g . How often was cheese or cheese sauce added to your potatoes, EITHER IN COOKING OR AT THE TABLE?

O Almost never or never (GO TO QUESTION 54)
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always

53h. Each time cheese or cheese sauce was added to your potatoes, how much was usually added?

O Less than 1 tablespoon
O 1 to 3 tablespoons
O More than 3 tablespoons
54. How often did you eat salsa?
$\lceil$ O NEVER (GO TO QUESTION 55)

| O 1-6 times per year | O 2 times per week |
| :--- | :--- |
| O 7-11 times per year | O $3-4$ times per week |
| O 1 time per month | O $5-6$ times per week |
| O 2-3 times per month | O 1 time per day |
| O 1 time per week | O 2 or more times per day |

54a. Each time you ate salsa, how much did you usually eat?
O Less than 1 tablespoon
O 1 to 5 tablespoons
O More than 5 tablespoons
55. How often did you eat catsup?

- O NEVER (GO TO QUESTION 56)

O 1-6 times per year
O 2 times per week
O 7-11 times per year
O 3-4 times per week
O 1 time per month
O 2-3 times per month
O 1 time per week
O 5-6 times per week
O 1 time per day
O 2 or more times per day

55a. Each time you ate catsup, how much did you usually eat?
O Less than 1 teaspoon
O 1 to 6 teaspoons
O More than 6 teaspoons
56. How often did you eat stuffing, dressing, or dumplings?

- O NEVER (GO TO QUESTION 57)

O 1-6 times per year
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week O 3-4 times per week -5-6 times per week O 1 time per day O 2 or more times per day

56a. Each time you ate stuffing, dressing, or dumplings, how much did you usually eat?

O Less than $1 / 2$ cup O $1 / 2$ to 1 cup O More than 1 cup

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## In the 12 months prior to diagnosis...

57. How often did you eat chili?

| O NEVER (GO TO QUESTION 58 ) |  |
| :--- | :--- |
| O 1-6 times per year | ○ 2 times per week |
| O $7-11$ times per year | $\bigcirc 3-4$ times per week |
| 1 time per month | $\bigcirc 5-6$ times per week |
| O 2-3 times per month | $\bigcirc 1$ time per day |
| O 1 time per week | $\bigcirc 2$ or more times per day |

57a. Each time you ate chili, how much did you usually eat?
O Less than $1 / 2$ cup
O $1 / 2$ to $13 / 4$ cup
O More than $13 / 4$ cup
58. How often did you eat Mexican foods (such as tacos, tostados, burritos, tamales, fajitas, enchiladas, quesadillas, and chimichangas)?

- O NEVER (GO TO QUESTION 59)
O 1-6 times per year
O 2 times per week
7-11 times per year
- 3-4 times per week
O 1 time per month
- 5-6 times per week
O 2-3 times per month
O 1 time per day
O 1 time per week
○ 2 or more times per day

58a. Each time you ate Mexican foods, how much did you usually eat?
O Less than 1 taco, burrito, etc.
O 1 to 2 tacos, burritos, etc.
O More than 2 tacos, burritos, etc.
59. How often did you eat cooked dried beans (such as baked beans, pinto, kidney, blackeyed peas, lima, lentils, soybeans, or refried beans)? (Please don't include bean soups or chili.)

- O NEVER (GO TO QUESTION 60)

| O 1-6 times per year | $\bigcirc 2$ times per week |
| :--- | :--- |
| $\bigcirc 7-11$ times per year | $\bigcirc 3-4$ times per week |
| $\bigcirc 1$ time per month | $\bigcirc 5-6$ times per week |
| $\bigcirc 2-3$ times per month | $\bigcirc 1$ time per day |
| $\bigcirc 1$ time per week | $\bigcirc 2$ or more times per day |

59a. Each time you ate beans, how much did you usually eat?
O Less than $1 / 2$ cup
O $1 / 2$ to 1 cup
O More than 1 cup

Question 60 appears in the next column.

59b. How often were the beans you ate refried beans, beans prepared with any type of fat, or with meat added?
O Almost never or never
O About $1 / 4$ of the time
O About 1/2 of the time
O About $3 / 4$ of the time
O Almost always or always
60. How often did you eat other kinds of vegetables?

- O NEVER (GO TO QUESTION 61)
O 1-6 times per year
O 2 times per week
O 7 -11 times per year
O 3-4 times per week
O 1 time per month
O 5-6 times per week
O 2-3 times per month
O 1 time per day
O 1 time per week O 2 or more times per day

60a. Each time you ate other kinds of vegetables, how much did you usually eat?
O Less than $1 / 4$ cup
O $1 / 4$ to $1 / 2$ cup
O More than $1 / 2$ cup
61. How often did you eat rice or other cooked grains (such as bulgar, cracked wheat, or millet)?
O NEVER (GO TO QUESTION 62)
O $1-6$ times per year
O 2 times per week
O 7-11 times per year O 3-4 times per week
O 1 time per month
O 2-3 times per month
O 1 time per week
O 5-6 times per week

O 1 time per day
O 2 or more times per day

61a. Each time you ate rice or other cooked grains, how much did you usually eat?
O Less than $1 / 2$ cup
O $1 / 2$ to $11 / 2$ cups
O More than $11 / 2$ cups
61b. How often was butter, margarine, or oil added to your rice IN COOKING OR AT THE TABLE?
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
61c. How often was meat/seafood added to rice?
O NEVER (GO TO QUESTION 62)

O 1-6 times per year
O 7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week
O 3-4 times per week
O 5-6 times per week
O 1 time per day
O 2 or more times per day

Question 62 appears on the next page.

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## In the 12 months prior to diagnosis...

62. How often did you eat pancakes, waffles, or French toast?

- O NEVER (GO TO QUESTION 63)

O 1-6 times per year

- 7-11 times per year

O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week

- 3-4 times per week
-5-6 times per week
O 1 time per day
O 2 or more times per day

62a. Each time you ate pancakes, waffles, or French toast, how much did you usually eat?
O Less than 1 medium piece
O 1 to 3 medium pieces
O More than 3 medium pieces
62b. How often was margarine (including low-fat) added to your pancakes, waffles, or French toast AFTER COOKING OR AT THE TABLE?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
62c. How often was butter (including low-fat) added to your pancakes, waffles, or French toast AFTER COOKING OR AT THE TABLE?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always

62d. Each time margarine or butter was added to your pancakes, waffles, or French toast, how much was usually added?

O Never added
O Less than 1 teaspoon
O 1 to 3 teaspoons
O More than 3 teaspoons
62e. How often was syrup added to your pancakes, waffles, or French toast?

- O Almost never or never (GO TO QUESTION 63) O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always

62f. Each time syrup was added to your pancakes, waffles, or French toast, how much was usually added?
O Less than 1 tablespoon
O 1 to 4 tablespoons
O More than 4 tablespoons
63. How often did you eat lasagna, stuffed shells, stuffed manicotti, ravioli, or tortellini? (Please do not include spaghetti or other pasta.)

O NEVER (GO TO QUESTION 64)

O 1-6 times per year
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week
O 3-4 times per week
-5-6 times per week
O 1 time per day
O 2 or more times per day

63a. Each time you ate lasagna, stuffed shells, stuffed manicotti, ravioli, or tortellini, how much did you usually eat?
O Less than 1 cup
O 1 to 2 cups
O More than 2 cups
64. How often did you eat macaroni and cheese?

O NEVER (GO TO QUESTION 65)
O 1-6 times per year
○ 2 times per week
7-11 times per year
O 3-4 times per week
O 1 time per month

- 5-6 times per week

O 2-3 times per month
O 1 time per day
O 1 time per week
O 2 or more times per day

64a. Each time you ate macaroni and cheese, how much did you usually eat?
O Less than 1 cup
O 1 to 1 1/2 cups
O More than $11 / 2$ cups
65. How often did you eat pasta salad or macaroni salad?
 O NEVER (GO TO QUESTION 66)

O 1-6 times per year
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week
O 3-4 times per week

- 5-6 times per week

O 1 time per day
O 2 or more times per day

Question 66 appears on the next page.

Question 63 appears in the next column.

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## In the 12 months prior to diagnosis...

65a. Each time you ate pasta salad or macaroni salad, how much did you usually eat?
O Less than $1 / 2$ cup
O $1 / 2$ to 1 cup
O More than 1 cup
66. Other than the pastas listed in Questions 63, 64, and 65, how often did you eat pasta, spaghetti, or other noodles?

O NEVER (GO TO QUESTION 67)

O 1-6 times per year
○ 2 times per week
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

O 3-4 times per week

- 5-6 times per week

O 1 time per day
O 2 or more times per day

66a. Each time you ate pasta, spaghetti or other noodles, how much did you usually eat?
O Less than 1 cup
O 1 to 3 cups
O More than 3 cups
66b. How often did you eat your pasta, spaghetti, or other noodles with tomato sauce or spaghetti sauce made WITH meat?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
66c. How often did you eat your pasta, spaghetti, or other noodles with tomato sauce or spaghetti sauce made WITHOUT meat?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
66d. How often did you eat your pasta, spaghetti, or other noodles with margarine, butter, oil, or cream sauce?
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
Question 67 appears in the next column.
67. How often did you eat bagels or English muffins?

- O NEVER (GO TO INTRODUCTION TO QUESTION 68)

O 1-6 times per year
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

○ 2 times per week
O 3-4 times per week
-5-6 times per week
O 1 time per day
O 2 or more times per day

67a. Each time you ate bagels or English muffins, how much did you usually eat?
O Less than 1 bagel or English muffin
O 1 bagel or English muffin
O More than 1 bagel or English muffin
67b. How often was margarine (including low-fat) added to your bagels or English muffins?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always

67c. How often was butter (including low-fat) added to your bagels or English muffins?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always

67d. Each time margarine or butter was added to your bagels or English muffins, how much was usually added?

O Never added
O Less than 1 teaspoon
O 1 to 2 teaspoons
$\bigcirc$ More than 2 teaspoons

67e. How often was cream cheese (including low-fat) spread on your bagels or English muffins?


Introduction to Question 68 appears on the next page.

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## In the 12 months prior to diagnosis...

67f. Each time cream cheese was added to your bagels or English muffins, how much was usually added?

O Less than 1 tablespoon
O 1 to 2 tablespoons
O More than 2 tablespoons
The next questions ask about your intake of breads other than bagels or English muffins. First, we will ask about bread you ate as part of sandwiches only. Then we will ask about all other bread you ate.
68. How often did you eat breads or rolls AS PART OF SANDWICHES (including french bread, burger and hot dog rolls)?

```
- O NEVER (GO TO QUESTION 69
```

O 1-6 times per year
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week
○ 3-4 times per week
-5-6 times per week
O 1 time per day
O 2 or more times per day

68a. Each time you ate breads or rolls AS PART OF SANDWICHES, how many did you usually eat?

O 1 slice or $1 / 2$ roll
O 2 slices or 1 roll
O More than 2 slices or more than 1 roll
68b. How often were the breads or rolls that you used for your sandwiches white bread (including burger and hot dog rolls)?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
68c. How often was mayonnaise or mayonnaise-type dressing (including low-fat) added to your sandwich bread or rolls?
O Almost never or never (GO TO QUESTION 68e)
O About $1 / 4$ of the time
○ About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
Question $68 e$ appears in the next column

Question 69 appears in the next column.

68d. Each time mayonnaise or mayonnaise-type dressing was added to your sandwich breads or rolls, how much was usually added?

O Less than 1 teaspoon
O 1 to 3 teaspoons
O More than 3 teaspoons
68e. How often was margarine (including low-fat) added to your sandwich bread or rolls?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
68f. How often was butter (including low-fat) added to your sandwich bread or rolls?
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
68 g . Each time margarine or butter was added to your sandwich breads or rolls, how much was usually added?

O Never added
O Less than 1 teaspoon
O 1 to 2 teaspoons
O More than 2 teaspoons
69. How often did you eat breads or dinner rolls, NOT AS PART OF SANDWICHES?


69a. Each time you ate breads or dinner rolls, NOT AS PART OF SANDWICHES, how much did you usually eat?

O 1 slice or 1 dinner roll
O 2 slices or 2 dinner rolls
O More than 2 slices or more than 2 dinner rolls

Question 70 appears on the next page.


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## In the $\mathbf{1 2}$ months prior to diagnosis...

70. How often did you eat corn bread or corn muffins?

- ○ NEVER (GO TO QUESTION 71

O 1-6 times per year
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

○ 2 times per week
O 3-4 times per week
-5-6 times per week
O 1 time per day
○ 2 or more times per day

70a. Each time you ate corn bread or corn
muffins, how much did you usually eat?
O Less than 1 piece or muffin
O 1 to 2 pieces or muffins
O More than 2 pieces or muffins
71. How often did you eat biscuits?

O NEVER (GO TO QUESTION72a)

O 1-6 times per year

- 7-11 times per year

O 1 time per month
O 2-3 times per month
O 1 time per week
71a. Each time you ate biscuits, how many did you usually eat?
O Fewer than 1 biscuit
O 1 to 2 biscuits
O More than 2 biscuits
72a. How often were the breads, rolls or biscuits
you ate made with white flour?
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
72b. How often was margarine (including low-fat) added to your breads, rolls, cornbread or biscuits?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
72c. How often was butter (including low-fat) added to your breads, rolls, cornbread or biscuits?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
Question 72 appears in the next column.

O 2 times per week

- 3-4 times per week
-5-6 times per week
O 1 time per day
O 2 or more times per day

$<$

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## In the 12 months prior to diagnosis...

74. How often did you eat roast beef or steak IN SANDWICHES?

O NEVER (GO TO QUESTION 75)
1-6 times per year
7-11 times per year
1 time per month
O 2-3 times per month
O 1 time per week

○ 2 times per week

- 3-4 times per week
-5-6 times per week
O 1 time per day
O 2 or more times per day

74a. Each time you ate roast beef or steak IN
SANDWICHES, how much did you usually eat?
O Less than 1 slice or less than 2 ounces
O 1 to 2 slices or 2 to 4 ounces
O More than 2 slices or more than 4 ounces
75. How often did you eat turkey or chicken COLD CUTS (such as loaf, luncheon meat, turkey ham, turkey salami, turkey pastrami, or turkey bacon)? (We will ask about other turkey or chicken later.)
O NEVER (GO TO QUESTION 76)
O 1-6 times per year
O 2 times per week
7-11 times per year

- 3-4 times per week
O 1 time per month
- 5-6 times per week
O 2-3 times per month
O 1 time per day
O 1 time per week
O 2 or more times per day

75a. Each time you ate turkey or chicken COLD CUTS, how much did you usually eat?
O Less than 1 slice
O 1 to 3 slices
O More than 3 slices


Question 76 appears on the next page.
76. How often did you eat luncheon or deli-style ham? (We will ask about other ham later.)
$[0$
O NEVER (GO TO QUESTION 77)
O 1-6 times per year
O 2 times per week
O $7-11$ times per year
O 3-4 times per week
O 1 time per month
O 5-6 times per week
O 2-3 times per month
O 1 time per day
O 1 time per week
O 2 or more times per day

76a. Each time you ate luncheon or deli-style ham, how much did you usually eat?
O Less than 1 slice
O 1 to 3 slices
O More than 3 slices
76b. How often was the luncheon or deli-style ham you ate light, low-fat, or fat-free?
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
77. How often did you eat other cold cuts or luncheon meats (such as bologna, salami, corned beef, pastrami, or others, including low-fat)? (Please do not include ham, turkey, or chicken cold cuts.)

## O NEVER (GO TO QUESTION 78)

O 1-6 times per year
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week

- 3-4 times per week
- 5-6 times per week

O 1 time per day
O 2 or more times per day

77a. Each time you ate other cold cuts or luncheon meats, how much did you usually eat?

O Less than 1 slice
O 1 to 3 slices
O More than 3 slices
77b. How often were the other cold cuts or luncheon meats you ate light, low-fat, or fat-free cold cuts or luncheon meats? (Please do not include ham, turkey, or chicken cold cuts.)

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always

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## In the 12 months prior to diagnosis...

78. How often did you eat canned tuna (including in salads, sandwiches, or casseroles)?

## O NEVER (GO TO QUESTION 79)

O 1-6 times per year
7-11 times per year
○ 2 times per week

O 1 time per month
O 2-3 times per month
O 1 time per week

O 3-4 times per week

- 5-6 times per week

O 1 time per day
O 2 or more times per day

78a. Each time you ate canned tuna, how much did you usually eat?

O Less than $1 / 4$ cup or less than 2 ounces
O $1 / 4$ to $1 / 2$ cup or 2 to 3 ounces
O More than $1 / 2$ cup or more than 3 ounces

78b. How often was the canned tuna you ate water-packed tuna?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
78c. How often was the canned tuna you ate prepared with mayonnaise or other dressing (including low-fat)?
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
79. How often did you eat GROUND chicken or turkey?
(We will ask about other chicken and turkey later.)
O NEVER (GO TO QUESTION 80)
O 1-6 times per year
○ 2 times per week
7-11 times per year
O 3-4 times per week
O 1 time per month
-5-6 times per week
O 2-3 times per month
O 1 time per day
O 1 time per week
O 2 or more times per day

79a. Each time you ate GROUND chicken or turkey, how much did you usually eat?
O Less than 2 ounces or less than $1 / 2$ cup
O 2 to 4 ounces or $1 / 2$ to 1 cup
O More than 4 ounces or more than 1 cup
80. How often did you eat beef hamburgers or cheeseburgers?


O NEVER (GO TO QUESTION 81)
O 1-6 times per year
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week
O 2 times per week
O 3-4 times per week
-5-6 times per week
O 1 time per day
O 2 or more times per day
80a. Each time you ate beef hamburgers or cheeseburgers, how much did you usually eat?
O Less than 1 patty or less than 2 ounces O 1 patty or 2 to 4 ounces O More than 1 patty or more than 4 ounces
80b. How often were the beef hamburgers or cheeseburgers you ate made with lean ground beef?
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
81. How often did you eat ground beef in mixtures (such as meatballs, casseroles, chili, or meatloaf)?
O NEVER (GO TO QUESTION 82)
O 1-6 times per year
○ 2 times per week

- 7-11 times per year
- 3-4 times per week

O 1 time per month
O 2-3 times per month
O 1 time per week

- 5-6 times per week

O 1 time per day
O 2 or more times per day

81a. Each time you ate ground beef in mixtures, how much did you usually eat?

O Less than 3 ounces or less than $1 / 2$ cup
O 3 to 8 ounces or $1 / 2$ to 1 cup
O More than 8 ounces or more than 1 cup
82. How often did you eat hot dogs or frankfurters?
(Please do not include sausages or vegetarian hot dogs.)
O NEVER (GO TO QUESTION 83)
O 1-6 times per year
○ 2 times per week

- 7-11 times per year
- 3-4 times per week

O 1 time per month
-5-6 times per week
O 2-3 times per month
O 1 time per day
O 1 time per week O 2 or more times per day
82a. Each time you ate hot dogs or frankfurters, how many did you usually eat?
O Less than 1 hot dog
O 1 to 2 hot dogs
O More than 2 hot dogs
Question 83 appears on the next page.

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## In the 12 months prior to diagnosis...

83. How often did you eat beef mixtures such as
beef stew, beef pot pie, beef and noodles, or beef and vegetables?

- O NEVER (GO TO QUESTION 84)
O 1-6 times per year
O 2 times per week
7-11 times per year
O 3-4 times per week
O 1 time per month
-5-6 times per week
O 2-3 times per month
O 1 time per day
O 1 time per week
O 2 or more times per day

83a. Each time you ate beef stew, beef pot pie, beef and noodles, or beef and vegetables, how much did you usually eat?

O Less than 1 cup
O 1 to 2 cups
O More than 2 cups
84. How often did you eat roast beef or pot roast? (Please do not include roast beef or pot roast in sandwiches.)

- O NEVER (GO TO QUESTION 85)

O 1-6 times per year
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week
O 3-4 times per week
5-6 times per week
O 1 time per day
O 2 or more times per day

84a. Each time you ate roast beef or pot roast (including in mixtures), how much did you usually eat?
O Less than 2 ounces
O 2 to 5 ounces
O More than 5 ounces
85. How often did you eat steak (beef)? (Do not include steak in sandwiches.)


NEVER (GO TO QUESTION 86)
O 1-6 times per year

- 7-11 times per year

O 1 time per month
O 2-3 times per month
O 1 time per week
○ 2 times per week
O 3-4 times per week
-5-6 times per week
O 1 time per day
O 2 or more times per day

85a. Each time you ate steak (beef), how much did you usually eat?
O Less than 3 ounces
O 3 to 7 ounces
O More than 7 ounces

85b. How often was the steak you ate lean steak?
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
86. How often did you eat pork or beef spareribs?

- O NEVER (GO TO QUESTION 87)

O 1-6 times per year
O 2 times per week
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

- 3-4 times per week
-5-6 times per week
O 1 time per day
O 2 or more times per day

86a. Each time you ate pork or beef spareribs, how much did you usually eat?
O Less than 4 ribs
O 4 to 12 ribs
O More than 12 ribs
87. How often did you eat roast turkey, turkey cutlets, or turkey nuggets (including in sandwiches)?

```
[ O NEVER (GO TO QUESTION 88)
O 1-6 times per year
7-11 times per year
O}1\mathrm{ time per month
O 2-3 times per month
O}1\mathrm{ time per week
O 2 times per week
7-11 times per year
O 3-4 times per week
O 2-3 times per month
O 1 time per week
-5-6 times per week
O 1 time per day
O 2 or more times per day
```

87a. Each time you ate roast turkey, turkey cutlets, or turkey nuggets, how much did you usually eat? (Please note: 4 to 8 turkey nuggets = 3 ounces)

O Less than 2 ounces
O 2 to 4 ounces
O More than 4 ounces
88. How often did you eat chicken as part of salads, sandwiches, casseroles, stews, or other mixtures?


Question 89 appears on the next page.

Question 86 appears in the next column.

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## In the $\mathbf{1 2}$ months prior to diagnosis...

88a. Each time you ate chicken as part of salads, sandwiches, casseroles, stews, or other mixtures, how much did you usually eat?
O Less than $1 / 2$ cup
O $1 / 2$ to $11 / 2$ cups
O More than 1 1/2 cups
89. How often did you eat baked, broiled, roasted, stewed, or fried chicken (including nuggets)? (Please do not include chicken in mixtures.)
O NEVER (GO TO QUESTION 90)

O 1-6 times per year
O 2 times per week
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

- 3-4 times per week

5-6 times per week
O 1 time per day
O 2 or more times per day

89a. Each time you ate baked, broiled, roasted, stewed, or fried chicken (including nuggets), how much did you usually eat?
O Less than 2 drumsticks or wings, less than 1 breast or thigh, or less than 4 nuggets
O 2 drumsticks or wings, 1 breast or thigh, or 4 to 8 nuggets
O More than 2 drumsticks or wings, more than 1 breast or thigh, or more than 8 nuggets
89b. How often was the chicken you ate fried chicken (including deep fried) or chicken nuggets?
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
89c. How often was the chicken you ate WHITE meat?
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
89d. How often did you eat chicken WITH skin?
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
Question appears 90 in the next column.
90. How often did you eat baked ham or ham steak?

- O NEVER (GO TO QUESTION 91)

O 1-6 times per year
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week
O 3-4 times per week
-5-6 times per week
O 1 time per day
O 2 or more times per day

90a. Each time you ate baked ham or ham steak, how much did you usually eat?
O Less than 1 ounce
O 1 to 3 ounces
O More than 3 ounces
91. How often did you eat pork (including chops, roasts, and in mixed dishes)? (Please do not include ham, ham steak, or sausage.)

```
O NEVER (GO TO QUESTION 92)
```

O 1-6 times per year
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week
O 3-4 times per week
-5-6 times per week
O 1 time per day
O 2 or more times per day

91a. Each time you ate pork, how much did you usually eat?

O Less than 2 ounces or less than 1 chop
O 2 to 5 ounces or 1 chop
O More than 5 ounces or more than 1 chop
92. How often did you eat gravy on meat, chicken, potatoes, rice, etc.?

## O NEVER (GO TO QUESTION 93)

O 1-6 times per year

- 7-11 times per year

O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week
○ 3-4 times per week
-5-6 times per week
O 1 time per day
O 2 or more times per day

92a. Each time you ate gravy on meat, chicken, potatoes, rice, etc., how much did you usually eat?
O Less than $1 / 8$ cup
O $1 / 8$ to $1 / 2$ cup
O More than $1 / 2$ cup

Question 93 appears on the next page.

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## In the 12 months prior to diagnosis...

93. How often did you eat liver (all kinds) or liverwurst?

- O NEVER (GO TO QUESTION 94)
O 1-6 times per year
O 2 times per week
7-11 times per year
O 3-4 times per week
O 1 time per month
-5-6 times per week
O 2-3 times per month
O 1 time per day
O 1 time per week
O 2 or more times per day

93a. Each time you ate liver or liverwurst, how much did you usually eat?
O Less than 1 ounce
O 1 to 4 ounces
O More than 4 ounces
94. How often did you eat sweetbreads or chitterlings?

- O NEVER (GO TO QUESTION 95)
O 1-6 times per year
O 2 times per week
7-11 times per year
O 3-4 times per week
O 1 time per month
-5-6 times per week
O 2-3 times per month
O 1 time per week
O 1 time per day
O 2 or more times per day

94a. Each time you ate sweetbreads or chitterlings, how much did you usually eat?
O Less than 1 ounce
O 1 to 4 ounces
O More than 4 ounces
95. How often did you eat bacon (including low-fat)?

- O NEVER (GO TO QUESTION 96)
O 1-6 times per year
○ 2 times per week
7-11 times per year
○ 3-4 times per week
O 1 time per month
-5-6 times per week
O 2-3 times per month
O 1 time per day
O 1 time per week
O 2 or more times per day

95a. Each time you ate bacon, how much did you usually eat?
O Fewer than 2 slices
O 2 to 3 slices
O More than 3 slices
95b. How often was the bacon you ate light, low-fat, or lean bacon?
(excluding turkey bacon)
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
Question 96 appears in the next column.
96. How often did you eat sausage (including low-fat)?

- O NEVER (GO TO QUESTION 97)

O 1-6 times per year
O 2 times per week
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

- 3-4 times per week

5-6 times per week
O 1 time per day
O 2 or more times per day

96a. Each time you ate sausage, how much did you usually eat?
O Less than one patty or 2 links
O 1 to 3 patties or 2 to 5 links
O More than 3 patties or 5 links
96b. How often was the sausage you ate light, low-fat, or lean sausage?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
97. How often did you eat fish sticks or fried fish (including fried seafood or shellfish like shrimp, oysters or crawfish)?

```
- O NEVER (GO TO QUESTION 98)
```

O 1-6 times per year

- 7-11 times per year

O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week
O 3-4 times per week
-5-6 times per week
O 1 time per day
O 2 or more times per day

97a. Each time you ate fish sticks or fried fish, how much did you usually eat?
O Less than 2 ounces or less than 1 fillet O 2 to 7 ounces or 1 fillet O More than 7 ounces or more than 1 fillet

## In the 12 months prior to diagnosis...

98. How often did you eat fish or shellfish that was NOT FRIED (this includes shrimp, oysters or crawfish)?
O NEVER (GO TO INTRODUCTION TO QUESTION 99)
O 1-6 times per year
○ 2 times per week
7-11 times per year

- 3-4 times per week
O 1 time per month
O 2-3 times per month
O 1 time per week
-5-6 times per week
O 1 time per day
O 2 or more times per day

98a. Each time you ate fish or shellfish that was not fried, how much did you usually eat?

O Less than 2 ounces or less than 1 fillet O 2 to 5 ounces or 1 fillet
O More than 5 ounces or more than 1 fillet
99. How often did you eat dark meat fish, like salmon that was not fried?
O NEVER (GO TO INTRODUCTION TO QUESTION 100)
O 1-6 times per year
O 2 times per week
7-11 times per year
O 3-4 times per week
O 1 time per month

- 5-6 times per week
O 2-3 times per month
O 1 time per day
O 1 time per week
O 2 or more times per day

99a. Each time you ate dark meat fish that was not fried, how much did you usually eat?

O Less than 2 ounces or less than 1 fillet
O 2 to 5 ounces or 1 fillet
O More than 5 ounces or more than 1 fillet
100. How often did you eat fresh tuna?

- O NEVER (GO TO INTRODUCTION TO QUESTION 101)
O 1-6 times per year
$\bigcirc 2$ times per week
- 7-11 times per year
- 3-4 times per week
O 1 time per month
-5-6 times per week
O 2-3 times per month
O 1 time per day
O 1 time per week
O 2 or more times per day

100a. Each time you ate fresh tuna, how much did you usually eat?

O Less than 2 ounces or less than 1 fillet
O 2 to 5 ounces or 1 fillet
O More than 5 ounces or more than 1 fillet

Now think about all the meat, poultry, and fish you ate in the past 12 months and how they were prepared.
101. How often was oil, butter, margarine, or other fat used to FRY, SAUTE, BASTE, OR
MARINATE any meat, poultry, or fish you ate? (Please do not include deep frying.)

O NEVER (GO TO QUESTION 102)

O 1-6 times per year
7-11 times per year
O 1 time per month

- 2-3 times per month

O 1 time per week

O 2 times per week
O 3-4 times per week
-5-6 times per week
O 1 time per day
O 2 or more times per day

101a. Which of the following fats were regularly used to prepare your meat, poultry, or fish? (Mark all that apply.)
O Margarine (including low-fat)
O Butter (including low-fat)
O Lard, fatback, or bacon fat
O Olive Oil
O Corn Oil
O Canola or rapeseed oil
O Oil spray, such as Pam or others
O Other kinds of oils
O None of the above
102. How often did you eat tofu, soy burgers, or soy meat-substitutes?

O NEVER (GO TO QUESTION 103)

O 1-6 times per year
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week

- 3-4 times per week
-5-6 times per week
O 1 time per day
O 2 or more times per day

102a. Each time you ate tofu, soy burgers, or soy meat-substitutes, how much did you usually eat?

O Less than $1 / 4$ cup or less than 2 ounces O $1 / 4$ to $1 / 2$ cup or 2 to 4 ounces O More than $1 / 2$ cup or more than 4 ounces

In the 12 months prior to diagnosis...
103. Did you eat soups?

- O NO (Go To Question 104)

○ YES

103a. How often did you eat soups DURING THE WINTER?

O NEVER

- 1-6 times per winter
- 7-11 times per winter

O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week - 3-4 times per week O 5-6 times per week
O 1 time per day
O 2 or more times per day

103b. How often did you eat soups DURING THE REST OF THE YEAR?

O NEVER

1-6 times per year
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week
O 3-4 times per week

- 5-6 times per week

O 1 time per day
O 2 or more times per day

103c. Each time you ate soups, how much did you usually eat?

O Less than 1 cup
O 1 to 2 cups
O More than 2 cups
103d. How often were the soups you ate bean soups?
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
103e. How often were the soups you ate cream soups (including chowders)?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always

103f. How often were the soups you ate tomato or vegetable soups?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
103 g . How often were the soups you ate broth soups (including chicken) with or without noodles or rice?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
103h. How often were the soups you ate gumbo?
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
104. How often did you eat pizza?

- O NEVER (GO TO QUESTION 105)

O 1-6 times per year
O $7-11$ times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week O 3-4 times per week O 5-6 times per week O 1 time per day O 2 or more times per day

104a. Each time you ate pizza, how much did you usually eat?

O Less than 1 slice or less than 1 mini pizza
O 1 to 3 slices or 1 mini pizza
O More than 3 slices or more than 1 mini pizza
104b. How often did you eat pizza with pepperoni, sausage, or other meat?
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
104c. How often did you eat pizza with a tomato sauce?
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
Question 105 appears on the next page.

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## In the 12 months prior to diagnosis...

104d. How often did you eat pizza without a tomato sauce?
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
105. How often did you eat crackers?

## O NEVER (GO TO QUESTION 106)

O 1-6 times per year

- 7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week
○ 2 times per week
O 3-4 times per week
5-6 times per week
O 1 time per day
O 2 or more times per day

105a. Each time you ate crackers, how many did you usually eat?
O Fewer than 4 crackers
O 4 to 10 crackers
O More than 10 crackers
106. How often did you eat potato chips, tortilla chips, or corn chips (including low-fat, fat-free, or low-salt)?

```
O NEVER (GO TO QUESTION 107)
O 1-6 times per year
O 2 times per week
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week
- 3-4 times per week
- 5-6 times per week
O 1 time per day
O 2 or more times per day
```

106a. Each time you ate potato chips, tortilla chips, or corn chips, how much did you usually eat?
O Fewer than 10 chips or less than 1 cup O 10 to 25 chips or 1 to 2 cups
O More than 25 chips or more than 2 cups
106b. How often were the chips you ate Wow chips or other chips made with fat substitute (Olean or Olestra)?
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always

106c. How often were the chips you ate other low-fat or fat-free chips?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
107. How often did you eat popcorn (including low-fat)?

- NEVER (GO TO QUESTION 108)
O 1-6 times per year
○ 2 times per week
- 7-11 times per year
- 3-4 times per week
O 1 time per month
-5-6 times per week
O 2-3 times per month
O 1 time per day
O 1 time per week
O 2 or more times per day

107a. Each time you ate popcorn, how much did you usually eat?
O Less than 2 cups, popped
O 2 to 5 cups, popped
O More than 5 cups, popped
108. How often did you eat pretzels?

## O NEVER (GO TO QUESTION 109)

O 1-6 times per year
○ 2 times per week

- 7-11 times per year O 3-4 times per week
O 1 time per month -5-6 times per week
- 2-3 times per month

O 1 time per day
O 1 time per week
O 2 or more times per day
108a. Each time you ate pretzels, how many did you usually eat?
O Fewer than 5 average twists
O 5 to 20 average twists
O More than 20 average twists
109. How often did you eat peanuts, walnuts, seeds, or other nuts?
O NEVER (GO TO QUESTION 110)

- 1-6 times per year

O 7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week

- 3-4 times per week
- 5-6 times per week

O 1 time per day
O 2 or more times per day

109a. Each time you ate peanuts, walnuts, seeds, or other nuts, how much did you usually eat?
O Less than $1 / 4$ cup
O $1 / 4$ to $1 / 2$ cup
O More than $1 / 2$ cup
Question 110 appears on the next page.

## In the 12 months prior to diagnosis...

110. How often did you eat energy bars, high-protein, or breakfast bars such as Power bars, Balance, Clif, or others?


O NEVER (GO TO QUESTION 111

O 1-6 times per year

- 7-11 times per year

O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week
O 3-4 times per week

- 5-6 times per week

O 1 time per day
O 2 or more times per day

110a. Each time you ate energy, high-protein, or breakfast bars, how much did you usually eat?
OLess than 1 bar
O 1 bar
O More than 1 bar
111. How often did you eat yogurt (NOT including frozen yogurt)?

O NEVER (GO TO QUESTION 112)

O 1-6 times per year
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week
O 3-4 times per week - 5-6 times per week O 1 time per day O 2 or more times per day

111a. Each time you ate yogurt, how much did you usually eat?
O Less than $1 / 2$ cup or less than 1 container O $1 / 2$ to 1 cup or 1 container
O More than 1 cup or more than 1 container
112. How often did you eat cottage cheese (including low-fat)?


O NEVER (GO TO QUESTION 113)

- 1-6 times per year
- 7-11 times per year

O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week
O 3-4 times per week
-5-6 times per week
O 1 time per day
O 2 or more times per day

112a. Each time you ate cottage cheese, how much did you usually eat?

O Less than $1 / 4$ cup
O $1 / 4$ to 1 cup
O More than 1 cup
113. How often did you eat cheese (including low-fat; including on cheeseburgers or in sandwiches or subs)?

## - O NEVER (GO TO QUESTION 114) <br> O 1-6 times per year <br> 7-11 times per year <br> O 1 time per month <br> O 2-3 times per month <br> O 1 time per week <br> ○ 2 times per week <br> O 3-4 times per week <br> -5-6 times per week <br> O 1 time per day <br> O 2 or more times per day

113a. Each time you ate cheese, how much did you usually eat?
O Less than $1 / 2$ ounce or less than 1 slice O $1 / 2$ to $11 / 2$ ounces or 1 slice
O More than 1 1/2 ounces or more than 1 slice
113b. How often was the cheese you ate light or low-fat cheese?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
113c. How often was the cheese you ate fat-free cheese?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always

Question 113 appears in the next column.

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## In the 12 months prior to diagnosis...

114. How often did you eat frozen yogurt, sorbet, or ices (including low-fat or fat-free)?

- O NEVER (GO TO QUESTION 115)

O 1-6 times per year
O 2 times per week
O 7-11 times per year
O 3-4 times per week
O 1 time per month
O 2-3 times per month
O 5-6 times per week
O 1 time per day
O 2 or more times per day

114a. Each time you ate frozen yogurt, sorbet, or ices, how much did you usually eat?
O Less than $1 / 2$ cup or less than 1 scoop O $1 / 2$ to 1 cup or 1 to 2 scoops
O More than 1 cup or more than 2 scoops
115. How often did you eat ice cream, ice cream bars, or sherbet (including low-fat or fat-free)?

```
O NEVER (GO TO QUESTION 116)
```

O 1-6 times per year
O 7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week
O 3-4 times per week
O 5-6 times per week
O 1 time per day
O 2 or more times per day

115a. Each time you ate ice cream, ice cream bars, or sherbet, how much did you usually eat?
O Less than $1 / 2$ cup or less than 1 scoop
O $1 / 2$ to $11 / 2$ cups or 1 to 2 scoops
O More than $11 / 2$ cups or more than 2 scoops

115b. How often was the ice cream you ate light, low-fat, or fat-free ice cream or sherbet?
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
116. How often did you eat cake (including low-fat or fat-free)?


O NEVER (GO TO QUESTION 117)
O 1-6 times per year
O 2 times per week
O 7-11 times per year
O 3-4 times per week
O 1 time per month
O 2-3 times per month
O 1 time per week O 5-6 times per week
O 1 time per day
O 2 or more times per day
116a. Each time you ate cake, how much did you usually eat?
O Less than 1 medium piece
O 1 medium piece
O More than 1 medium piece
116b. How often was the cake you ate light, low-fat, or fat-free cake?

O Almost never or never
O About $1 / 4$ of the time
O About 1/2 of the time
O About $3 / 4$ of the time
O Almost always or always
117. How often did you eat cookies or brownies (including low-fat or fat-free)?


117a. Each time you ate cookies or brownies, how much did you usually eat?
O Less than 2 cookies or 1 small brownie
O 2 to 4 cookies or 1 medium brownie
O More than 4 cookies or 1 large brownie
117b. How often were the cookies or brownies you ate light, low-fat, or fat-free cookies or brownies?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always

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In the 12 months prior to diagnosis...
118. How often did you eat doughnuts, sweet rolls, Danish, or poptarts, (including beignets, kingcake, and coffeecake)?

O NEVER (GO TO QUESTION 119)

- 1-6 times per year

○ 2 times per week
7-11 times per year O 3-4 times per week
O 1 time per month
-5-6 times per week
O 2-3 times per month
O 1 time per week
O 1 time per day
O 2 or more times per day
118a. Each time you ate doughnuts, sweet rolls, Danish, or poptarts, how much did you usually eat?

O Less than 1 piece
O 1 to 2 pieces
O More than 2 pieces
119. How often did you eat sweet muffins or dessert breads (including low-fat or fat-free)?

O NEVER (GO TO QUESTION 120)
O 1-6 times per year
○ 2 times per week
7-11 times per year
O 1 time per month
O 2-3 times per month
-5-6 times per week

O 1 time per week
O 1 time per day
O 2 or more times per day

119a. Each time you ate sweet muffins or dessert breads, how much did you usually eat?

O Less than 1 medium piece
O 1 medium piece
O More than 1 medium piece
119b. How often were the sweet muffins or dessert breads you ate light, low-fat, or fat-free sweet muffins or dessert breads?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
120. How often did you eat fruit crisp, cobbler, or strudel?

- O NEVER (GO TO QUESTION 121)
O 1-6 times per year
○ 2 times per week
- 7-11 times per year
O 3-4 times per week
O 1 time per month
O 2-3 times per month
O 1 time per week
- 5-6 times per week
O 1 time per day
O 2 or more times per day

120a. Each time you ate fruit crisp, cobbler, or strudel, how much did you usually eat?
O Less than $1 / 2$ cup
O $1 / 2$ cup to 1 cup
O More than 1 cup
121. How often did you eat pie?

```
- O NEVER (GO TO QUESTION 122)
O 1-6 times per year
- 7-11 times per year
O 1 time per month
O 2-3 times per month
    O 1 time per week
```

○ 2 times per week
O 3-4 times per week
-5-6 times per week
O 1 time per day
O 2 or more times per day

121a. Each time you ate pie, how much did you usually eat?

O Less than $1 / 8$ of a pie
O About $1 / 8$ of a pie
O More than $1 / 8$ of a pie

The next four questions ask about the kinds of pie you ate. Please read all four questions before answering.

121b. How often were the pies you ate fruit pie (such as apple, blueberry, others)?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
121c. How often were the pies you ate cream, pudding, custard, or meringue pie?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
121d. How often were the pies you ate pumpkin or sweet potato pie?
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always

Question 121 appears in the next column.

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## In the 12 months prior to diagnosis...

121e. How often were the pies you ate pecan pie?
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
122. How often did you eat chocolate candy?

## O NEVER (GO TO QUESTION 123)

O 1-6 times per year
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week

- 3-4 times per week
-5-6 times per week
O 1 time per day
O 2 or more times per day

122a. Each time you ate chocolate candy, how much did you usually eat?
O Less than 1 average bar or less than 1 ounce O 1 average bar or 1 to 2 ounces O More than 1 average bar or more than 2 ounces
123. How often did you eat other candy?

O NEVER (GO TO QUESTION 124)

O 1-6 times per year

- 7-11 times per year

O 1 time per month
O2-3 times per month
O 1 time per week

O 2 times per week
O 3-4 times per week
-5-6 times per week
O 1 time per day
O 2 or more times per day

123a. Each time you ate other candy, how much did you usually eat?
O Fewer than 2 pieces
O 2 to 9 pieces
O More than 9 pieces
124. How often did you eat eggs, egg whites, or egg substitutes (NOT counting eggs in baked goods and desserts)? (Please include eggs in salads, quiche, and souffles.)


Question 125 appears in the next column.

124a. Each time you ate eggs, how many did you usually eat?
○ 1 egg
O 2 eggs
O 3 or more eggs
124b. How often were the eggs you ate egg substitutes?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
124c. How often were the eggs you ate egg whites only?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
124d. How often were the eggs you ate regular whole eggs?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
124e. How often were the eggs you ate cooked in oil, butter, or margarine?
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
124f. How often were the eggs you ate part of egg salad?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always


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## In the $\mathbf{1 2}$ months prior to diagnosis...

125. How many cups of coffee, caffeinated or decaffeinated, did you drink?
O NONE (GO TO QUESTION 126)
O Less than 1 cup per month
O 1 cup per day
O 1-3 cups per month O 2-3 cups per day
O 1 cup per week O $4-5$ cups per day
O 2-4 cups per week O 6 or more cups per day
O 5-6 cups per week
125a. How often was the coffee you drank decaffeinated?
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
126. How many glasses of ICED tea, caffeinated or decaffeinated, did you drink?

O NONE (GO TO QUESTION 127)
O Less than 1 cup per month
O 1 cup per day
O 1-3 cups per month
O 2-3 cups per day
O 1 cup per week
O $4-5$ cups per day
O 2-4 cups per week
O 6 or more cups per day
O 5-6 cups per week
126a. How often was the iced tea you drank decaffeinated?
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
127. How many cups of HOT tea, caffeinated or decaffeinated, did you drink?


O NONE (GO TO QUESTION 128)
O Less than 1 cup per month
O 1 cup per day
O 1-3 cups per month
O 2-3 cups per day
O 1 cup per week
O $4-5$ cups per day
O 2-4 cups per week
O 6 or more cups per day
O 5-6 cups per week
127a. How often was the hot tea you drank decaffeinated?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
Question 128 appears in the next column.
128. How often did you add sugar or honey to your coffee or tea?
O NEVER (GO TO QUESTION 129)
O Less than 1 time per month $O 1$ time per day
O 1-3 times per month
O 2-3 times per day

O 1 time per week
O $4-5$ times per day
O 2-4 times per week
O 6 or more times per day
O 5-6 times per week
128a. Each time sugar or honey was added to your coffee or tea, how much was usually added?
O Less than 1 teaspoon
O 1 to 3 teaspoons
O More than 3 teaspoons
129. How often did you add artificial sweetener to your coffee or tea?
O NEVER (GO TO QUESTION 130)
O Less than 1 time per month $O 1$ time per day
O 1-3 times per month O 2-3 times per day
O 1 time per week
O 4-5 times per day
O 2-4 times per week
O 6 or more times per day
O 5-6 times per week

129a. What kind of artificial sweetener did you usually use?
O Equal or aspartame
O Sweet N Low or saccharin
O Other
130. How often was non-dairy creamer added to your coffee or tea?

## O NEVER (GO TO QUESTION 131)

$\bigcirc$ Less than 1 time per month $\bigcirc 1$ time per day
O 1-3 times per month $\quad$ 2-3 times per day
O 1 time per week

- 4-5 times per day
- 2-4 times per week

O 6 or more times per day
O 5-6 times per week
130a. Each time non-dairy creamer was added to your coffee or tea, how much was usually used?

O Less than 1 teaspoon
O 1 to 3 teaspoons
O More than 3 teaspoons
130b. What kind of non-dairy creamer did you usually use?
O Regular powered
O Low-fat or fat-free powered
O Regular liquid
O Low-fat or fat-free liquid
Question 131 appears on the next page.

## In the $\mathbf{1 2}$ months prior to diagnosis...

131. How often was cream or half and half added to your coffee or tea?

## O NEVER (GO TO QUESTION 132)

O Less than 1 time per month $\bigcirc 1$ time per day
O 1-3 times per month
O 2-3 times per day
O 1 time per week
O 4-5 times per day
O 2-4 times per week
O 6 or times more per day
O 5-6 times per week
131a. Each time cream or half and half was added to your coffee or tea, how much was usually added?

O Less than 1 tablespoon
O 1 to 2 tablespoons
O More than 2 tablespoons
132. How often was milk added to your coffee or tea?

O NEVER (GO TO QUESTION 133)
O Less than 1 time per month $\bigcirc 1$ time per day
O 1-3 times per month $\quad$ 2-3 times per day
O 1 time per week - 4-5 times per day

O 2-4 times per week
O 6 or times more per day

- 5-6 times per week

132a. Each time milk was added to your coffee or tea, how much was usually added?

O Less than 1 tablespoon
O 1 to 3 tablespoons
O More than 3 tablespoons
132b. What kind of milk was usually added to your coffee or tea?

O Whole milk
○ 2\% milk
○ 1\% milk
O Skim, nonfat, or $1 / 2 \%$ milk
O Evaporated or condensed (canned) milk
O Soy milk
O Rice milk
O Other
133. How often was sugar or honey added to foods you ate? (Please do not include sugar in coffee, tea, other beverages, or baked goods.)

O NEVER (GO TO INTRODUCTION TO QUESTION 134)

O 1-6 times per year
7-11 times per year
O 1 time per month
O 2-3 times per month
O 1 time per week

O 2 times per week
O 3-4 times per week
-5-6 times per week
O 1 time per day
○ 2 or more times per day

133a. Each time sugar or honey was added to foods you ate, how much was usually added?
O Less than 1 teaspoon
O 1 to 3 teaspoons
O More than 3 teaspoons

The following questions are about the kinds of margarine, mayonnaise, sour cream, cream cheese, and salad dressing that you eat. If possible, please check the labels of these foods to help you answer.

## 134. Did you eat margarine?

## O NO (GO TO QUESTION 135)

O YES

134a. How often was the margarine you ate regular-fat margarine (stick or tub)?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
134b. How often was the margarine you ate light or low-fat margarine (stick or tub)?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always


Question 134 appears on the next page.

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In the 12 months prior to diagnosis...
134c. How often was the margarine you ate fat-free margarine?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
135. Did you eat butter?


135a. How often was the butter you ate light or low-fat butter?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
136. Did you eat mayonnaise or mayonnaise-type dressing?

O NO (GO TO QUESTION 137)
O YES


136a. How often was the mayonnaise you ate regular-fat mayonnaise?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
136b. How often was the mayonnaise you ate light or low-fat mayonnaise?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always


136c. How often was the mayonnaise you ate fat-free mayonnaise?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
137. Did you eat sour cream?

O NO (GO TO QUESTION 138)


137a. How often was the sour cream you ate regular-fat sour cream?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
137b. How often was the sour cream you ate light, low-fat, or fat free sour cream?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
138. Did you eat cream cheese?

## O NO (GO TO QUESTION 139)

O YES

138a. How often was the cream cheese you ate regular-fat cream cheese?
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
138b. How often was the cream cheese you ate light, low-fat, or fat-free cream cheese?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
Question 139 appears on the next page.

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In the 12 months prior to diagnosis...
139. Did you eat salad dressing?

O NO (GO TO INTRODUCTION TO QUESTION 140)
O YES


139a. How often was the salad dressing you ate regular-fat salad dressing (including oil and vinegar dressing)?
O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
139b. How often was the salad dressing you ate light or low-fat salad dressing?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
139c. How often was the salad dressing you ate fat-free salad dressing?

O Almost never or never
O About $1 / 4$ of the time
O About $1 / 2$ of the time
O About $3 / 4$ of the time
O Almost always or always
The following two questions ask you to summarize your usual intake of vegetables and fruits. Please do not include salads, potatoes, or juices.
140. How many servings of vegetables (not including salad or potatoes) did you eat per week or per day?

| O Less than 1 per week | $\bigcirc 2$ per day |
| :--- | :--- |
| $\bigcirc 1-2$ per week | $\bigcirc 3$ per day |
| $\bigcirc 3-4$ per week | $\bigcirc 4$ per day |
| $\bigcirc 5-6$ per week | $\bigcirc 5$ or more per day |
| $\bigcirc 1$ per day |  |


141. How many servings of fruit (not including juices) did you eat per week or per day?

| O Less than 1 per week | O 2 per day |
| :--- | :--- |
| O $1-2$ per week | O 3 per day |
| O $3-4$ per week | O 4 per day |
| O $5-6$ per week | O 5 or more per day |
| $O 1$ per day |  |

142. In the month prior to diagnosis, which of the following foods did you eat AT LEAST THREE TIMES? (Mark all that apply.)
O Avocado, guacamole
O Olives
O Cheesecake
O Pickles or pickled
O Chocolate, fudge, or butterscotch toppings or syrups vegetables or fruit
O Chow mein noodles
O Croissants
O Dried apricots
O Egg rolls
O Granola bars
O Plantains
O Pork neckbones, hock, head, or feet
O Pudding or custard
O Veal, venison, lamb
O Whipped cream, regular
O Whipped cream, substitute
O Hot peppers
O Jello, gelatin
O Milkshakes or icecream sodas

## O NONE

143. For ALL of the 12 months prior to diagnosis, have you followed any type of vegetarian diet?
O NO
O YES
143a. Which of the following foods did you TOTALLY
EXCLUDE from your diet? (Mark all that apply.)
O Meat (beef, pork, lamb etc.)
O Poultry (chicken, turkey, duck)
O Fish and seafood
O Eggs
O Dairy products (milk, cheese, etc.)
144. How often was the food you ate prepared with garlic or garlic added to the food?

## O NEVER (FILL OUT END TIME)

O Less than 1 time per month $\bigcirc 1$ time per day
O 1-3 times per month
O 2-3 times per day
O 1 time per week

- 4-5 times per day

O 2-4 times per week
O 6 or more times per day

I will ask you to complete a Physical Activity Questionnaire. I will ask you the type of physical activity you participated in during the 12 months prior to prostate cancer diagnosis including light-intensity activity, moderate-intensity activity, and vigorous-intensity activity, the number of days per week, and the number of minutes per day you participated in this activity. I will read each question aloud to you and record your answer directly on the questionnaire.
Answer each question the best you can. There are no right or wrong answers. All answers are confidential. Your answers will be combined with other participant's answers so no one would be able to tell your particular answers. Are there any questions before we begin? Remember to answer each question the best you can. Thank you very much for completing this questionnaire.

In the 12 months prior to prostate cancer diagnosis, did you do any of the following activities at least once a week? Do not include work on the job.

1. In the 12 months prior to prostate cancer diagnosis, did you WALK for exercise?


Skip to 2 [Include walking on a treadmill.]
$\square$ Yes, at least once a week

| 1a. How many days per week? | $\square$ 1-2 | $\square$ 3-4 | $\square 5-7$ |  |
| :--- | :--- | :--- | :--- | :--- |
| 1b. How many minutes per day? | $\square$ 10-25 | $\square 30-40$ | $\square 45-55$ | $\square 60+$ |

1c. What is your usual pace?
$\square$ Casual (each mile takes 30 minutes or more)
$\square$ Moderate (each mile takes 20-29 minutes)
$\square$ Fast (each mile takes 19 minutes or less)
2. In the 12 months prior to prostate cancer diagnosis, did you LIFT WEIGHTS or use $\square$ No Skip to 3 weight machines?
$\square$ Yes, at least once a week

| 2a. How many days per week? | $\square 1-2$ | $\square 3-4$ | $\square 5-7$ |  |
| :--- | :--- | :--- | :--- | :--- |
| 2b. How many minutes per day? | $\square(10-25$ | $\square 30-40$ | $\square 45-55$ | $\square 60+$ |

3. In the 12 months prior to prostate cancer diagnosis, did you do LIGHT exercise? $\square$ No [Show Card PA1]
$\square$ Yes, at least once a week
3a. How many days per week?

$\square$
3b. How many hours per day?
$\square$ Less than 1 hour
$\square 1-2$ hours
$\square 3+$ hours

Questions 4 and 5 are about moderate or vigorous exercise. "Moderate" exercise generally makes you breathe somewhat harder than you normally do, while "vigorous" exercise makes you breathe a lot harder than normal.
4. In the 12 months prior to prostate cancer diagnosis, did you do MODERATE exercise $\square$ No

Skip to 5 which made you breathe somewhat harder than normal? [Show Card PA2]
$\square$ Yes, at least once a week

4a. How many days per week?
$\square 1-2$
$\square 3-4$
$\square 5-7$
4b. How many minutes per day?
$\square 10-25$
$\square 30-40$
$\square 45-55$
$\square 60+$
4c. What types of exercise did you do most often? (Mark one or two. If you used an exercise machine, choose the closest matching activity.)
$\square$ Light conditioning exercise $\quad \square$ Popular or folk dancing
$\square$ Low impact or water aerobics $\square$ Slow cycling or stair machine (stepper)
$\square$ Jogging [fast running in Q5]


|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |

5. In the 12 months prior to prostate cancer diagnosis, did you do VIGOROUS exercise $\square$ No

## Skip to 6

 which made you breathe much harder than normal? [Show Card PA3]$\square$ Yes, at least once a week
5a. How many days per week?

$\square 3-4$
$\square 5-7$
5b. How many minutes per day?

30-40
$\square 45-55$60+

5c. What types of exercise did you do most often? (Mark one or two. If you used an exercise machine, choose the closest matching activity.)

| $\square$ Aerobics class or video | $\square$ Fast cycling or stair machine |
| :--- | :--- |
| $\square$ Running | $\square$ Tennis match, racquetball, squash |
| $\square$ Swimming laps | $\square$ Other$\square$ <br> $\square$$\|$ |

6. At each of the following ages, how many days per week did you usually exercise or play sports for at least 20 minutes?
6a. Age 18? $\square$ None

$\square$ 2-3

6b. Age 30?
6c. Age 45?
$\square$ None
None
$\square 1$$\square 4-5$
$\square$

## RAPID ESTIMATE OF ADULT LITERACY IN MEDICINE <br> (REALM)

I am going to give you a sheet of words to say. These are words that doctors often use when talking to patients. I'd like you to start with the word 'fat' and say the words as far down the page as you can. Please say each word out loud. [Show Card RLM1 and RLM2]

| fat $\quad \square$ | fatigue $\quad \square$ | allergic $\quad \square$ |
| :---: | :---: | :---: |
| flu $\quad \square$ | pelvic $\quad \square$ | menstrual $\quad \square$ |
| pill $\quad \square$ | jaundice $\square$ | testicle $\quad \square$ |
| dose $\square$ | infection $\square$ | colitis $\quad \square$ |
| eye $\quad \square$ | exercise $\square$ | emergency $\square$ |
| stress $\quad \square$ | behavior $\square$ | medication $\square$ |
| smear $\square$ | prescription $\square$ | occupation $\square$ |
| nerves $\square$ | notify $\quad \square$ | sexually $\quad \square$ |
| germs $\square$ | gallbladder $\square$ | alcoholism $\square$ |
| meals $\square$ | calories $\quad \square$ | irritation $\quad \square$ |
| disease $\square$ | depression $\square$ | constipation $\square$ |
| cancer $\square$ | miscarriage $\square$ | gonorrhea $\square$ |
| caffeine $\square$ | pregnancy $\square$ | inflammatory $\square$ |
| attack $\square$ | arthritis $\square$ | diabetes $\quad \square$ |
| kidney $\square$ | nutrition $\square$ | hepatitis $\square$ |
| hormones $\square$ | menopause $\square$ | antibiotics $\quad \square$ |
| herpes $\square$ | appendix $\square$ | diagnosis $\quad \square$ |
| seizure $\square$ | abnormal $\square$ | potassium $\quad \square$ |
| bowel $\square$ | syphilis $\square$ | anemia $\quad \square$ |
| asthma $\square$ | hemorrhoids $\square$ | obesity $\quad \square$ |
| rectal $\square$ | nausea $\square$ | osteoporosis $\square$ |
| incest $\square$ | directed $\square$ | impetigo $\square$ |

Section end time: $\square \square \square$ am pm

## VITAMINS AND ALTERNATIVE MEDICINES

I will ask you to complete a Vitamins and Alternative Medicines Questionnaire. I will ask you about vitamin, mineral, and herbal supplements you have taken in the 12 months prior to prostate cancer diagnosis. I will read each question aloud to you and record your answer directly on the questionnaire.
Answer each question the best you can. There are no right or wrong answers. All answers are confidential. Your answers will be combined with other participant's answers so no one would be able to tell your particular answers.
Are there any questions before we begin? Remember answer each question the best that you can.

Thank you very much for completing this questionnaire.


Next, go to Vitamin and Alternative Meds Form

## VITAMINS AND ALTERNATIVE MEDICINES

## MULTIVITAMINS

1. In the 12 months prior to prostate cancer diagnosis, did you take a MULTIVITAMIN at least once a


## Go to Question 4

$\square$
Yes [SHOW CARD VAM1]

a) Days per week



5-6
$\square$
2. What brand of MULTIVITAMIN did you take in the 12 months prior to prostate cancer diagnosis? (Mark only one, if you took more than one, mark the one taken the most often.) [SHOW CARD VAM2]CentrumCentrum SilverCentral ViteCentral Vite for Mature AdultsRiteAid Whole Source Mature AdultKirkland Multivitamin with mineralsKirkland Mature Adult

$\square$
NatureMade Multivitamin with mineralsNatureMade Multivitamin with mineralsNatureMade 50+ Multivitamin with mineralsOne-A-Day Maximum with mineralsOne-A-Day essentials (no minerals)One-A-Day Men's
One-A-Day 50 PlusTheragran-M with minerals
Theragran-M (no minerals)My brand is not listed above $\qquad$

If your brand of MULTIVITAMIN was not listed, what brand of MULTIVITAMIN did you take in the 12 months prior to prostate cancer diagnosis? Note: Record brand name below.

Do you have the MULTIVITAMIN bottle available?


## 3. If your brand of MULTIVITAMIN was not listed on Page 1, what brand of MULTIVITAMIN did you take 12 months prior to prostate cancer diagnosis? <br> Look at the label to tell us what is in this MULTIVITAMIN. Note: The next page asks about single supplements or other mixtures.



Thiamin (B1) in Multivitamin


Folic acid (folate) in Multivitamin



Vitamin E in Multivitamin


Calcium in Multivitamin


Iron in Multivitamin


Zinc in Multivitamin


Selenium in Multivitamin


Did your MULTIVITAMIN contain any of these other vitamins and minerals? Mark all that apply.


Did your MULTIVITAMIN contain any of these other compounds? Mark all that apply.


## VITAMINS, MINERALS AND OTHER SUPPLEMENTS (not including multivitamins)


4. In the 12 months prior to prostate cancer diagnosis, did you take any dietary supplements other than a multivitamin? Include vitamins, minerals, herbals, and mixtures. Also include calcium, Tums and other antacid tablets that contain calcium.

5. In the 12 months prior to prostate cancer diagnosis, which vitamins and minerals were in your supplements? Do NOT include multivitamins. If you have the bottles, please look at the labels.




6. For these HERBALS and OTHER COMPOUNDS, include pills, powders, tinctures, and teas taken regularly in the $\mathbf{1 2}$ months prior to prostate cancer diagnosis. Regularly means at least once a week for the year. Mark all that apply; note that list is continued on the next page. [SHOW CARD VAM3]

| Acidophilus pills |  |
| :--- | :---: |
| $\square$ Yes, took before diagnosis $\rightarrow$ | Days <br> per week? |
| $\square$ No |  |
| $\square$ | $\square-3$ <br> $\square 4-6$ <br> $\square 7$ |



## Astragalus




| Goldenseal |  |
| :--- | :--- |
| $\square$ Yes, took before diagnosis | $\square$ 1-3 <br> $\square$ No <br> $\square$ <br> Grapeseed, pycnogenol or |
| $\square 7$ |  |


Siberian ginseng (related to Asian

Stinging Nettle Root (Urtica diaica) $\square$ Yes, took before diagnosis $\rightarrow$

Valerian

| $\square$ Yes, took before diagnosis $\rightarrow$ |
| :--- |
| $\square$ No |


| $\square 1-3$ |
| :--- |
| $\square 4-6$ |
| $\square 7$ |

Herbal Teas

| $\square$ Yes, took before diagnosis |
| :--- |
| $\square$ No |


| $\square 1-3$ |
| :--- |
| $\square 4-6$ |
| $\square 7$ |

Green Tea

| $\square$ Yes, took before diagnosis $\rightarrow$ |
| :--- |
| $\square$ No |


| $\square 1-3$ |
| :--- |
| $\square 4-6$ |
| $\square 7$ |



## LIFETIME USE OF SOME COMMON SUPPLEMENTS

7.Since you were 21, have you ever taken any of these supplements at least once a week for a year?

|  | At least once a <br> week for a year? |  |  |
| :--- | :--- | :--- | :--- |
| Total years taken since age 21? |  |  |  |

The next questions are about some prescription and non-prescription medications that you may have taken for arthritis pain, headache, colds, or other reasons. We are interested in medicines that you took at least once a week for one month or longer. For each question I'll show you a list with the kinds of medicines I'm asking about.

1. Thinking back to the past 5 years before you learned you had prostate cancer, did you ever take one or more prescription pain medications such as Motrin, Daypro, Feldene, or any other shown here at least once a week for one month or longer? [Show Card NSAIDS1]


1a. In total, how long did you take one or more of these medications?


1b. During the time(s) that you were taking them, about how often did you take one or more of these medications (on average)?
 per wk $\square$ per mon $\square$
$\square$ Don't Know
2. Thinking back to the past 5 years before you learned you had prostate cancer, did you ever take any non-prescription aspirin or ibuprofen medicines, such as Bayer, Bufferin, Advil, BC or Goody's powders, or any of the others listed at leasi once a week for one month or longer? [Show Card NSAIDS2] [Do not include acetaminophen products]


2a. In total, how long did you take one or more of these medications?
weeks $\square$ months $\square$ years $\square$
$\square$ Don't Know Refused

2b. During the time(s) that you were taking them, about how often did you take one or more of these medications (on average)?
per day $\square$ per wk $\square$ per mon $\square$
$\square$ Don't Know

## Your Health and Well Being

start time:


This survey asks for your views about your health. This information will help keep track of how you feel and how well you are able to do your usual activities.

For each of the following questions, please tell me the response that best describes your answer.

1. In general, would you say your health is: [Show Card SF1]

2. The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? [Show Card SF2]

2a. Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf.
Yes, limited a lot Yes, limited a little No, not limited at all

2b. Climbing several flights of stairs.
Yes, limited a lot Yes, limited a little No, not limited at all

3. During the past 4 weeks, how much of the time have you had any of the following problems with your work or other regular daily activities as a result of your physical health? [Show Card SF3]


3a. Accomplished less than you would like.


3b. Were limited in the kind of work or other activities. $\square$
$\square$

4. During the past 4 weeks, how much of the time have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? [Show Card SF3]
4a. Accomplished less than you would like.


5. During the past 4 weeks, how much did pain interfere with your normal work (including both work outside the home and housework)? [Show Card SF4]

6. These questions are about how you feel and how things have been with you during the past 4 weeks. For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past 4 weeks... [Show Card SF5]

|  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 6a. Have you felt calm and peaceful? | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |

7. During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc.)? [Show Card SF5]


Thank you for answering all these questions!

[^0]Next, I have some general questions about your health.

1. Has a doctor or other health professional ever told you that you...:

1A. had arthritis? $\quad \square$ Yes

|  | $\square$ No | $\square$ Refused | $\square$ Don't Know |
| :--- | :--- | :--- | :--- |
| 1B. had congestive heart failure? | $\square$ Yes |  |  |
|  | $\square$ No | $\square$ Refused | $\square$ Don't Know |
| 1C. had coronary heart disease? | $\square$ Yes |  |  |
|  | $\square$ No | $\square$ Refused | $\square$ Don't Know |
| 1D. had angina (chest pain due to heart disease), <br> also known as angina pectoris? | $\square$ Yes | $\square$ Go to D1-D3 |  |
| D1. Do you ever use nitroglycerin to <br> relieve the pain? | $\square$ No | $\square$ Refused | $\square$ Don't Know |

D2. Within the past 2 months has the pain $\square$ required more nitroglycerin to relieve it?


No $\square$ Refused Don't Know

D3. Within the past 2 months have you started getting pain with less exertion?

1E. had a heart attack (also called myocardial $\square$ Yes infarction)?
$\square$ No $\quad \square$ Refused $\quad \square$ Don't Know

1F. had a stroke? $\square$
$\qquad$
$\square$
1G. had hypertension, also called high blood pressure?


1H. had asthma, emphysema, chronic bronchitis or
 chronic obstructive pulmonary disease (also called COPD)?

$\square$ Refused

1I. had a goiter or another thyroid disease?
$\square$ No $\quad \square$ Refused $\quad \square$ Don't Know
1J. had pancreatitis (inflamed pancreas), cirrhosis of $\square$ Yes the liver, hepatitis or any other kind of chronic liver disease?
$\square$ No


Refused


1K. had cancer (other than prostate)? $\square$ Yes

1. location

|  |  |  |  |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |

## 2. location



$\mathbf{1 N}$. had other chronic health conditions?

1. type

2. type



$\square$ No Skip to "Participation in Religious Activities" $\square$ Yes Go to 1

For some people a belief in God is a major source of strength, and it may or may not be for you. These next questions are about your belief in God as it relates to health. Look at the choices for replying to each item. As I read these questions, tell me the answer which best suits your belief. [Show Card GOD1]

1. Your well-being is in God's hands.
2. Health and strength are God-given gifts.
3. God will decide what will happen to your health.
4. God plays a big part in your health.
5. Only God can keep you healthy.
6. Only God can keep you safe.
7. God will protect your health.

Do you participate in religious activities?

## $\square$ No Skip to "Prostate Cancer Diagnosis" <br> Go to 1

Some people use religious activities as a way of expressing their religious beliefs. Look at this card that has the reply choices. As I read the questions, choose the answer which best describes how religion plays a part in your life. [Show Card PRA1]

2. I attend religious services.
3. I listen to religious services on radio or TV.
4. I pray, either privately or with family.
5. Ideas I have learned from religion sometimes help me understand my own life.

6. I contribute money to my place of worship.
7. I regularly take part in various activities in my religious organization.

8. I feel that my friends who share my religious beliefs help me in getting ahead in life.

$\square$

9. The religious beliefs I learned when I was young still help me.
10. I feel that my friends who share my religious beliefs help me in my marriage or relationships.


## DIAGNOSIS OF PROSTATE CANCER AND PROSTATE CANCER SCREENING HISTORY

The next questions are about the diagnosis and treatment of your prostate cancer, and about screening tests and symptoms you may have had before you learned you had prostate cancer.

1. After you were told that you had prostate cancer, which doctors and health care professionals did you talk with when deciding how your prostate cancer would be treated? [Do not read unless a prompt is needed. Check all that apply.]
$\square$ Urologist who performed the biopsy
$\square$ Other urologistsRadiation oncologistMedical Oncologist
$\square$ Primary care doctor
$\square$ Other doctors/specialists seen for other health problemsNursePsychologist, therapist, counselor
$\square$ Don't Know
$\square$ Refused
2. After you were told that you had prostate cancer, who did you talk with, other than doctors, when deciding how your prostate cancer would be treated? [Do not read unless a prompt is needed. Check all that apply.]


2a. Did any of these people have a personal experience with prostate cancer?

$\square$
$\square$
3. Have you and your doctor made a decision about the treatment for your prostate cancer?Don't Know $\square$ Refused

Ba. Which of the following treatment options have you and your doctor decided is best for you?
[Do not read unless a prompt is need. Check all that apply.]
$\square$ Surgery
$\square$ Watchful waiting
Skip to 4
$\square$ Hormone TherapyExternal beam radiation therapyBrachytherapy
$\square$ Other
Don't Know
$\square$ Refused
Sb. Have you already [started treatment/had surgery]?
 Refused

Skip to 4
3c. When was your [most recent treatment/surgery]?


The next questions are about the time when you first had signs, symptoms, or a positive test that suggested you might have prostate cancer.
4. What was the first sign or symptom that you might have prostate cancer? [Do not read unless a prompt is needed; choose the best answer]
$\square$ I had a PSA blood test for prostate cancer and it was highA doctor felt my prostate and found something abnormal
High PSA and abnormal rectal exam
had problems urinating
Skip to Ad
$\square$ I had sexual problems


Skip to Md
$\square$ Other symptom (s)


Skip to AdThe cancer was found when I had surgery for an enlarged prostate (TURP) Skip to AdDon't Know


Skip to 5
Skip to 5

4a. Was the [PSA/rectal exam] done because you had medical problems or symptoms, or was it done as part of a regular checkup, or a community offered cancer screening? [Choose the best answer.]


4b. What medical problems or symptoms did you have? [Do not read unless a prompt is needed. Check all that apply.]
$\square$ My prostate felt abnormal when the doctor examined it
$\square$ I was having problems urinating
$\square$ I was having sexual problems
$\square$ A PSA test was high when checked before

$\square$ Don't Know
$\square$ Refused
$\square$


4c. Did a doctor suggest that you have the [PSA test/rectal exam], or did you ask to have it done?
$\square$ My doctor suggested it
$\square$ I asked to have it done

$\square$ Other specify other |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |Don't Know

$\square$ Refused


Skip to 5
4d. About when did you [first notice symptoms/find out your PSA/rectal exam was abnormal/have surgery for an enlarged prostate]?

5. When did a doctor or other medical person first talk to you about the possibility that you might have prostate cancer?
weeks ago $\square$ months ago $\square \square$ years ago $\square \square \square$ Don't Know $\square$ Refused

5a. What kind of doctor talked with you about this? [Read choices]
$\square$ Your usual doctor
$\square$ A doctor at your usual clinic
$\square$ An emergency room doctor
specify other
$\square$ Other medical person

$\square$ Don't Know
$\square$ Refused
6. How did you react when a doctor first talked to you about the possibility that you might have prostate cancer? [Do not read. Check all that apply. Be sure to differentiate this from reactions after the diagnosis was confirmed. 1
$\square$ I hoped it would simply go away
$\square$ I got worried about having prostate cancer
$\square$ I put off doing anything about it
$\square$ I decided to wait and see if the sign got worse
$\square$ I prayed and sought guidance from God
$\square$ I found out what needed to be done and moved forward
$\square$ I got a biopsy
$\square$ I got more tests to confirm suspected prostate cancer
$\square$ Other specify:
$\square$ Don't Know

Refused
7. When was your prostate cancer diagnosis confirmed? [When did a doctor tell you that you definitely had prostate cancer?]


Now I'd like you to think back to the $\mathbf{1 2}$ months before you first talked to a doctor about the possibility that you might have prostate cancer. This would be the time between $\qquad$ and $\qquad$ I_ (MM/YY) [based on response to question 5 , if available].
8. During that time, did you see a urologist for any reason?


Skip to 9
8a. How many times did you see a urologist [between $\qquad$ and $\qquad$ /__ (MM/YY) during those 12 months]?

$\mathbf{8 b}$. What problem(s) did you see the urologist about during that time? [Do not read unless prompt is needed, check all that apply]
$\square$ Difficulty passing urineFrequent or urgent urination
$\square$ Problems with leaking urine (incontinence)Sexual problems
$\square$ Other problems
specify other $\square$PSA test or prostate exam because of suspicion of prostate cancerAn earlier prostate biopsy (before a biopsy that found your cancer)Don't Know
$\square$ Refused
9. During that time, did you see a doctor (other than a urologist) for any reason?

$\square$ Don't Know $\square$ Refused Skip to 10

9a. How many times did you see a doctor (other than a urologist) [between $\qquad$ and $\qquad$ / during those 12 months]? number of times $\square$ $\square$ Don't Know

9b. What problem(s) did you see the doctor about during that time? [Do not read unless prompt is needed, check all that apply]Treatment for an injury or brief illnessTreatment/follow-up care for an ongoing health problemYour concern about PSAPossible prostate cancer
$\square$ Sexual problemsPhysical exam
$\square$ Other reason specify other

|  |  |  |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |



Don't Know
$\square$ Refused
10. During the 12 months before you first talked to a doctor about the possibility that you might have prostate cancer [between $\qquad$ and $\qquad$ I_ (MM/YY)], did you have any problems with urination?
$\square$ Yes
$\square$ No
$\square$ Don't Know $\square$ Refused

Skip to 11
10a. What urination problems did you have? [Do not read unless prompt is needed, check all that apply]
$\square$ Difficulty passing urineFrequent or urgent urinationProblems with leaking urine (incontinence)Pain during urinationBlood in urine
$\square$ Other urination problem


Don't Know
$\square$ Refused
10b. At its worst, how big a problem was this for you during those 12 months? Please look at this card and tell me which answer is the best one [Show Card DPC1]
$\square$ No problem
$\square$ Very small problem
Moderate problem
$\square$ Big problem
$\square$ Don't Know
$\square$ Refused
10c. Did you talk to a doctor about your problems with urination?


$\square$Don't Know $\square$ Refused
10d. About how long did you have these problems before you talked to a doctor about them?


10e. Did these problems make you think that you might have prostate cancer?

$\square$ Don't Know $\square$ Refused
11. During the 12 months before you first talked to a doctor about the possibility that you might have prostate cancer [between $\qquad$ and $\qquad$
$\qquad$ (MM/YY)], did you have any problems with erections or your sexual function?
$\square$
Yes
No $\square$ Refused Skip to 12

11a. At its worst, how big a problem was this for you during those 12 months? Please look at this card and tell me which answer is the best one [Show Card DPC1]
$\square$ No problem
$\square$ Very small problem
Moderate problem
$\square$ Big problem
$\square$ Don't Know
$\square$ Refused

11b. Did you talk to a doctor about these problems?

$\square$ Don't Know $\square$ Refused

Skip to 11d
11c. About how long did you have these problems before you talked to a doctor about them?
days $\square$ weeks $\square$
$\square$
$\square$$\square$ Don't Know

11d. Did these problems make you think that you might have prostate cancer?

$\square$ Don't Know $\square$ Refused
12. Men who have symptoms that might be caused by prostate cancer often have a diagnostic PSA test to help determine if they have prostate cancer, but men sometimes get PSA screening tests during routine check-ups, even when they don't have any signs of prostate cancer. Did you ever have a screening PSA blood test before you were diagnosed with prostate cancer?
 Refused Skip to 13

12a. About when did you have your first PSA screening test?


12b. About how many times have you had a PSA screening test, not counting recent tests that were part of your diagnosis?
13. Men who have symptoms that might be caused by prostate cancer often have a digital rectal exam; an exam where a doctor puts a gloved finger in their rectum to feel the size and shape of their prostate gland. Sometimes men also have a digital rectal exam during routine checkups or prostate cancer screening, even when they don't have any signs of prostate cancer. Did you ever have a routine digital rectal exam other than any exams that were done recently as part of your diagnosis?Yes
$\square$ No $\square$ Don't Know $\square$ Refused Skip to 14
13a. About when did you have your first digital rectal exam?

> months ago
$\square$ years ago $\square$
$\square$ Don't Know $\square$ Refused

13b. About how many times have you had a routine digital rectal exam, not counting recent exams that were part of your diagnosis?
number of times $\square$
$\square$ Don't Know $\square$ Refused
14. Before the biopsy that found your prostate cancer, did you ever have any of the following procedures?

14a.1 A needle biopsy of your prostate done through your rectum?YesNo $\square$ Don't Know $\square$ Refused Skip to 14b
14a.2 When was this needle biopsy done?

> months ago
$\square$

$$
\text { years ago } \square
$$

$\square$ Don't Know $\square$ Refused

14b. A surgical procedure where a doctor passed a tube through your penis to remove enlarged prostate tissue, sometimes called a TURP?YesNo $\square$ Don't Know $\square$ Refused Skip to 14c
14b. 1 When was this TURP done?

$$
\text { months ago } \square
$$ years ago $\square$

$\square$ Don't Know $\square$ Refused

14c. An exam were a doctor passed a tube through your penis to look at your bladder, sometimes called a cystoscopy?YesNo $\square$ Don't Know $\square$ Refused

Skip to 14d
14c. 1 When was this cystoscopy done?
months ago
 years ago $\square$
$\square$ Don't Know $\square$ Refused

14d. Any other operation or test to check problems with urination or sexual function?YesNo $\square$ Don't Know $\square$ Refused Worries and Concerns
14d. 1 When were these tests done?
months ago $\square$ years ago $\square$
$\square$ Don't Know $\square$ Refused

Next I'd like to ask some questions about how you think your prostate cancer might affect your life. Please look at the card and tell me which answer is best for you.

3. Given all that you know about prostate cancer and the treatment you have had or will receive, how likely do you think it is that you might die from prostate cancer? [Show Card WC2]
4. How concerned are you about dying from prostate cancer?
[Show Card WC3]
5. Are you involved in a prostate cancer support group? $\begin{aligned} & \square \text { Yes } \\ & \square \text { No } \quad \square \text { Don't Know } \quad \square \text { Refused }\end{aligned}$

First, we want to know what you believe about cancer. People have a number of beliefs about cancer; what causes it or how to treat it. Some of these beliefs relate to God; others to one's beliefs about health. There are no right or wrong answers. When I read the questions, respond with YES if the statement is what you believe about cancer; respond with NO if the statement is not what you believe. You do not have to answer every question.
[Show Card THB1]

1. If a cancer is cut open in surgery, it will grow faster.

| $\square$ Yes |  |  |
| :--- | :--- | :--- |
| $\square$ No | $\square$ Refused | $\square$ Don't Know |
| $\square$ Yes |  |  |
| $\square$ No | $\square$ Refused | $\square$ Don't Know |
| $\square$ Yes |  |  |
| $\square$ No | $\square$ Refused | $\square$ Don't Know |
| $\square$ Yes |  |  |
| $\square$ No | $\square$ Refused | $\square$ Don't Know |
| $\square$ Yes |  |  |
| $\square$ No | $\square$ Refused | $\square$ Don't Know |

6. If a person has cancer, there is no sense in trying to do anything about it.
$\square$ Yes
$\square$ No $\quad \square$ Refused $\quad \square$ Don't Know
7. If a person prays about their cancer, medical treatments are not necessary because God will cure it.

8. Cancer can be caused by dirty blood.


Refused
 Don't Know
9. Someone can give you cancer by putting a root or spell on you.
 Don't Know
10. People get cancer when they are tired and their resistance is down.


Yes
12. You can catch cancer from other people.


Refused
11. God works through medical doctors to cure cancer.

13. A person with high blood is more likely to get cancer than a person with normal blood.


Yes
$\square$ No $\quad \square$ Refused $\quad \square$ Don't Know
14. If a person worries about their cancer a lot, it will get worse.

| $\square$ Yes |  |  |
| :--- | :--- | :--- |
| $\square$ No | $\square$ Refused | $\square$ Don't Know |
| $\square$ Yes |  |  |
| $\square$ No | $\square$ Refused | $\square$ Don't Know |
| $\square$ Yes |  |  |
| $\square$ No | $\square$ Refused | $\square$ Don't Know |
| $\square$ Yes |  |  |
| $\square$ No | $\square$ Refused | $\square$ Don't Know |

In the next set of questions I will read to you, I want you to tell me about your experience with doctors, and with the health care system before you were diagnosed with prostate cancer. Using the card with the response choices tell me how strongly do you agree or disagree with the following statements. [Show Card P1]

1. I can tell doctors anything, even things that I might not tell anyone else.

| 4 |
| :--- |
| 0 |
| 0 |
| 0 |
| 0 |
| 0 |
| 0 |
| 2 |
| 0 |
| 0 |



2. Doctors sometimes pretend to know things when he/she is really not sure.
3. I completely trust doctors' judgements about my medical care.
4. Doctors care more about holding down costs than about doing what is needed for my health.
5. Doctors would always tell me the truth about my health, even if there were bad news.
6. Doctors care as much as I do about my health.

7. If a mistake were made in my treatment, doctors would try to hide it from me.
8. I have sometimes been misled at hospitals.

9. Hospitals often want to know more about your personal affairs or business than they really need to know.
10. Hospitals have sometimes done harmful experiments on patients without their knowledge.

$\square$
11. Rich patients receive better care at hospitals than poor patients do.

$\square$
12. Male patients receive better care at hospitals than female patients do.

As I read the following questions about health services, look at the response choices on this card and tell me the response that best fits the experience you had prior to your diagnosis of prostate cancer. [Show Card PAC1]

1. I was able to get medical care whenever I needed it.


(t)

$\square$ $\square$

$\square$

2. Sometimes it was a problem to cover my share of the cost for a medical visit.

4. Places where I could get medical care were conveniently located.

5. If I had a medical question, I could reach a doctor or a nurse for help.
6. I had easy access to the medical specialist I needed.
7. I had not seen a health care provider for at least three years.

$\square$
8. I didn't worry much about the cost when I needed to seek medical care.

9. I saw a different health care provider almost every time I had an appointment.

10. I had a health care provider I felt comfortable talking to when I needed medical care.


Now we would like to know in your everyday life when you would seek health care from your healthcare professionals. This is before your diagnosis of prostate cancer. As I read these questions, tell me the response choice that best fits your experience. [Show Card HHC1]

| Did you see a... | $\square$ Nurse? |
| ---: | :--- |
|  | $\square$ Nurse Practitioner? |
|  | $\square$ Physician Assistant? |
|  | $\square$ Resident/ I ntern? |
|  | $\square$ Doctor? |

1. Going to the doctor regularly is a normal part of how I take care of myself.
2. I really have to be hurting before I go to the doctor.
3. I go to the doctor as soon as I get sick so I don't get worse.
4. I only see a doctor when I'm seriously sick.
5. When I've been sick, I haven't seen a doctor or gone to a clinic about it.

6. I get a checkup even when I'm not sick, just to make sure I'm OK.

$\square$

7. I go to my doctor or clinic every year or two to get my PSA measured for prostate cancer.

8. I go to my doctor or clinic every year or two to get a rectal exam for prostate cancer.



# RACI SM WITHI N HEALTH CARE SETTI NGS 

We would like to know about your experience with doctors, or what you believe about how people are treated by doctors and hospitals. As I read the following questions, look at this card for the response choices, and choose the response that best fits with your belief or experience with the health care system. [Show Card RWHS1]

1. Doctors treat African American and white people the same.

2. Racial discrimination in a doctor's office is common.
3. In most hospitals, African Americans and whites receive the same kind of care.

4. African Americans can receive the care they want as equally as white people can.


For the next 5 questions that I will read to you, look at the response choices and tell me about the talking that occurs when you see the urologist or person treating you for prostate cancer after you were diagnosed. [Show Card CM1]

## How would you rate the:

| $\operatorname{loo}_{\text {d }}$ 人ıan |
| :---: |



1. Thoroughness of your doctor's questions about your symptoms and how you are feeling.

$\square$

$\square$
2. Doctor's explanation of your health problems or treatments that

$\square$
you need.
3. Doctor's instructions about symptoms to report and when to seek $\square$
$\square$
 further care.
4. Doctor's advice and help in making decisions about your care.


## CONTEXTUAL KNOWLEDGE OF THE PATI ENT

For the next 4 questions that I will read to you, look at the response choices and tell me what you think about how well the person treating your prostate cancer knows you after diagnosis. [Show Card CK1]

## How is the:

| $\operatorname{loog}_{\text {d }}$ |
| :---: |



1. Doctor's knowledge of your entire medical history.

2. Doctor's knowledge of your responsibilities at work or home.
3. Doctor's knowledge of what worries you most about your health.

4. Doctor's knowledge of you as a person (your values and beliefs).


For the next 5 questions that I will read to you, look at the response choices and tell me what you think about the personal aspects of the care you receive from the person treating you for your prostate cancer, and how you would rate the following. [Show Card IT1]

How would you rate the:

2. Doctor's patience with your questions or worries.
3. Doctor's friendliness and warmth toward you.
4. Doctor's caring and concern for you.
5. Doctor's respect for you.


## PATI ENT PROVI DER COMMUNI CATI ON

Think about a visit to your urologist or clinic treating your prostate cancer. As I read each question, please look at the response choices and tell me which response best describes your visit to your urologist or clinic treating your prostate cancer. [Show Card PPC1]


1. During the visit, how much did the doctor tell you about your prostate cancer and what he/she is doing to treat it?

$\square$

2. During the visit, how much did the nurses and other treatment staff tell you about your prostate cancer and what they are doing to treat it?
3. During the visit, how much did you tell the doctor about concerns you might be having about your prostate cancer?
4. During the visit, how much did you tell the nurses and other treatment staff about concerns you might be having about your prostate cancer?
5. During the visit, how much did you help with the planning of your treatment?
 treatment?


Now I want to ask you a series of questions about your experience with the health care system and your typical visit to your urologist and clinic. Look at the card with the response choices and choose the response, which best describes how satisfied you are with your visit to the urologist or clinic treating your prostate cancer. [Show Card PSH1]

## Are you satisfied with the:

1. Amount of time it took to travel to the clinic or doctor.
2. Cost of getting to the clinic.
3. How easy it was to get to the clinic.
4. Time spent waiting to get an appointment.
5. Time spent waiting at the doctor's office to see a physician.
6. Time spent waiting in clinic to see nurses and treatment staff.
7. Amount of time spent with the physician.
8. Amount of time spent with nurses.
9. Information the doctors told you.
10. Information the nurses told you.
11. Quality of care received.
12. Increase in knowledge about your prostate cancer.
13. Improvement in how you are able to manage your prostate cancer.
14. Reading material given to you by the doctors or nurses.
15. The amount you paid for care received.


The next set of questions are about work you have done and jobs that you have had during your life.

1. Which of the following best describes what you do now? [Show Card GO1]

$\square$ Part time paid work
 Skip to 2a
$\square$ Retired because of age
$\square$ Retired by choice
$\square$ Retired because of disability or illness
$\square$ Unemployed, looking for work
$\square$ Unemployed now, but have job to return to
$\square$ Unable to work because of illness, but can do normal activities
$\square$ Unable to work or do normal activities because of illness
$\square$ Other specify other $\square$
$\square$ Don't Know
$\square$ Refused
1a. When did you last do paid work?

years ago $\square$ months ago |  |  |
| :--- | :--- |

$\square$ Don't Know $\square$ R
$\square$ Never did paid work
Skip to 3

2a. What is your current job? [If two current jobs, list second as Occupation 2 . If more than 2 , include the two that involve the most hours/week.]
2a1. Occupation 1 $\square$ $\square$ Don't Know $\square$ Refused

2a2. Occupation 2 $\square$ $\square$ Don't Know $\square$ Refused

2b. What is the name of the company or business you work for?


2c. Where is the business located? [City or town. If self employed, where do you do this work?]
2c1. Occupation 1: City $\square$


2c. cont. Where is the business located? [City or town. If self employed, where do you do this work?]
2c2. Occupation 1: City


2d. When did you start this job?
2d1. Occupation 1: years ago $\square$

$\square$ Don't Know
$\square$ Refused

2d2. Occupation 2:
 months ago

$\square$ Don't Know
$\square$ Refused
3. What occupation or line of work have you done the longest? Count all the time you did this type of work, even if you worked at different job sites or for different companies.

Occupation

[Check here if longest held occupation is same as current job from Question 2, if yes, skip to 3b]

3a. When did you last work as a [Say occupation]?


3b. When did you first work as a [Say occupation]?


3c. How many years total [were you/ have you been] a [Say occupation]?


3d. What job title [did you have/have you had] when working as a [Say occupation]?
Same as occupation: $\square$ Yes $\square$ No
Other title


3e. What was the name of the company that employed you the longest when you worked as a [occupation]?

Same as current job:
 Yes Name of company $\square$
$\square$


3f. What city and state was this company in? [if self-employed, what city and state did you live in the longest while you held this occupation]?

4. What occupation or line of work have you done the second longest? As before, please count all the time you did this type of work, even if you worked at different job sites or for different companies.


4a. How long [were you/have you been] a [Say occupation]?

$\square$ months $\square$
$\square$ Don't KnowRefused
5. Have you ever lived or worked for at least six months on a farm? A farm would be any place that raises crops, livestock or poultry to earn money. $\square$ Yes


Go to 5a
$\square$ No $\square$ Don't Know $\square$ Refused Skip to 6
5a. When did you first work or live on a farm?

$$
\text { years ago } \square
$$

months agd
$\square$
$\square$ Don't KnowRefused

5b. How long did you live or work on a farm?

$\square$ months $\square$
$\square$ Don't KnowRefused
6. Did you ever serve in the military?Yes
No $\square$ Don't KnowRefused
Skip to 7
6a. Did you serve on the ground in Vietnam?YesNo $\square$ Don't Know $\square$ Refused
7. Did you ever work for at least six months $\ggg \ggg$

7a. As a landscaper or grounds keeper?YesNo $\square$ Don't Know $\square$ Refused
7b. At a florist shop, garden shop, greenhouse or plant nursery?YesNo $\square$ Don't Know $\square$ Refused
7c. As an animal caretaker in a kennel, veterinary clinic, grooming facility, horse stables or other? [Do not include work on a farm or work with your own pets].
$\square$ YesNo $\square$ Don't Know $\square$ Refused
7d. As a pest control operator or exterminator?
$\square$ YesNo $\square$ Don't Know $\square$ Refused

1. Please look at this card and tell me which category your current household income falls in. Think about your annual household income before you pay taxes, and include wages, social security, welfare, and any other income.
[Show Card FI 1]
Less than \$5,000
$\square$ \$5,001 to \$10,000
$\square$ $\$ 10,001$ to $\$ 20,000$
$\square$ $\$ 20,001$ to $\$ 30,000$
$\square$ $\$ 30,001$ to $\$ 40,000$
$\square$ $\$ 40,001$ to $\$ 50,000$
$\square$ $\$ 50,001$ to $\$ 60,000$\$60,001 to \$70,000
$\square$ $\$ 70,001$ to $\$ 80,000$$\$ 80,001$ or moreDon't KnowRefused

1a. Including yourself, how many people are supported by this income?

$\square$

## Hurricane Katrina Exposure

1. Did you evacuate from the place you were living because of either hurricane Katrina or hurricane Rita?
a. No
b. Yes, ..... if yes, which storm(s) caused you to evacuate:
i) Katrina
ii) Rita
2. Because of the hurricane damage, were you relocated as a result of the hurricane, not counting being prevented from returning immediately after the storm?
a. No
b. Yes, ..... if yes, where were you relocated? Check all that apply:
$\qquad$ Out of state, specify town/state $\qquad$
$\qquad$ In-state, specify town $\qquad$
3. Did you have trouble meeting medical/health needs because of the hurricane?
a. No
b. Yes, ..... if yes, how stressful was this event for you?
i) Not stressful
ii) Moderate stressful
iii) Extremely stressful
4. Did you have to cancel or postpone a medical treatment or doctor's appointment(s) because of the hurricane?
a. No
b. Yes, ..... if yes, how stressful was this event for you?
i) Not stressful
ii) Moderate stressful
iii) Extremely stressful
5. Are you back seeing your usual physician or health care clinic at this time?
a. No
b. Yes
6. Are you seeing a new physician or new health care clinic at this time?
a. No
b. Yes

## Sources for PCaP Questionnaire

## Communication:

Communication subscale from the Primary Care Assessment Survey © 1995 Safran/The Health Institute.

Safran, D. G., Kosinski, M., Tarlov, A. R., Rogers, W. H., Taira, D. H., Lieberman, N., and Ware, J. E. The Primary Care Assessment Survey: tests of data quality and measurement performance. Med Care, 36: 728-39., 1998.

## Contextual knowledge of the patient:

Contextual Knowledge of the Patient is also measured using a subscale from the Primary Care Assessment Survey © 1995 Safran/The Health Institute.

Safran, D. G., Kosinski, M., Tarlov, A. R., Rogers, W. H., Taira, D. H., Lieberman, N., and Ware, J. E. The Primary Care Assessment Survey: tests of data quality and measurement performance. Med Care, 36: 728-39., 1998.

## Diet History Questionnaire:

Subar AF, Thompson FE, Smith AF, Jobe JB, Ziegler RG, Potischman N, et al. Improving food frequency questionnaires: a qualitative approach using cognitive interviewing. J Am Diet Assoc 1995;95(7):781-8; quiz 789-90

Subar AF, Midthune D, Kulldorff M, Brown CC, Thompson FE, Kipnis V, et al. Evaluation of alternative approaches to assign nutrient values to food groups in food frequency questionnaires. Am J Epidemiol 2000;152(3):279-86.

## General Health (SF-12v2©):

Ware JE, Kosinski M, Turner-Bowker DM, Gandek B. How to Score Version 2 of the SF-12 Health Survey (With a Supplement Documenting Version 1). Lincoln, RI: QualityMetric Incorporated; 2002.

## Habits of health care utilization (general):

Habits of Health Care Utilization is a 9-item scale measuring the general likelihood of using health care services. This scale has been tested on an African-American patent sample. Reliability of the scale is .81. Response format parallels that in the Perceived Access to Care Index (Facione, 1999). Using a Likert response framework, responses range from strongly disagree to strongly agree with a refused, don't know choice for every item on the scale.

## Interpersonal treatment:

Interpersonal treatment is also measured using a subscale from the Primary Care Assessment Survey © 1995 Safran/The Health Institute.

Safran, D. G., Kosinski, M., Tarlov, A. R., Rogers, W. H., Taira, D. H., Lieberman, N., and Ware, J. E. The Primary Care Assessment Survey: tests of data quality and measurement performance. Med Care, 36: 728-39., 1998.

## Literacy:

Literacy is assessed using the Rapid Estimate of Adult Literacy in Medicine (REALM), a screening instrument to assess an adult patient's ability to read common medical words and lay terms for body parts and illnesses. It is designed to assess medical professionals in estimating a patient's literacy level so that the appropriate level of patient education materials or oral instructions may be used. The test takes two to three minutes to administer and score. The REALM has been correlated with other standardized tests (Family Medicine, 1993: 25:391-5).

Murphy PW, Davis TC, Decker BC, Jackson RH. (1993) Rapid estimate of adult literacy in medicine: Using a novel reading recognition test. Journal of Reading, 37 (2): 124-130.

Bennett CL, Ferreira MR, Davis TC, Kaplan J, Weinberger M, Kuzel T, et al. Relation between literacy, race, and stage of presentation among low-income patients with prostate cancer. J Clin Oncol 1998;16(9):3101-4.

## Occupation (Specific):

Question 7: Queried occupations include those most likely to be associated with pesticide use based on industrial hygiene review (Daniels et al. Comparison of Assessment Methods for Pesticide Exposure in a Case-Control Interview Study. AJE, 153: 1227-32, 2001.)

## Patient provider communication:

Patient-Provider Communication The degree to which the patient communicates with his health care provider will be assessed using an investigator-developed 5 -item scale. Patients respond to each item on a 5-point Likert-like scale, with higher scores indicating a greater degree of communication. In a previous test of the instrument, factor analysis produced a single factor with an eigenvalue greater than 1 , all items loading at .50 or above, and Cronbach's alpha of .75 , supporting the use of a total scale score as well as individual item analysis (Mishel, Belyea, et al., 2002). Responses range from nothing at all to a great deal with a refused, don't know choice for every item on the scale.

## Patient satisfaction with health care system:

Patient Satisfaction with the Health Care System is a 15 -item scale that refers to satisfaction with travel, waiting time, amount of time spent with the providers and amount paid
for the visit. The scale has a 6-item Likert-type response framework. Prior analysis of the scale from its use with prostate cancer patients indicated that it factors into 2 subscales, quality of care and accessing care with alphas of .92 and .86 . Choices go from very dissatisfied to very satisfied with a refused, don't know choice for each item.

## Perceived access to care:

Perceived Access to Care is a 10 -item scale that refers to the ability to access medical care due to location, cost and feasibility. From prior testing with an African-American sample Chronbach's alpha was reported as .78 and test-retest reliability as .85 . the scale has a 4 -item response format from strongly disagree to strongly agree with a refused, don't know choice for each item.

## Physical Activity:

Littman AJ, White E, Kristal AR, Patterson RE, Satia-Abouta J, Potter JD. Assessment of a onepage questionnaire on long-term recreational physical activity. Epidemiology 2004;15(1):105-13.

## Physician Trust:

Trust/mistrust will be measured by two scales. The trust subscale of the Primary Care Assessment Survey © 1995 Safran/The Health Institute. This 7-item scale with a Likert response format asks about trusting the doctor. Reliability of the scale is reported as .86. Support for the validity of the scale is its correlation with satisfaction with physician and adherence to treatment (Pearson \& Raeke, 2000). The second scale, the Medical Mistrust Index, is a 5-item scale with a 4-item Likert response format. The scale refers to patient's attitudes of mistrust of the health care system. Scores on this index have significantly differed for African American versus Caucasian patients. Reliability of the scale is reported to be an alpha of .74 (LaVeist et al, 2000). The scales choices range from $1-5$, strongly agree to a strongly disagree with a refused, don't know option for each item.

Safran, D. G., Kosinski, M., Tarlov, A. R., Rogers, W. H., Taira, D. H., Lieberman, N., and Ware, J. E. The Primary Care Assessment Survey: tests of data quality and measurement performance. Med Care, 36: 728-39., 1998.

## Racism within health care settings:

Racism Within Health Care Settings will be measured by the Racism Index, a fouritem scale with a four-item response format. The scale items refer to perceived difference in treatment by physicians by race. Support for the validity of the scale was found in the significant differences on the items for African American versus Caucasian American patients ((LaVeist, et al, 2000). Reliability of the scale is reported at an alpha of .76. This is scored on a Likert scale ranging from 1-5 with a refused, don't know choice for each item.

## Religiosity:

Religiosity will be measured by the God Scale, which consists of eight items added to the Multidimensional Health Locus of Control Scale (MHLC) by Bekhuis et al. (1995) to index belief in God's role in one's health. The item response format is a Likert-type scale ranging from 1 to 6 , with higher scores indicating a stronger belief. Cronbach's alpha for the religiosity scale in the principal investigator's study on men with localized prostate cancer was .94 .Resposes range from disagree a lot to agree a lot with a refused, don't know choice for each item.

Religious Participation will be measured by The Participation in Religious Activities scale. This 11-item scale indexes the frequency of participation in a variety of religion-oriented social activities. Total scores on the Participation in Religious Activities scale range from 11-55 with higher scores indicative of a higher level of religious activities (Brown \& Gary, 1987). Reliability of this measure was a Cronbach's alpha of .91 in the study of men with localized prostate cancer. There is initial support for the construct validity of the scale. Responses range from never to very often with a refused, don't know choice for each item.

## Traditional health beliefs:

Traditional Health Beliefs will be measured by a 17 -item scale developed through clinical interviews with rural African-American cancer patients. This dichotomous scale was used in the principal investigator's prior prostate cancer studies and has a KR20 of . 69 for Caucasian Americans and .83 for African American men with prostate cancer. Has dichotomous scoring with a refused/don't know option for each item.

## Vitamins and Alternative Medicines:

Satia-Abouta J, Patterson RE, King IB, Stratton KL, Shattuck AL, Kristal AK, Potter JD, Thornquist MD, White E. Reliability and validity of self-report of vitamin and mineral supplement use in the VITamins And Lifestyle (VITAL) Study. American Journal of Epidemiology 2003;157(10):944-54.

## Worries and Concerns:

Source: Risk items adapted from Holmboe E, Concato J. Treatment decisions for localized prostate cancer: asking men what's important. Journal of General Internal Medicine 2000;15:694-701.


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